RESPONSES TO REVIEWERS.

Reviewer #1.

We are grateful for the reviewer's comments to improve our manuscript and, in response to his suggestions, we have made the following modifications to the manuscript:

- 1.- The English language has been revised again by a professional reviewer from the language centre of the University of Valencia who has issued the corresponding proofreading report.
- 2.- The specific parts related to the exercise have been restructured.
- 3.- A paragraph explaining the importance of the CGM has been added.

Reviewer #2.

We are grateful for the reviewer's comments and, following their suggestions, we have included a figure describing the relationships between the different types of exercise and T1DM.

On behalf of the authors

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Round 2

Specific comments to authors: Much improved. I only have a few linguistic correction. Please consider. If accepted, I am happy to recommend acceptance. In table only one period was missing (Execution velocity at a given load.). Rest is ok.

Answer:

Dear Editor; Please find attached the latest version of our manuscript number 81841 in which we have accepted the linguistic corrections proposed by the reviewer and have modified the original figure, which was not editable, to a fully editable figure in powerpoint. We hope you like these changes and thank you for your attention throughout the revision process. On behalf of the authors, we send you our best regards. Fernando Martin-Rivera