

World Journal of *Hepatology*

World J Hepatol 2017 October 28; 9(30): 1166-1196





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Editorial Board Member of *World Journal of Hepatology*, Dr. Cheng-Fu Xu, MD, Associate Professor, Department of Gastroenterology, the First Affiliated Hospital, College of Medicine, Zhejiang University, Hangzhou 310003, Zhejiang Province, China

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World Journal of Hepatology is now indexed in Emerging Sources Citation Index (Web of Science), PubMed, PubMed Central, and Scopus.

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NAME OF JOURNAL
World Journal of Hepatology

ISSN
 ISSN 1948-5182 (online)

LAUNCH DATE
 October 31, 2009

FREQUENCY
 36 Issues/Year (8th, 18th, and 28th of each month)

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www.wjgnet.com/1948-5182/editorialboard.htm

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World Journal of Hepatology
 Baishideng Publishing Group Inc
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 Baishideng Publishing Group Inc
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PUBLICATION DATE
 October 28, 2017

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Retrospective Study

Safety and efficacy of ledipasvir/sofosbuvir on hepatitis C eradication in hepatitis C virus/human immunodeficiency virus co-infected patients

Xiaoping He, Lynne Hopkins, George Everett, Willie M Carter, Cynthia SchroppDyce, Khalid Abusaada, Vincent Hsu

Xiaoping He, George Everett, Khalid Abusaada, Vincent Hsu, the Internal Medicine Residency Program of Florida Hospital, Orlando, FL 32804, United States

Lynne Hopkins, Willie M Carter, Cynthia SchroppDyce, Sunshine Care Center, Florida Department of Health in Orange County, Orlando, FL 32804, United States

Author contributions: He X contributed to protocol design and development, data collection and analysis, and writing of the first draft of the manuscript; Hopkins L contributed to protocol design and development, and writing of the manuscript; Carter WM and SchroppDyce C contributed to protocol development; Everett G, Abusaada K and Hsu V contributed to critical manuscript revision.

Institutional review board statement: This study was reviewed and approved by the Ethics Committee of the Sunshine Care Center, Florida Department of Health in Orange County.

Informed consent statement: Patients were not required to give informed consent to the study because the analysis used anonymous clinical data that were obtained after each patient agreed to treatment.

Conflict-of-interest statement: The authors have no financial relationships to disclose.

Data sharing statement: No additional data are available.

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Manuscript source: Unsolicited manuscript

Correspondence to: Xiaoping He, MD, PhD, the Internal Medicine Residency Program of Florida Hospital, 2501 North Orange Ave, Suite 235, Orlando, FL 32804, United States. xiaoping.he.md@flhosp.org
Telephone: +1-407-3037270
Fax: +1-407-3032553

Received: April 6, 2017

Peer-review started: April 10, 2017

First decision: May 19, 2017

Revised: July 14, 2017

Accepted: September 3, 2017

Article in press: September 4, 2017

Published online: October 28, 2017

Abstract

AIM

To evaluate the safety and efficacy of ledipasvir/sofosbuvir on hepatitis C eradication in patients with hepatitis C virus (HCV)/human immunodeficiency virus (HIV) co-infection in an urban HIV clinic.

METHODS

A retrospective cohort study of 40 subjects co-infected with HIV-1 and HCV treated with the fixed-dose combination of ledipasvir and sofosbuvir for 12 wk from 2014 to 2016. All patients included were receiving antiretroviral therapy (ART) with HIV RNA values of 100 copies/mL or fewer regardless of baseline HCV RNA level. The primary end point was a sustained virologic response of HCV at 12 wk (SVR12) after the end of therapy.

RESULTS

Of the 40 patients enrolled, 55% were black, 22.5% had been previously treated for HCV, and 25% had

cirrhosis. The patients were on a wide range of ART. Overall, 39 patients (97.5%) had a SVR 12 after the end of therapy, including rates of 97.1% in patients with HCV genotype 1a and 100% in those with HCV genotype 1b. One patient with HCV genotype 3a was included and achieved SVR12. Rates of SVR12 were similar regardless of previous treatment or the presence of compensated cirrhosis. Only 1 patient experienced relapse at week 12 following treatment and deep sequencing didn't reveal any resistance associated mutation in the NS5A or NS5B region. Interestingly, 7 (17.5%) patients who were adherent to ART experienced HIV viral breakthrough which resolved after continuing the same ART regimen. Two (5%) patients experienced HIV-1 virologic rebound due to noncompliance with HIV therapy, which resolved after resuming the same ART regimen. No severe adverse events were observed and no patient discontinued treatment because of adverse events. The most common adverse events included headache (12.5%), fatigue (10%), and diarrhea (2.5%).

