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**Health-care needs of remitted patients with bipolar disorder: a comparison with schizophrenia**

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**Supplementary Table 1: Help received and satisfaction with the help received on the CAN-RF1 – patients’ reports**

|  |  |  |  |
| --- | --- | --- | --- |
| **Common areas of needs- bipolar disorder** **(N = 150)** | **Help received from informal sources** | **Help received from formal sources** | **Not satisfied with the help received****(%) F2** |
| **None/Little****(%)** | **Some/Lot (%)** | **None/Little****(%)** | **Some/Lot (%)** |
| Welfare benefits  | *67* | *8* | *76* | *0* | *93* |
| Information about condition & treatment | *66* | *5* | *67* | *3* | *65* |
| Household skills | *4* | *59* | *63* | *0* | *0* |
| Psychological distress  | *19* | *39* | *44* | *14* | *22* |
| Company | *33* | *15* | *47* | *1* | *52* |
| Physical health | *26* | *20* | *39* | *7* | *35* |
| Daytime activities | *25* | *19* | *44* | *0* | *36* |
| Psychotic symptoms coping  | *8* | *21* | *19* | *11* | *16* |
| **Common areas of needs - schizophrenia****(N = 75)** |
| Welfare benefits  | *81* | *3* | *84* | *0* | *98* |
| Information about condition & treatment | *71* | *9* | *80* | *0* | *68* |
| Household skills | *13* | *61* | *72* | *3* |  *2* |
| Psychological distress  | *13* | *40* | *43* | *11* | *22* |
| Company | *31* | *37* | *68* | *0* | *45* |
| Physical health | *24* | *20* | *36* | *8* | *33* |
| Daytime activities | *21* | *33* | *52* | *3* | *23* |
| Psychotic symptoms  | *51* | *39* | *71* | *19* | *10* |

F1 - CAN-R – Camberwell Assessment of Need – Research version; only results pertaining to the eight most common needs are depicted.

 F2– Percentages represent the lack of satisfaction in the areas of needs, with whatever help being received from formal or informal sources. For each area the denominator was the sum total of met and unmet needs.

**Supplementary Table 2: Help received and satisfaction with the help received on the CAN-R F1 – relatives’ reports**

|  |  |  |  |
| --- | --- | --- | --- |
| **Common areas of needs- bipolar disorder****(N = 150)** | **Help received from informal sources** | **Help received from formal sources** | **Not satisfied with the help received****N (%)F2** |
| **None/Little****(%)** | **Some/Lot (%)** | **None/Little****(%)** | **Some/Lot (%)** |
| Welfare benefits  | *70* | *8* | *78* | *0* | *97* |
| Information about condition & treatment | *58* | *13* | *68* | *3* | *59* |
| Household skills | *9* | *61* | *68* | *1* | *06* |
| Psychological distress  | *9* | *49* | *47* | *11* | *22* |
| Company | *25* | *31* | *55* | *0* | *51* |
| Physical health | *28* | *25* | *46* | *7* | *28* |
| Daytime activities | *28* | *23* | *52* | *0* | *35* |
| Psychotic symptoms  | *7* | *25* | *21* | *11* | *17* |
| **Common areas of needs - schizophrenia****(N = 75)**  |
| Welfare benefits  | *83* | *4* | *87* | *0* | *98* |
| Information about condition & treatment | *71* | *9* | *79* | *1* | *73* |
| Household skills | *13* | *71* | *84* | *0* | *03* |
| Psychological distress  | *9* | *56* | *49* | *16* | *27* |
| Company | *17* | *43* | *59* | *1* | *56* |
| Physical health | *32* | *20* | *48* | *4* | *28* |
| Daytime activities | *13* | *47* | *57* | *3* | *47* |
| Psychotic symptoms  | *35* | *57* | *73* | *19* | *15* |

F1 - CAN-R – Camberwell Assessment of Need – Research version; only results pertaining to the eight most common needs are depicted

F2 – Percentages represent the lack of satisfaction in the areas of needs, with whatever help being received from formal or informal sources. For each area the denominator was the sum total of met and unmet needs.

