



Name of Journal: *World Journal of Clinical Pediatrics*

Manuscript NO: 37035

Manuscript Type: Therapeutics Advances

Best practices in supervising cognitive behavioral therapy with youth

Robert D Friedberg

#### Abstract

Clinical supervision of cognitive behavioral therapy (CBT) with youth ensures better patient care and fosters trainees' professional development. However, often insufficient attention is directed toward disseminating best practices in supervision of CBT with youth. This Therapeutic Advances contribution aims to communicate the core content of supervision. Additionally, the key supervisory practices associated with CBT with youth are described. Supervisory outcomes are summarized and recommendations for supervisory practices are made.

**Key words:** Cognitive behavioral therapy; Pediatric populations; Supervision

**Core tip:** There are several core tips in this therapeutic advances article. First, the pivotal content of supervision of cognitive behavioral therapy with youth include training in case conceptualization, ethics/laws, collaborative empiricism, guided discovery, session structure, embracing immediacy, measurement-based care, and cognitive-behavioral technique. Enactive supervision characterized by behavioral

#### Match Overview

- | Match Number | Crossref   | Words    | Similarity |
|--------------|--|----------|------------|
| 1            | R. D. Friedberg. "Training Psychologists for Cognitive-Behavioral Therapy in the Raw World: A Rubric for Supervisors", <i>Be</i> | 45 words | 1%         |
| 2            | Robert D. Friedberg. "Training Psychiatrists in Cognitive Behavioral Psychotherapy: Current Status and Horizons", <i>Current</i> | 11 words | <1%        |
| 3            | Robert D. Friedberg. "Integrating Psychotherapeutic Processes with Cognitive Behavioral Procedures", <i>Journal of Contemp</i>   | 10 words | <1%        |



文章

找到约 22,000 条结果 (用时0.19秒)

时间不限

2017以来

2016以来

2013以来

自定义范围...

按相关性排序

按日期排序

不限语言

中文网页

简体中文网页

☒ 包括专利☐ 包含引用

创建快讯

小提示: 只搜索中文(简体)结果, 可在 学术搜索设置 指定搜索语言

### Child versus family cognitive-behavioral therapy in clinically anxious youth: an efficacy and partial effectiveness study

DHM Bodden, SM Bögels, MH Nauta... - Journal of the American ..., 2008 - Elsevier

... because this study included clinically referred children who were treated in community clinical practice by regular ... used a detailed session-to-session protocol, and had weekly 1-hour group supervision by a ... on a scale of 0 = not obtained, 1 = a bit, 2 = satisfactory, and 3 = good). ...

☆ 被引用次数: 175 相关文章 所有 11 个版本

### Family-based cognitive-behavioral therapy for pediatric obsessive-compulsive disorder: Comparison of intensive and weekly approaches

EA Storch, GR Geffken, LJ Merlo, G Mann... - Journal of the American ..., 2007 - Elsevier

... The FAS has demonstrated good psychometric properties, including adequate internal consistency, and positive ... Consistent with best practices recommendations, the majority of time in session was spent in ... of two sessions per week and participated in daily supervision with the ...

☆ 被引用次数: 286 相关文章 所有 13 个版本

### Cognitive-behavioral therapy versus usual clinical care for youth depression: An initial test of transportability to community clinics and clinicians.

JR Weisz, MA Southam-Gerow, EB Gordis... - Journal of Consulting ..., 2009 - psycnet.apa.org

... coping skills and then identifying and practicing a few "best fit" skills ... training by postdoctoral staff included didactics, modeling, and individually supervised practice interviews; videotapes of full ... Hawley and Weisz (2005) have reported good internal consistency and test-retest ...

☆ 被引用次数: 157 相关文章 所有 22 个版本

### Family-strengthening approaches for the prevention of youth problem behaviors.

KL Kumpfer, R Alvarado - American Psychologist, 2003 - psycnet.apa.org

... eg, evidence-based, science-based, research-based, empirically supported, best practices, exemplary, model ... their children through positive play, increased rewards for good behavior, ignoring unwanted ... gaining increasing popularity and appears to work best for elementary





时间不限  
2017以来  
2016以来  
2013以来  
自定义范围...

按相关性排序  
按日期排序

不限语言  
中文网页  
简体中文网页

☒ 包括专利  
☐ 包含引用

创建快讯

小提示：只搜索中文(简体)结果，可在 学术搜索设置 指定搜索语言

# Family-based cognitive-behavioral therapy for pediatric obsessive-compulsive disorder: Comparison of intensive and weekly approaches

[PDF] semanticscholar.org

EA Storch, GR Geffken, LJ Merlo, G Mann... - Journal of the American ... , 2007 - Elsevier

... The FAS has demonstrated good psychometric properties, including adequate internal consistency, and positive ... Consistent with best practices recommendations, the majority of time in session was spent in ... of two sessions per week and participated in daily supervision with the ...