CONCLUSION

This retrospective study demonstrated the high rates of SVR12 of ledipasvir/sofosbuvir on HCV eradication in patients co-infected with HCV and HIV, regardless of HCV baseline levels, HCV treatment history or cirrhosis condition. The oral combination of ledipasvir/sofosbuvir represents a safe and well tolerated HCV treatment option that does not require modification for many of the common HIV ART. Occasional HIV virologic rebound occurred but later resolved without the need to change ART.

Key words: Hepatitis C; Human immunodeficiency virus; Ledipasvir; Sofosbuvir

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Core tip: This is a retrospective study to evaluate the safety and efficacy of ledipasvir/sofosbuvir on hepatitis C eradication in patients with hepatitis C virus (HCV) and human immunodeficiency virus (HIV) co-infection in an urban HIV clinic. It demonstrated the high rates of SVR12 of ledipasvir/sofosbuvir on HCV eradication in patients co-infected with HCV and HIV, regardless of HCV baseline levels, HCV treatment history or cirrhosis condition. The oral combination of ledipasvir/sofosbuvir represents a safe and well tolerated HCV treatment option that does not require modification for many of the common HIV antiretroviral therapy (ART). Occasional HIV virologic rebound occurred but later resolved without the need to change ART.

He X, Hopkins L, Everett G, Carter WM, SchroppDyce C, Abusaada K, Hsu V. Safety and efficacy of ledipasvir/sofosbuvir on hepatitis C eradication in hepatitis C virus/human immunodeficiency virus co-infected patients. *World J Hepatol* 2017; 9(30): 1190-1196 Available from: URL: <http://www.wjgnet.com/1948-5182/full/v9/i30/1190.htm> DOI: <http://dx.doi.org/10.4254/wjh.v9.i30.1190>

INTRODUCTION

More than 185 million people around the world are infected with the hepatitis C virus (HCV), 350000 of whom die each year^[1,2]. Human immunodeficiency virus (HIV) and HCV have common routes of transmission, and it is estimated that 4-5 million persons out of the 185 million infected by HCV are also co-infected by HIV. On the other hand, up to 30% of HIV positive patients are infected with HCV^[2,3]. There is increasing evidence that HCV coinfection has a harmful effect on the progression of HIV infection with increased risk of mortality^[4]. Liver disease has become a major cause of morbidity and mortality in HIV-infected persons.

Sustained viral response (SVR) (equivalent to eradication of HCV) after administering anti-HCV therapy is associated with improved survival and reduced liver decompensation in patients with chronic hepatitis C with HIV infection^[5,6]. It may also decrease the progression of HIV infection and mortality not related to liver disease^[7]. The mainstay of therapy over the last two decades involved a combination of interferon α and ribavirin (RBV). SVR rates with pegylated interferon and RBV were very low, averaging between 40% and 50% and the treatment duration required is long, ranging from 24 to 48 wk^[1]. In addition, peginterferon has many side effects and contraindications. Many patients with HIV infection are unwilling to take interferon. The availability of an effective HCV interferon free regimen is highly needed for the management of hepatitis C in HIV infected patients.

In recent years, the management of chronic hepatitis C has been revolutionized by the development of direct-acting antiviral agents (DAAs) which significantly improved rates of cure in chronic HCV infection. Ledipasvir is an inhibitor of nonstructural protein 5A (NS5A), which has an important role in HCV RNA replication^[8]. Sofosbuvir (SOF), a uridine nucleotide analog prodrug, was approved by the US FDA in December 2013. The active metabolite of SOF, is incorporated by the NS5B polymerase into HCV RNA, resulting in chain termination^[3]. The fixed-dose combination of ledipasvir and sofosbuvir has demonstrated minimal toxicities and high efficacy, with an overall SVR of over 91%, in patients infected with HCV genotype 1, without the need for either interferon or RBV^[8-10]. Osinusi *et al*^[11] for the first time, reported that the combination of ledipasvir and sofosbuvir was associated with SVR rate of 98% in patients co-infected with HCV genotype 1 and HIV in a phase 2 study. Later, a larger phase 3 trial (ION-4 study) demonstrated that 12 wk of treatment with ledipasvir/sofosbuvir resulted in a SVR rate of 96% in patients who were co-infected with HIV and HCV genotype 1 or 4^[12]. Harvoni, the fixed dose combination of ledipasvir and sofosbuvir, became the first approved once daily Single-tablet-regimen (STR) for treatment of chronic HCV in HIV positive patients in Nov 2015. This combination may have additional mental health benefits in HIV/HCV co-infected patients^[13].

