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### **ESPS PEER-REVIEW REPORT**

Name of journal: World Journal of Gastroenterology

ESPS manuscript NO: 31998

Title: Effect of a counseling-supported treatment with the Mediterranean diet and

physical activity on the severity of the non-alcoholic fatty liver disease

Reviewer's code: 03024603 Reviewer's country: Egypt Science editor: Ze-Mao Gong Date sent for review: 2016-12-22

**Date reviewed: 2016-12-31** 

CLASSIFICATION	LANGUAGE EVALUATION	SCIENTIFIC MISCONDUCT	CONCLUSION
[ ] Grade A: Excellent	[ ] Grade A: Priority publishing	Google Search:	[ ] Accept
[ Y] Grade B: Very good	[ Y] Grade B: Minor language	[ ] The same title	[ ] High priority for
[ ] Grade C: Good	polishing	[ ] Duplicate publication	publication
[ ] Grade D: Fair	[ ] Grade C: A great deal of	[ ] Plagiarism	[ ] Rejection
[ ] Grade E: Poor	language polishing	[Y]No	[Y] Minor revision
	[ ] Grade D: Rejected	BPG Search:	[ ] Major revision
		[ ] The same title	
		[ ] Duplicate publication	
		[ ] Plagiarism	
		[ Y ] No	

#### **COMMENTS TO AUTHORS**

I revised the manuscript entitled "Effect of a counseling-supported treatment with the Mediterranean diet and physical activity on the severity of the non-alcoholic fatty liver disease" The study discusses an approach for treatment NAFLD which is an important liver disease worldwide. The study is well written and interesting. The study focused on an important treatment method based on lifestyle modification and diet control. I have the following comments: 1- It is not clear if the patients enrolled in the study were receiving any therapeutic medications for NAFLD or not? 2- Are the patients included in the study were diagnosed before to have NAFLD or were first time to discover that they have NAFLD? And if they were diagnosed before to have NAFLD did they receive treatment before for it or not?



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## **ESPS PEER-REVIEW REPORT**

Name of journal: World Journal of Gastroenterology

ESPS manuscript NO: 31998

Title: Effect of a counseling-supported treatment with the Mediterranean diet and

physical activity on the severity of the non-alcoholic fatty liver disease

Reviewer's code: 02944873 Reviewer's country: Iran Science editor: Ze-Mao Gong Date sent for review: 2016-12-22

**Date reviewed: 2017-01-01** 

CLASSIFICATION	LANGUAGE EVALUATION	SCIENTIFIC MISCONDUCT	CONCLUSION
[ ] Grade A: Excellent	[ ] Grade A: Priority publishing	Google Search:	[ ] Accept
[Y] Grade B: Very good	[ Y] Grade B: Minor language	[ ] The same title	[ ] High priority for
[ ] Grade C: Good	polishing	[ ] Duplicate publication	publication
[ ] Grade D: Fair	[ ] Grade C: A great deal of	[ ] Plagiarism	[ ] Rejection
[ ] Grade E: Poor	language polishing	[ Y ] No	[ Y] Minor revision
	[ ] Grade D: Rejected	BPG Search:	[ ] Major revision
		[ ] The same title	
		[ ] Duplicate publication	
		[ ] Plagiarism	
		[Y]No	

### **COMMENTS TO AUTHORS**

This is an interesting manuscript; however, US is not the best choice for steatosis assessment and this should be mentioned in study limitations. I suggest the authors to discuss the following paper too:? Ghaemi A, Taleban FA, Hekmatdoost A, Rafiei A, Hosseini V, Amiri Z, Homayounfar R, Fakheri H. How Much Weight Loss is Effective on Nonalcoholic Fatty Liver Disease? Hepat Mon 2013;13(12):e15227.



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### ESPS PEER-REVIEW REPORT

Name of journal: World Journal of Gastroenterology

ESPS manuscript NO: 31998

Title: Effect of a counseling-supported treatment with the Mediterranean diet and

physical activity on the severity of the non-alcoholic fatty liver disease

Reviewer's code: 02860956 Reviewer's country: Ukraine Science editor: Ze-Mao Gong Date sent for review: 2016-12-22

**Date reviewed:** 2017-01-05

LANGUAGE EVALUATION	SCIENTIFIC MISCONDUCT	CONCLUSION
[Y] Grade A: Priority publishing	Google Search:	[ ] Accept
[ ] Grade B: Minor language	[ ] The same title	[ ] High priority for
polishing	[ ] Duplicate publication	publication
[ ] Grade C: A great deal of	[ ] Plagiarism	[ ] Rejection
language polishing	[ Y ] No	[Y] Minor revision
[ ] Grade D: Rejected	BPG Search:	[ ] Major revision
	[ ] The same title	
	[ ] Duplicate publication	
	[ ] Plagiarism	
	[Y]No	
	<ul><li>[ Y] Grade A: Priority publishing</li><li>[ ] Grade B: Minor language polishing</li><li>[ ] Grade C: A great deal of language polishing</li></ul>	<ul> <li>[Y] Grade A: Priority publishing Google Search:</li> <li>[] Grade B: Minor language polishing [] Duplicate publication</li> <li>[] Grade C: A great deal of language polishing [Y] No</li> <li>[] Grade D: Rejected BPG Search:</li> <li>[] The same title language polishing [Y] Plagiarism</li> <li>[] The same title language polishing [Y] Plagiarism</li> </ul>

## **COMMENTS TO AUTHORS**

The manuscript is interesting with a remarkable presentation. They should be corrected beforehand. Minor revisions: Patients and Methods section I suggest to include in the text the information if the patients follow a treatment for the metabolic syndrome, the duration of these therapies, and if were in treatment at the moment of the inclusion in the study