

Basic Study

Tumor necrosis factor- α -G308A polymorphism is associated with liver pathological changes in hepatitis C virus patients

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Abstract

AIM

To investigate the association of tumor necrosis factor alpha (TNF α) -G308A polymorphism with different liver pathological changes in treatment-naïve Egyptian patients infected with hepatitis C virus (HCV) genotype 4.

METHODS

This study included 180 subjects, composed of 120 treatment-naïve chronic HCV patients with different fibrosis grades (F0-F4) and 60 healthy controls. The TNF α -G308A region was amplified by PCR and the different genotypes were detected by restriction fragment length polymorphism analysis. The TNF α protein was detected by enzyme-linked immunosorbent assay. The influence of different TNF α -G308A genotypes on TNF α expression and liver disease progression were statistically analyzed. The OR and 95%CI were calculated to assess the relative risk confidence.

RESULTS

Current data showed that the TNF α -G308A SNP frequency was significantly different between controls and HCV infected patients ($P = 0.001$). Both the AA genotype and A allele were significantly higher in late fibrosis patients (F2-F4, $n = 60$) than in early fibrosis patients (F0-F1, $n = 60$) ($P = 0.05, 0.04$ respectively). Moreover, the GA or AA genotypes increased the TNF α serum level greater than the GG genotype ($P = 0.002$). The results showed a clear association between severe liver pathological conditions (inflammation, steatosis and fibrosis) and (GA + AA) genotypes ($P = 0.035, 0.03, 0.04$ respectively). The stepwise logistic regression analysis showed that the TNF α genotypes (GA + AA) were significantly associated with liver inflammation (OR = 3.776, 95%CI: 1.399-10.194, $P = 0.009$), severe steatosis (OR = 4.49, 95%CI: 1.441-14.0, $P = 0.010$) and fibrosis progression (OR = 2.84, 95%CI: 1.080-7.472, $P = 0.034$). Also, the A allele was an independent risk factor for liver inflammation ($P = 0.003$), steatosis ($P = 0.003$) and fibrosis ($P = 0.014$).

CONCLUSION

TNF α SNP at nucleotide -308 represents an important genetic marker that can be used for the prognosis of different liver pathological changes in HCV infected patients

Key words: Hepatitis C virus immune response; Tumor necrosis factor alpha; Single nucleotide polymorphisms; Cytokine expression; Liver disease progression

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Core tip: Tumor necrosis factor alpha (TNF α) is a proinflammatory and antiviral cytokine that plays a major role in liver injury and initiation of the fibrosis process. We investigated the association of TNF α -G308A polymorphism with liver pathological changes in treatment-naïve Egyptian patients infected with hepatitis C virus (HCV) genotype 4. The results showed that the TNF α A allele produced high circulating TNF α in the body, which induces inflammatory response. The TNF α A allele was an independent risk factor for liver inflammation, steatosis and fibrosis. TNF α -G308A represents an important genetic marker that can be used for the prognosis of different liver pathological changes in HCV infected patients.

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INTRODUCTION

Hepatic fibrosis is the liver wound healing process for many injuries, such as excess vitamin A, inherited metabolic disorders, alcohol, drugs, cholestatic disorders, viral hepatitis and autoimmune disorders^[1]. In Egypt, hepatitis C virus (HCV) is a major public health problem, with a 15% prevalence rate and the predominant genotype being genotype 4^[2]. Chronic HCV patients are usually at risk of developing cirrhosis and hepatocellular carcinoma. Complications of HCV infection in Egypt are responsible for 67% of the liver disease death rate^[3].

Exacerbated immune response against HCV, along with the consequent excess production of chronic inflammatory mediators, is the underlying cause of liver injury and development of fibrosis. Chronically infected patients may have a slow, intermediate or rapid fibrosis progression rate. Multiple factors have been reported to affect the liver disease progression rate^[4]. Single nucleotide polymorphisms (SNPs) in the non-coding or coding regions of cytokine genes have been documented to affect their expression and secretion, which can cause chronic inflammation and disease progression^[5,6].

Altered expression of cytokines, such as tumor necrosis factor alpha (TNF α), transforming growth factor beta, interferon gamma (IFN γ), platelet-derived growth factor, interleukin (IL)-1, -10 and -28B, and the IL-1 receptor antagonist, were found to be associated with liver fibrosis^[1,7,8]. The expression of these cytokines plays important roles in the regulation of liver cell functions and the fibrotic process *in vivo*. TNF α is a proinflammatory and antiviral cytokine secreted by macrophage and cytotoxic T lymphocytes in the liver, where it regulates the immune response, cell growth and apoptosis. TNF α is considered the immune-mediated hepatic cytokine that plays a major role in liver injury and the initiation of the fibrosis process. It stimulates hepatic stellate cells' proliferation, chemoattraction, extracellular matrix components' secretion and connective tissue growth factors' expression. Therefore, TNF α expression is considered a key molecular link between liver inflammation, steatosis and fibrosis^[9,10].

The TNF α gene is located on chromosome 6p21.3^[11]. Six polymorphisms at nucleotides -1031, -863, -857, -376, -308 and -238 in the TNF promoter were thought to influence the TNF α expression^[12,13]. Several studies showed that the TNF α -G308A polymorphism affects the TNF α transcription level. In the normal population, the wild genotype is GG and AA is the mutant genotype. The A allele has a significant functional effect on TNF transcription and is associated with higher inducible TNF α transcription levels than the G allele^[14].

Many inflammatory disorders and infectious

diseases are associated with TNF α -G308A polymorphism, such as systemic lupus erythematosus, inflammatory bowel disease, insulin-dependent diabetes mellitus, malaria and leishmaniasis^[13,15-17]. In chronic HCV patients, elevated levels of TNF α were detected in liver and serum^[8]. TNF α increases fat deposition in the liver by affecting the hepatic lipogenesis^[18]. Furthermore, Hooper *et al.*^[19] showed that increased levels of TNF α and reduced anti-inflammatory cytokines correlate with the severity of liver injury in non-alcoholic steatohepatitis (NASH) patients.

