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Retrospective Study

# Utility of plasma D-dimer for diagnosis of venous thromboembolism after hepatectomy

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## Abstract

### BACKGROUND

Venous thromboembolism (VTE) is a potentially fatal complication of hepatectomy. The use of postoperative prophylactic anticoagulation in patients who have undergone hepatectomy is controversial because of the risk of postoperative bleeding. Therefore, we hypothesized that monitoring plasma D-dimer could be useful in the early diagnosis of VTE after hepatectomy.

### AIM

To evaluate the utility of monitoring plasma D-dimer levels in the early diagnosis of VTE after hepatectomy.

### METHODS

The medical records of patients who underwent hepatectomy at our institution between January 2017 and December 2020 were retrospectively analyzed. Patients were divided into two groups according to whether or not they developed VTE after hepatectomy, as diagnosed by contrast-enhanced computed tomography and/or ultrasonography of the lower extremities. Clinicopathological factors, including demographic data and perioperative D-dimer values, were compared between the two groups. Receiver operating characteristic curve analysis was performed to determine the D-dimer cutoff value. Univariate and multivariate analyses were performed using logistic regression analysis to identify significant predictors.

### RESULTS

In total, 234 patients who underwent hepatectomy were, of whom (5.6%) were diagnosed with VTE following hepatectomy. A comparison between the two groups showed significant differences in operative time (529 vs 403 min,  $P = 0.0274$ ) and blood loss (530 vs 138 mL,  $P = 0.0067$ ). The D-dimer levels on postoperative days (POD) 1, 3, 5, 7 were significantly higher in the VTE group than in the non-VTE group. In the multivariate analysis, intraoperative blood loss of  $> 275$  mL [odds ratio (OR) = 5.32, 95% confidence interval (CI): 1.05-27.0,  $P = 0.044$ ] and plasma D-dimer levels on POD 5  $\geq 21$   $\mu\text{g/mL}$  (OR = 10.1, 95%CI: 2.04-50.1,  $P = 0.0046$ ) were independent risk factors for VTE after hepatectomy.

## CONCLUSION

Monitoring of plasma D-dimer levels after hepatectomy is useful for early diagnosis of VTE and may avoid routine prophylactic anticoagulation in the postoperative period.

**Key Words:** Hepatectomy; Malignant tumor; Postoperative complication; D-dimer; Early diagnosis; Venous thromboembolism

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**Core Tip:** This is the first retrospective study to evaluate the utility of monitoring plasma D-dimer levels in the early diagnosis of venous thromboembolism (VTE) after hepatectomy. Thirteen (5.6%) patients were diagnosed with VTE following hepatectomy and none of the patients required intensive care unit management (or oxygen administration) due to worsening respiratory status. The VTE group tended to have significantly elevated postoperative plasma D-dimer. Elevated D-dimer on postoperative day 5 and increased intraoperative blood loss were risk factors in the development of VTE after hepatectomy. Monitoring of plasma D-dimer levels after hepatectomy may allow early detection of asymptomatic VTE and may help avoid routine postoperative anticoagulation.

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## INTRODUCTION

Venous thromboembolism (VTE) comprises pulmonary embolism (PE) and deep vein thrombosis (DVT). The association between VTE and cancer is well recognized. Although some reports describing the incidence of VTE in surgery for gastrointestinal cancer have been described, few reports on the incidence of VTE in patients with cancer after hepatobiliary-pancreatic (HBP) surgery currently exist[1-3]. VTE is a potentially fatal complication of surgery. Moreover, the risk of VTE in patients with cancer is estimated to be four to seven-fold higher than that in the general population[4-6]. VTE is associated with a worse prognosis and increased medical costs among patients with cancer[7-9]. Therefore, guidelines recommend that patients with a middle-to-high risk of VTE should be managed using strategies such as compression stockings, intermittent pneumatic compression (IPC) devices, and anticoagulant therapy[10]. According to the relevant guidelines, cancer patients undergoing HBP surgery are typically classified as being at high risk for VTE. HBP surgery is often a highly invasive operation. However, the use of postoperative prophylactic anticoagulant therapy in patients undergoing HBP surgery is controversial.

