

## **CARE Checklist – 2016: Information for writing a case report**

Topic		Item Checklist item description	Line/Page
Title Key Words	1 2	The words "case report" should be in the title along with the area of focus Four to seven key words—include "case report" as one of the key words	Line 6 / Page 1 Lines 55-56 / Page 2
Abstract	3a 3b 3c	Background: What does this case report add to the medical literature? Case summary: chief complaint, diagnoses, interventions, and outcomes Conclusion: What is the main "take-away" lesson from this case?	Lines 32-36 / Page 2 Lines 39-49 / Page 2 Lines 52-53 / Page 2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Lines 80-94 / Page 3-4
Timeline	5	Information from this case report organized into a timeline (table or figure)	Not Applicable
Patient Information	6a 6b 6c	De-identified demographic and other patient or client specific information Chief complaint—what prompted this visit? Relevant history including past interventions and outcomes	Lines 98 / Page 4 Lines 98-99 / Page 4 Lines 102-112 / Page 4
Physical Exam	7	Relevant physical examination findings	Lines 115-117 / Page 5
Diagnostic Assessment	8a 8b 8c 8d	Evaluations such as surveys, laboratory testing, imaging, etc. Diagnostic reasoning including other diagnoses considered and challenges Consider tables or figures linking assessment, diagnoses and interventions Prognostic characteristics where applicable	Lines 120-127 / Page 5 Lines 120-122 / Page 5 Fig. 1, 2 Not Applicable
Interventions	9a 9b 9c 9d	Types such as life-style recommendations, treatments, medications, surgery Intervention administration such as dosage, frequency and duration Note changes in intervention with explanation Other concurrent interventions	Lines 134-140 / Page 5 Lines 135-139 / Page 5 Lines 137-139 / Page 5 Not Applicable
Follow-up and Outcomes	10a 10b 10c	Clinician assessment (and patient or client assessed outcomes when appropriate) Important follow-up diagnostic evaluations Assessment of intervention adherence and tolerability, including adverse events	Lines 145-150 / Pages 6 Lines 150-153 / Page 6 Lines 153-154 / Page 6
Discussion	11a 11b 11c	Strengths and limitations in your approach to this case Specify how this case report informs practice or Clinical Practice Guidelines (CPG) How does this case report suggest a testable hypothesis?	Lines 234-237 / Page 9 Not Applicable Lines 166-170 / Page 6
	11d	Conclusions and rationale	Lines 240-244 / Page 9
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Not Applicable
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Page 16
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	
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