The role of TNF α -G308A polymorphism in HCV pathogenesis has been examined in different studies, with divergent results^[6,20-22]. These variations may be due to racial background of the studied populations, who have different cytokine gene polymorphisms^[23]. Also, these studies focused on the role of TNF α -G308A in HCV susceptibility and treatment response rate but none of these studies examined the role of TNF α -G308A polymorphism in HCV liver steatosis and fibrosis progression rate. The current study was designed to investigate the association of TNF α -G308A polymorphism with liver inflammation, steatosis and different grades of fibrosis in treatment-naïve Egyptian patients infected with HCV genotype 4.

MATERIALS AND METHODS

Subjects

The study was approved by the Ethics Committee of the National Research Centre, Giza, Egypt according to the Helsinki Declaration of 1975 revised in 2008. A total of 180 subjects, including 120 treatment-naïve HCV infected patients with different fibrosis grades grade who did not receive any treatment and 60 healthy controls, were enrolled in this study. Informed consents were obtained from all study subjects before enrollment in the study and collection of blood samples. The healthy controls (mean age, 42.6 \pm 9.4 years) had normal liver function tests, no history of liver injury and no viral hepatitis, particularly HCV (negative HCV Ab and negative viremia). The control subjects also did not suffer from any other metabolic dysfunctions or bacterial, viral or malignant diseases. The HCV patients (mean age, 43.1 \pm 10.1 years) were admitted to the Endemic Medicine Department of Kasr El Ainy Hospitals at Cairo University. Patients were excluded if they had decompensated cirrhosis, metabolic liver disease, hepatitis B virus, schistosomiasis, alcohol, drug-induced hepatitis or any significant coexisting medical conditions. Laboratory tests, including measurements of alanine aminotransferase (ALT), aspartate transaminase (AST), bilirubin, alkaline phosphatase (ALP), creatinine, complete blood count, body mass index (BMI) and HCV viral load were performed, as well as liver biopsy, for all patients. The extents of liver inflammation, steatosis and different grades of fibrosis were determined according to the METAVIR scoring

system^[24].

Detection of HCV viremia by real time-PCR

Total RNA was extracted from serum using the QIAamp Viral RNA Mini Kit (Qiagen, Hilden, Germany) to detect the presence of HCV RNA. HCV RNA was detected quantitatively using the Artus HCV RT-PCR Kit (Qiagen) according to the manufacturer's instructions. Genotype of HCV RNA was detected using the INNOLiPA HCV genotyping Kit (Innogenetics, Ghent, Belgium).

Genotyping of TNF α -G308A polymorphism by PCR-restriction fragment length polymorphism analysis

Total DNA was extracted from whole blood of all subjects using the QIAamp Blood Kit (Qiagen) according to the manufacturer's instructions. The TNF α -G308A genotyping was performed using PCR-restriction fragment length polymorphism (RFLP) analysis. The TNF α -308 G/A promoter polymorphism was amplified by PCR using 5'-AGGCAATAGGTTTTGAGGGCCAT-3' as forward primer and 5'-CCTCCCTGCTCCGATTCCG-3' as reverse primer, as previously described by Shmarina *et al.*^[10] and Ho *et al.*^[25]. These primers cover the TNF α -308 polymorphism region and produced a 107 bp PCR fragment. The PCR amplification was carried out in 25 μ L, containing 5-10 μ g DNA, 4 mmol/L MgCl₂ (Promega, Madison, WI, United States), 1 μ mol/L of each primer, 200 μ mol/L dNTPs (Promega), 1 \times PCR buffer (Promega), and 1 U Go Taq DNA polymerase (Promega). The PCR thermal cycling was carried out in an MJ Research cyler instrument. The thermal cycling conditions consisted of initial denaturation at 94 $^{\circ}$ C for 5 min, followed by 35 cycles of denaturation at 94 $^{\circ}$ C for 30 s, annealing at 58 $^{\circ}$ C for 30 s, and extension at 72 $^{\circ}$ C for 1 min, with a final extension at 72 $^{\circ}$ C for 10 min. The PCR fragments were detected by electrophoresis in a 3% agarose gel stained with ethidium bromide.

The G/A allelic polymorphism at TNF α -308 was detected by RFLP analysis. The PCR (107 bp) fragments from all subjects were digested with *Nco*I restriction enzyme. The digestion reaction was carried out in a total volume of 20 μ L, containing 1 \times restriction buffer, 8 μ L PCR product, and 5 U *Nco*I (Promega) according to the manufacturer's recommendations. The *Nco*I restriction digestion was performed at 37 $^{\circ}$ C for 4 h. Afterward, 10 μ L of the digested products were run on a 4% agarose gel stained with ethidium bromide.

Sequence analysis of TNF PCR products

To confirm the results of TNF α -308 PCR-RFLP analysis, some TNF α -308 PCR products were sequenced using the Sanger dideoxynucleotide chain termination method. The TNF α -308 PCR products were purified using the QIAquick PCR Purification Kit (Qiagen). Then, the PCR products were sequenced with the TNF α reverse primer using the BigDye Terminator Cycle Sequencing Kit (Applied Biosystems Inc, Carlsbad, CA, United States). After the cycle sequencing reaction, the