D-dimer levels are useful clinical biomarkers for detecting VTE[11,12]. We hypothesized that measuring this marker would be beneficial for diagnosing VTE following hepatectomy without postoperative prophylactic anticoagulant therapy. We routinely measured plasma D-dimer levels after hepatectomy from January 2017 onwards, and used this marker as an indicator for detecting VTE. The aim of this study was to provide real-world data on the incidence of VTE after hepatectomy without postoperative prophylactic anticoagulant therapy, and to investigate the significance of plasma D-dimer monitoring for the early detection and treatment of VTE.

## MATERIALS AND METHODS

### Patients

The current study was conducted using data extracted from a prospective database. We analyzed all consecutive patients who underwent hepatectomy for primary malignant disease at the Department of Hepato-Biliary-Pancreatic Surgery, Kobe University, between January 2017 and December 2020. Demographic and clinicopathological variables, including age, sex, body mass index, diagnosis, surgical details (type and extent of resection), surgical approach, co-morbidity, smoking history, history of VTE, use of anticoagulant therapy, operation time, estimated blood loss volume, and post-

operative complications, were extracted from the medical records of each patient. This study was approved by the Ethics Committee of Kobe University Graduate School of Medicine (Provided ID Number: B210306), and was conducted in accordance with the Declaration of Helsinki. Informed consent was obtained using an opt-out approach.

### Perioperative management

For patients administered anticoagulants, anticoagulant medication was discontinued preoperatively in accordance with our institutional standards. All patients in this study underwent mechanical prophylaxis, including the use of compression stockings and IPC devices, from the induction of general anesthesia until postoperative ambulation. Prophylactic anticoagulation therapy for VTE was not performed at our institution during the study period.

Plasma D-dimer levels were measured preoperatively and on postoperative days (PODs) 1, 3, 5, and 7, and contrast-enhanced chest-extremity computed tomography (CE-CT) and/or ultrasound (US) was performed when plasma D-dimer levels were 20 µg/mL or higher, and when they were less than 20 µg/mL but did not below 10 µg/mL throughout the week. The cutoff value of 20 µg/mL plasma D-dimer was set with reference to previous reports[11]. Anticoagulation therapy was considered if VTE was diagnosed.

Major hepatectomy was defined as right/left hemi-hepatectomy, right/left tri-segmentectomy, and central bi-segmentectomy. Hepatic resection other than major hepatectomy was defined as minor hepatectomy. Plasma D-dimer levels were measured using the LPIA-GENESIS D-dimer (LSI Medience, Tokyo, Japan), which is based on a latex agglutination immunoassay.

### Definition of VTE

DVT was defined as phlebitis, thrombophlebitis, and venous embolism or thrombosis of deep vessels of the lower extremity[10]. PE was defined as a disease in which the pulmonary vein was occluded by thromboembolism. In the present study, VTE was defined as DVT and PE within 30 d after surgery, in accordance with the guidelines[9]. Cases of portal vein thrombosis were excluded as they are generally not included in the definition of DVT included in this study.

Patients were divided into two groups, namely those who developed VTE within 30 d of surgery [VTE (+)] and those who did not [VTE (-)]. The VTE (-) group was defined as patients with no symptoms of VTE and no VTE detected on radiographic imaging from the perioperative period to discharge and at follow-up every 1-2 mo.

### Statistical analysis

Continuous variables are presented as medians with ranges, and categorical variables are presented as frequencies and percentages.  $\chi^2$  test was performed to compare the two groups. Receiver operating characteristic (ROC) curve analysis was performed to determine the cutoff value of D-dimer for VTE after hepatectomy. Univariate and multivariate analyses were performed using logistic regression analysis to identify significant predictors for VTE after hepatectomy. Statistical significance was set at  $P < 0.05$ . Statistical analyses were performed using JMP Pro 16 software (SAS Institute, Cary, NC, United States).

## RESULTS

### The incidence of VTE after hepatectomy

A total of 234 patients who underwent hepatectomy were enrolled in this study. Major and minor hepatectomies were performed in 59 (25%) and 175 patients (75%), respectively. The patients included in this study were aged 33-93 years (mean age: 72 years), and comprised 177 (76%) men and 57 (24%) women. The baseline characteristics of the patients are shown in Table 1. Thirteen (5.6%, DVT/PE/DVT and PE: 11/1/1, respectively) patients were diagnosed with VTE after hepatectomy.

