

World Journal of *Gastroenterology*

World J Gastroenterol 2017 October 21; 23(39): 7059-7200



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World Journal of Gastroenterology (*WJG*) is now indexed in Current Contents[®]/Clinical Medicine, Science Citation Index Expanded (also known as SciSearch[®]), Journal Citation Reports[®], Index Medicus, MEDLINE, PubMed, PubMed Central and Directory of Open Access Journals. The 2017 edition of Journal Citation Reports[®] cites the 2016 impact factor for *WJG* as 3.365 (5-year impact factor: 3.176), ranking *WJG* as 29th among 79 journals in gastroenterology and hepatology (quartile in category Q2).

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NAME OF JOURNAL
World Journal of Gastroenterology

ISSN
ISSN 1007-9327 (print)
ISSN 2219-2840 (online)

LAUNCH DATE
October 1, 1995

FREQUENCY
Weekly

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PUBLICATION DATE
October 21, 2017

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Retrospective Study

Short- and long-term results of endoscopic ultrasound-guided transmural drainage for pancreatic pseudocysts and walled-off necrosis

Yuto Watanabe, Rintaro Mikata, Shin Yasui, Hiroshi Ohyama, Harutoshi Sugiyama, Yuji Sakai, Toshio Tsuyuguchi, Naoya Kato

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Author contributions: Watanabe Y and Mikata R designed research; Watanabe Y, Mikata R, Yasui S, Ohyama H, Sugiyama H, Sakai Y and Tsuyuguchi T acquired the data; Watanabe Y and Mikata R analyzed and interpreted data; Watanabe Y drafted the manuscript; Mikata R and Kato N made critical revisions related to important intellectual content of the manuscript; all authors have read and approved the final version to be published.

Institutional review board statement: The study was reviewed and approved by the Chiba University Institutional Review Board.

Informed consent statement: In this retrospective study, written informed consent was not provided by the participants, but the documents explaining how the data included in this study would be used were displayed on the bulletin board in Chiba University Hospital.

Conflict-of-interest statement: The authors have no conflicts to disclose. All authors disclosed no financial relationships relevant to this publication.

Data sharing statement: No additional data are available.

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Manuscript source: Unsolicited manuscript

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Received: August 2, 2017

Peer-review started: August 11, 2017

First decision: August 30, 2017

Revised: September 12, 2017

Accepted: September 26, 2017

Article in press: September 26, 2017

Published online: October 21, 2017

Abstract

AIM

To evaluate the short- and long-term results of endoscopic ultrasound-guided transmural drainage (EUS-GTD) for pancreatic fluid collection (PFC) and identify the predictive factors of treatment outcome for walled-off necrosis (WON) managed by EUS-GTD alone.

METHODS

We investigated 103 consecutive patients with PFC who

underwent EUS-GTD between September 1999 and August 2015. Patients were divided into four groups as follows: WON ($n = 40$), pancreatic pseudocyst (PPC; $n = 11$), chronic pseudocyst ($n = 33$), and others ($n = 19$). We evaluated the short- and long-term outcomes of the treatment. In cases of WON, multiple logistic regression analyses were performed to identify the predictor variables associated with the treatment success. In addition, PFC recurrence was examined in patients followed up for more than 6 mo and internal stent removal after successful EUS-GTD was confirmed.

RESULTS

In this study, the total technical success rate was 96.1%. The treatment success rate of WON, PPC, chronic pseudocyst, and others was 57.5%, 90.9%, 91.0%, and 89.5%, respectively. Contrast-enhanced computed tomography using the multivariate logistic regression analysis revealed that the treatment success rate of WON was significantly lower in patients with more than 50% pancreatic parenchymal necrosis (OR = 17.0; 95%CI: 1.9-150.7; $P = 0.011$) and in patients with more than 150 mm of PFC (OR = 27.9; 95%CI: 3.4-227.7; $P = 0.002$). The recurrence of PFC in the long term was 13.3% (median observation time, 38.8 mo). Mean amylase level in the cavity was significantly higher in the recurrence group than in the no recurrence group ($P = 0.02$).

CONCLUSION

The reduction of WON by EUS-GTD alone was associated with the proportion of necrotic tissue and extent of the cavity. The amylase level in the cavity may be a predictive factor for recurrence of PFC.