Table 1 Clinical data of 120 chronic hepatitis C virus (F0-F4) patients

	HCV patients with different fibrosis grade (n = 120)			
	F0 (n = 30)	F1 (n = 30)	F2-3 (n = 30)	F4 (n = 30)
Age (yr)	38.4 \pm 7.1	41.5 \pm 8.7	43.5 \pm 8.4	48.3 \pm 9.3
Sex (female/male)	13/17	12/18	10/20	9/21
BMI (kg/m ²)	25.5 \pm 2.3	27.6 \pm 3.4	28.7 \pm 2.7	29.5 \pm 2.7
ALT (U/L)	23.4 \pm 7.1	39.8 \pm 23.7	51.1 \pm 20.7	60.1 \pm 20.3
AST (U/L)	22.4 \pm 6.5	34.9 \pm 20.9	48.9 \pm 25.9	58.7 \pm 18.6
ALP (U/L)	113.6 \pm 32.8	122.5 \pm 37.1	158.7 \pm 47.7	153.8 \pm 53.5
Total bilirubin (mg/dL)	0.53 \pm 0.32	0.61 \pm 0.23	0.96 \pm 0.37	1.60 \pm 0.65
Albumin (g/dL)	4.10 \pm 0.33	4.00 \pm 0.38	3.80 \pm 0.45	3.50 \pm 0.39
Platelets ($\times 10^9$ /L)	300.5 \pm 56.2	250.2 \pm 48.4	239.6 \pm 55.6	159.4 \pm 69.5
HCV RNA ($\times 10^3$ IU/mL)	684.3 \pm 124.8	860.1 \pm 1042	1241.5 \pm 1286.7	1501.4 \pm 1661.0
Fibroscan Activity	4.70 \pm 0.75	6.30 \pm 0.36	9.90 \pm 1.78	23.27 \pm 9.30
A0-A1	20 (66.7)	13 (43.3)	10 (33.3)	1 (3.3)
A2-A3	10 (33.3)	17 (56.7)	20 (66.7)	29 (96.7)
Steatosis				
$\leq 33\%$	28 (93.3)	26 (86.7)	16 (53.3)	4 (13.3)
$> 33\%$	2 (6.7)	4 (13.3)	14 (46.7)	26 (86.7)

The clinical data was compared in HCV patients with different fibrosis grades: F0 (n = 30), F1 (n = 30), F2-F3 (n = 30), F4 (n = 30). The quantitative data were represented as mean \pm SD while qualitative data were represented as n (%). HCV: Hepatitis C virus; BMI: Body mass index; ALT: Alanine aminotransferase; AST: Aspartate transaminase; ALP: Alkaline phosphatase.

products were purified using the BigDye XTerminator Purification Kit (Applied Biosystems Inc) and analyzed on the ABI 3500 Genetic Analyzer.

Serum TNF α level measurement

Serum samples were collected and stored at -80 °C. TNF α level in serum was determined in 180 subjects (120 HCV patients and 60 healthy individuals) by TNF enzyme-linked immunosorbent assay (ELISA) kit (Biosource Europe S.A, Nivelles, Belgium) according to the manufacturer's instructions. The concentration of TNF α in serum was determined using a double antibody sandwich ELISA. All samples were analyzed and recombinant standards were included on every plate.

Statistical analysis

The statistical methods of this study were reviewed by a specialized IT development and biomedical statistician. Data were collected, prepared and analyzed using the SPSS software, version 15. Data were expressed as number and percentage for qualitative parameters and as mean \pm SD for quantitative parameters. The frequency of genotypes and alleles in patients and controls were analyzed by χ^2 test. Comparisons of the clinical parameters of different

groups and genotypes were performed by *t* test. Then, stepwise logistic regression analysis was used to identify predictors associated with degree of fibrosis in chronic HCV patients. The OR and 95%CI were calculated to assess the relative risk confidence. *P* value ≤ 0.05 was considered significant, while was considered *P* < 0.01 highly significant.

RESULTS

General characteristics of HCV infected patients

The biochemical, virological and histopathological parameters of 120 HCV-infected patients with different fibrosis grade (F0: n = 30, F1: n = 30, F2-F3: n = 30, F4: n = 30) are summarized in Table 1. There were no significant differences within the different fibrosis groups for age, sex, BMI and HCV RNA viral load. Patients with liver fibrosis grades F2-3 or F4 had statistically significant higher levels of AST, ALT, ALP and total bilirubin and significantly lower platelet count and albumin level, as compared to patients with liver fibrosis grade F0 or F1.

TNF α -308 RFLP and sequence analysis

The amplified TNF α -308 PCR products were digested with *Nco*I restriction enzyme, and run on 4% agarose gel, as shown in Figure 1A. The homozygote AA genotype at TNF α -308 showed the original 107 bp fragment intact (lacking the *Nco*I site), while the homozygote GG genotype showed two fragments of 87 and 20 bp. The heterozygote GA genotype showed three fragments of 87, 20 and 107 bp. Moreover, the sequence results confirmed the integrity of the *Nco*I restriction site's surrounding area and verified the results of the TNF α -308 PCR-RFLP analysis. The sequence results for the TNF α -308 different genotypes are shown in Figure 1B.

Distribution of different TNF α -G308A genotypes in controls and HCV infected patients with different fibrosis grade

Distribution of TNF α -G308A genotypes in HCV infected patients and controls are shown in Table 2. The results showed that the TNF α -G308A SNP frequency was significantly different between controls and HCV infected patients (*P* = 0.001). The TNF α -G308A genotypes in the controls were 66.6% GG, 30% GA and 3.3% AA. The GG genotype in controls (66.6%) is higher than in chronic HCV patients (40%), while the chronic HCV patients had higher GA and AA genotypes (47.5% and 12.5%) compared to controls (30% and 3.3%). Moreover, the G allele is more frequent than the A allele in both controls (81.7% vs 18.3%) and HCV-infected patients (63.8% vs 36.3%), with statistically significant difference (*P* = 0.002). The distribution of TNF α genotypes in HCV patients with different fibrosis grade is shown in Figure 2. The TNF α GG genotype was 60% in F0, 43.3% in F1, 33.3% in

