



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 6 / page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line 15-16 / page 3
Abstract	3a	Background: What does this case report add to the medical literature?	Line 44-49 / page 3
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 52-58 / page 3
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line 60-64 / page 3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 83-86 / page 4
Timeline	5	Information from this case report organized into a timeline (table or figure)	Table 1 and figure
Patient Information	6a	De-identified demographic and other patient or client specific information	Line 90-95 / page 5
	6b	Chief complaint—what prompted this visit?	Line 90 / page 5
	6c	Relevant history including past interventions and outcomes	Line 97-101 / page 5
Physical Exam	7	Relevant physical examination findings	Line 108 / page 6
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 113-114 / page 6
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Line 110-114 / page 6
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Figure 3
	8d	Prognostic characteristics where applicable	
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 116-121 / page 6-7
	9b	Intervention administration such as dosage, frequency and duration	
	9c	Note changes in intervention with explanation	
	9d	Other concurrent interventions	
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 129-144 / page 7
	10b	Important follow-up diagnostic evaluations	
	10c	Assessment of intervention adherence and tolerability, including adverse events	
Discussion	11a	Strengths and limitations in your approach to this case	Line 141-146 / page 7
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 208-216 / page 10
	11c	How does this case report suggest a testable hypothesis?	Line 218-221 / page 10
	11d	Conclusions and rationale	Line 218-221 / page 10
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Line 141-144 / page 7
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Line 266-270 / page 13
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 261-270 / page 13