Key words: Endoscopic ultrasound-guided transmural drainage; Pancreatic fluid collection; Revised Atlanta Classification; Walled-off necrosis

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Core tip: It remains unclear that which patients with walled-off necrosis (WON) can be resolved by endoscopic ultrasound-guided transmural drainage (EUS-GTD) alone and which ones should be treated by endoscopic necrosectomy or other additional treatment. In addition, some pancreatic fluid collections (PFCs) develop recurrent fluid collection, and it is also unclear which types of PFCs show recurrence. In this study, we demonstrated that PFC size and proportion of pancreatic parenchymal necrosis were related to the resolution of WON treated by EUS-GTD alone. Regarding long-term follow-up patients, mean amylase level in the cavity was associated with PFC recurrence, suggesting a prolonged stent placement in patients with predicted recurrence.

endoscopic ultrasound-guided transmural drainage for pancreatic pseudocysts and walled-off necrosis. *World J Gastroenterol* 2017; 23(39): 7110-7118 Available from: URL: <http://www.wjgnet.com/1007-9327/full/v23/i39/7110.htm> DOI: <http://dx.doi.org/10.3748/wjg.v23.i39.7110>

INTRODUCTION

Pancreatic fluid collection (PFC) is a local complication after pancreatitis. Although most PFCs spontaneously improve, some PFCs remain and become infectious, thereby needing therapeutic intervention. In 2012, the revision of the Atlanta classification categorized PFC into the following four types: acute peripancreatic fluid collection, acute necrotic collection, pancreatic pseudocyst (PPC), and walled-off necrosis (WON). According to this revised classification, the development of PPC is considered to be extremely rare in acute pancreatitis, and most PFCs over 4 wk are classified as WON^[1]. This suggests that many PFCs after acute pancreatitis that were treated as PPC because of slight debris in the cavity should be addressed as WON, according to the revised classification.

Endoscopic ultrasound-guided transmural drainage (EUS-GTD) is now widely accepted as a minimally invasive method for managing PFC with minimal complications^[2]. According to previous reports, most patients with PPC achieved treatment success by EUS-GTD alone^[3-6]. Conversely, the treatment success rate of WON by EUS-GTD alone was relatively lower than that of PPC^[4,7]. Endoscopic necrosectomy (EN) was performed in patients with no clinical improvement by EUS-GTD. In a recent review of 10 series of EN, the overall treatment success rate was 76%, with 5% procedure-related mortality and 27% morbidity^[8]. Although EN is less invasive than surgical necrosectomy, serious complications associated with EN have been reported lately. More recently, novel, fully covered biflanged metal stents have been reported to be effective and feasible for the treatment of WON^[9-12]. However, the criteria for WON that should be treated by EN or/and with these metal stents remain unclear. Therefore, it is essential to clarify the cases that can be resolved by EUS-GTD alone and those that should be treated with EN and/or metallic stents in addition to EUS-GTD. To the best of our knowledge, to date, no report has investigated the predictive factors of treatment outcome managed by EUS-GTD alone using the definition of WON in the 2012 Atlanta classification.

Despite initial treatment success, some PFCs develop recurrent fluid collection owing to disconnected pancreatic duct syndrome (DPDS)^[13,14]. Although long-term PFC recurrence is unknown, recommendations for permanent stent placement have been reported; however, stent migration or obstruction should be considered^[13].

Watanabe Y, Mikata R, Yasui S, Ohyama H, Sugiyama H, Sakai Y, Tsuyuguchi T, Kato N. Short- and long-term results of

In this study, we classified PFC into the following four groups according to the 2012 Atlanta classification: WON; PPC; chronic pseudocyst; and others, including trauma, pancreatic cancer, and pancreatic fistula (after pancreatic surgery). We evaluated patients characteristics, technical success, treatment success, and complications in these four groups. In particular, we compared the clinical features between the treatment success and failure to identify the factors that affect the treatment outcome in patients with WON managed by EUS-GTD alone. The long-term follow-up results of patients who underwent EUS-GTD were assessed and predictive factors for recurrence of PFC were identified.

MATERIALS AND METHODS

Patients

We retrospectively investigated 103 consecutive patients with PFC who underwent EUS-GTD between September 1999 and August 2015 at Chiba University Hospital (Chiba, Japan). Mean age of patients was 54.7 years, and a majority of patients were males. PFC caused by acute pancreatitis was classified according to the 2012 Atlanta classification and definition. We distinguished between WON and PPC by contrast-enhanced computed tomography (CT) 1-4 wk after the onset of pancreatitis and evaluated the existence and extent of pancreatic parenchymal necrosis in all patients with PFC. A chronic pseudocyst is defined as a well-demarcated fluid collection without solid debris occurring in the setting of known chronic pancreatitis and the absence of recent severe acute pancreatitis^[14]. Indications for EUS-GTD were as follows: (1) infected cases (fever and leukocytosis) despite the administration of intravenous antibiotics; and (2) symptomatic cases, such as abdominal pain or obstruction of the gastric outlet, intestinal system, or biliary system. Informed procedural consents were obtained from all patients.

