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Contents

Monthly Volume 14 Number 4 April 26, 2022

REVIEW

- 190 Role of cardiac magnetic resonance imaging in troponinemia syndromes

Nguyen Nguyen N, Assad JG, Femia G, Schuster A, Otton J, Nguyen TL

- 206 Cardiac myxomas: A narrative review

Islam AKMM

ORIGINAL ARTICLE

Basic Study

- 220 GRK5 is an essential co-repressor of the cardiac mineralocorticoid receptor and is selectively induced by finerenone

Pollard CM, Suster MS, Cora N, Carbone AM, Lympelopoulou A

Observational Study

- 231 Association of dissected ascending aorta diameter with preoperative adverse events in patients with acute type A aortic dissection

Samanidis G, Kanakis M, Georgiou C, Perreas K

Retrospective Study

- 239 Global longitudinal strain is superior to ejection fraction for detecting myocardial dysfunction in end-stage renal disease with hyperparathyroidism

Carrasco-Ruiz MF, Ruiz-Rivera A, Soriano-Ursúa MA, Martinez-Hernandez C, Manuel-Apolinar L, Castillo-Hernandez C, Guevara-Balcazar G, Farfán-García ED, Mejia-Ruiz A, Rubio-Gayosso I, Perez-Capistran T

META-ANALYSIS

- 250 Effect of preoperative renin-angiotensin system blockade on vasoplegia after cardiac surgery: A systematic review with meta-analysis

Noubiap JJ, Nouthe B, Sia YT, Spaziano M

CASE REPORT

- 260 Uncommon post-infarction pseudoaneurysms: A case report

Jallal H, Belabes S, Khatouri A

LETTER TO THE EDITOR

- 266 Glucose lowering does not necessarily reduce cardiovascular risk in type 2 diabetes

Bourazana A, Giamouzis G, Skoularigis J, Triposkiadis F, Xanthopoulos A

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WJC mainly publishes articles reporting research results and findings obtained in the field of cardiology and covering a wide range of topics including acute coronary syndromes, aneurysm, angina, arrhythmias, atherosclerosis, atrial fibrillation, cardiomyopathy, congenital heart disease, coronary artery disease, heart failure, hypertension, imaging, infection, myocardial infarction, pathology, peripheral vessels, public health, Raynaud's syndrome, stroke, thrombosis, and valvular disease.

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Basic Study

GRK5 is an essential co-repressor of the cardiac mineralocorticoid receptor and is selectively induced by finerenone

Celina M Pollard, Malka S Suster, Natalie Cora, Alexandra M Carbone, Anastasios Lymperopoulos

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Abstract

BACKGROUND

In the heart, aldosterone (Aldo) binds the mineralocorticoid receptor (MR) to exert damaging, adverse remodeling-promoting effects. We recently showed that G protein-coupled receptor-kinase (GRK)-5 blocks the cardiac MR by directly phosphorylating it, thereby repressing its transcriptional activity. MR antagonist (MRA) drugs block the cardiac MR reducing morbidity and mortality of advanced human heart failure. Non-steroidal MRAs, such as finerenone, may provide better cardio-protection against Aldo than classic, steroidal MRAs, like spironolactone and eplerenone.

AIM

To investigate potential differences between finerenone and eplerenone at engaging GRK5-dependent cardiac MR phosphorylation and subsequent blockade.

METHODS

We used H9c2 cardiomyocytes, which endogenously express the MR and GRK5.

RESULTS

GRK5 phosphorylates the MR in H9c2 cardiomyocytes in response to finerenone but not to eplerenone. Unlike eplerenone, finerenone alone potently and efficiently suppresses cardiac MR transcriptional activity, thus displaying inverse agonism. GRK5 is necessary for finerenone's inverse agonism, since GRK5 genetic deletion renders finerenone incapable of blocking cardiac MR transcriptional activity. Eplerenone alone does not fully suppress cardiac MR basal activity regardless of GRK5 expression levels. Finally, GRK5 is necessary for the anti-

apoptotic, anti-oxidative, and anti-fibrotic effects of both finerenone and eplerenone against Aldo, as well as for the higher efficacy and potency of finerenone at blocking Aldo-induced apoptosis, oxidative stress, and fibrosis.

CONCLUSION

Finerenone, but not eplerenone, induces GRK5-dependent cardiac MR inhibition, which underlies, at least in part, its higher potency and efficacy, compared to eplerenone, as an MRA in the heart. GRK5 acts as a co-repressor of the cardiac MR and is essential for efficient MR antagonism in the myocardium

Key Words: Aldosterone; Cardiac myocyte; Finerenone; G protein-coupled receptor kinase-5; Mineralocorticoid receptor antagonist; Signal transduction

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Core Tip: G protein-coupled receptor-kinase (GRK)-5 blocks the cardiac actions of aldosterone *via* phosphorylation of the mineralocorticoid receptor (MR). We show here that the non-steroidal MR antagonist (MRA) finerenone may provide better cardio-protection against aldosterone than classic, steroidal MRAs, like eplerenone, thanks to induction of GRK5's phosphorylation and subsequent blockade of cardiac MR. GRK5 is necessary for the anti-apoptotic, anti-oxidative, and anti-fibrotic effects of both finerenone and eplerenone against aldosterone but also for the higher efficacy/potency of the former drug at producing all these effects in cardiomyocytes. Thus, GRK5 acts as a co-repressor of the cardiac MR and is essential for efficient MR antagonism in the myocardium.