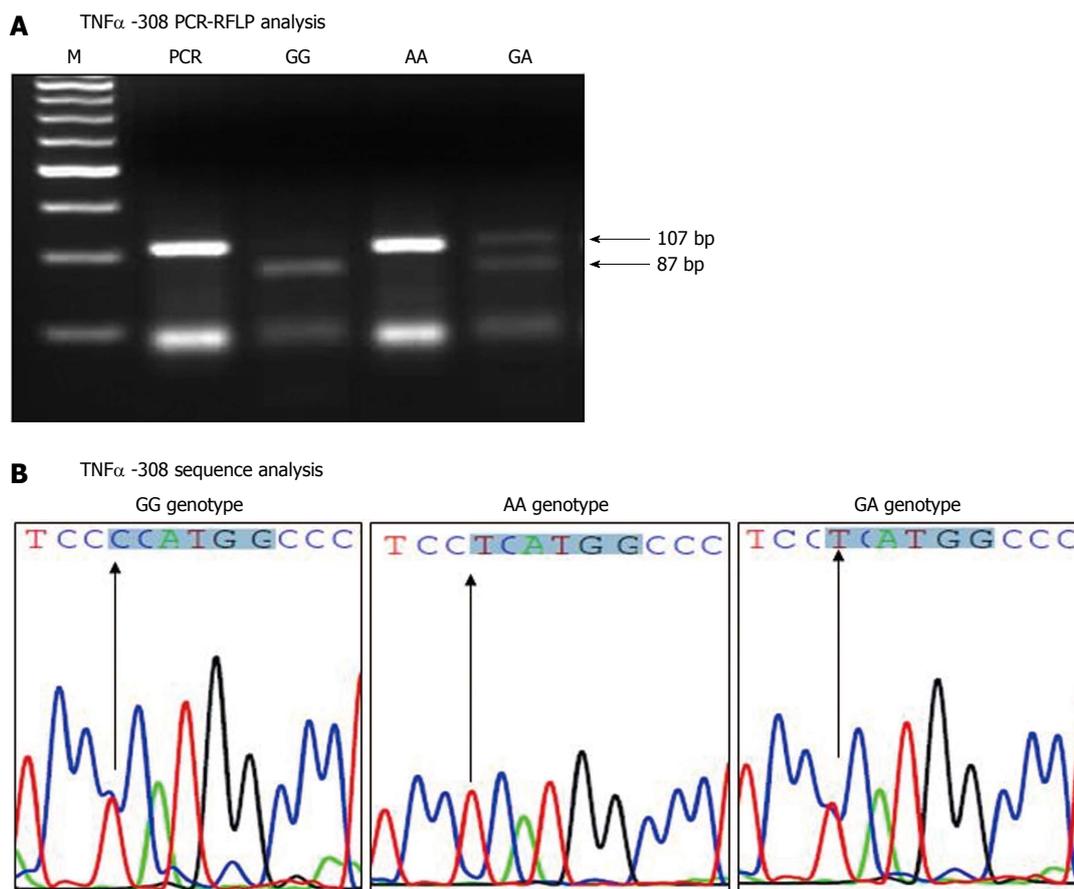


Figure 1 Tumor necrosis factor α -G308A polymorphism analysis. A: TNF α -308 PCR-RFLP analysis, genomic DNA was extracted, amplified by PCR, digested with *Nco*I restriction enzyme and run on a 4% agarose gel. Lanes 1, 2, 3 and 4 correspond to PCR products before digestion, GG homozygote (87 bp), AA homozygote (107 bp) and GA heterozygote (107 and 87 bp) respectively. B: TNF α -308 PCR sequence analysis, the PCR products of different TNF α -308 genotypes were purified and sequenced using the reverse primer. The *Nco*I restriction site is highlighted and the arrow points to the single nucleotide polymorphism. TNF α : Tumor necrosis factor alpha; HCV: Hepatitis C virus; RFLP: Restriction fragment length polymorphism.

Table 2 Distribution of tumor necrosis factor α -G308A polymorphism in controls and hepatitis C virus infected patients with different fibrosis grades (F0-F4) *n* (%)

Polymorphism of TNF α -308	Controls (<i>n</i> = 60)	HCV Patients (<i>n</i> = 120)	F0 patients (<i>n</i> = 30)	F1 patients (<i>n</i> = 30)	F2-3 patients (<i>n</i> = 30)	F4 patients (<i>n</i> = 30)
GG genotype	40 (66.6)	48 (40.0)	18 (60.0)	13 (43.3)	10 (33.3)	7 (23.3)
GA genotype	18 (30.0)	57 (47.5)	10 (33.3)	15 (50.0)	16 (53.4)	16 (53.4)
AA genotype	2 (3.3)	15 (12.5)	2 (6.7)	2 (6.7)	4 (13.3)	7 (23.3)
GA + AA	20 (33.3)	72 (60.0)	12 (40.0)	17 (56.7)	20 (66.6)	23 (76.6)
G allele	98 (81.7)	153 (63.8)	46 (76.7)	41 (68.3)	36 (60.0)	30 (50.0)
A allele	22 (18.3)	87 (36.3)	23 (23.3)	19 (31.7)	24 (40.0)	30 (50.0)

Genotyping of TNF α -G308A was conducted and distribution of different genotypes and alleles was calculated as percentage and compared in 60 controls and 120 chronic HCV patients with different fibrosis grades: F0 (*n* = 30), F1 (*n* = 30), F2-F3 (*n* = 30), F4 (*n* = 30). TNF α : Tumor necrosis factor alpha; HCV: Hepatitis C virus.

F2-F3, and 23.3% in F4 patients, while the (GA + AA) genotypes were 40% in F0, 56.7% in F1, 66.6% in F2-F3, and 76.6% in F4 patients.