Procedures

Before EUS-GTD, a CT scan was obtained from all patients. The standard technique for EUS-GTD involved the following steps. A curved linear array EUS was used to visualize the extent of PFC and to determine the puncture site. Before puncturing, color Doppler was used to identify the regional vessels that needed to be avoided. The cavity was punctured with a 19-gage needle, and then PFC was performed for conducting blood biochemical tests and cultures. A guidewire was inserted through the puncture needle and coiled in PFC under fluoroscopic guidance. The punctured site was dilated by a dilator and a balloon dilator (sometimes an electric dilator was also used). Finally, a 7Fr double pigtail stent and a 7Fr nasocystic drainage catheter were emplaced. The nasocystic drainage catheter was removed after reduction of PFC, and the internal stent was removed within 6 mo after the treatment success.

We assessed the efficacy of EUS-GTD using CT. If the size of the cavity was not reduced after 1-2 wk, we performed additional procedures, such as the multiple transmural gateway technique, percutaneous drainage, or EN.

Outcomes

In this study, we defined technical success as achieving stent and/or nasocystic drainage catheter placement. We defined the treatment success as any reduction in the cavity size to less than 20 mm within 8 wk, as determined by a follow-up CT using EUS-GTD alone, without an additional treatment such as multiple transmural gateway technique, percutaneous drainage, or EN. The treatment success also included the improvement of symptoms. Recurrence was considered to have occurred if the size of the cavity increased to more than 20 mm, regardless of symptoms over 6 mo after EUS-GTD.

Statistical analysis

The factors associated with the clinical success and recurrence were determined using statistical comparisons. Continuous variables were presented as means (with standard deviations) and medians (with range) and compared using Mann-Whitney *U* test. Categorical variables were expressed as frequencies and proportions and compared using χ^2 tests with Yates' correction or Fisher's exact test. In patients with WON, multiple logistic regression analyses were performed to identify the predictor variables associated with the treatment success. The optimal cut-off value of the variables that differentiated between recurrence and no recurrence was determined by the receiver-operating characteristic analysis. In addition, the area under the curve was calculated. The statistical significance was determined as $P < 0.05$, and datasets were compiled using Microsoft Excel (Microsoft Corporation, Redmond, WA, United States). In addition, the IBM SPSS Statistics software version 20.0 (IBM Corporation, Chicago, IL, United States) was used to perform all the statistical analyses. The statistical methods of this study were reviewed by Kengo Nagashima, PhD from Department of Global Clinical Research, Graduate School of Medicine, Chiba University.

RESULTS

Patients

According to the 2012 Atlanta classification and definition for acute pancreatitis, each PFC was classified as WON ($n = 40$), PPC ($n = 11$), chronic pseudocyst ($n = 33$), and others ($n = 19$) for 103 patients who underwent EUS-GTD. More than 50% of PFCs were located mainly in the pancreatic body or tail. Mean

Table 1 Demographic and clinical characteristics of patients who underwent endoscopic ultrasound-guided transmural drainage *n* (%)

characteristics	Value
Age, yr	
mean (SD)	54.7 (15.5)
Range	15-89
Median	56
Gender	
Male	73 (70.9)
Female	30 (29.1)
Type of pancreatitis	
Acute pancreatitis	46 (44.6)
Chronic pancreatitis	38 (36.9)
Other	19 (18.4)
Etiology of PFC	
Alcohol	51 (49.5)
Idiopathic	17 (16.5)
Gallstones	15 (14.5)
Trauma	6 (5.9)
Post-surgery (pancreatic fistula)	7 (6.8)
Post-ERCP	3 (2.9)
Pancreatic cancer	4 (3.9)
Category of PFC	
WON	40 (38.8)
Pancreatic pseudocyst	11 (10.7)
Chronic pseudocyst	33 (32.0)
Others (cancer/trauma/fistula)	19 (18.5)
Main location of cavity	
Head	19 (18.4)
Body or tail	84 (81.6)
Size of cavity, mm (long axis)	
mean (SD)	104.4 (49.0)
Range	30-246
Median	100

EUS-GTD: Endoscopic ultrasound-guided transmural drainage; PFC: Pancreatic fluid collection; SD: Standard deviation; ERCP: Endoscopic retrograde cholangio-pancreatogram; WON: Walled-off pancreatic necrosis.

cavity size was 104.9 mm (Table 1).

Technical success

Of 103 patients, 4 technically failed, resulting in the technical success rate of 96.1% (95%CI: 90.3%-98.9%). In the technically failed cases, each patient required one of the following additional treatments: surgery, transpapillary drainage, percutaneous drainage, extracorporeal shock wave lithotripsy (ESWL), and observation.

