

August 7, 2015

Dear Editor,

Please find enclosed the edited manuscript in Word format (file name: 19535-review.doc).

**Title:** Effects of exercise on physical limitations and fatigue in rheumatic diseases.

**Author:** Giuseppe Musumeci

**Name of Journal:** *World Journal of Orthopedics*

**ESPS Manuscript NO:** 19535

The manuscript has been improved according to the suggestions of reviewers:

### **Response to the reviewer #1**

#### **Comments**

In this editorial, the author points out the beneficial effects of the physical activity in normal life and in rheumatic diseases, including home and gym exercise programs, flexibility training, and physiatric rehabilitation therapy. Physical exercise can improve balance, reduce pain, activate muscle and increase functional joint stability in patients with rheumatic diseases and OA. Overall, this is a well-written editorial, which defines the benefits of the exercise on physical limitations and fatigue in rheumatic diseases that seem to have a short and long-term effectiveness. The author needs to improve the figure legends, which are too simple in the current version.

#### **Response**

I deeply thank the reviewer for your encouragement and invaluable suggestions. As you suggested, I have improved a corresponding description of the figure legends in the resubmitted manuscript.

## **Response to the reviewer #2**

### **Comments**

Minor revisions: -English Language could be optimized -Quality of figures must be checked  
-references are not Always in accordance with editorial's rules.

### **Response**

Thank the reviewer for your invaluable suggestions. As you suggested, I checked the revised manuscript carefully and also had the manuscript reviewed by a native speaker with certified proficiency in English.

As kind suggested I improved the quality of figures and I checked the references list in accordance with editorial's rules.

Thank you again for publishing our manuscript in the *World Journal of Gastroenterology*.

Sincerely yours,



Prof. G. Musumeci (✉), M.S, Ph.D.

School of Medicine

Department of Biomedical Sciences and Biotechnologies

Human Anatomy and Histology Section

E-mail: [g.musumeci@unict.it](mailto:g.musumeci@unict.it)