Frequency of TNF α -308 genotypes in early and late HCV fibrosis patients

The 120 chronic HCV patients with different fibrosis grade were classified into 60 patients with early fibrosis grade (F0-F1) and 60 patients with late fibrosis

grade (F2-F4). Analysis of the frequency of each TNF α genotype showed that early fibrosis patients have 26.7% of AA, 43.9% of AG and 64.6% of GG genotype, which indicates an increasing trend of having the G allele. The AA genotype was detected in 73.3% of late fibrosis patients vs 26.7% of early fibrosis patients ($P = 0.05$), as shown in Figure 3. In general, the late fibrosis patients had a statistically significant higher rate of A allele than the early fibrosis

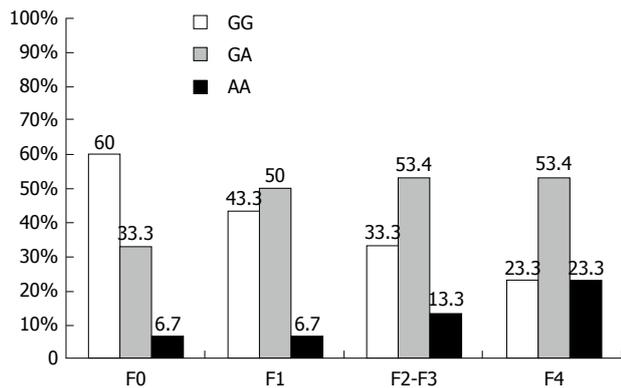


Figure 2 Distribution of tumor necrosis factor α -G308A polymorphism in hepatitis C virus infected patients with different fibrosis grade (F0-F4). Genotyping of TNF α -G308A was conducted for 120 chronic HCV patients (F0-F4) using PCR-RFLP analysis. The different TNF α -G308A genotypes were represented as percentages and compared among HCV patients with different fibrosis grades: F0 ($n = 30$), F1 ($n = 30$), F2-F3 ($n = 30$), F4 ($n = 30$). TNF α : Tumor necrosis factor alpha; HCV: Hepatitis C virus; RFLP: Restriction fragment length polymorphism.

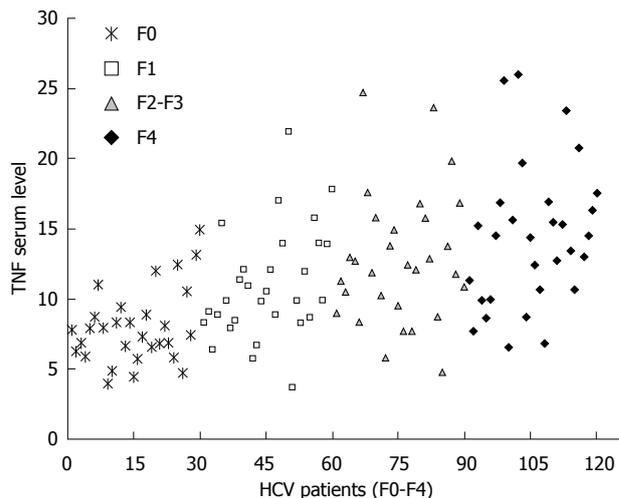


Figure 4 Tumor necrosis factor α serum level in 120 chronic hepatitis C virus patients (F0-F4). The circulating TNF α level was determined using ELISA in 120 chronic HCV patients with different fibrosis grades: F0 ($n = 30$), F1 ($n = 30$), F2-F3 ($n = 30$), F4 ($n = 30$). TNF α : Tumor necrosis factor alpha; HCV: Hepatitis C virus; ELISA: Enzyme-linked immunosorbent assay.

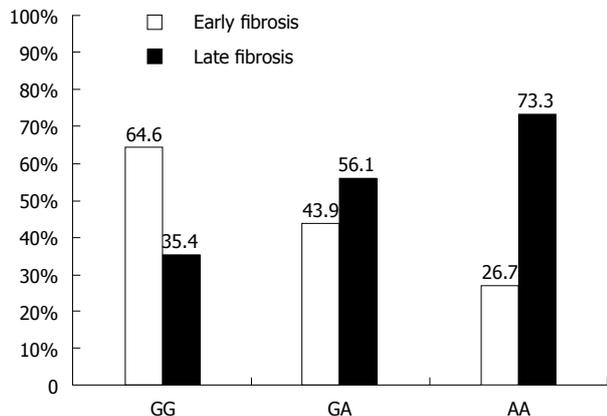


Figure 3 Frequency of each tumor necrosis factor α -308 genotype in early and late hepatitis C virus fibrosis patients. Genotyping of TNF α -G308A was conducted in 120 chronic HCV patients (F0-F4) using PCR-RFLP analysis. The frequency of each genotype (GG, GA, AA) was calculated as percentage and compared in early (F0-F2, $n = 60$) and late (F2-F4, $n = 60$) HCV fibrosis patients. TNF α : Tumor necrosis factor alpha; HCV: Hepatitis C virus; RFLP: Restriction fragment length polymorphism.

patients (62.1% vs 37.9% respectively, $P = 0.04$).

Relation between TNF α genotypes and serum TNF α level in HCV infected patients

The TNF α serum levels were determined in healthy controls and HCV patients with different fibrosis grade. Compared with that in healthy controls, serum TNF α level was gradually elevated in HCV infected patients with different fibrosis grade, as shown in Figure 4. The results showed that the TNF α serum level was 4.01 ± 1.1 pg/mL in controls, 7.9 ± 2.6 pg/mL in F0 patients, 11.3 ± 4.8 pg/mL in F1 patients, 12.9 ± 4.7 pg/mL in F2-F3 patients, and 14.1 ± 4.9 pg/mL in F4 patients. Patients with late fibrosis (F2-F4) had higher TNF levels (13.4 ± 4.8 pg/mL) than patients with early fibrosis (F0-F1) (8.7 ± 2.9 pg/mL). The results showed

