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**CARE Checklist – 2016: Information for writing a case report**

**Topic Item Checklist item description Page**

**Title 1** The words “case report” should be in the title along with the area of focus\_\_\_1\_\_\_

**Key Words 2** Four to seven key words—include “case report” as one of the key words \_\_\_3\_\_\_

**Abstract 3a** Background: What does this case report add to the medical literature? \_\_\_3\_\_\_

**3b** Case summary: chief complaint, diagnoses, interventions, and outcomes \_\_\_3\_\_\_

**3c** Conclusion: What is the main “take-away” lesson from this case? \_\_\_3\_\_\_

**Introduction 4** The current standard of care and contributions of this case—with references (1-2 paragraphs) \_\_4-5\_\_

**Timeline 5** Information from this case report organized into a timeline (table or figure) \_\_4-5\_\_

**Patient Information 6a** De-identified demographic and other patient or client specific information \_\_4-5\_\_

**6b** Chief complaint—what prompted this visit? \_\_4-5\_\_

**6c** Relevant history including past interventions and outcomes \_\_4-5\_\_

**Physical Exam 7** Relevant physical examination findings \_\_4-5\_\_

**Diagnostic 8a** Evaluations such as surveys, laboratory testing, imaging, etc. \_\_4-5\_\_

**Assessment 8b** Diagnostic reasoning including other diagnoses considered and challenges \_\_5-6\_\_

**8c** Consider tables or figures linking assessment, diagnoses and interventions \_\_5-6\_\_

**8d** Prognostic characteristics where applicable \_\_5-6\_\_

**Interventions 9a** Types such as life-style recommendations, treatments, medications, surgery \_\_5-6\_\_

**9b** Intervention administration such as dosage, frequency and duration \_\_5-6\_\_

**9c** Note changes in intervention with explanation \_\_5-6\_\_

**9d** Other concurrent interventions \_\_5-6\_\_

**Follow-up and 10a** Clinician assessment (and patient or client assessed outcomes when appropriate) \_\_5-6\_\_

**Outcomes 10b** Important follow-up diagnostic evaluations \_\_5-6\_\_

**10c** Assessment of intervention adherence and tolerability, including adverse events \_\_5-6\_\_

**Discussion 11a** Strengths and limitations in your approach to this case \_\_6-8\_\_

**11b** Specify how this case report informs practice or Clinical Practice Guidelines (CPG) \_\_6-8\_\_

**11c** How does this case report suggest a testable hypothesis? \_\_6-8\_\_

**11d** Conclusions and rationale \_\_\_8\_\_\_

**Patient Perspective 12** When appropriate include the assessment of the patient or client on this episode of care \_\_\_NA\_\_

**Informed Consent 13** Informed consent from the person who is the subject of this case report is required by most journals \_\_\_11\_\_

**Additional Information 14** Acknowledgement section; Competing Interests; IRB approval when required \_\_Yes\_\_