### Comparison between patients in the VTE (+) and VTE (-) groups after hepatectomy

Of the 234 patients who underwent hepatectomy, 192 were studied to determine the correlation between plasma D-dimer levels and VTE, and 42 were excluded (41 for missing data and one which involved onset after 30 d postoperatively) (Figure 1). CE-CT and/or US were performed in 41 patients (22.4%) during the study period. Of these, 34 patients had D-dimer levels greater than 20 µg/mL, of whom 11 developed VTE; 7 patients had D-dimer levels between 10 and 20 µg/mL, of whom only one developed VTE.

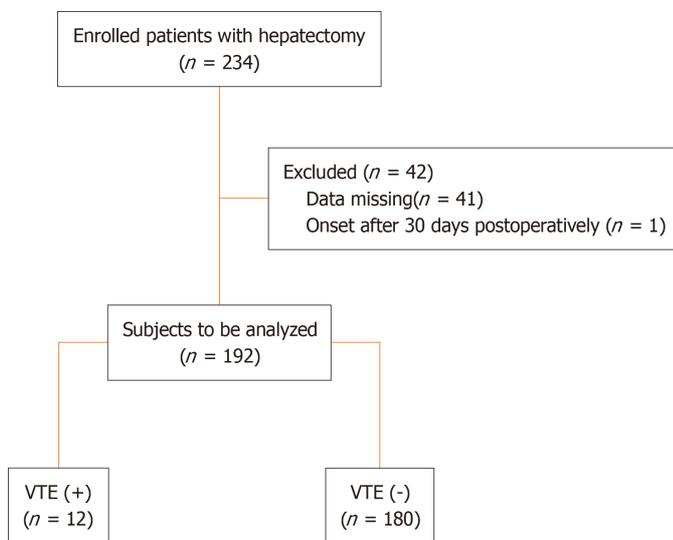
The comparison of VTE (+) and VTE (-) showed significant differences in operative time (529 vs 403 min,  $P = 0.0274$ ) and blood loss (530 vs 138 mL,  $P = 0.0067$ ), but not in other parameters (Table 2). In VTE cases, all patients were asymptomatic. The median date of diagnosis was POD 7 (3-21), the median D-dimer level at the time of diagnosis was 31.3 (15.1-75.8 µg/mL). The modality of diagnosis was CE-CT and US for 3 and 9 patients, respectively. Patients diagnosed by ultrasonography of the lower extremities also underwent thoracoabdominal CT scan. In accordance with the guideline [10], seven patients (53.8%, DVT/PE = 4/3) were treated with anticoagulant administration, of whom 6 (46.2%, all DVT) were followed up because it was a peripheral DVT (Table 3). None of the patients required intensive care unit management (or oxygen administration) due to worsening respiratory status. Moreover, VTE was not associated with mortality in this study.

Plasma D-dimer levels increased gradually on POD 1, 3, 5, and 7 in each group. Even though the preoperative plasma D-dimer levels did not differ significantly, levels on POD 1, 3, 5, and 7 were significantly higher in the VTE (+) group than in the VTE (-) group [10.4 (5-21.7) vs 6 (1.1-48.5),  $P = 0.009$ ; 16.7 (4.7-54.6) vs 7.2 (1.1-75),  $P = 0.002$ ; 29.5 (12.9-65) vs 13.25

**Table 1** Clinicopathological characteristics of patients enrolled in this cohort

Variables	Hepatectomy (n = 234)
Age, yr	72 (33-93)
Sex (male/ female) (%)	177/57 (76/24)
Disease (%)	
Hepatocellular carcinoma	198 (84)
Intrahepatic cholangiocarcinoma	11 (5)
Perihilar cholangiocarcinoma	25 (11)
Surgical procedures	
Major hepatectomy	59 (25)
Minor hepatectomy	175 (75)
Laparotomy	40
Laparoscopic	135
Operation time (min)	410 (92-762)
Blood loss (mL)	150 (0-5330)
VTE	13 (5.6)
DVT	12
PE	2

VTE: Venous thromboembolism; DVT: Deep vein thrombosis; PE: Pulmonary embolism.



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**Figure 1** Profiles of patients with hepatectomy who were analyzed in this cohort. VTE: Venous thromboembolism.