Currently, there are few published data on the experience with this newly approved combination of ledi-

Table 1 Demographic characteristics of the patients at baseline *n* (%)

Characteristic	Ledipasvir/sofosbuvir for 12 wk (<i>n</i> = 40)
Median age (IQR) - yr	53 (51-57)
Male sex	25 (62.5)
Race ¹	
White	13 (32.5)
Black	22 (55.0)
Asian	1 (2.5)
Other or unknown	4 (10.0)
Mean body-mass index (IQR) ²	26.2 (22.7-28.7)
Smoking	13 (32.5)
HCV genotype	
1a	34 (85.0)
1b	5 (12.5)
3a	1 (2.5)
Baseline HCV RNA (IQR), log ₁₀ IU/mL	6.3 (6.0-6.6)
HCV RNA > 6 million IU/mL	5 (12.5)
Cirrhosis	10 (25.0)
Baseline creatinine, mean (range), mg/dL	0.95 (0.56-1.48)
Baseline eGFR, mean (range), mL/min	90.0 (52-134)
CD4, cells/mm ³	
< 200	1 (2.5)
200-350	7 (17.5)
> 350	32 (80)
Mean CD4 ⁺ cell count (IQR), cells/μL	638 (366-857)
Antiviral regimen	40 (100)
HCV treatment history	
No previous treatment	31 (77.5)
Previous treatment	9 (22.5)

¹Self-reported; ²Calculated as weight in kilograms divided by height in meters squared. BMI: Body mass index; eGFR: Estimated glomerular filtration rate; HCV: Hepatitis C virus; IQR: Interquartile range.

pasvir/sofosbuvir in HCV/HIV co-infected patients. Here, we reported a single-center, retrospective study evaluating the safety and efficacy of this combination on HCV eradication in the patients co-infected with HCV and HIV with or without previous treatment for HCV.

MATERIALS AND METHODS

Study design and setting

This was a retrospective cohort study. All of the research reviews were conducted under protocols approved by the institutional independent ethics committee and all data were collected and analyzed in a Health Insurance Portability and Accountability Act-compliant manner to ensure patient privacy and data integrity. The study was conducted in Sunshine Care Center (Florida Department of Health in Orange County, Orlando, FL), an urban HIV clinic in Orlando.

Subjects

Patients older than 18 years diagnosed as HIV/HCV co-infection at Sunshine Care Center between 2014 and 2016 and treated with the fixed dose combination of ledipasvir/sofosbuvir for 12 wk were included. Charts were reviewed and data were collected by a trained internal medicine resident. The presence of cirrhosis was determined by liver biopsy with a Metavir score of F4; or

a score of more than 12.5 kPa on transient elastography testing (Fibroscan); or Radiological imaging consistent with cirrhosis.

For each patient included in the study, the demographic data were collected through manual chart review, including age, race, sex, body-mass index (BMI), smoking history, HCV genotype, and medical history (Table 1).

Efficacy and safety assessments

The primary efficacy end point was sustained virologic response (HCV RNA level < 15 IU/mL by real-time HCV assay) at 12 wk after treatment completion (SVR12) among all patients enrolled in the study.

Pre-treatment, during treatment, and post-treatment data of the standard laboratory testing (complete blood count (CBC), levels of albumin, bilirubin, alkaline phosphatase (ALP), alanine aminotransferase (ALT), aspartate aminotransferase (AST), blood urea nitrogen, creatinine) and measurements of plasma HCV RNA and HIV-1 RNA levels, along with evaluations of adherence were collected. Plasma HCV RNA levels were measured using the real-time HCV assay (Abbott), with the Lower Limit of Quantitation (LLOQ) of 15 IU/mL. Plasma HIV RNA levels were measured at all points using reverse transcription polymerase chain reaction (real-time HIV assay), with an LLOQ of 40 copies/mL. Adherence to ledipasvir and sofosbuvir was measured by pill counts and patient self-report. All adverse events were recorded and graded according to the NIAID Division of AIDS toxicity table (version 1.0 2009 clarification).