Table 3 Tumor necrosis factor α serum level in 120 hepatitis C virus patients

	TNF α serum levels				P value
	GG	GA	AA	GA + AA	
All fibrosis patients (F0-F4, $n = 120$)	9.1 ± 2.6	12.1 ± 4.9	16.1 ± 4.9	13.1 ± 5.1	0.0001
early fibrosis patients (F0-F1, $n = 60$)	8.3 ± 2.6	10.1 ± 4.5	16.2 ± 4.02	10.9 ± 4.9	0.010
late fibrosis patients (F2-F4, $n = 60$)	10.4 ± 2.1	13.8 ± 4.5	16.1 ± 5.6	14.4 ± 4.9	0.002

The TNF α serum level produced by different TNF α -308 genotypes GG, GA and AA were detected in early and late HCV fibrosis patients. The TNF α serum level is represented as mean \pm SD and was statistically compared in patients with genotype GG to those with AA genotype. $P \leq 0.05$ is considered significant, while $P \leq 0.01$ is highly significant. TNF α : Tumor necrosis factor alpha; HCV: Hepatitis C virus.

that the TNF α serum level was positively correlated to HCV liver fibrosis progression ($P < 0.001$). Moreover, the TNF α serum concentration was significantly higher in patients with A containing genotypes (GA or AA) than in those with G genotype (10.9 ± 4.9 pg/mL vs 8.3 ± 2.6 pg/mL, $P = 0.01$) in early fibrosis (F0-F1) patients and (14.4 ± 4.9 pg/mL vs 10.4 ± 2.1 pg/mL, $P = 0.002$) in late fibrosis (F2-F4) HCV patients, as shown in Table 3.

Association of TNF α genotypes and different liver pathological grades

The influence of different TNF α genotypes on hepatic parameters and liver pathology (liver inflammation, steatosis, and fibrosis) is shown in Table 4. The results demonstrated that TNF α AA genotype patients have

Table 4 Influence of tumor necrosis factor α -308 genotypes on the liver biochemical and pathological parameters

	TNF genotypes (n = 120)			P value	
	GG (n = 48)	AG (n = 57)	AA (n = 15)	GG vs AA	GG vs GA + AA
AST (U/L)	31.9 \pm 20.6	44.7 \pm 21.6	57.7 \pm 28.7	0.0003	0.0003
ALT (U/L)	34.5 \pm 20.9	46.5 \pm 20.5	62.0 \pm 28.2	0.0001	0.0004
ALP (U/L)	113.7 \pm 36.8	138.3 \pm 41.5	190.1 \pm 46.5	0.0020	0.3500
Albumin (g/dL)	3.9 \pm 0.46	3.9 \pm 0.39	3.6 \pm 0.59	0.0100	0.2000
Total bilirubin (mg/dL)	0.73 \pm 0.41	0.89 \pm 0.51	1.3 \pm 0.68	0.0002	0.0100
Platelets ($\times 10^9$ /L)	254.9 \pm 66.2	224.5 \pm 72.3	205.8 \pm 96.6	0.0360	0.0220
HCV RNA ($\times 10^3$ IU/mL)	862.6 \pm 1295.6	1083.9 \pm 1187.2	1675.5 \pm 1477.6	0.0450	0.2200
Activity					
A0-A1 (n = 44)	25 (56.8)	18 (40.9)	1 (2.3)	0.0290	0.0350
A2-A3 (n = 76)	23 (30.3)	39 (51.3)	14 (18.4)		
Steatosis					
$\leq 33\%$ (n = 74)	36 (48.7)	34 (45.9)	4 (5.4)	0.0280	0.0300
$> 33\%$ (n = 46)	12 (26.1)	23 (50.0)	11 (23.9)		
Fibrosis					
F0-F1 (n = 60)	28 (46.7)	30 (50.0)	2 (3.3)	0.0310	0.0400
F2-F4 (n = 60)	20 (33.3)	27 (45.0)	13 (21.6)		

The effect of different TNF α -308 genotypes (GG, GA, AA) on biochemical parameters (ALT, AST, ALP, albumin, total bilirubin), platelets count and pathological parameters (activity, steatosis, fibrosis) was statistically analyzed. The biochemical data were represented as mean \pm SD, while pathological data were represented as n (%). $P \leq 0.05$ is considered significant, while $P \leq 0.01$ is highly significant. TNF α : Tumor necrosis factor alpha; HCV: Hepatitis C virus; ALT: Alanine aminotransferase; AST: Aspartate transaminase; ALP: Alkaline phosphatase.

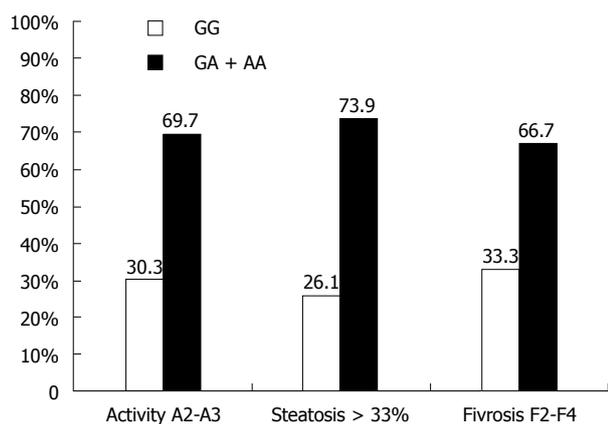


Figure 5 Effect of different tumor necrosis factor α genotypes on liver pathological parameters (inflammation, steatosis and fibrosis). The effect of high expressing TNF α genotypes (GA + AA) were statistically compared with the low expressing TNF α genotype (GG), and the results showed strong effect of (GA + AA) genotypes on liver inflammation ($P = 0.007$), steatosis ($P = 0.005$) and fibrosis ($P = 0.032$). $P \leq 0.05$ is considered significant while $P \leq 0.01$ is highly significant. TNF α : Tumor necrosis factor alpha; HCV: Hepatitis C virus.

significantly higher levels of AST, ALT, ALP and total bilirubin than GG patients ($P = 0.0003$, 0.0001 , 0.002 and 0.0002 respectively). Patients with AA genotype have significantly lower level of albumin and platelets count ($P = 0.01$ and 0.036 respectively). Moreover, the effect of serum TNF α level expressed by genotypes (GA and AA) on liver inflammation, steatosis and fibrosis are shown in Figure 5. The results showed that genotypes GA or AA which express higher TNF serum level were found in 69.7% of high liver inflammation (A2-A3) patients, in 73.9% of severe steatotic patients, and in 66.7% of late fibrotic (F2-F4) patients.