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INTRODUCTION

Aldosterone (Aldo) is one of several cardio-toxic hormones, whose elevated circulating levels significantly confound and aggravate heart disease, including hypertension and chronic heart failure (CHF)[1-4]. The mineralocorticoid receptor (MR), a cytosolic transcription factor that, upon activation, translocates to the nucleus to activate gene transcription, is the main receptor mediating Aldo's adverse remodeling effects in the failing heart[1-5]. GRK2 and GRK5 are the most abundant cardiac G protein-coupled receptor (GPCR)-kinase (GRK) isoforms. Both phosphorylate GPCRs but also non-GPCR substrates[6-10]. We recently showed that GRK5 blocks the cardio-toxic MR-dependent effects of aldosterone in the heart by directly phosphorylating the cardiac MR and inhibiting its transcriptional activity[11].

MR antagonist (MRA) drugs are beneficial in human advanced CHF thanks to their blockade of the MR in various cardiovascular tissues, including in cardiomyocytes and cardiac fibroblasts[3,12]. Novel, non-steroidal MRAs, such as finerenone, may provide better cardio-protection against aldosterone's cardio-toxic actions than the classic steroidal MRAs, such as spironolactone and eplerenone[13,14]. Indeed, finerenone was recently shown to be a more potent and efficacious inverse agonist at the MR, compared to eplerenone, in terms of cardiac fibrosis/adverse remodeling attenuation[15]. This prompted us to investigate the effects of these two MRAs on GRK5-dependent cardiac MR phosphorylation and subsequent suppression, in an effort to delineate potential molecular mechanisms underlying their differences in cardiac MR blocking efficacy. Indeed, we found that finerenone, but not eplerenone, promotes the inhibitory action of GRK5 on cardiac MR, which may underlie finerenone's significantly greater efficacy/potency as an inverse agonist at this receptor. Moreover, GRK5 is necessary for both MRA drugs' cardioprotective actions against Aldo in cardiac myocytes.

MATERIALS AND METHODS

All methods were carried out in accordance with the relevant guidelines and regulations.

Materials

All drugs/chemicals were from Sigma-Aldrich (St. Louis, MO, United States), except for finerenone (BAY94-8862) which was purchased from MedKoo Biosciences, Inc. (Cat. #319698, Morrisville, NC, United States).

Cell culture, viruses, and transfections

The H9c2 rat cardiomyoblast cell line was purchased from American Type Culture Collection (Manassas, VA, United States) and cultured as previously described[11,16-18]. Recombinant lentiviruses encoding for wild-type full-length GRK5 or for empty vector (control) (OriGene Technologies, Rockville, MD, United States) were propagated and purified *via* CsCl density gradient ultracentrifugation, as described previously[11,19]. For CRISPR/Cas9-mediated GRK5 gene deletion, a gRNA sequence was custom-synthesized by Sigma-Aldrich (target ID: RN0000391809, target sequence: 5'-GTGGTT-TGAATTTATGCGG-3') and incorporated into a lentiviral vector (Sigma-Aldrich). Along with negative control CRISPR lentiviral particles (CNCV, Cat #CRISPR12V-1EA, Sigma-Aldrich), this lentivirus was also propagated and purified through cesium chloride density gradient ultracentrifugation.

Immunoprecipitation/western blotting

Cell extracts were prepared, as described previously[11,20], in a 20-mmol/L Tris pH 7.4 buffer containing 137 mmol/L NaCl, 1% Nonidet P-40, 20% glycerol, 10 mmol/L phenylmethylsulfonyl-fluoride (PMSF), 1 mmol/L Na₃VO₄, 10 mmol/L NaF, 2.5 µg/mL aprotinin, and 2.5 µg/mL leupeptin. Protein concentration was determined (Pierce BCA Protein Assay Kit, Thermo Scientific, Waltham, MA, United States), and equal amounts of protein per sample were used for Immunoprecipitation (IP) or western blotting. MR was immunoprecipitated by overnight incubation of extracts with an anti-MR antibody (#ab62532; Abcam, Cambridge, MA, United States), attached to Protein A/G-Sepharose beads (Sigma-Aldrich). The IPs were then subjected to immunoblotting for GRK5 (#sc-565; Santa Cruz Biotechnology, Santa Cruz, CA, United States) or for phosphoserine (#AB1603; Millipore-Sigma, Burlington, MA, United States) to measure the pSer content of the immunoprecipitated MR. Finally, an anti-glyceraldehyde 3-phosphate dehydrogenase (GAPDH) antibody (#sc-25778; Santa Cruz Biotechnology) was used to control for protein loading. All immunoblots were revealed by enhanced chemiluminescence (ECL, Life Technologies, Grand Island, NY, United States) and visualized in the FluorChem E Digital Darkroom (Protein Simple, San Jose, CA, United States), as described previously[21].

Luciferase reporter activity assay

Luciferase reporter activity assay was performed, as described previously, by transfecting the cells with the LightSwitch™ luciferase reporter gene vector under the influence of the MR promoter (Active Motif, Inc., Carlsbad, CA, United States)[11]. The measurements were done the next day with the manufacturer's assay kit and according to the manufacturer's instructions.