Definitions

Hepatitis C viral relapse was defined as an HCV RNA level higher than the LLOQ at any posttreatment point after having an HCV RNA level lower than the LLOQ at the end of treatment. Hepatitis C viral breakthrough was defined as an HCV RNA level at the LLOQ or higher during treatment after having previously had an HCV RNA level lower than the LLOQ while taking study drugs, confirmed with 2 consecutive values. HIV viral breakthrough was defined as an HIV RNA level at the LLOQ or higher during treatment after having previously had an HIV RNA level lower than the LLOQ while taking ART, confirmed with 2 consecutive values. Patients with plasma HIV-1 RNA levels of 400 copies per milliliter or higher at two or more consecutive post-baseline visits at least 2 wk apart were considered to have HIV-1 virologic rebound.

Deep sequencing

Deep sequencing of the HCV NS5A and NS5B regions was performed only for the patient with virologic failure, from samples collected at the time of virologic failure, using DDL (DDL Diagnostics Laboratory). Variants that were present in at least 1% of the viral population were reported.

Statistical analysis

We calculated the proportion of patients who had a

Table 2 Antiviral regimen

Antiviral regimen	n (%)
Efavirenz-emtricitabine-tenofovir DF	1 (2.5)
Tivicay-emtricitabine-tenofovir DF	1 (2.5)
Rilpivirine-emtricitabine-tenofovir DF	5 (12.5)
Raltegravir- Rilpivirine-emtricitabine-tenofovir DF	2 (5)
Raltegravir-emtricitabine-tenofovir DF	6 (15)
Ritonavir- Raltegravir-emtricitabine-tenofovir DF	1 (2.5)
Dolutegravir-emtricitabine-tenofovir DF	1 (2.5)
Raltegravir-telaprevir	4 (10)
Abacavir-dolutegravir-lamivudine	8 (20)
Abacavir-etravirine-lamivudine	1 (2.5)
Darunavir-ritonavir-etravirine-raltegravir	3 (7.5)
Abacavir-lamivudine-darunavir-ritonavir	3 (7.5)
Abacavir-lamivudine-darunavir-ritonavir-etravirine-raltegravir	1 (2.5)
Elvitegravir, cobicistat, emtricitabine, tenofovir alafenamide	3 (7.5)

DF: Disoproxil fumarate.

sustained virologic response along with exact two-sided 95%CI using the Clopper-Pearson method. Statistical differences were analyzed by χ^2 tests for categorical variables and *t*-test for continuous variables with significance defined as a *P* value less than 0.05.

RESULTS

Study patients

A total of 40 patients were enrolled. Eighty-five percent of patients were infected with HCV genotype 1a, 12.5% with HCV genotype 1b, and 2.5% with HCV genotype 3a (Table 1). Overall, 55% of patients were black, 62.5% were male, 25% had compensated cirrhosis, and 22.5% had received previous unsuccessful treatment for HCV. Among the 10 patients with cirrhosis, the mean baseline albumin level was 4.3 g per deciliter, the mean platelet count was 110940 per microliter, the mean Bilirubin level was 1.0 milligrams per deciliter (mg/dL), the mean ALP level was 101 units per liter (U/L), the mean ALT level was 89 U/L, and the mean AST level was 67 U/L. Nine patients received previous treatments for HCV with pegylated interferon (peginterferon) plus ribavirin. All patients were receiving ART with a wide range of regimen (Table 2).

Efficacy

Among the 40 patients who were enrolled and treated, 39 [97.5%; 95% confidence interval (CI), 90 to 100] had a sustained virologic response 12 wk after the end of therapy (Table 3). The rates of response at 12 wk were similar in patients with genotype 1a (97%) and those with 1b (100%), in men (96%) and women (100%), in black patients (100%) and other races (94.4%), in patients who had undergone previous treatment (100%) and those who had not (96.8%), in patients with cirrhosis (100%) and those without cirrhosis (96.7%).

Only 1 patient did not achieve SVR12 and experienced

Table 3 Response during and after therapy

Response	Ledipasvir-Sofosbuvir for 12 wk (n = 40), n (%)
HCV RNA < LLOQ ¹	
During therapy period	
At wk 4	34 (78.2)
At wk 12	40 (100)
After end of therapy	
At wk 4	40 (100)
At wk 12 ²	39 (97.5)
HCV viral breakthrough	0 (0)
HCV viral relapse	1 (2.5)
HIV viral breakthrough	7 (17.5)
HIV virologic rebound	2 (5)

¹LLOQ denotes lower limit of quantification (HCV RNA in serum, < 15 copies per milliliter HIV RNA in serum, < 40 copies per milliliter).