(2.7-167.3),  $P < 0.0001$ ; 26.1 (15.1-75.8) vs 15.45 (2.2-138.9),  $P = 0.0005$ ] (Figure 2).

The optimal cutoff values for plasma D-dimer levels on POD 1, 3, 5, and 7 for VTE were determined using the area under the curve (AUC) of the ROC curves in this cohort, and the results were as follows: POD 1: 6  $\mu\text{g}/\text{mL}$ , AUC 0.73; POD 3: 10  $\mu\text{g}/\text{mL}$ , AUC 0.77; POD 5: 21  $\mu\text{g}/\text{mL}$ , AUC 0.84; POD 7: 20  $\mu\text{g}/\text{mL}$ , AUC 0.80. The AUC value for POD 5 was the highest and was statistically significant among the AUC values on POD 1, 3, 5, and 7 (Figure 3).

### Risk factors for VTE after hepatectomy

Multivariate analysis revealed intraoperative blood loss of  $> 275$  mL [odds ratio (OR) = 5.32, 95% confidence interval (CI): 1.05-27.0,  $P = 0.044$ ] and plasma D-dimer levels of  $\geq 21$   $\mu\text{g}/\text{mL}$  on POD 5 (OR = 10.1, 95% CI: 2.04-50.1,  $P = 0.0046$ ) as independent risk factors for VTE after hepatectomy (Table 4).

**Table 2 Comparison of clinicopathological factors with and without venous thromboembolism in the patients with hepatectomy (n = 192)**

Variables	VTE (+) (n = 12)	VTE (-) (n = 180)	P value
Age, yr (range) (median)	73 (59-84)	72 (33-91)	0.4635
Sex			
Male/female	9 (75)/3 (25)	135 (75)/45 (25)	0.65
BMI (kg/m <sup>2</sup> ) (median)	23.4 (17.7-28.3)	22.7 (13.1-38.9)	0.7864
Disease			
HCC	8	148	
IHCC	0	11	
PHCC	4	21	
Major/minor hepatectomy (%)	6 (50)/6(50)	45 (25)/135(75)	0.0576
Laparoscopy (%)	4 (33)	109 (61)	0.0635
Smoking (%)	8 (67)	109 (61)	0.6744
Hypertension (%)	9 (75)	95 (53)	0.1347
Diabetes mellitus (%)	5 (42)	64 (36)	0.6692
Cardiovascular disease (%)	1 (8)	20 (11)	0.7653
Anticoagulation (%)	2 (17)	19 (11)	0.5114
History of VTE	0	0	-
DVT/PE	11/2	0/0	
Operation time (min) (median)	529 (250-611)	403 (92-762)	0.0274
Blood loss (mL) (median)	530 (10-2515)	138 (10-5330)	0.0067
Postoperative complication (≥ CDIIIb)	1 (8)	4 (2)	0.1984
Ddimer (μg/mL) (median)			
POD1 (range)	10.4 (5-21.7)	6 (1.1-48.5)	0.005
POD3 (range)	16.7 (4.7-54.6)	7.3 (1.1-75)	0.0029
POD5 (range)	29.5 (12.9-65)	13.3 (2.7-167.3)	0.0163
POD7 (range)	26.1 (15.1-75.8)	15.5 (2.2-138.9)	0.0029

HCC: Hepatocellular carcinoma; IHCC: Intrahepatic cholangiocarcinoma; PHCC: Perihilar cholangiocarcinoma; VTE: Venous thromboembolism; DVT: Deep vein thrombosis; PE: Pulmonary embolism; CD: Clavien-Dindo classification; POD: Postoperative day.

## DISCUSSION

The overall symptomatic VTE rate after hepatectomy was approximately 3% in previous retrospective analyses of the national database in the United States[13]. The risk of VTE after hepatectomy is proportional to the resected liver volume, and ranged from 2.1% after partial hepatectomy to 5.8% after extended hepatectomy[11]. However, the frequency of VTE after hepatectomy remains unknown in Japan[11,14].

Hayashi *et al*[14] recently reported that asymptomatic VTE developed in 12.2% of patients after HBP surgery for malignant and benign tumors. Our data showed that asymptomatic VTE occurred in 13 (5.6%) patients after hepatectomy for hepatocellular carcinoma and bile duct cancer.

