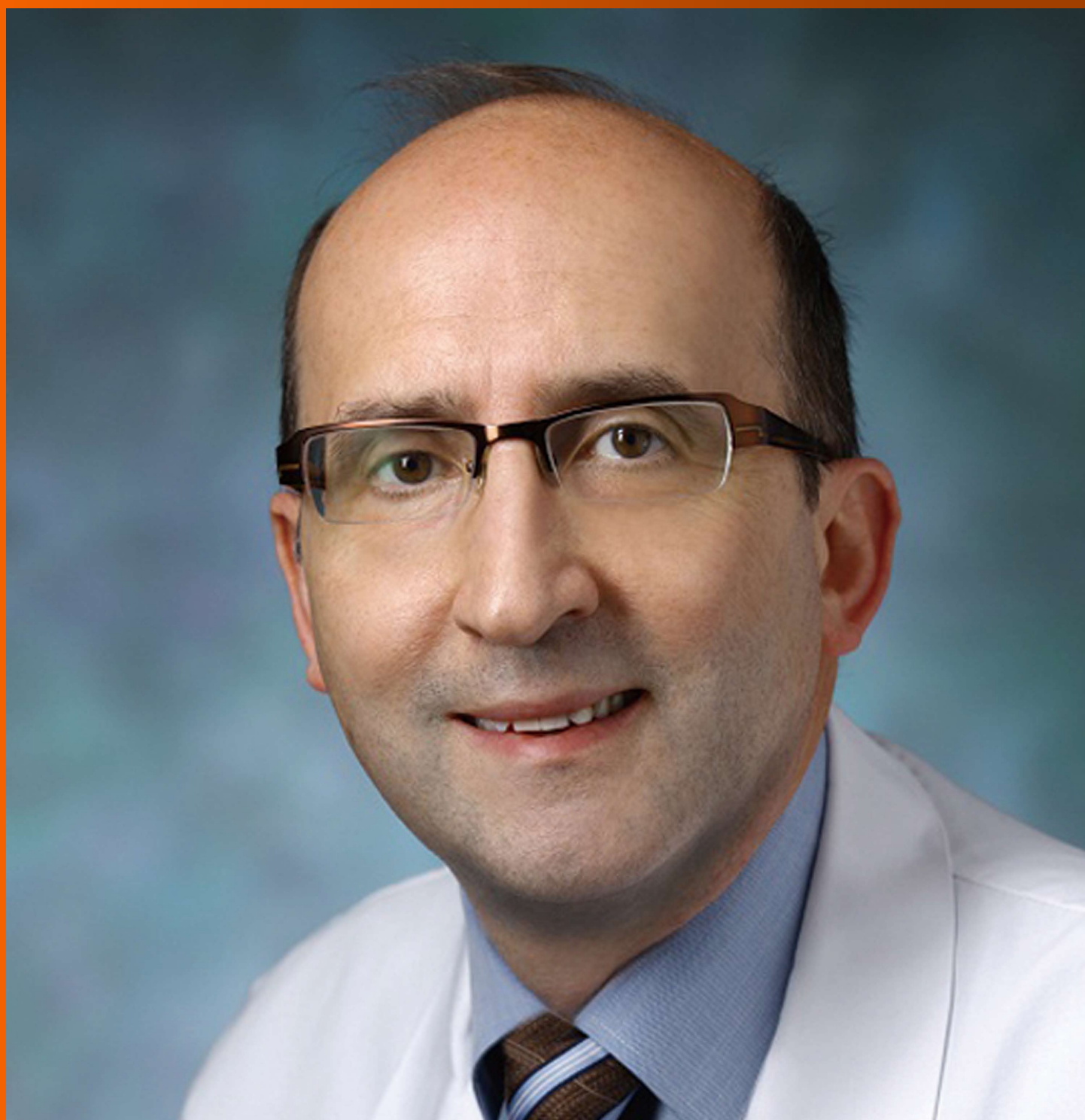


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WJH covers topics concerning liver biology/pathology, cirrhosis and its complications, liver fibrosis, liver failure, portal hypertension, hepatitis B and C and inflammatory disorders, steatohepatitis and metabolic liver disease, hepatocellular carcinoma, biliary tract disease, autoimmune disease, cholestatic and biliary disease, transplantation, genetics, epidemiology, microbiology, molecular and cell biology, nutrition, geriatric and pediatric hepatology, diagnosis and screening, endoscopy, imaging, and advanced technology. Priority publication will be given to articles concerning diagnosis and treatment of hepatology diseases. The following aspects are covered: Clinical diagnosis, laboratory diagnosis, differential diagnosis, imaging tests, pathological diagnosis, molecular biological diagnosis, immunological diagnosis, genetic diagnosis, functional diagnostics, and physical diagnosis; and comprehensive therapy, drug therapy, surgical therapy, interventional treatment, minimally invasive therapy, and robot-assisted therapy.

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MR with Gd-EOB-DTPA in assessment of liver nodules in cirrhotic patients

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Abstract

To date the imaging diagnosis of liver lesions is based mainly on the identification of vascular features, which are typical of overt hepatocellular carcinoma (HCC), but the hepatocarcinogenesis is a complex and multistep event during which, a spectrum of nodules develop within the liver parenchyma, including benign small and large regenerative nodule (RN), low-grade dysplastic nodule (LGDN), high-grade dysplastic nodule (HGDN), early HCC, and well differentiated HCC. These nodules may be characterised not only on the basis of their respective different blood supplies, but also on their different hepatocyte function. Recently, in liver imaging the introduction of hepatobiliary magnetic resonance imaging contrast agent offered the clinicians the possibility to obtain, at once, information not only related to the vascular changes of liver nodules but also information on hepatocyte function. For this reasons this new approach becomes the most relevant diagnostic clue for differentiating low-risk nodules (LGDN-RN) from high-risk nodules (HGDN/early HCC or overt HCC) and consequently new diagnostic algorithms for HCC have been proposed. The use of hepatobiliary contrast agents is constantly increasing and gradually changing the standard of diagnosis of HCC. The main purpose of this review is to