TUNEL

Terminal deoxynucleotidyl transferase-mediated dUTP nick-end labeling (TUNEL) assay to measure apoptotic cell death was done as described[22]. Briefly, cells were fixed with 10% neutral buffered formalin, embedded in paraffin, and sectioned at 5-µm thickness. DNA fragmentation was detected *in situ* in deparaffinized sections using the ApopTag peroxidase *in situ* apoptosis detection Kit (Millipore-Sigma) and according to the manufacturer's instructions. The total number of nuclei was determined by manual counting of 4',6'-diamidino-2-phenylindole (DAPI)-stained nuclei in six random fields per section. All terminal deoxynucleotidyl transferase-mediated dUTP nick end-labeling (TUNEL)-positive nuclei were counted in each section.

Real-time PCR

Real-time PCR for rat plasminogen activator inhibitor (PAI)-1 and rat fibronectin mRNA levels in total RNA isolated from cells was done as described previously[16]. Briefly, quantitative real-time PCR was performed using a MyIQ Single-Color Real-Time PCR detection system (Bio-Rad Laboratories, Hercules, CA, United States) using SYBR Green Supermix (Bio-Rad) and 100 nmol/L of gene-specific oligonucleotides. Quantification of mRNA included normalization to 18s rRNA levels. No bands were seen in control reactions in the absence of reverse transcriptase. Primer pairs used were: 5'-TTCCTCCACAGC-CATTCTAGTCT-3' and 5'-GAAAGGATCGGTCTAAAACCATCTC-3' for PAI-1; 5'-CGAGGTGACA-GAGACCACAA-3' and 5'-CTGGAGTCAAGCCAGACACA-3' for fibronectin; and 5'-TCGATGCTCT-TAGCTGAGTG-3' and 5'-TGATCGTCTTCGAACCTCC-3' for 18S rRNA.

Oxidative stress assay

To determine reactive oxygen species (ROS) production, the 2',7'-dichlorofluorescein diacetate (DCFDA) dye-based assay kit from Molecular Probes (Cat. #C13293; Eugene, OR, United States) was used and the measurements were done according to manufacturer's instructions and as previously described[11]. Briefly, cell extracts were incubated with 2 µmol/L DCFDA for 20 min and ROS production was

monitored by determining the fluorescence intensity using a fluorescent plate reader in which excitation and emission wavelengths were set at 495 and 520 nm, respectively. The fluorescence OD values obtained were normalized with protein determination and expressed as % of the values obtained upon 100 nmol/L Aldo treatment (1 mmol/L DMSO was used as vehicle treatment).

Statistical analysis

Student's *t* test and one- or two-way ANOVA with Bonferroni test were used for statistical comparisons, unless otherwise indicated. For multiple group analyses, Dunnett's test with SAS version 9 software (Cary, NC, United States) was also used. A *P* value of < 0.05 indicated statistical significance.

RESULTS

Finerenone, but not eplerenone, induces GRK5-dependent cardiac MR phosphorylation

We recently reported that GRK5 selectively phosphorylates and inhibits the cardiac MR[11]. Based also on recent evidence suggesting greater potency for finerenone, compared to eplerenone, at inhibiting the cardiac MR and its downstream fibrosis[15], we hypothesized, in the present study, that the higher efficacy/potency of finerenone over eplerenone might be due (at least in part) to differences in modulation of the GRK5 inhibitory action on the cardiac MR. Thus, in a first series of experiments, we overexpressed or knocked out (*via* CRISPR) GRK5 in H9c2 cardiac myocytes (Figure 1A), which endogenously express both GRK5 and MR[11,23], and checked for the effects of the two MRA drugs on MR serine phosphorylation. GRK5, being a Ser/Thr kinase, likely phosphorylates multiple Ser and Thr residues of the MR protein, with phosphorylations of Ser601 and Ser843 (in the human orthologue sequence), in particular, resulting in significant functional inhibition of the MR, courtesy of cytosolic retention and transcriptional activity suppression, respectively[24,25]. After preliminary concentration-response experiments (not shown), and based on the associated literature, we chose a 10 mmol/L concentration for both drugs throughout the experiments of our study, as this concentration (10 mmol/L) is quite close to both drugs' effective IC₅₀ values[12,15]. As shown in Figure 1B and C, finerenone led to much higher phosphorylation (pSer content) of the MR than eplerenone did in control H9c2 cardiomyocytes (mock virus-EV lanes). This finerenone-induced MR phosphorylation was significantly enhanced upon GRK5 overexpression but essentially abrogated in GRK5-depleted H9c2 cardiomyocytes (Figure 1B and C). Notably, eplerenone essentially failed to elicit any appreciable MR Ser phosphorylation in H9c2 cardiomyocytes (Figure 1B and C), irrespective of GRK5 expression levels [eplerenone-induced phosphorylation: 1.2 ± 0.25-fold of vehicle in EV cells; 1.23 ± 0.27-fold of vehicle in GRK5-OE cells; 0.6 ± 0.55-fold of vehicle in GRK5-KO cells; *i.e.*, non-significant *vs* vehicle, in all three clones at *P* = 0.05 (*n* = 3); Figure 1C]. Although we cannot account for the potential of some extent of Thr phosphorylation of the MR induced by the two drugs, these results strongly suggest that only finerenone (not eplerenone) induces GRK5-mediated phosphorylation of the MR in H9c2 cardiac myocytes.