²A sustained virologic response 12 wk after the end of therapy was the primary end point. SVR: Sustained viral response.

relapse by week 12 after treatment completion. This was a 53-year-old white male, with HCV genotype 1a infection and stage 1 liver disease. The baseline HCV viral load was 11370594 IU/mL as determined by real-time PCR assay. The medications that he received against HIV infection included raltegravir, etravirine, ritonavir and darunavir. HCV viral suppression was achieved by week 8 with viral load lower than the LLOQ, which was maintained through 12 wk. However, HCV viral load increased to 7043 IU/mL at week 12 after treatment completion and was 7165187 at week 16 after treatment completion. Deep sequencing failed to reveal any mutation was seen in the NS5A or NS5B region.

Changes in liver and renal function

Levels of ALT and AST became normal rapidly with treatment (Figure 1A). There were no significant changes in estimated GFR or serum creatinine levels over time (Figure 1B and C). No participants were identified as having a treatment-emergent eGFR less than 50 mL/min or a decrease in eGFR (mL/min) greater than 25%.

Changes in HIV parameters

The mean CD4⁺ cell count at baseline was 638 cells per microliter; the CD4⁺ count was under 200 cells per microliter in 1 patient and under 350 cells per microliter in 7 patients. There were no significant changes in CD4 cell counts with treatment (Figure 1D).

Two patients experienced HIV-1 virologic rebound. One had missed 2 wk ART (emtricitabine/rilpivirine/tenofovir DF) and the other had missed 5 d of ART (emtricitabine/tenofovir DF/raltegravir). They continued the same regimen and the HIV viral load was less than 20 copies/mL by the next visit (4 wk later). Moreover, 7 patients experienced HIV breakthrough, a transient increase in HIV viral load (HIV-1 RNA \geq 40 copies/mL) while in the study. All of them denied non-compliance with ART. They continued the same regimen and the HIV viral load was less than 40 copies/mL 4 to 8 wk later. All of these 9 patients achieved