**Supplementary Table 3: Additional areas of needs of patients: patients’ reports F1**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Seven common areas of additional needs - bipolar disorder**  **(N = 150)** | **Total needs** | **Met needs** | **Unmet needs** | **Informal help given (total)** | **Formal help given (total)** |  **Not Satisfied with help F2 N (%)** |
| 1. | Free treatment | 69 | 4 | 65 | 3 | 1 | 68 *(99)* |
| 2. | Medical reimbursement | 56 | 3 | 53 | 4 | 1 | 55 *(96)* |
| 3. | Job reservations/ occupational help | 42 | 1 | 41 | 1 | 0 | 42 *(100)* |
| 4. | Financial help | 35 | 4 | 31 | 9 | 1 | 32 *(91)* |
| 5. | Psychoeducation | 30 | 10 | 20 | 15 | 10 | 29 *(97)* |
| 6. | Travel concessions | 20 | 2 | 18 | 3 | 0 | 20 *(100)* |
| 7. | Patient groups/clubs/societies | 17 | 0 | 17 | 1 | 0 | 17 *(100)* |
| **Seven common areas of additional needs - schizophrenia**  **(N = 75)** |
| 1. | Medical reimbursement | 53 | 0 | 53 | 1 | 1 | 32 *(100)* |
| 2. | Free treatment | 44 | 0 | 44 | 1 | 0 | 44 *(100)* |
| 3. | Job reservations/ occupational help | 35 | 1 | 34 | 0 | 0 | 35 *(100)* |
| 4. | Financial help | 28 | 1 | 27 | 5 | 1 | 28 *(100)* |
| 5. | Psychoeducation | 19 | 6 | 13 | 10 | 8 | 17 *(89)* |
| 6. | Travel concessions | 12 | 0 | 12 | 0 | 0 | 12 *(100)* |
| 7. | Certification needs | 11 | 1 | 10 | 0 | 0 | 11 *(100)* |

F1 - This additional evaluation was carried out using an instrument designed to cover those areas of needs not specifically covered by the CAN-R; it had 21 areas with a format similar to the CAN-R; only results pertaining to the seven most common needs are depicted

F2 - Figures in parenthesis represent the lack of satisfaction in the areas of needs, with whatever help being received from formal or informal sources. For each area the denominator was the sum total of met and unmet needs.

**Supplementary Table 4: Additional areas of needs of patients: relatives’ reports F1**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Seven common areas of additional needs - bipolar disorder**  **(N = 150)** | **Total needs** | **Met needs** | **Unmet needs** | **Informal help given (total)** | **Formal help given (total)** |  **Not Satisfied with help F2 N (%)** |
| 1. | Free treatment | 70 | 0 | 70 | 1 | 0 | 70 *(100)* |
| 2. | Medical reimbursement | 67 | 1 | 66 | 2 | 2 | 66 *(98)* |
| 3. | Job reservations/ occupational help | 44 | 1 | 43 | 2 | 1 | 29 *(97)* |
| 4. | Financial help | 44 | 2 | 42 | 8 | 1 | 40 *(93)* |
| 5. | Facilities for rehabilitation | 29 | 7 | 22 | 8 | 6 | 23 *(79)* |
| 6. | Psychoeducation | 24 | 9 | 15 | 14 | 12 | 24 *(100)* |
| 7. | Help for caregiver stress  | 22 | 1 | 21 | 5 | 0 | 20 *(91)* |
| **Seven common areas of additional needs - schizophrenia** **(N = 75** |
| 1. | Free treatment | 50 | 1 | 49 | 1 | 0 | 50 *(100)* |
| 2. | Medical reimbursement | 48 | 1 | 47 | 1 | 0 | 48 *(100)* |
| 3. | Financial help | 32 | 4 | 28 | 4 | 1 | 33 *(100)* |
| 4. | Job reservations/ occupational help | 30 | 1 | 29 | 2 | 0 | 29 *(97)* |
| 5. | Psychoeducation | 15 | 7 | 8 | 8 | 7 | 14 *(93)* |
| 6. | Travel concessions | 15 | 2 | 13 | 1 | 1 | 15 *(100)* |
| 7. | Help for caregiver stress | 11 | 4 | 7 | 5 | 0 | 10 *(91)* |

F1 - This additional evaluation was carried out using an instrument designed to cover those areas of needs not specifically covered by the CAN-R; it had 21 areas with a format similar to the CAN-R; only results pertaining to the seven most common needs are depicted

F2- Figures in parenthesis represent the lack of satisfaction in the areas of needs, with whatever help being received from formal or informal sources. For each area the denominator was the sum total of met and unmet needs.