GRK5 is essential for finerenone's inverse agonism at the cardiac MR

Since GRK5-induced phosphorylation translates into transcriptional repression of the cardiac MR[11], we next examined the impact of the finerenone-induced, GRK5-mediated MR phosphorylation on the transcriptional activity of the receptor. In contrast with eplerenone, finerenone lacks agonist activity at the MR in control (CNCV) H9c2 cardiomyocytes, *i.e.*, no increase in MR basal transcriptional activity (in the absence of Aldo) is observed with finerenone (Figure 2). In the absence of GRK5 however, finerenone loses the ability to keep the MR transcriptionally inactive, *i.e.*, the MR displays significant basal activity in GRK5-KO H9c2 cardiomyocytes (Figure 2). Upon GRK5 overexpression, this picture is reversed, *i.e.*, finerenone acts as potent inverse agonist at the MR, markedly suppressing MR basal transcriptional activity in GRK5-overexpressing (GRK5-OE) cardiomyocytes (Figure 2). In contrast, eplerenone allows for substantial MR basal transcriptional activity, regardless of GRK5 expression levels (Figure 2). Taken together, these results indicate that GRK5 is essential for finerenone's inverse agonism at the cardiac MR, while eplerenone is essentially a partial agonist (mixed agonist/antagonist) at this receptor in the heart, a finding consistent with the literature[12,15]. GRK5 is unable to affect eplerenone's actions on the cardiac MR, probably because this MRA agent cannot induce the inhibitory phosphorylation of this receptor by GRK5 in cardiac myocytes (see above, Figure 1).

GRK5 is essential for MRA-dependent antagonism of Aldo-induced cardiac apoptosis and oxidative stress and underlies finerenone's advantage over eplerenone toward these effects

Next, we compared the cardio-protective efficacies of the two MRA drugs against the deleterious actions of Aldo. Finerenone was much more effective than eplerenone at suppressing Aldo-induced apoptosis (Figure 3A) and oxidative stress (Figure 3B), in control myocytes. However, upon GRK5 genetic deletion, both MRAs failed completely to block these two cardiac adverse remodeling-promoting Aldo effects (Figures 3A and B). This strongly suggests that GRK5 is essential for the anti-

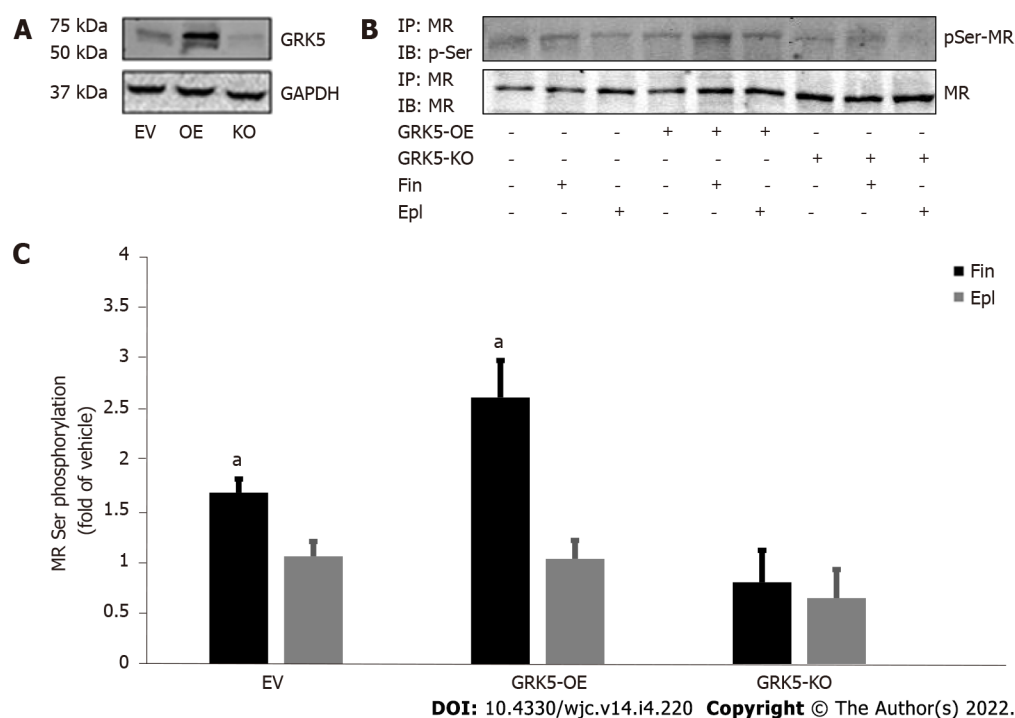


Figure 1 G protein-coupled receptor-kinase 5 phosphorylates the cardiac mineralocorticoid receptor in response to finerenone but not to eplerenone. A: Western blotting to confirm G protein-coupled receptor-kinase (GRK)-5 overexpression (OE) with a wild type GRK5-encoding lentivirus or deletion (KO) via a GRK5-targeting CRISPR lentivirus in H9c2 cardiomyocytes. GAPDH blotting is also shown as loading control; B, C: Western blotting for the phosphoserine content of the mineralocorticoid receptor in response to 10 mmol/L finerenone (Fin) or 10 mmol/L eplerenone (Epl) in GRK5-overexpressing (GRK5-OE) or in GRK5-KO or in control, empty virus (EV)-infected H9c2 cells. Representative blots are shown in (B) and the densitometric quantitation of three independent experiments in (C). ^a*P* < 0.05, vs Epl; *n* = 3 independent experiments performed in duplicate per cell clone/treatment. EV: Empty vector mock virus-transfected (control) cells; IP: Immunoprecipitation; IB: Immunoblotting.