underline the added value of Gd-EOB-DTPA in early-stage diagnoses of HCC. We also analyse the guidelines for the diagnosis and management of HCC, the key concepts of HCC development, growth and spread and the imaging appearance of precursor nodules that eventually may transform into overt HCC.

Key words: Hepatobiliary contrast materials; Cirrhosis; Gadoteric acid; Magnetic resonance imaging; Liver

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Core tip: Hepatobiliary contrast agents improve detection and characterization of focal liver lesions in patients with cirrhotic liver. Gd-EOB-DTPA provides information not only on vascular changes but also on hepatocyte function. Based on the recent advances in liver magnetic resonance imaging (MRI) technology, in this review, we discuss the pivotal role of Gd-EOB-DTPA enhanced MRI for the future of hepatocellular carcinoma's management.

Inchingolo R, Faletti R, Grazioli L, Tricarico E, Gatti M, Pecorelli A, Ippolito D. MR with Gd-EOB-DTPA in assessment of liver nodules in cirrhotic patients. *World J Hepatol* 2018; 10(7): 462-473 Available from: URL: <http://www.wjgnet.com/1948-5182/full/v10/i7/462.htm> DOI: <http://dx.doi.org/10.4254/wjh.v10.i7.462>

INTRODUCTION

Liver cancer is the fifth most common cancer in men, the ninth in women and is the second most common cause of death from cancer worldwide^[1]. Hepatocellular carcinoma (HCC) is a primary tumour of the liver and several risk factors for its development have been identified. These include hepatitis C viral (HCV) infection, hepatitis B virus (HBV) infection, hereditary hemochromatosis and cirrhosis of almost any cause^[2].

The diagnosis of HCC can be difficult and often requires the use of one or more imaging modalities^[3-6]. Surveillance for HCC aims to reduce disease-related mortality because an accurate and early detection and characterization of focal liver nodule is mandatory since the management of HCC patients differs to other malignant or benign nodules and the prognosis of HCC depends mostly on the stage at which the tumour is identified^[7].