Treatment success

In the WON group (*n* = 40), a technical failure was reported in 1 patient and treatment success in 23 patients (57.5%; 95%CI: 40.9%-73.0%). The treatment success group comprised 2 patients who underwent percutaneous drainage for PFC distant from the main lesion treated by EUS-GTD. We could not achieve the treatment success by EUS-GTD alone in 16 patients, of whom 2 needed surgical treatment, 11 needed no surgical treatment, and 1 died. In the

group treated without surgery, we performed EN in 5 patients, multiple transluminal gateway technique in 2 patients, percutaneous drainage in 5 patients, and continuing conservative treatment until reduction over 8 wk in 3 patients. After additional treatment, 2 patients died. All 3 patients who died after EUS-GTD or EN had a respiratory or renal failure.

In the PPC group (*n* = 11), there were no technical failures, and we achieved the treatment success in 10 patients (90.9%; 95%CI: 58.4%-99.8%). In the chronic pseudocyst group (*n* = 33), there were two technical failures, and of 31 patients, we achieved the treatment success in 30 patients (96.8%; 95%CI: 83.8%-99.9%). In the treatment success group of chronic pancreatitis, 3 patients underwent EUS-GTD for PFC distant from the main lesion treated by EUS-GTD. In the others group (*n* = 19), there was one technical failure, and we achieved the treatment success in 17 patients (94.4%; 95%CI: 73.2%-99.9%).

Complications

The procedural complications were encountered in 15 of 103 patients (14.6%), with cases of bleeding (*n* = 2), stent migration (*n* = 3), infection (*n* = 3), pneumoperitoneum (*n* = 2), localized peritonitis (*n* = 3), puncture into another organ (*n* = 1), and mediastinal emphysema (*n* = 1). All patients were managed conservatively without surgery.

Predictors of treatment success for WON

We compared the treatment success group with the treatment failure group. Patients with more than 50% pancreatic parenchymal necrosis (*P* = 0.004) and a PFC of more than 150 mm (*P* < 0.001) on CT were significantly associated with treatment failure based on the univariate analysis. However, PFC with infection was not significant (Table 2). Patients with more than 50% pancreatic parenchymal necrosis (OR = 17.0; 95%CI: 1.9-150.7; *P* = 0.011) and with a PFC of more than 150 mm (OR = 27.9; 95%CI: 3.4-227.7; *P* = 0.002) on CT were also significantly associated with treatment failure based on the multiple logistic regression analysis (Table 3).

The treatment success by EUS-GTD alone was not achieved in any patient with WON with more than 50% parenchymal necrosis and a with PFC of more than 150 mm diameter on CT but was achieved in 90% of patients with under 50% pancreatic parenchymal necrosis and with a PFC of less than 150 mm (Table 4). There were two cases of failure with fewer than 50% necrosis and with a PFC of less than 150 mm. In one case with a multilocular type of WON, the necrotic collection remained in the posterior pararenal extraperitoneal space, and we performed percutaneous drainage. In another case, extrapancreatic necrosis without pancreatic parenchymal necrosis extended widely, and EN was conducted.

Table 2 Comparison of patient demographics and clinical characteristics in patients underwent endoscopic ultrasound-guided transmural drainage of walled-off necrosis *n* (%)

		Treatment success		<i>P</i> value
		Yes (<i>n</i> = 23)	No (<i>n</i> = 16)	
Age, yr	Mean (SD)	57.8 (18.1)	55.8 (13.1)	0.484
	Range	15-85	30-83	
Gender	Male	16 (69.6)	14 (87.5)	0.359
Etiology of pancreatitis	Alcohol	8 (34.8)	6 (37.5)	0.862
Body mass index	Mean (SD)	23.3 (5.5)	24.2 (3.6)	0.203
ASA classification ≥ 3	Yes	12 (52.2)	13 (81.2)	0.09
Pancreatic parenchymal necrosis $\geq 50\%$	Yes	2 (8.7)	9 (56.3)	0.004
Duration from onset of pancreatitis to drainage, wk	Mean (SD)	11.1 (7.8)	9.4 (10.9)	0.219
	Range	3.1-25.3	2.0-47.7	
Size of cavity, mm (long axis)	Mean (SD)	109.9 (35.7)	156.9 (35.7)	< 0.001
	Range	70-246	66-207	
Size of cavity ≥ 150 mm	Yes	2 (8.7)	11 (68.8)	< 0.001
PFC with infection	Yes	13 (56.5)	13 (81.3)	0.203
Follow-up durations, mo	Mean (SD)	26.9 (30.8)	28.1 (33.9)	0.808
	Range	0.7-133.5	1.3-128.3	

EUS-GTD: Endoscopic ultrasound-guided transmural drainage; WON: Walled-off pancreatic necrosis; PFC: Pancreatic fluid collection; SD: Standard deviation.

