

ICMJE Form for Disclosure of Potential Conflicts of Interest

Instructions

The purpose of this form is to provide readers of your manuscript with information about your other interests that could influence how they receive and understand your work. The form is designed to be completed electronically and stored electronically. It contains programming that allows appropriate data display. Each author should submit a separate form and is responsible for the accuracy and completeness of the submitted information. The form is in six parts.

1. Identifying information.

2. The work under consideration for publication.

This section asks for information about the work that you have submitted for publication. The time frame for this reporting is that of the work itself, from the initial conception and planning to the present. The requested information is about resources that you received, either directly or indirectly (via your institution), to enable you to complete the work. Checking "No" means that you did the work without receiving any financial support from any third party -- that is, the work was supported by funds from the same institution that pays your salary and that institution did not receive third-party funds with which to pay you. If you or your institution received funds from a third party to support the work, such as a government granting agency, charitable foundation or commercial sponsor, check "Yes".

3. Relevant financial activities outside the submitted work.

This section asks about your financial relationships with entities in the bio-medical arena that could be perceived to influence, or that give the appearance of potentially influencing, what you wrote in the submitted work. You should disclose interactions with ANY entity that could be considered broadly relevant to the work. For example, if your article is about testing an epidermal growth factor receptor (EGFR) antagonist in lung cancer, you should report all associations with entities pursuing diagnostic or therapeutic strategies in cancer in general, not just in the area of EGFR or lung cancer.

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4. Intellectual Property.

This section asks about patents and copyrights, whether pending, issued, licensed and/or receiving royalties.

5. Relationships not covered above.

Use this section to report other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work.

Definitions.

Entity: government agency, foundation, commercial sponsor, academic institution, etc.

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Personal Fees: Monies paid to you for services rendered, generally honoraria, royalties, or fees for consulting, lectures, speakers bureaus, expert testimony, employment, or other affiliations

Non-Financial Support: Examples include drugs/equipment supplied by the entity, travel paid by the entity, writing assistance, administrative support, etc.

Other: Anything not covered under the previous three boxes

Pending: The patent has been filed but not issued

Issued: The patent has been issued by the agency

Licensed: The patent has been licensed to an entity, whether earning royalties or not

Royalties: Funds are coming in to you or your institution due to your patent

ICMJE Form for Disclosure of Potential Conflicts of Interest

Section 1. Identifying Information

| | | |
|--|-----------------------------------|----------------------------|
| 1. Given Name (First Name) Laura | 2. Surname (Last Name) Pirkola | 3. Date 10-January-2018 |
| 4. Are you the corresponding author? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No | | |
| 5. Manuscript Title Effects of low-FODMAP and regular rye bread in irritable bowel syndrome: the SmartPill® study | | |
| 6. Manuscript Identifying Number (if you know it) 37724 | | |

Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest? ☒ Yes ☐ No

If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.

| Name of Institution/Company | Grant? | Personal Fees? | Non-Financial Support? | Other? | Comments |
|-----------------------------|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|---|
| Fazer Bakeries Ltd | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Grant for the Department of Food and Environmental Sciences, University of Helsinki to perform the study (consumables, other immediate study costs) |
| Fazer Bakeries Ltd | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Grant to carry out Master's thesis |
| Fazer Bakeries Ltd | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Study breads |

Section 3. Relevant financial activities outside the submitted work.

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Are there any relevant conflicts of interest? ☒ Yes ☐ No

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| Name of Entity | Grant? | Personal Fees? | Non-Financial Support? | Other? | Comments |
|----------------|--------------------------|-------------------------------------|--------------------------|--------------------------|--------------------------------------|
| Fazer Group | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Employed by Fazer Group since 9/2016 |

Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work? ☐ Yes ☒ No

Section 5. Relationships not covered above

Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?

- ☐ Yes, the following relationships/conditions/circumstances are present (explain below):
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Section 6. Disclosure Statement

Based on the above disclosures, this form will automatically generate a disclosure statement, which will appear in the box below.

Laura Pirkola is employed by Fazer Group. At the time of the research, Pirkola was doing her master's thesis work at the University of Helsinki.