Table 5 Stepwise logistic regression analysis for the effect of tumor necrosis factor α -308 genotypes and alleles on liver disease progression

TNF genotype	Regression coefficient	SE	OR (95%CI)	P value
Activity				
GG vs GA + AA	1.329	0.507	3.776 (1.399-10.194)	0.009
G vs A allele	1.171	0.400	3.226 (1.474-7.060)	0.003
Steatosis				
GG vs GA + AA	1.502	0.580	4.491 (1.441-14.000)	0.010
G vs A allele	1.099	0.373	3.000 (1.445-6.228)	0.003
Fibrosis				
GG vs GA + AA	1.044	0.493	2.841 (1.080-7.472)	0.034
G vs A allele	0.895	0.366	2.446 (1.195-5.008)	0.014

$P \leq 0.05$ is considered significant while $P \leq 0.01$ is highly significant. TNF: Tumor necrosis factor.

Stepwise logistic regression analysis for the effect of TNF α -308 genotypes and alleles on liver disease progression

Different TNF genotypes were investigated to determine their significance in liver disease progression using stepwise logistic regression analysis. The outcome of liver progression was significantly influenced by different TNF genotypes and alleles, as shown in Table 5. Patients with TNF α GA and AA genotypes have increased risk of liver inflammation (A2-A3) (OR = 3.776, 95%CI: 1.399-10.194, $P = 0.009$), severe steatosis ($> 33\%$) (OR = 4.49, 95%CI: 1.441-14.0, $P = 0.010$) and fibrosis progression (F2-F4) (OR = 2.84, 95%CI: 1.080-7.472, $P = 0.034$) than those with GG genotype. In general, patients with A allele have more risk of liver inflammation, steatosis and fibrosis than

those carrying the G allele ($P = 0.003$, 0.003 and 0.014 respectively).

DISCUSSION

Cytokines represent a large family that includes the IFNs, ILs, chemokines and TNF proteins. Cytokines play important roles in the activation and regulation of human immune responses and their production are variable due to SNPs^[26]. Several studies have reported the impact of different cytokines' polymorphisms on the pathogenesis and outcomes of many diseases. Competent cytokine responses to HCV infection are very important to control virus replication, disease progression and treatment response.

TNF α is a diverse multifunctional, proinflammatory and immuno-mediator cytokine. Several studies have shown that the A allele at the TNF α promoter region -308 polymorphism affects the transcriptional level of TNF α gene^[27,28]. There are few data regarding the role of TNF α polymorphism in disease progression and response to antiviral therapy in patients infected with HCV genotype 4. In this study, we examined the association between TNF α -G308A polymorphism and pathological parameters of liver such as inflammation, steatosis and fibrosis in 120 treatment-naïve HCV genotype 4 Egyptian patients.

Current findings showed that TNF α GG genotype is significantly higher in controls than in HCV infected patients (66.6% vs 40%, $P = 0.001$), while the A allele tends to be more frequent in HCV-infected patients than in controls (36.3% vs 18.3%, $P = 0.002$). The (GA + AA) genotypes exhibited gradual increase with progressive fibrosis, with 40% in (F0), 56.7% in (F1), 66.6% in (F2-F3), and 76.6% in (F4). In general, 62.1% of the A allele were found in late fibrosis patients (F2-F4) compared to 37.9% in early fibrosis patients (F0-F1) ($P = 0.015$). Similar results were found by Dogra *et al.*^[29], who reported that the frequency of TNF α -308 genotypes was significantly different between healthy controls and HCV patients. The association between TNF α -308A allele and HCV persistence and failure of response to IFN treatment was reported by Radwan *et al.*^[30] and Dai *et al.*^[31]. Nevertheless, other studies failed to find association between the TNF α -G308A polymorphism and chronicity of HCV infection^[6,20,32].

On the other hand, there were significantly high serum TNF α mean values in late fibrosis (F2-F4) patients, with higher levels in individuals with GA or AA genotypes than those with GG genotype. Similar findings were reported in patients with Crohn's disease, where the TNF α -308A allele was associated with increased TNF α production and inflammatory activity^[33]. Also, Roth-Isigkeit *et al.*^[34] reported elevated TNF α serum levels in GA heterozygote individuals undergoing cardiac surgery. Further *in vitro* support of these findings was reported by Abraham and Kroeger^[14], who found that A allele induced mRNA

expression and TNF α production up to 5-fold more than did the G allele.

Several studies have shown that TNF α -308A polymorphism alters TNF α expression levels and changes the immune response. It was reported that TNF α -308A polymorphism can worsen the clinical outcome of many inflammatory and infectious diseases and can increase the risk of some autoimmune diseases. Abraham and Kroeger^[14] defined TNF α as a genetic susceptibility factor for some autoimmune, inflammatory and infectious diseases. High TNF α expression level was also reported to inhibit insulin signaling and decrease adiponectin levels, leading to development of insulin resistance and liver steatosis. Furthermore, it was demonstrated that high circulating TNF α is a potent risk factor for steatosis^[35].