Table 3 Multiple logistic regression analysis examining factors associated with treatment success for walled-off necrosis

Multiple logistic regression	OR	95%CI	<i>P</i> value
Pancreatic parenchymal necrosis (< 50% vs $\geq 50\%$)	17.0	1.9-150.7	0.011
Size of cavity (< 150 mm vs ≥ 150 mm)	27.9	3.4-227.7	0.002

Table 4 Treatment success rate of walled-off necrosis according to two parameters; pancreatic parenchymal necrosis and size of cavity

	Size of cavity < 150 mm	Size of cavity ≥ 150 mm
Pancreatic parenchymal necrosis < 50%	90.5% (19/21)	28.6% (2/7)
Pancreatic parenchymal necrosis $\geq 50\%$	40.0% (2/5)	0% (0/6)

Recurrence at long-term follow-up

Overall, 75 patients were followed up for more than 6 mo, and the internal stent removal was confirmed. The median observation time was 38.8 mo. Of 75 patients, 10 patients suffered a recurrence, and the overall recurrence rate was 13.3%. The additional treatment for recurrence cases was additional EUS-GTD for 5 patients, transpapillary drainage for one patient, ESWL for one patient, surgery for 2 patients, and observation for one patient. In the recurrence group, the amylase level in the cavity was significantly higher than that in the no recurrence group ($P = 0.01$; Table 5) based on the univariate analysis. The amylase level at 63,100 in the cavity represented the most sensitive (83.3%) and specific (78.2%) point on the receiver-operating characteristic curve and corresponded to the largest area under the curve (0.820). No recurrence rate of the amylase level in the cavity ≥ 63100 was

significantly lower than that of the amylase level in the cavity < 63100 ($P = 0.02$; Figure 1).

DISCUSSION

In this study, we revealed the usefulness and feasibility of EUS-GTD for PFC; however, it was less effective in achieving the treatment success for WON as compared with other etiologies of PFC. The PFC size and the proportion of pancreatic parenchymal necrosis were related to the short-term outcomes of WON. In addition, mean amylase level in the cavity was associated with PFC recurrence, suggesting a prolonged stent placement for patients with predicted recurrence.

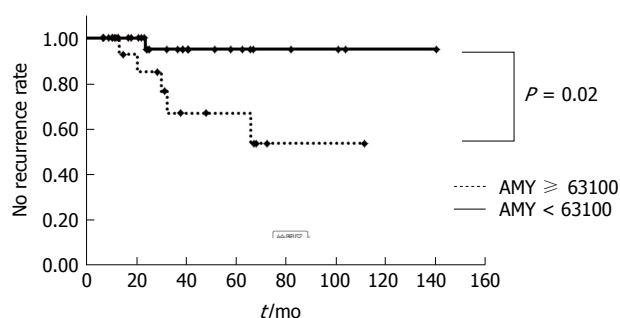
The treatment success rate of WON by EUS-GTD alone was 61.1%. Some retrospective studies have demonstrated a 45%-63% treatment success rate of EUS-GTD for WON^[4,7]. A comparison of these results with our study is difficult because the definition of treatment success was different in each study, which in turn differed from our study, which was based on the 2012 Atlanta classification. A recent report, based on the 2012 Atlanta classification, revealed that the standard EUS-GTD using plastic stents or self-expandable metal stents resolved 70% of sterile WON and 40% of infected WON; however, the rest of WON required EN^[15].

After treatment failure by EUS-GTD for WON, EN or other intervention, including surgical treatment, should be considered. A recent randomized controlled trial suggested that the IL-6 level following EN was significantly lower than that following surgical necrosectomy and that major complications or death occurred less frequently after EN compared to those after surgical necrosectomy^[16]. Although EN should be

Table 5 Pancreatic fluid collection recurrence in patients followed-up over 6 mo and confirmed internal stent removal after successful endoscopic ultrasound-guided transmural drainage ($n = 75$) n (%)

		Recurrence		P value
		Yes ($n = 10$)	No ($n = 65$)	
Age, yr	Mean (SD)	54.4 (12.6)	55.1 (15.9)	0.719
	Range	37-79	15-89	
Gender	Male	9 (90)	45 (69.2)	0.266
Type of pancreatitis	Chronic	6 (60)	22 (33.8)	0.162
Main location of cavity	Head	1 (10)	16 (24.6)	0.677
External drainage only	Yes	2 (20)	9 (13.8)	0.634
Duration of internal stent, days ($n = 64$)	Mean (SD)	194.9 (106.1)	243.2 (217.3)	0.659
	Range	86-399	21-1387	
Spontaneous dislodgement of stent ($n = 64$)	Yes	4 (50)	17 (30.4)	0.421
Size of cavity, mm (long axis)	Mean (SD)	91.6 (38.0)	102.6 (49.3)	0.612
	Range	44-167	30-230	
Amylase in cavity, IU/L ($n = 57$)	Mean (SD)	96930 (55599)	44719 (53790)	0.011
	Range	31380-188000	30-273700	
	Median	83075	31200	
PFC with infection	Yes	2 (20)	28 (43.1)	0.298

PFC: Pancreatic fluid collection; SD: Standard deviation; EUS-GTD: Endoscopic ultrasound-guided transmural drainage.