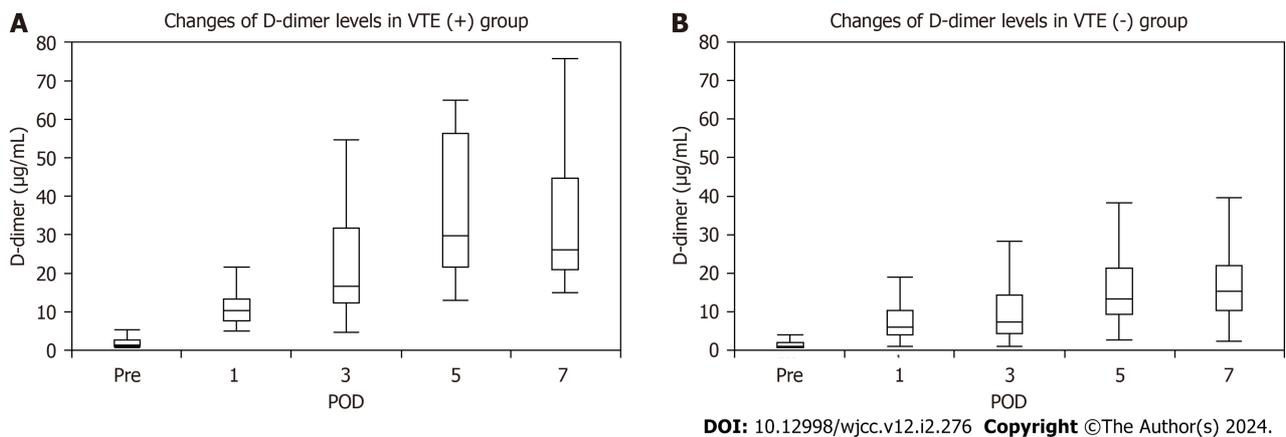
The incidence of asymptomatic VTE in our study was relatively high compared to that of symptomatic VTE in the United States[13]. This may be because we proactively performed CE-CT and/or US for patients with higher plasma D-dimer levels, and asymptomatic VTE was diagnosed in this study.

The United States guidelines for treating VTE recommend anticoagulation therapy after surgery for malignant tumors, and routine anticoagulation after hepatectomy has been reported to be safe[15,16], but the incidence of postoperative VTE is rare in Japan. In addition, there are some risks associated with the use of anticoagulants, and the use of anticoagulants in cases where there is no need to use them is debatable. Our hospital does not routinely provide prophylactic post-operative anticoagulation therapy. Therefore, we believe that monitoring plasma D-dimer levels after hepatectomy may promote the early detection of asymptomatic VTE, and consequently the prevention of symptomatic and severe VTE. If D-dimer monitoring is performed, postoperative prophylactic anticoagulation for hepatectomy may not be necessary.

**Table 3** Detailed list of the patients with venous thromboembolism ( $n = 12$ )

No.	Disease	Extent of resection	Date of diagnosis	D-dimer (time of diagnosis)	Method of diagnosis	Diagnosis	Treatment
1	HCC + GC	Partial (S7)	POD 7	20.6	US	DVT	Anticoagulant
2	HCC	Segmental (S5 + 8)	POD 15	32.3	US	DVT	Anticoagulant
3	HCC	Segmental (S6 + 7)	POD 7	55.6	US	DVT	Anticoagulant
4	HCC	Segmental (S4) + partial (S8)	POD 3	30.2	US	DVT	Observation
5	HCC	Right lobectomy + partial (S2)	POD 7	23.1	US	DVT	Observation
6	PHCC	Left hemihepatectomy	POD 7	75.8	CECT	PE	Anticoagulant
7	PHCC	Left hemihepatectomy	POD 6	57.8	CECT	PE/DVT	Anticoagulant
8	HCC	Segmental (S5 + 8)	POD 7	25.5	US	DVT	Observation
9	PHCC	Left hemihepatectomy	POD 21	17.4	US	DVT	Observation
10	PHCC	Left hemihepatectomy	POD 7	15.1	CECT	PE	Anticoagulant
11	HCC	Segmental (S6 + 7)	POD 11	37.3	US	DVT	Anticoagulant
12	HCC	Right hemihepatectomy	POD 7	43.6	US	DVT	Observation

VTE: Venous thromboembolism; HCC: Hepatocellular carcinoma; GC: Gastric cancer; PHCC: Perihilar cholangiocarcinoma; POD: Postoperative day; US: Ultrasonography; CECT: Contrast enhanced computed tomography; DVT: Deep vein thrombosis; PE: Pulmonary embolism.