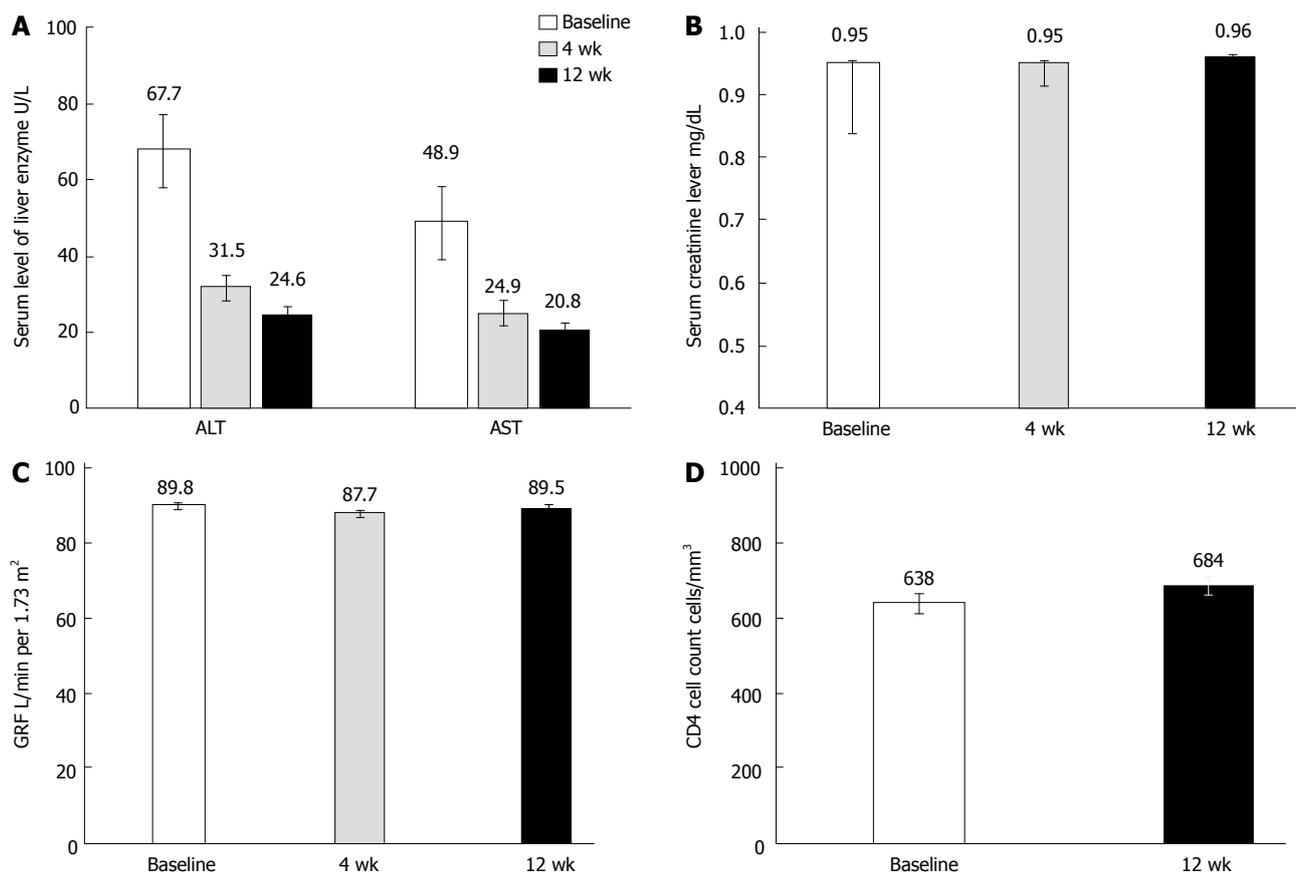


Figure 1 Lab changes during treatment. A: Changes in liver function tests; B: Changes in serum creatinine level; C: Changes in GFR level; D: Changes in CD4 cell count.

SVR12 for HCV treatment.

Adverse events

There were no deaths or serious adverse events observed in this study. The most common adverse events were mild to moderate headache (12.5%), fatigue (10%), and diarrhea (2.5%). Symptoms resolved while the patient was receiving study drug.

Adherence

Adherence to ledipasvir and sofosbuvir, as measured by pill counts, was high over the course of treatment. Ninety-five percent of all participants had no missed doses. Five percent of patients missed 1 to 4 doses of study drug, for an adherence rate greater than 95%. As determined by pill count at the end of study, the participant who experienced HCV viral relapse by week 12 after treatment completion reported no missed doses.

DISCUSSION

In this retrospective study, the combination of ledipasvir and sofosbuvir was associated with a high rate of SVR (97.5%) in HIV and HCV co-infected patients, comparable with SVR rates observed in the previous clinical trials^[11-13]. Our study included HCV treatment-naïve (77.5%) and

treatment-experienced (22.5%) patients, including patients with compensated cirrhosis (25%). Consistent with the previous reports^[11,12], HCV treatment history, baseline HCV RNA levels, and cirrhosis didn't appear to have any effect on SVR12 rates. All 9 treatment experienced patients and 30 of 31 treatment naïve patients achieved SVR, regardless of HCV baseline levels. One patient with HCV 3a genotype was also allowed to enroll in the study and successfully achieved SVR12. In the recent ION 4 study, black patients with HCV and HIV co-infection were reported to have lower rates of SVR compared to non-black patients who received 12 wk treatment of ledipasvir/sofosbuvir^[12]. However, no differences in efficacy were observed in patients when stratified by race in our study. Using data from the three open-label ION clinical trials, Wilder *et al*^[14] evaluated the efficacy of ledipasvir/sofosbuvir in 308 black patients. Consistent with our result, they found that an once daily dosage of ledipasvir/sofosbuvir was similarly effective in black and non-black patients with genotype 1 HCV infection. In the 1 participant who experienced relapse, HCV sequencing data didn't detect any mutation in the NS5A or NS5B region at the time of relapse and the patient was adherent to his medications, suggesting that the underlying mechanism contributing to the resistance to this regimen is unknown and needs future investigation.