**Figure 1** Kaplan-Meier curve comparing no recurrence rate of amylase in cavity ≥ 63100 with that of amylase in cavity < 63100 .

considered for WON that cannot be resolved by EUS-GTD, serious complications of EN have been reported. Recently, while three multiple-center trials revealed 75%-91% success rate of EN, the associated mortality and morbidity rates were 5.8%-11% and 26%-33%, respectively^[17-19]. In our study, we performed EN on 4 patients, and one patient died due to multiple organ failure. Therefore, if possible, it is better to accomplish the resolution of WON by EUS-GTD alone.

Some factors associated with the failed resolution of WON by EN or standard drainage and EN have been reported, including body mass index > 32 ^[18], American Society of Anesthesiologists physical status classification ≥ 3 ^[19], and multilocular morphology^[15]. In this study, we elucidated that the treatment success rate of EUS-GTD alone for WON was significantly lower in patients with more than 50% pancreatic parenchymal necrosis or with a PFC of more than 150 mm on CT. All patients with WON with more than 50% parenchymal necrosis and with a PFC of more than 150 mm needed an additional treatment such as EN, whereas the treatment success was achieved in 90% patients with under 50% pancreatic parenchymal necrosis and within a PFC of 150 mm by EUS-GTD

alone (Figure 2). If we can predict the treatment outcome by EUS-GTD with these parameters, we may be able to avoid unnecessary invasive therapy or make an earlier decision to perform additional treatment in a few days.

Instead of EUS-GTD, multiple transmural gateway technique for WON has been reported, and the treatment success rate of multiple transmural gateway technique was significantly better than that of EUS-GTD (94.4% vs 62.1%)^[20,21]. More recently, novel, fully covered biflanged metal stents have been reported to be effective for the treatment of WON^[9-12]. Regarding the use of these stents, high cost, stent migration, and other potential adverse events have been concerning^[22]; therefore, optimal selection for using these stents is needed. According to our study, patients with PFC more than 50% pancreatic parenchymal necrosis or patients with more than 150 mm may be appropriate candidates for these treatments.

The proportion of pancreatic parenchymal necrosis could be associated with the amount of solid debris in the cavity of WON. Reportedly, the morphological findings of WON on EUS have therapeutic implications owing to the large size and more solid debris needing a more aggressive therapeutic method^[23]. However, it is often challenging to estimate the necrotic component with the whole observation of PFC on EUS. In addition, even if rich debris seemed to exist in the cavity by EUS, some cases of WON could be resolved by EUS-GTD alone, as shown in Figure 2.

In this study, PPC was relatively rare (10.7%) based on the values in the 2012 Atlanta classification. Notably, 8 of 11 patients categorized as PPC were caused by acute pancreatitis occurring in the setting of known chronic pancreatitis and 3 were atypical etiology of pancreatitis (drug-induced in 2 patients and idiopathic in 1 patient). The treatment success rate of 90.9% for PPC in this study was higher than that of WON.