**Figure 2** Plasma D-dimer levels gradually increased from preoperative values to the values on postoperative day 1, 3, 5, and 7 in each group. A and B: Plasma D-dimer levels on postoperative day 1, 3, 5, and 7 were significantly higher in patients with VTE (+) (A) than in those without VTE (-) (B). POD: Postoperative day.

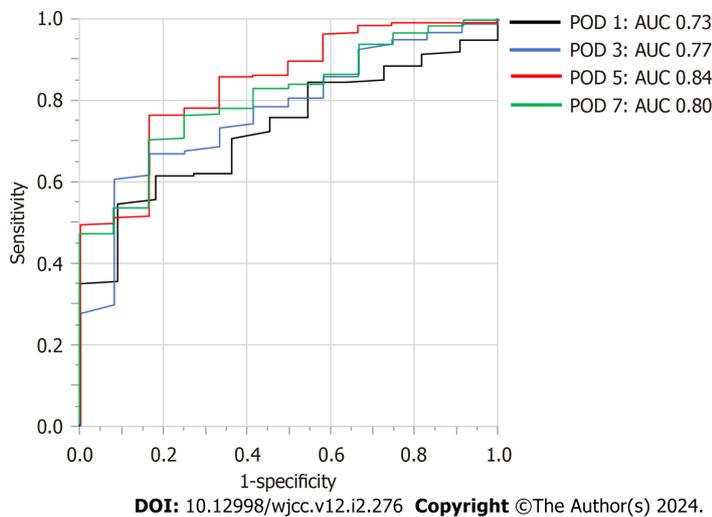
Onda *et al*[11] previously reported resected liver weight as a risk factor for VTE after hepatectomy, while Hue *et al*[13] reported that the VTE rate was higher after open hepatectomy than after minimally invasive hepatectomy. The present study revealed that the risk factors for VTE after hepatectomy included intraoperative blood loss > 275 mL, and plasma D-dimer levels  $\geq 21$   $\mu\text{g}/\text{mL}$  on POD 5. In addition, prolonged bed rest, obesity, coexisting cardiopulmonary disease, smoking, and a history of VTE are generally cited as risk factors for VTE; however, the present study found no significant differences in these parameters. This may be because the number of cases was small, the surgery was aimed at malignant tumors, and body mass index or other patient backgrounds did not differ significantly. Although several studies have reported that blood transfusions increased the incidence of VTE in cancer surgery[17-19], few studies have reported the relationship between blood loss and thrombosis to date. Nielsen *et al*[20] showed that massive blood loss requiring transfusion increased the risk of postoperative VTE in bariatric surgery.

Measurement of plasma D-dimer in this study is useful for the early detection of postoperative VTE, but this protocol requires high medical costs. Among the 41 patients who tested based on screening with plasma D-dimer, 21 had D-dimer levels of  $\geq 21$   $\mu\text{g}/\text{mL}$  on POD 5, and 10 had VTE. Therefore, measuring D-dimer levels on POD 5 alone is likely sufficient to detect VTE, resulting in reduced medical costs. However, two cases could not be detected, meaning that all cases could not be covered using this method. As mentioned above, postoperative D-dimer monitoring appears to be useful for the

**Table 4** Logistic regression analyses of factors associated with venous thromboembolism among patients undergoing hepatectomy