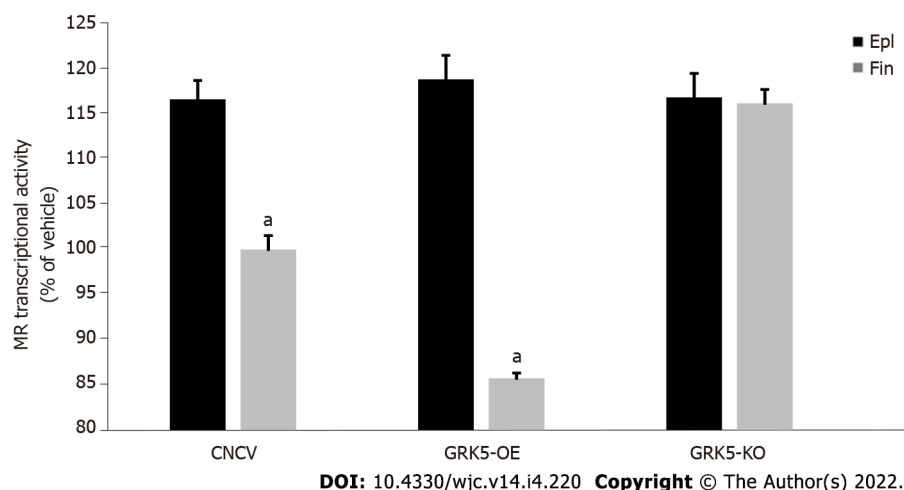


Figure 2 G protein-coupled receptor-kinase 5 inhibits the cardiac mineralocorticoid receptor in response to finerenone but not to eplerenone. Transcriptional activity of the mineralocorticoid receptor (MR) in response to either 10 mmol/L eplerenone or 10 mmol/L finerenone in H9c2 cardiomyocytes overexpressing G protein-coupled receptor-kinase (GRK)-5 or having GRK5 genetically deleted via CRISPR (GRK5-KO). Neither agent was able to suppress MR basal transcriptional activity in GRK5-KO cells. ^a*P* < 0.05, vs eplerenone; *n* = 5 independent measurements per cell clone/treatment performed in triplicate. CNCV: CRISPR negative control virus-infected control cells; GRK5-OE: G protein-coupled receptor-kinase 5-overexpressing.

apoptotic and anti-oxidative effects of MRAs against Aldo in the heart, as well as for the better cardioprotective efficacy of finerenone *vs* eplerenone against Aldo.

GRK5 is essential for MRA-dependent anti-fibrotic effects in the heart and for finerenone's advantage over eplerenone towards this effect

In addition to apoptosis and oxidative stress, we compared the two MRAs in terms of Aldo-induced

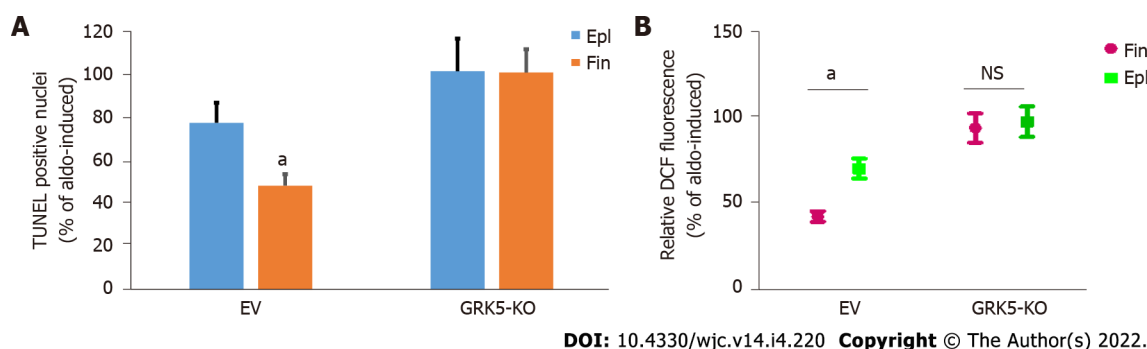


Figure 3 Comparison of anti-apoptotic and anti-oxidative efficacies of finerenone vs eplerenone in aldosterone-treated cardiomyocytes in the presence or absence of G protein-coupled receptor-kinase 5. A: Apoptotic cell death in control, empty vector (mock) virus-infected (EV) cells or in cells having G protein-coupled receptor-kinase (GRK)-5 genetically (CRISPR lentivirus-mediated) deleted (GRK5-KO) and treated with 100 nmol/L aldosterone (Aldo) alone or in the presence of 10 mmol/L eplerenone (Epl) or 10 mmol/L finerenone for 24 h. ^a $P < 0.05$, vs Epl; $n = 4$ independent experiments per transfection/treatment. Essentially no inhibition of Aldo-induced apoptosis could be detected with either drug in GRK5-KO cells; B: ROS generation in these cells, as measured via the DCF assay. ^a $P < 0.05$. Not significant at $P = 0.05$; $n = 4$ independent experiments per transfection/treatment. EV: Empty virus; Epl: Eplerenone; Fin: Finerenone; NS: Not significant.