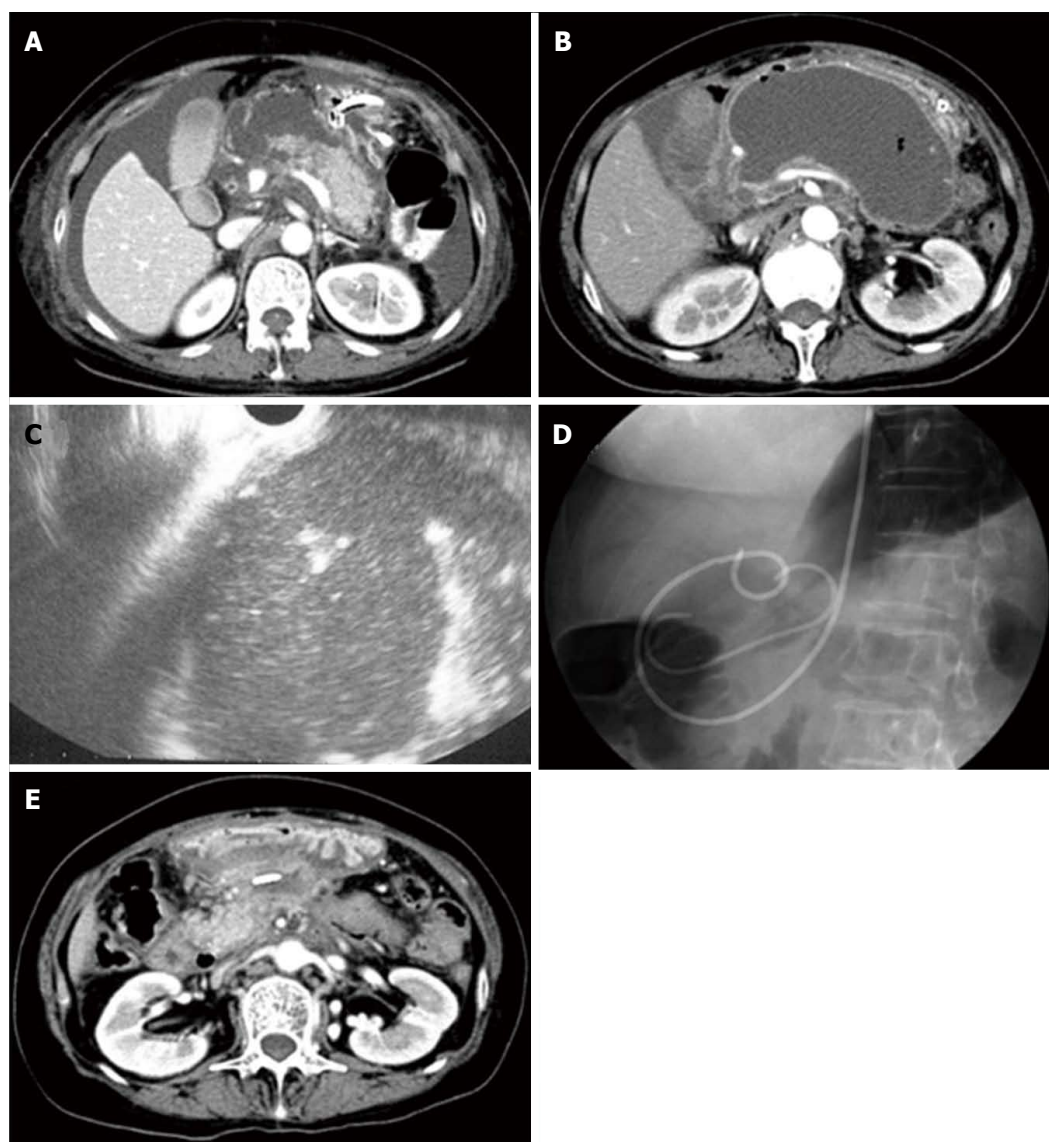


Figure 2 Representative case of walled-off necrosis resolved by endoscopic ultrasound-guided transmural drainage alone. A: Computed tomography of the abdomen (axial image) showing less than 50% pancreatic parenchymal necrosis; B: Pancreatic fluid collection was 135 mm in diameter; C: Rich debris seemed to exist in the cavity as shown by endoscopic ultrasound; D: Endoscopic ultrasound guided transmural drainage was performed and pancreatic fluid collection culture was positive; E: Cavity was reduced at 6 wk after intervention.

EUS-GTD for chronic pseudocysts was successful. In chronic pancreatitis, PFC often communicates with the main pancreatic duct and stricture of this duct exists. To manage chronic pseudocysts, a combination of EUS-GTD with transpapillary drainage or ESWL for pancreatic stones might be effective.

After successful initial treatment following EUS-GTD for PFC, recurrence of PFC in the long term was higher in patients with higher amylase level in the cavity, indicating the communication of PFC with the pancreatic duct such as chronic pseudocysts or DPDS. DPDS is characterized by the main pancreatic duct cut-off, with an inability to access the upstream pancreatic duct during an ERCP, and CT evidence of viable pancreatic tissue upstream (toward the spleen), in association with a persistent non-healing pancreatic fistula or PFC^[24,25]. We routinely removed internal

stents following the resolution of PFC almost 6 mo after EUS-GTD. Although a permanent stent placement significantly reduced PFC recurrence in comparison with scheduled stent removal, migrated stents caused bowel obstruction that required surgery^[21]. In cases with higher amylase levels in the cavity, transpapillary treatment or prolonged stent placement for more than 6 mo should be considered. However, the timing of stent removal and permanent stent placement remains controversial, and further study is required.

There were some limitations in this study. First, this was a retrospective study conducted at a single tertiary center and the number of patients with WON was relatively less. Second, the study period was long (16 years) and a learning curve might have influenced the results, although the standard technique for EUS-GTD has not changed. Third, there may have

been a selection bias because we could not examine all patients with the amylase level in the cavity consecutively.

In conclusion, EUS-GTD is a successful and safe therapeutic technique in a majority of patients with PFC. The cavity size and proportion of pancreatic parenchymal necrosis are predictors for a successful treatment of WON. Higher amylase levels in the cavity might lead to PFC recurrence after stent removal. A prolonged stent placement should be considered in such cases.

