

Name of Journal: *World Journal of Gastroenterology*

Manuscript NO: 37724

Manuscript Type: ORIGINAL ARTICLE

*Clinical Trials Study*

Low-FODMAP *vs* regular rye bread in irritable bowel syndrome: Randomized  
SmartPill® study

Pirkola L *et al.* Effects of rye breads in IBS, SmartPill-study

Laura Pirkola, Reijo Laatikainen, Jussi Loponen, Sanna-Maria Hongisto, Markku  
Hillilä, Anu Nuora, Baoru Yang, Kaisa M. Linderborg, Riitta Freese

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作者: E Altobelli - 2017 - 被引用次数: 1

2017年8月26日 - Abstract: **Irritable bowel syndrome** (IBS) affects 7–15% of the general population. A recently ... it remains to be demonstrated whether a **low-FODMAP** diet is superior to conventional IBS diets, especially in .... **rye bread** (normal versus **low-FODMAP rye bread**) [31]; one **study** reviewed two different types of.

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2016年7月15日 - Randomised clinical trial: **low-FODMAP rye bread** vs. **regular rye bread** to relieve the **symptoms** of **irritable bowel syndrome**. Laatikainen R(1)(2), Koskenpato J(2)(3), ... **rye bread** in subjects with IBS. METHODS: The **study** was conducted as a randomised double blind controlled cross-over **study** (n = 87).

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### Low-FODMAP rye bread may reduce symptoms of IBS - News Medical

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跳到**Discussion** - As far as we are aware, this is the first **randomised study** to investigate the exclusive effect of bread in - patients with the **irritable bowel syndrome**. We were interested in **rye bread** because it seems to induce long satiety (second meal effect), offer special benefits in terms of glucose and insulin ...

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作者：D Schumann - 2018 - 被引用次数：4 - 相关文章

2017年10月27日 - Randomised clinical trial: yoga vs a low-FODMAP diet in patients with irritable bowel syndrome. Schumann D(1), Langhorst J(1), Dobos G(1), Cramer H(1). Author information: (1)Department of Internal and Integrative Medicine, Faculty of Medicine, Kliniken Essen-Mitte, University of Duisburg-Essen, Essen, ...

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[PDF] Low-FODMAP Diet Improves Irritable Bowel Syndrome ... - MDPI

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作者：E Altobelli - 2017 - 被引用次数：3 - 相关文章

2017年8月26日 - study is to use meta-analysis to provide an update on the randomised control trials