fibrosis inhibition in cardiac myocytes. Assessment of Aldo-dependent mRNA induction of two major pro-fibrotic stimuli, PAI-1 and fibronectin, both of which are immediate/early MR-responsive genes[1,3,16], revealed that finerenone was more effective than eplerenone at suppressing both PAI-1 (Figure 4A) and fibronectin (Figure 4B) mRNA inductions by Aldo in control cells. Again however, neither drug was effective at all when GRK5 was absent (Figure 4A and B, compare with GRK5-KO bars). Thus, GRK5 is essential also for the anti-fibrotic effects of MRAs in cardiac myocytes.

The MR has long been established as an important molecular culprit in heart disease progression[1-5], including a recent study in transgenic mice showing that, unlike its closely related glucocorticoid receptor, the MR promotes cardiac dysfunction even in the absence of a cardiac insult or injury[26]. Indeed, the well-documented deleterious effects of the cardiac MR have provided the pharmacological basis for the use of MRA drugs in advanced stage human CHF and other heart diseases[1-5,27,28]. The MRA drug class, which began with the approval and marketing of spironolactone more than 60 years ago, now encompasses several agents, with some already in clinical use and some in clinical trials. The MRAs are broadly divided to traditional, steroidal MRAs, like spironolactone and eplerenone currently in clinical use, and later generation, non-steroidal agents. Among the latter is finerenone (formerly BAY 94-8862), a third generation, non-steroidal, dihydropyridine-derived MRA currently in phase III clinical trials[3,12].

Despite being very potent and effective aldosterone antagonists with salutary effects in the heart and kidneys, the currently available steroidal MRAs are hampered by several limiting side effects, most prominent of which are hyperkalemia, renal function deterioration, and gynecomastia. These are generally thought to be due to their binding to other types of steroid receptors (*e.g.*, estrogen receptor, glucocorticoid receptor, *etc.*) exactly because of their steroidal structure[3,12,29]. Thus, non-steroidal MRAs have been developed, currently headlined by finerenone. Finerenone has shown advantageous pharmacological and therapeutic profiles, compared to the steroidal MRAs. It has demonstrated improved therapeutic properties in heart failure animal models in head-to-head comparisons with eplerenone[12,15] and leads to bigger improvements in HFrEF (heart failure with reduced ejection fraction) confounded by diabetes or chronic kidney disease[12,14]. In addition to its much higher selectivity for the MR over other steroid receptors, finerenone is also at least one log scale more potent at MR antagonism than eplerenone and spironolactone, both of which are competitive MR antagonists[3]. Furthermore, finerenone displays inverse agonist activity at the MR, whereas the steroidal MRAs are only partial MR antagonists[3,12]. This means that, depending on the activity status of the MR, spironolactone and eplerenone may actually promote the activity of the MR rather than inhibiting it[12,14,15]. In other words, eplerenone inhibits the MR when the receptor is activated by Aldo but it may actually promote the activity of the MR when bound alone to the receptor (in the absence of Aldo). Finerenone, thanks to the non-steroidal nature of its structure, appears to be devoid of any agonist activity at the MR and thus, has strong potential to provide better cardiovascular and renal outcomes, especially in diseases severely affected by hyperaldosteronism.

One of the most important parameters affecting the selectivity of a particular MRA for the MR *vs* other steroid receptors, as well as tissue specificity for MR antagonism (inhibition of the cardiac MR *vs* inhibition of the MR in other tissues), is the identity/identities of the receptor's co-factors activated or repressed by the MRA agent, which ultimately affects the MRA drug's potency and efficacy[1,3,15,25]. In other words, how good a particular MRA is at blocking the cardiac MR depends strongly on which co-activators of the MR the drug inhibits and/or which co-repressors of the MR it activates inside the cardiac myocyte[3]. Indeed, a recent study in mice reported much higher potency and inverse agonism