☆ 00 被引用次数：296 相关文章 所有 13 个版本

# Family-strengthening approaches for the prevention of youth problem behaviors.

[DOC] cccoi.org

KL Kumpfer, R Alvarado - American Psychologist, 2003 - psycnet.apa.org

... eg, evidence-based, science-based, research-based, empirically supported, best practices, exemplary, model ... their children through positive play, increased rewards for good behavior, ignoring unwanted ... gaining increasing popularity and appears to work best for elementary ...

☆ 00 被引用次数：674 相关文章 所有 14 个版本

# Cognitive-behavioral therapy versus usual clinical care for youth depression: An initial test of transportability to community clinics and clinicians.

[HTML] nih.gov

JR Weisz, MA Southam-Gerow, EB Gordis... - Journal of Consulting ... , 2009 - psycnet.apa.org

... coping skills and then identifying and practicing a few "best fit" skills ... training by postdoctoral staff included didactics, modeling, and individually supervised practice interviews; videotapes of full ... Hawley and Weisz (2005) have reported good internal consistency and test-retest ...

☆ 00 被引用次数：162 相关文章 所有 22 个版本

# Child versus family cognitive-behavioral therapy in clinically anxious youth: an efficacy and partial effectiveness study

DHM Bodden, SM Bögels, MH Nauta... - Journal of the American ... , 2008 - Elsevier

... because this study included clinically referred children who were treated in community clinical practice by regular ... used a detailed session-to-session protocol, and had weekly 1-hour group supervision by a ... on a scale of 0 = not obtained, 1 = a bit, 2 = satisfactory, and 3 = good) ...

☆ 00 被引用次数：180 相关文章 所有 11 个版本

# [图书] Community treatment for youth: Evidence-based interventions for severe emotional and behavioral disorders

BJ Burns, K Hoagwood - 2002 - books.google.com

... Mentoring (see chapter 7): A nonprofessional with good child relationship skills helps children ... 1. Best practices tend to set out fairly general statements about clinical practice ... An example is" Promising Practices in Wraparound for Children with Serious Emotional Disturbance ...

☆ 00 被引用次数：196 相关文章 00

# Training therapists in evidence-based practice: a critical review of studies from a systems-contextual perspective

[HTML] nih.gov

[全部](#)[新闻](#)[图片](#)[视频](#)[购物](#)[更多](#)[设置](#)[工具](#)

找到约 953,000 条结果 (用时 0.64 秒)

## Google 学术: Best practices in supervising cognitive behavioral therapy with youth

... cognitive-behavioral therapy for pediatric obsessive- ... - Storch - 被引用次数: 298

... for the prevention of youth problem behaviors. - Kumpfer - 被引用次数: 674

Cognitive-behavioral therapy versus usual clinical ... - Weisz - 被引用次数: 162

### [PDF] Cognitive-Behavioral Therapy for Immigrant Youth: The ... - Springer

[www.springer.com/cda/content/document/.../9783319246918-c1.pdf?...](http://www.springer.com/cda/content/document/.../9783319246918-c1.pdf?...) ▼ 翻译此页

treatment of immigrant youth with CBT. Modular CBT is a comprehensive treatment protocol specifically designed to flexibly address a variety of symptom clusters as well as attend to contextual psychosocial factors. In order to be potent, clinicians who practice must remain faithful to the cognitive-behavioral model and ...

### [PDF] staff training for cognitive- behavioural therapy for anxiety

[www.excellenceforchildand youth.ca/file/9181/download?token=4LIs5bAf](http://www.excellenceforchildand youth.ca/file/9181/download?token=4LIs5bAf) ▼ 翻译此页

Are there best-practice approaches to training a large group of staff in CBT, and then a smaller group of staff in a ... Are there communities of practice in Ontario related to anxiety programming for children and youth treatment ... followed by experiential and interactive training through practice cases, co-therapy, or supervision ...

### Preventing Future Crime With Cognitive Behavioral Therapy | National ...

[www.nij.gov/journals/265/pages/therapy.aspx](http://www.nij.gov/journals/265/pages/therapy.aspx) ▼ 翻译此页

2010年5月29日 - Cognitive behavioral therapy has been found to be effective with juvenile and adult offenders; substance abusing and violent offenders; and probationers, prisoners and ... [1] His review