Evaluation and Feedback

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Section 1. Identifying Information

| | | |
|--|---------------------------------------|--|
| 1. Given Name (First Name) Reijo | 2. Surname (Last Name) Laatikainen | 3. Date 02-January-2018 |
| 4. Are you the corresponding author? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No | | Corresponding Author's Name Laura Pirkola |
| 5. Manuscript Title Effects of low-FODMAP and regular rye bread in irritable bowel syndrome: the SmartPill® study | | |
| 6. Manuscript Identifying Number (if you know it) N/A | | |

Section 2. The Work Under Consideration for Publication

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Are there any relevant conflicts of interest? ☐ Yes ☒ No

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Are there any relevant conflicts of interest? ☒ Yes ☐ No

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| Name of Entity | Grant? | Personal Fees? | Non-Financial Support? | Other? | Comments |
|---|-------------------------------------|-------------------------------------|--------------------------|-------------------------------------|--|
| Booston Oy | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Booston Oy provides IBS oriented medical nutrition therapy and consultation to various organisations and individuals |
| Kirjapaja in the form of book | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | Reijo Laatikainen has written a Finnish book about IBS and diet 2015 |
| Fazer (related to other IBS-diet studies) | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Reijo Laatikainen has given lectures related IBS and received grant for previous IBS studies |

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Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work? ☐ Yes ☒ No

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Dr. Laatikainen reports other from Booston Oy, other from Kirjapaja in the form of book (IBS and diet), grants and personal fees from Fazer (related to other IBS-diet studies), outside the submitted work; .

Evaluation and Feedback

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Section 1. Identifying Information

| | | |
|--|-----------------------------------|--|
| 1. Given Name (First Name) Jussi | 2. Surname (Last Name) Loponen | 3. Date 04-January-2018 |
| 4. Are you the corresponding author? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No | | Corresponding Author's Name Laura Pirkola |
| 5. Manuscript Title Effects of low-FODMAP and regular rye bread in irritable bowel syndrome: the SmartPill® study | | |
| 6. Manuscript Identifying Number (if you know it) 37724 | | |

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Are there any relevant conflicts of interest? ☐ Yes ☒ No

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| Name of Entity | Grant? | Personal Fees? | Non-Financial Support? | Other? | Comments |
|----------------|--------------------------|-------------------------------------|--------------------------|--------------------------|------------------------------------|
| Fazer Group | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Employed by Fazer Group since 2011 |

Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work? ☒ Yes ☐ No

If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.

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| Patent? | Pending? | Issued? | Licensed? | Royalties? | Licensee? | Comments |
|---------|-------------------------------------|--------------------------|--------------------------|--------------------------|-----------|------------------|
| | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | | WO 2016113465 A1 |

Section 5. Relationships not covered above

Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?

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Dr Lopenen is employed by Fazer Group and is the inventor in a pending patent application that is related to the work.

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ICMJE Form for Disclosure of Potential Conflicts of Interest

Section 1. Identifying Information

| | | |
|--|------------------------------------|--|
| 1. Given Name (First Name) Sanna-Maria | 2. Surname (Last Name) Hongisto | 3. Date 05-January-2018 |
| 4. Are you the corresponding author? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No | | Corresponding Author's Name Laura Pirkola |
| 5. Manuscript Title Effects of low-FODMAP and regular rye bread in irritable bowel syndrome: the SmartPill® study | | |
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| | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Employed by Fazer Group since 1997 |

Section 4. Intellectual Property -- Patents & Copyrights

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Section 1. Identifying Information

| | | |
|--|---|--|
| 1. Given Name (First Name) Markku | 2. Surname (Last Name) Hillilä | 3. Date 05-January-2018 |
| 4. Are you the corresponding author? | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No | Corresponding Author's Name Laura Pirkola |
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Are there any relevant conflicts of interest? ☐ Yes ☒ No

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Are there any relevant conflicts of interest? ☐ Yes ☒ No

Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work? ☐ Yes ☒ No

ICMJE Form for Disclosure of Potential Conflicts of Interest

Section 5. Relationships not covered above

Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?

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Dr. Hillilä has nothing to disclose.