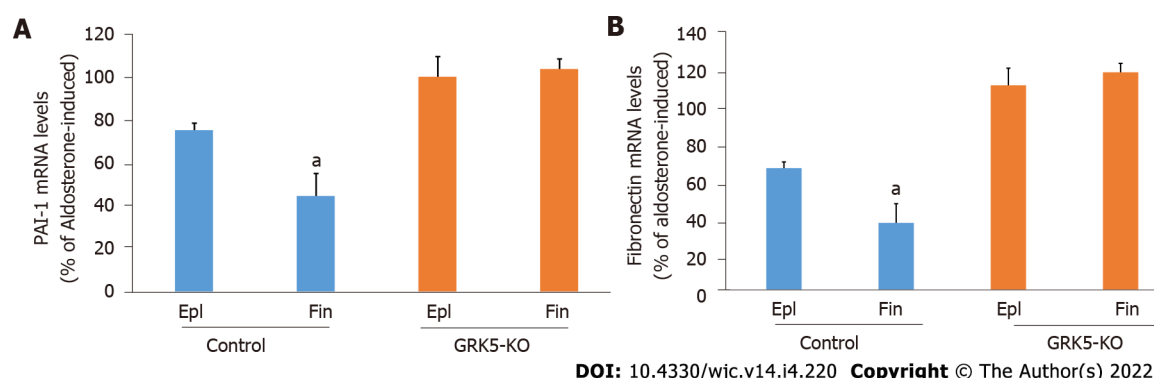


Figure 4 Comparison of the anti-fibrotic efficacies of finerenone vs eplerenone in aldosterone-treated cardiomyocytes in the presence or absence of G protein-coupled receptor-kinase 5. mRNA levels of PAI-1 (A) and fibronectin (B), in response to a 2-h-long treatment of 100 nmol/L aldosterone in the presence of either 10 mmol/L eplerenone (Epl) or 10 mmol/L finerenone in control (mock, empty vector CRISPR lentivirus-infected) or in G protein-coupled receptor-kinase (GRK)-5-KO (rat GRK5-targeting CRISPR lentivirus-infected) cells. 18S rRNA levels were used for normalization of the results. ^a $P < 0.05$, vs Epl; $n = 3$ independent measurements per cell clone/treatment performed in triplicate. Epl: Eplerenone; Fin: Finerenone.

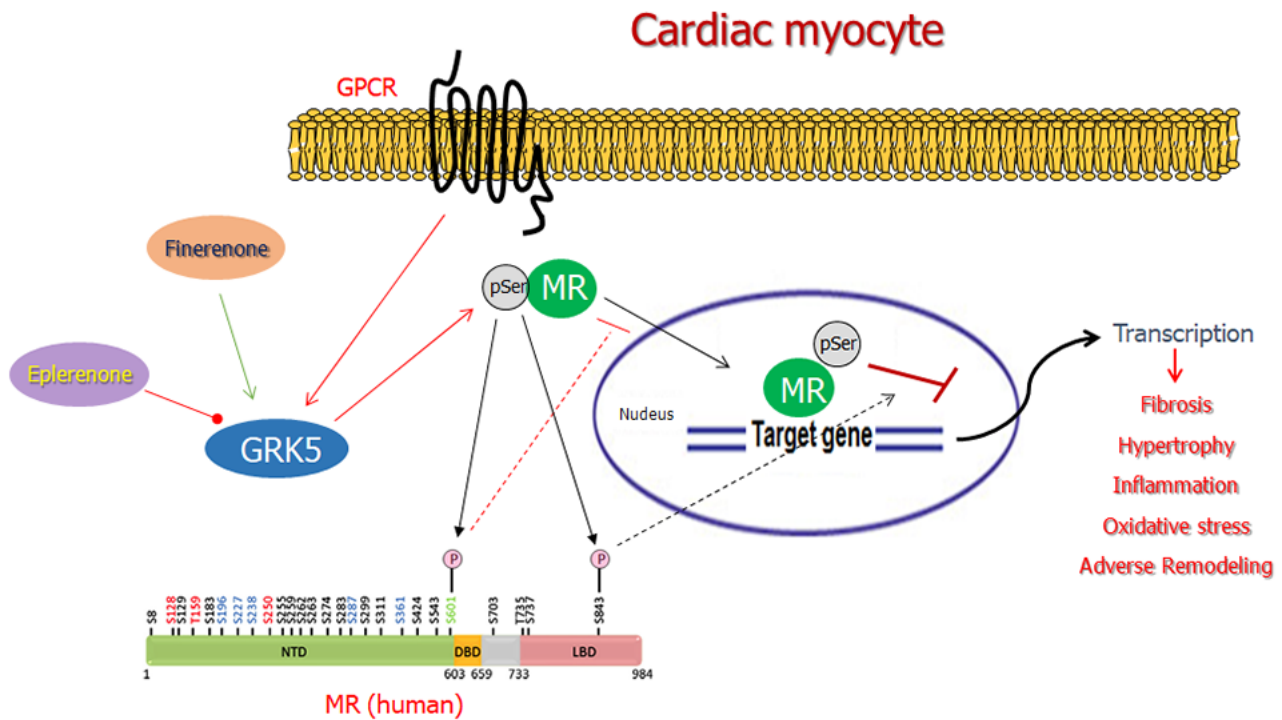
of finerenone, relative to eplerenone, in terms of cardiac fibrosis suppression and suggested that the pharmacological difference between these two MRAs was probably due to differential cardiac MR co-factor regulation/engagement[15]. We recently uncovered that GRK5 is an important co-repressor of the cardiac MR, *via* its direct binding to, and phosphorylation of the MR that results in cytosolic retention of the phosphorylated receptor and thus, MR transcriptional repression[11]. Our present data strongly suggest that finerenone selectively activates this kinase in cardiac myocytes to potentially inhibit/repress the cardiac MR. In contrast, eplerenone is incapable of this action (GRK5 activation) and thus, is a much weaker MR antagonist in the myocardium.

There are a few very important questions emanating from our present work that await delineation in future studies. First, does finerenone activate GRK5 to suppress MR activity only in the heart or in other tissues, as well (*e.g.*, kidneys)? Another critical question is whether this property is shared by other non-steroidal MRAs or it is specific to finerenone. Finally, there is also the obvious mechanistic question of how exactly finerenone, not known to be a GPCR agonist, induces GRK5, normally activated by a GPCR, such as the β_2 -adrenergic receptor (Figure 5)[8,11], to phosphorylate and inhibit the MR in the cytosol of a cardiac myocyte. Nevertheless, these salient questions will be the focus of our future investigations, along with our already ongoing efforts to map the specific phosphorylation sites of GRK5 on the human MR protein and to characterize the functional impact for the receptor of each one of them.

