## Biostatistics

Data are presented as mean±standard deviation. The change in dairy intake between baseline and 3-months was not different between the groups so the cohort was analysed as a whole. Paired samples t- tests were used to determine the change in dairy intake, anthropometric measures, blood pressure, biochemistry and vascular measurements over time. The statistical methods of this study were reviewed by Ms Kylie Lange from the University of Adelaide, South Australia.