Evaluation and Feedback

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ICMJE Form for Disclosure of Potential Conflicts of Interest

Section 1. Identifying Information

| | | |
|--|---|--|
| 1. Given Name (First Name) Anu | 2. Surname (Last Name) Nuora | 3. Date 08-January-2018 |
| 4. Are you the corresponding author? | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No | Corresponding Author's Name Laura Pirkola |
| 5. Manuscript Title Effects of low-FODMAP and regular rye bread in irritable bowel syndrome: the SmartPill® study | | |
| 6. Manuscript Identifying Number (if you know it) 37724 | | |

Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest? ☐ Yes ☒ No

Section 3. Relevant financial activities outside the submitted work.

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Are there any relevant conflicts of interest? ☐ Yes ☒ No

Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work? ☐ Yes ☒ No

ICMJE Form for Disclosure of Potential Conflicts of Interest

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ICMJE Form for Disclosure of Potential Conflicts of Interest

Section 1. Identifying Information

| | | |
|--|---|--|
| 1. Given Name (First Name) Baoru | 2. Surname (Last Name) Yang | 3. Date 04-January-2018 |
| 4. Are you the corresponding author? | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No | Corresponding Author's Name Laura Pirkola |
| 5. Manuscript Title Effects of low-FODMAP and regular rye bread in irritable bowel syndrome: the SmartPill® study | | |
| 6. Manuscript Identifying Number (if you know it) 37724 | | |

Section 2. The Work Under Consideration for Publication

Did you or your institution **at any time** receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest? ☐ Yes ☒ No

Section 3. Relevant financial activities outside the submitted work.

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Are there any relevant conflicts of interest? ☐ Yes ☒ No

Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work? ☐ Yes ☒ No

ICMJE Form for Disclosure of Potential Conflicts of Interest

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Dr. Yang has nothing to disclose.

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ICMJE Form for Disclosure of Potential Conflicts of Interest

Section 1. Identifying Information

| | | |
|--|---|--|
| 1. Given Name (First Name) Kaisa | 2. Surname (Last Name) Linderborg | 3. Date 03-January-2018 |
| 4. Are you the corresponding author? | <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No | Corresponding Author's Name Laura Pirkola |
| 5. Manuscript Title Effects of low-FODMAP and regular rye bread in irritable bowel syndrome: the SmartPill® study | | |
| 6. Manuscript Identifying Number (if you know it) 37724 | | |

Section 2. The Work Under Consideration for Publication

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Are there any relevant conflicts of interest? ☐ Yes ☒ No

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Section 4. Intellectual Property -- Patents & Copyrights

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ICMJE Form for Disclosure of Potential Conflicts of Interest

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Dr. Linderborg has nothing to disclose.

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ICMJE Form for Disclosure of Potential Conflicts of Interest

Section 1. Identifying Information

| | | |
|--|----------------------------------|--|
| 1. Given Name (First Name) Riitta | 2. Surname (Last Name) Freese | 3. Date 02-January-2018 |
| 4. Are you the corresponding author? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No | | Corresponding Author's Name Laura Pirkola |
| 5. Manuscript Title Effects of low-FODMAP and regular rye bread in irritable bowel syndrome: the SmartPill® study | | |
| 6. Manuscript Identifying Number (if you know it) 37724 | | |

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Are there any relevant conflicts of interest? ☒ Yes ☐ No

If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.

| Name of Institution/Company | Grant? | Personal Fees? | Non-Financial Support? | Other? | Comments |
|-----------------------------|-------------------------------------|--------------------------|-------------------------------------|--------------------------|---|
| Fazer Bakeries Ltd | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Grant for the Department of Food and Environmental Sciences, University of Helsinki to perform the study (consumables, other immediate study costs, grant for Laura Pirkola to carry out her Master's thesis) |
| Fazer Bakeries Ltd | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | Study breads |

Section 3. Relevant financial activities outside the submitted work.

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Are there any relevant conflicts of interest? ☐ Yes ☒ No

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Dr. Freese reports grants from Fazer Bakeries Ltd, non-financial support from Fazer Bakeries Ltd, during the conduct of the study; .

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