All patients enrolled in this study were receiving

an antiretroviral regimen for HIV-1 with evidence of HIV-1 viral suppression to a level less than 100 copies per milliliter. The main strength of this study was that the patients were on a wide range of antiretrovirals, including complex antiretroviral regimens that contained drugs from 3 or more antiretroviral classes. Drug-drug interactions between certain directly acting antiviral agents such as boceprevir, telaprevir, and antiretrovirals could result in adverse events or antiretroviral failures, restricting the wider use of these medications in patients with HIV^[15,16]. Although Ledipasvir-sofosbuvir has limited potential for clinically significant drug interactions with most antiretroviral agents^[17], the results from the phase 1^[17] and 3^[12] evaluations suggested potential drug interaction between ledipasvir/sofosbuvir and tenofovir resulting in increased exposure of tenofovir. Four patients developed treatment-emergent worsening of renal function which might be related to increased exposure of tenofovir^[12]. In our study, evaluation of renal function didn't reveal significant changes in GFRs and serum creatinine levels throughout this study and no patients taking tenofovir were required to modify HIV treatment due to tenofovir-induced complications. In the previous study, patients taking ritonavir-boosted HIV-1 protease inhibitors or cobicistat-boosted elvitegravir with tenofovir disoproxil fumarate were excluded, so the safety of this HCV combination in patients with HIV-1 infection who are receiving these antiretroviral regimens is unknown^[12]. Interestingly, 11 patients enrolled in this study were on ritonavir-boosted or cobicistat-boosted ART and no severe adverse effects were noticed with SVR12 rates of 91.0% (the patient who experienced relapse was receiving the combination of darunavir-ritonavir-etravirine-raltegravir for ART). Thus, ledipasvir/sofosbuvir treatment represents a safe HCV treatment option that does not require modification for many of the common antiretroviral regimens.

In our study, ledipasvir/sofosbuvir treatment in HIV-HCV-coinfected patients did not compromise HIV control. CD4 cell counts remained stable and HIV RNA remained suppressed for the majority of participants throughout the study. Seven patients who were adherent to the medications experienced transient mild HIV viral breakthrough with maximum HIV RNA less than 250 copies. The viral breakthrough resolved spontaneously 4 to 8 wk after the patients were continuing the same ART regimen. HIV viral rebound documented in 2 participants was associated with nonadherence to antiretroviral treatment, which also resolved after resuming the same ART treatment.

In this study, there were no deaths, medication discontinuations, or severe adverse events attributable to ledipasvir/sofosbuvir treatment. Most adverse events associated with combined ledipasvir and sofosbuvir in participants co-infected with HCV and HIV were mild.

In conclusion, excellent treatment outcomes among our cohort of HIV/HCV co-infected patients were achieved with the FDA approved combination of ledipasvir/sofosbuvir for HCV. The main strength of this study was

that a broad range of antiretrovirals were included in this study which demonstrated that ledipasvir/sofosbuvir was generally well tolerated when coadministered with a broad range of ART. Larger studies are required to further understand the efficacy and safety of the combination of ledipasvir/sofosbuvir in HIV/HCV co-infected patients.

COMMENTS

Background

Hepatitis C virus (HCV) coinfection has a harmful effect on the progression of human immunodeficiency (HIV) infection with increased risk of mortality. In recent years, the management of chronic hepatitis C has been revolutionized by the development of direct-acting antiviral agents (DAAs) which significantly improved rates of cure in chronic HCV infection.

Research frontiers

The fixed dose combination of ledipasvir and sofosbuvir demonstrated high SVR rate in patients infected with HCV and recently became the first approved once daily Single-tablet-regimen for treatment of chronic HCV in HIV positive patients. Currently, there are few published data on the experience with this newly approved combination of ledipasvir/sofosbuvir in HCV/HIV co-infected patients. The drug interaction is always a safety concern while treating HCV/HIV co-infected patients.

Innovations and breakthroughs

The authors conducted a single-center, retrospective study evaluating the safety and efficacy of the combination of ledipasvir/sofosbuvir on HCV eradication in the patients co-infected with HCV and HIV with or without previous treatment for HCV. Overall, the rate of SVR12 was 97.5% and only 1 (2.5%) patient experienced relapse at week 12 following treatment. No severe adverse events were observed and no patient discontinued treatment because of adverse events.

Applications

The results demonstrated that this combination represents a safe and well tolerated HCV treatment option that does not require modification for many of the common HIV ART.

Terminology

SVR: Sustained viral response. SVR is specific to hepatitis C and is the absence of HCV RNA for 12 wk after the cessation of treatment.

Peer-review

Clearly written and stylish manuscript. The approach is not very original (in the last years several papers regarding the efficacy of DDA in real life settings have been published) but since in this subgroup of patients there are few publications, it is still interesting.

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