In summary, our present study reinforces the emerging and therapeutically very intriguing notion that GRK5, acting as a cardiac MR co-repressor in this instance, may actually be beneficial in the myocardium[11,31-33], contrary to its counterpart GRK2 that is generally considered deleterious in the heart[7,10]. Importantly, we have identified GRK5 as a potential co-factor of the cardiac MR that is differentially regulated by finerenone and eplerenone, which may underlie the higher potency/efficacy (and inverse agonism) of finerenone at the MR. To our knowledge, cardiac GRK5 is the first such MR co-factor to be shown as differentially modulated/stimulated among different individual MRA drugs. Finally, from the therapeutic standpoint, we provide evidence that GRK5 is indispensable for MRAs' cardioprotective actions against Aldo (*e.g.*, anti-apoptosis, anti-oxidant action, anti-fibrosis) and, importantly, this applies to both steroidal (eplerenone) and non-steroidal (finerenone) MRA agents alike.

DISCUSSION

In the present study, we report that finerenone is a more potent and efficacious cardiac MR blocker than eplerenone, thanks, at least in part, to stimulation of GRK5-dependent cardiac MR phosphorylation, which eplerenone is incapable of inducing (Figure 5). This non-canonical effect of GRK5 on the cardiac MR is essential for efficient blockade of Aldo's deleterious actions in the heart, such as apoptosis, oxidative stress, fibrosis, and probably other adverse remodeling-associated effects (Figure 5). Therefore, GRK5-dependent inhibitory phosphorylation is a key molecular mechanism for cardiac MR inverse agonism and needs to be considered in the design and development of novel, more effective MRA drugs for heart disease (*e.g.*, CHF, hypertension, renal insufficiency, *etc.*) treatment.



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Figure 5 Schematic illustration of the differential effects of finerenone vs eplerenone on G protein-coupled receptor-kinase 5-dependent repression of the cardiac mineralocorticoid receptor. Finerenone, unlike eplerenone, stimulates G protein-coupled receptor-kinase (GRK)-5 to phosphorylate the mineralocorticoid receptor (MR). The two main (putative) GRK5 phosphorylation sites on the human MR protein, Ser601 and Ser843, are highlighted, along with their functional impacts for the MR (pSer601 blocks nuclear translocation; pSer843 suppresses Aldo-induced transcriptional activity)[24,30]. GPCR: G protein-coupled receptor; NTD: N-terminal domain; DBD: DNA-binding domain; LBD: Ligand-binding domain; pSer: Phosphoserine. See text for more details and for all other molecular acronyms' descriptions.

CONCLUSION

Cardiac GRK5 is an essential mediator of the general cardio-protection afforded by MRA drugs against the cardio-toxic effects of excess Aldo, *e.g.*, during CHF and other chronic cardiac diseases. This is due to the inhibitory phosphorylation GRK5 performs on the cardiac MR. This non-canonical (given the substrate is not a GPCR), co-repressor effect of GRK5 on cardiac MR is also (at least partly) responsible for the inverse agonism properties of finerenone at this receptor that bestow this non-steroidal MRA with superior potency and efficacy, compared to eplerenone, at protecting the heart against the damaging effects of Aldo. Finally, since GRK5 is a co-repressor of the MR, at least in the myocardium, its stimulation (or potentiation) should be a desired property of every novel MRA drug designed and developed for improved cardiovascular pharmacotherapy.

ARTICLE HIGHLIGHTS

Research background

Different mineralocorticoid receptor (MR) antagonists (MRAs) have different potencies at the cardiac MR blockade. G protein-coupled receptor kinase (GRK)-5 phosphorylates the MR in the heart and inhibits its transcriptional activity.

Research motivation

The authors wanted to compare two different MRAs, eplerenone and finerenone, in their ability to stimulate GRK5-dependent MR inhibition in cardiac myocytes.

Research objectives

The authors sought to identify a mechanism for the increased effectiveness of finerenone over eplerenone at blocking cardiac MR.

Research methods

The authors studied MR phosphorylation and activity in cardiomyocytes in response to eplerenone or finerenone treatments.

Research results

GRK5 is necessary for the anti-apoptotic, anti-oxidative, and anti-fibrotic effects of both finerenone and eplerenone against Aldo, as well as for the higher efficacy and potency of finerenone at blocking Aldo-induced apoptosis, oxidative stress, and fibrosis.

Research conclusions

Finerenone, but not eplerenone, induces GRK5-dependent cardiac MR inhibition, which underlies, at least in part, its higher potency and efficacy, compared to eplerenone, as an MRA in the heart.

Research perspectives

GRK5 is an essential mediator of finerenone's effects on cardiac aldosterone antagonism.

FOOTNOTES

Author contributions: Pollard CM, Suster MS, Cora N, and Carbone AM performed all experiments and assisted with data analysis; Lymperopoulos A supervised the project, performed data analysis, provided funding for the study, and wrote the manuscript; and All authors have read and approved the manuscript.

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