



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	2-3/1
Key Words	2	Four to seven key words—include “case report” as one of the key words	34-35/1
Abstract	3a	Background: What does this case report add to the medical literature?	15-20/1
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	21-30/1
	3c	Conclusion: What is the main “take-away” lesson from this case?	30-32/1
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	44-69/2
Timeline	5	Information from this case report organized into a timeline (table or figure)	n/a
Patient Information	6a	De-identified demographic and other patient or client specific information	Table 2
	6b	Chief complaint—what prompted this visit?	83-91/3,
	6c	Relevant history including past interventions and outcomes	92-97/3
Physical Exam	7	Relevant physical examination findings	100-103/3
Diagnostic	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	104-115/3
Assessment	8b	Diagnostic reasoning including other diagnoses considered and challenges	113, 116,123/3&4
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Fig 1A &1B Fig 2A & 2B
	8d	Prognostic characteristics where applicable	n/a
	9a	Types such as life-style recommendations, treatments, medications, surgery	129-135/4
Interventions	9b	Intervention administration such as dosage, frequency and duration	129-135/4
	9c	Note changes in intervention with explanation	160-163/4
	9d	Other concurrent interventions	n/a
	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	165-167/5
Follow-up and Outcomes	10b	Important follow-up diagnostic evaluations	149-159/4
	10c	Assessment of intervention adherence and tolerability, including adverse events	150-153/4, 166/5
	11a	Strengths and limitations in your approach to this case	253/7
Discussion	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	261-307/7-8
	11c	How does this case report suggest a testable hypothesis?	333-337/9
	11d	Conclusions and rationale	339/9

Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	n/a
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	364/10
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	348, 360, 364/10