In the present study, we examined the link between high TNF α serum levels and liver inflammation, steatosis and fibrosis. Our results showed that TNF α -308AA genotype patients have significantly higher levels of AST, ALT, ALP and total bilirubin than GG patients. Also, HCV patients with severe liver pathological conditions (inflammation, steatosis and fibrosis) have high frequencies of TNF α (GA or AA) genotypes. These results showed a clear association between severe liver pathological conditions (inflammation, steatosis and fibrosis) and (GA + AA) genotypes ($P = 0.035$, 0.03 and 0.04 respectively). These results suggest that A containing genotypes (GA + AA) express higher TNF α levels than GG genotype and consequently induce inflammatory response that leads to liver inflammation, injury and severe fibrosis^[36].

Our results confirmed the previous studies in which a significant elevation in TNF α serum level was detected in cirrhotic liver patients and was correlated with progression to hepatocellular carcinoma^[22,37,38]. It was reported that TNF α -308AA genotype is associated with the HCV pathogenesis and viral persistence^[21,31]. Aller *et al.*^[35] showed that patients with the TNF α mutant genotype (GA or AA) have moderate to severe portal inflammation and fibrosis, contrasting those patients with wild genotype (GG). Also, high TNF α plays a role in fatty liver disease pathogenesis^[35] and leads to severe liver injury in NASH patients^[19]. However, other studies were unable to find any association between TNF α genetic polymorphisms and severity of liver disease or response to antiviral therapy^[6,26,39].

The stepwise logistic regression analysis showed that the TNF α genotypes (GA + AA) were significantly associated with liver inflammation (OR = 3.776, 95%CI: 1.399-10.194, $P = 0.009$), severe steatosis (OR = 4.49, 95%CI: 1.441-14.0, $P = 0.010$) and fibrosis progression (OR = 2.84, 95%CI: 1.080-7.472, $P = 0.034$). The A allele was an independent risk factor for liver inflammation ($P = 0.003$), steatosis ($P = 0.003$) and fibrosis ($P = 0.014$). Therefore, the current results confirm that HCV infected patients carrying one or two A alleles at TNF α -308 have a risk factor for development of severe liver pathological grades.

Several experimental studies showed that the inhibition of TNF α signaling by anti-TNF α antibodies or compounds could reduce inflammation, liver injury and improve fibrosis^[40,41]. However, complete neutralization of TNF α in alcoholic hepatitis patients was associated with serious infectious complications^[42]. Therefore, it was recommended to use pentoxifylline (PTX), which partially attenuates TNF α level and has lower infectious complication rates. It was demonstrated that PTX therapy effectively reduces the liver biochemical parameters and improves the histological injury in NASH patients^[43].

Although liver biopsy is the conventional way to determine the grade of liver fibrosis, it is an invasive method and there is too much sampling. Therefore, there is an increasing need for biomarkers that are specific, sensitive and respond quickly to changes in fibrosis and activity grades. Based on the results of the current study and our previous work on IL28B^[44,45], OAS1 and MxA^[7,46,47], we have presented some potential genetic markers that can be useful in the determination of liver disease progression. In conclusion, the TNF α SNP at nucleotide -308 represents an important genetic marker for developing strategies of prognosis for liver inflammation, steatosis and fibrosis in HCV infected patients.

COMMENTS

Background

Hepatitis C virus (HCV) infection is highly endemic in Egypt and the mortality rate of HCV-associated liver diseases reaches 67%. Both viral and host factors play important roles in controlling HCV liver disease progression and response to treatment. Host genetic factors and immunological response to HCV infection can affect the pathogenesis of liver diseases. The single nucleotide polymorphisms (SNPs) are responsible for inter-individual differences in cytokines' and cellular antiviral proteins' production and secretion. Tumor necrosis factor alpha (TNF α) is a proinflammatory and antiviral cytokine that plays a major role in liver injury and initiation of the fibrosis process. The TNF α expression is considered a key molecular link between liver inflammation, steatosis, and fibrosis. TNF α transcription level is affected by the TNF α -G308A polymorphism. In Egypt, more than 90% of patients are infected with HCV genotype 4. Therefore, we designed the current study to investigate the association of the TNF α -G308A polymorphism with liver pathological changes in treatment-naïve chronic HCV genotype 4 patients with different fibrosis grades (F0-F4).

Research frontiers

Chronic hepatitis C infection can cause severe liver diseases, such as fibrosis, cirrhosis, liver failure and hepatocellular carcinoma. Liver fibrosis and cirrhosis could not be reversed but the liver scarring can be improved with HCV treatment. However, timing and rules for HCV genotype 4 treatment without major complications and relapse are under investigation by research studies and clinical trials. The research hotspot is currently how to determine and understand which HCV patients are likely to have chronic infection, progressive liver disease or to not respond significantly to HCV treatment. Therefore, there is a high need for a prognostic model that contains many genetic factors for staging and prediction of HCV liver disease progression, representing an approach that guides therapeutic interventions and prevents further spread of liver fibrosis and hepatic failure.

Innovations and breakthroughs

The TNF α SNP at nucleotide -308 represents an important genetic marker

to predict the liver disease progression rate in treatment-naïve chronic HCV genotype 4 infected patients. There is a demanding need for biological and genetic markers' application for making a decision as to whether the HCV patient will have progressive liver disease or not. These data clearly improve the predication by detecting the TNF α -308 polymorphism and assessing the TNF α serum level. The data presented in this study demonstrated that the TNF α expression level provide a predictive value for liver disease progression rate.

Applications

The data of this study will help hepatologists and gastroenterologists to better predict liver disease progression in chronic HCV infected patients, to make better decisions on liver disease treatment, and to design novel therapeutic interventions that will control HCV-associated liver disease complications.

Terminology

SNPs in HCV infected patients lead to different immune responses, which significantly influence the progression of chronic HCV infection and response to therapy. TNF α is a diverse multifunctional, proinflammatory and immunomediator cytokine. The A allele at the TNF α promoter region -308 polymorphism affects the transcriptional level of the TNF α gene. High TNF α level in HCV infected patients may accelerate liver disease progression and complications.

Peer-review

This study added new information regarding a subtyping (4) of HCV and its relation with the TNF α cytokine.

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