ARTICLE HIGHLIGHTS

Research background

The 2012 Atlanta classification categorized PFC into four types. The revised classification suggests that many PFCs after acute pancreatitis that were treated as pancreatic pseudocyst (PPC) because of slight debris in the cavity should be addressed as walled-off necrosis (WON). Most patients with PPC achieved treatment success by EUS-GTD alone. Although endoscopic necrosectomy (EN) was performed in patients with no clinical improvement by EUS-GTD, serious complications of EN have been reported. However, the criteria for WON that should be treated by EN or other additional treatment remained unclear. Therefore, it is crucial to clarify the cases that can be resolved by EUS-GTD alone and those that should be treated with EN or other treatment in addition to EUS-GTD. Some PFCs develop the recurrent fluid collection in long term. Recommendations of permanent stent placement have been reported to reduce recurrence; however, stent migration or obstruction is concerned. A predictive factor of PFC recurrence should also be clarified.

Research motivation

The treatment success rate of WON by EUS-GTD alone was relatively lower than that of PPC. It is unclear that which patients with WON can be treated by EUS-GTD alone and which ones by EN or other additional treatment including metallic stents. Despite initial treatment success, some PFCs develop the recurrent fluid collection in the long term. It is also unclear which types of PFCs show recurrence.

Research objectives

We aimed to evaluate the short- and long-term results of EUS-GTD for PFC following a revision of the PFC framework by the 2012 Atlanta classification and identify the predictive factors of treatment outcome for WON managed by EUS-GTD alone and predictive factors for recurrence of PFC.

Research methods

The authors retrospectively investigated 103 consecutive patients with PFC who underwent EUS-GTD between September 1999 and August 2015 at Chiba University Hospital. The factors associated with clinical success and recurrence were determined using statistical comparisons. In patients with WON, multiple logistic regression analyses were performed to identify the predictor variables associated with the treatment success. In addition, PFC recurrence was examined in patients followed up over 6 mo and confirmed internal stent removal after successful EUS-GTD. The optimal cut-off value of the variables that differentiated between recurrence and no recurrence was determined by the receiver-operating characteristic analysis. In addition, area under the curve was calculated. The statistical significance was determined as $P < 0.05$.

Research results

The treatment success rate of WON, PPC, chronic pseudocyst, and others was 57.5%, 90.9%, 91.0%, and 89.5%, respectively. The treatment success rate of WON was significantly lower in patients with more than 50% pancreatic parenchymal necrosis (OR = 17.0; 95%CI: 1.9-150.7; $P = 0.011$) and in patients with more than 150 mm of PFC (OR = 27.9; 95%CI: 3.4-227.7; $P = 0.002$) on contrast-enhanced computed tomography using the multivariate logistic regression analysis. The recurrence of PFC in the long term was 13.3% (median

observation time, 38.8 mo). Mean amylase level in the cavity was significantly higher in the recurrence group than in the no recurrence group ($P = 0.02$). In cases with higher amylase levels in the cavity, transpapillary treatment or prolonged stent placement for more than 6 mo should be considered. However, the timing of stent removal and permanent stent placement remains controversial, and further study is required.

Research conclusions

Reduction of WON by EUS-GTD alone was associated with the proportion of necrotic tissue and the extent of the cavity. Amylase level in the cavity may be a predictive factor for recurrence of PFC.

According to our study, additional treatments, such as EN, should be considered after EUS-GTD in patients with WON with more than 50% pancreatic parenchymal necrosis and a PFC of more than 150 mm, whereas it may not be needed with under 50% pancreatic parenchymal necrosis and within a PFC of 150 mm.

After successful initial treatment following EUS-GTD for PFC, recurrence of PFC in the long term was higher in patients with higher amylase level in the cavity. This finding indicates the communication of PFC with the pancreatic duct such as chronic pseudocyst or disconnected pancreatic duct syndrome. Therefore, in cases with higher amylase levels in the cavity, transpapillary treatment or prolonged stent placement should be considered.

Research perspectives

In this study, we confirmed that the PFC size and the proportion of pancreatic parenchymal necrosis were related to the resolution of WON treated by EUS-GTD alone. If we can predict treatment outcome of WON by EUS-GTD alone, we might be able to avoid unnecessary invasive therapy or make an earlier decision to perform an additional treatment. Moreover, if we can predict recurrence of PFCs by the amylase level in the cavity, we might be able to reduce the recurrence of PFCs with prolonged stent placement or transpapillary treatment. Prospective studies with larger numbers of patients will be needed to confirm the reliability of these predictive factors.

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P- Reviewer: Antonini F, Negroi I, Zerem E **S- Editor:** Gong ZM
L- Editor: A **E- Editor:** Huang Y





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ISSN 1007-9327



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