



**Supplementary Figure 1 Alterations of body weight in C57BL/6J mice.** Six-week-old female mice were pretreated DW or HRW for 1 week. Then, mice were fed a liquid diet containing isocaloric dextrin maltose or 5% EtOH for 12 weeks. Body weight was determined. <sup>a</sup> $P < 0.05$  vs control group, <sup>b</sup> $P < 0.05$  vs EtOH group, and <sup>c</sup> $P < 0.05$  vs silymarin group.