Variables	Univariate analysis			Multivariate analysis		
	OR	95%CI	P value	OR	95%CI	P value
Sex (female)	1.0	0.26-3.86	1.0			
Age ≥ 70 yr	1.2	0.35-4.19	0.7585			
Major hepatectomy	3	0.10-1.09	0.0682			
Minimally invasive hepatectomy	3.07	0.89-10.6	0.0755			
BMI ≥ 25 kg/m <sup>2</sup>	1.17	0.34-4.04	0.8078			
HT	2.68	0.70-10.2	0.1484			
DM	1.29	0.39-4.25	0.6700			
Cardiovascular disease	0.72	0.09-5.93	0.7662			
Smoking	1.3	0.38-4.49	0.6751			
Anticoagulation	1.7	0.25-8.31	0.5157			
Operative time ≥ 462 (min)	5.3	1.39-20.3	0.0147	3.37	0.80-14.2	0.0978
Blood loss ≥ 275 (mL)	10	2.12-47.1	0.0036	5.32	1.05-27.0	0.0435
Blood transfusion	4.48e-7		0.9902			
DD (POD 5) ≥ 21 (µg/mL)	14.8	3.11-70.1	< 0.0001	10.1	2.04-50.1	0.0046
Complication (≥ CDIIIb)	4.0	0.41-38.8	0.2322			

VTE: Venous thromboembolism; OR: Odds ratio; BMI: Body mass index; HT: Hypertension; DM: Diabetes mellitus; POD: Postoperative day; DD: D-dimer; CD: Clavien-Dindo classification; CI: Confidence interval.



**Figure 3** Receiver operating characteristic analysis to set a cutoff value of D-dimer levels to detect venous thromboembolism. Postoperative day (POD) 1: Cutoff value of D-dimer is 6 µg/mL, area under the curve (AUC) 0.73; POD 3: Cutoff value of D-dimer is 10 µg/mL, AUC 0.77; POD 5: Cutoff value of D-dimer is 21 µg/mL, AUC 0.84; POD7: Cutoff value of D-dimer is 20 µg/mL, AUC 0.80. POD: Postoperative day; AUC: Area under the curve.

early diagnosis of VTE. However, each measurement method has its own advantages and disadvantages, and further study is needed.

This study has several limitations. First, this was a single-center, retrospective study involving a small number of patients, which may have introduced selection bias. Second, it is not clear whether the VTE (-) group really did not have VTE, as imaging studies were not performed on all cases in this study. Therefore, well-designed prospective studies would be needed to clarify the efficacy of plasma D-dimer monitoring after hepatectomy.

## CONCLUSION

Monitoring plasma D-dimer levels after hepatectomy can be useful for the early diagnosis of VTE and may avoid routine prophylactic anticoagulation in the postoperative period.

## ARTICLE HIGHLIGHTS

### Research background

Venous thromboembolism (VTE) after hepatectomy is a potentially fatal complication.

### Research motivation

The motivation of this study is that monitoring plasma D-dimer could be useful in the early diagnosis of VTE after hepatectomy.

### Research objectives

To uncover the incidence of VTE after hepatectomy without postoperative prophylactic anticoagulant therapy and to investigate the significance of plasma D-dimer monitoring for the early detection and treatment of VTE.

### Research methods

This was a retrospective study on the development of VTE after hepatectomy for malignant disease was performed at a single institution over a 3-year period. We compared patients categorized based on the presence or absence of VTE to examine risk factors for the development of postoperative VTE.

### Research results

Thirteen (5.6%) patients were diagnosed with VTE following hepatectomy. Elevation of D-dimer on postoperative day 5 and increased intraoperative blood loss were risk factors for the development of VTE after hepatectomy.

### Research conclusions

We proposed that monitoring of plasma D-dimer levels after hepatectomy is useful for early diagnosis of VTE, and may avoid routine prophylactic anticoagulation in the postoperative period.

### Research perspectives

We demonstrated monitoring D-dimer as an alternative to routine postoperative anticoagulation for early diagnosis of postoperative VTE.

## FOOTNOTES

**Author contributions:** Miyake T and Yanagimoto H involved in the project development and data management; Miyake T, Yanagimoto H, Tsugawa D, Akita M, and Asakura R contributed to the data analysis and manuscript writing/editing; Arai K, Yoshida T, So S, Ishida J, Urade T, Nanno Y, Fukushima K, Gon H, Komatsu S, Asari S, Toyama H, Kido M, and Ajiki T provided clinical advice; Fukumoto T supervised the report.

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**Informed consent statement:** Informed consent was obtained from the opt-out principle. For full disclosure, the details of the study are published on the home page of Division of Hepato-Biliary-Pancreatic Surgery, Kobe University Graduate School of Medicine.

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