

## **Answering reviewers**

### **Answer to the Reviewer who's code is 03251521**

Thank you for your advise. Physical symptoms often occur in the absence of physical illness. This is termed somatization when the symptoms are caused by psychic factors, and there are many studies have indicated an intimate association between depression and somatization, and somatization can mask the underlying depressive condition. The patient was suggested presence impaired esogastric junction relaxation and hypercontractile peristaltic disorder by all examination when he was hospitalized, which prove that the patient's symptoms did not originated from somatoform disorder. But the patient had obvious symptoms of depression, and psychoactive drugs might improve symptoms through both central and GI mechanisms.

### **Answer to the Reviewer who's code is 00735414**

Thank you for your advise. We are all admit the side effects of Deanxit, and may following dizziness, tremor, sleep disorder, constipation, even a habit forming with severe withdrawal symptoms observed in the clinical trials. Although it was banned in few countries due to the side effects, but the most frequent antidepressant in our country<sup>[1]</sup>. and the evidence indicated that deanxit might be an inspiring strategy to manage depression and anxiety with safety<sup>[2]</sup>. In our country, there are many researches using deanxit in the patients with psychiatric disease and functional gastrointestinal disease. The recommended dosage of adults 0.5mg/10mg(one piece) twice daily, respectively in the morning and noontime. Antidepressant treatment is a long-term process. In the acute stage, the patients may take deanxit for 6-8 weeks to control symptoms, after the consolidation period, lasts may not less than 4 -6 months due to the recurrence risk and unstable condition. We let our

patient take antidepressants (deanxit) because he was depressive, and during in the hospital, we evaluated the drug side effects in the patient every day, and back to outpatient department in hospital every week. And there were no obvious side effects occurred during medication. The patient got the total period of treatment was 6 months, with the deanxit gradually reduced until withdrawal under the guidance of psychologist and gastroenterologist, and the follow-up of a year, the patient has no obvious withdrawal symptoms.

we make the conclusion "Deanxit maybe a promising medical treatment that can improve function and relieve symptoms" still lack of large sample data, but, as stated earlier in this article, we aim to put forward antianxiety and antidepressant agents are promising medical treatment by relieve symptoms in patients who combined with the obvious psychosocial problems, but longer follow-up still need further discussion

[1].Zhang Y , Becker T, Kösters M.Preliminary study of patterns of medication use for depression treatment in China. Asia Pac Psychiatry,2013; 5(4):231-6[PMID: 23857675 DOI: 10.1111/appy.12022]

[2] Wang L , Zhong Z , Hu J, etc. Sertraline plus deanxit to treat patients with depression and anxiety in chronic somatic diseases: a randomized controlled trial.BMC Psychiatry, 2015;14(15):84. [PMID: 25879863 DOI: 10.1186/s12888-015-0449-2]