Liver cirrhosis is the underlying and common condition associated with hepatocarcinogenesis. Cirrhosis develops after a long period of chronic liver disease when the risk of HCC is still low. The nodules that could be potentially find in a cirrhotic liver comprise: regenerative nodule (RN), low-grade dysplastic nodule (LGDN), high-grade dysplastic nodule (HGDN), early HCC, well differentiated HCC and moderately-poorly differentiated HCC. Hepatocarcinogenesis is a multistep event during which cell density increase, Kupffer cells decrease, nodules enlarge and hemodynamics changes

occur. To date, the imaging diagnosis of HCC is based on the characterization of vascular features, which are typical for overt HCC^[3,6,8]. In fact, in the final step of hepatocarcinogenesis, the tumor blood supply consists of nontriadal or unpaired arteries and sinusoidal capillarization, with reduced or absent portal blood supply^[9]. However, an atypical vascular behaviour is quite common in small (< 2 cm) nodule and almost one-third of these are malignant ("the one-third rule")^[10]. These features depends on intra-nodular perfusional changes during carcinogenesis, starting with arterial hypovascularity with portal supply still present, followed by a decrease of both arterial and portal blood flow and, subsequently, to an hypervascular pattern^[5].

At the same time organic anionic transporting polypeptide (OATP), transporters of bile salts, simultaneously and gradually decrease. OATP is expressed in RNs and LGDNs and its levels are lower in many HGDNs, early HCCs and progressed HCCs. The hemodynamic changes are well depict during dynamic multi detector computed tomography (MDCT) and magnetic resonance imaging (MRI) and both European and American guidelines have endorsed this techniques for the diagnosis of HCC > 1 cm, based on the typical hallmarks of hypervascularity in arterial phase with wash-out in portal phase, avoiding liver biopsy^[10,11]. Moreover, OATP8 expression level reduces prior to complete neoangiogenesis^[12] and the use of hepatospecific contrast media in MRI is considered a "new" HCC diagnostic tools that allows either to increase sensitivities for detection of HCC of all sizes^[13] or would make it possible to identify preneoplastic lesions, such as HGDNs^[14]. Furthermore, MRI offers additional imaging sequences that can be helpful in nodule characterization, including T2-weighted imaging (T2-WI) and diffusion-weighted imaging (DWI), which provides information on cellularity and has shown additional value to gadolinium-enhanced MRI by increasing the detection rate of HCC^[15]. However, precise differentiation of preneoplastic lesions remain uncertain to date. The recent introduction of hepatobiliary MRI contrast agent gadolinium-ethoxybenzyl-diethylenetriamine pentaacetic acid (Gd-EOB-DTPA, Primovist®; Bayer Schering Pharma, Berlin, Germany) which gives information not only on vascular changes but also on hepatocyte function, raises the sensitivity for the detection of early HCC to 91%-93%^[16]. Many authors^[9,16-21] suggested that Gd-EOB-DTPA-enhanced MRI is itself the most relevant diagnostic tool for differentiating low-risk nodules (LGDN, RN) from high-risk nodules (HGDN, early HCC, overt HCC) and hence new diagnostic algorithms for HCC have been proposed^[4,22].

Based on the recent advances in MRI imaging technology and since early-stage diagnoses of HCC have increased and opened the possibilities to curative therapy, the purpose of these review is to the analyze the guidelines for the diagnosis and management of HCC; the basic MRI protocol and the advanced techniques, the key concepts of HCC development, growth and spread and the imaging appearance of precursor nodules that eventually may transform into overt HCC in order to eluci-

date the pivotal role of Gd-EOB-DTPA-enhanced MRI for the future of HCC's management, through a review of the published literature.

INTERNATIONAL GUIDELINES

Many studies have examined the clinical management of HCC, detecting guidelines to define a standardized approach to surveillance, diagnosis and treatment, with the aim of improve timely diagnosis and early intervention.

Guidelines in fact could be a roadmap to develop decision making algorithms, improving quality of treatment and patients' outcomes according with support of regional or national resources. From 2001 to 2017 at least 20 guidelines have been published worldwide, with some differences in surveillance and diagnostic criteria^[23].

The American Association for the Study of Liver Diseases (AASLD) was founded in 1950, providing recommendation for surveillances, diagnosis, staging and treatment of HCC, in a similar way of European Association for the Study of the Liver (EASL)^[8], while the first edition of practice guidelines for HCC in Japan was published in 2005^[24]. Most of the guidelines devise the form of surveillance depending on risk factors for HCC and on individuating patients with risk factor that have to be monitored. Risk factors are divided into those that are cirrhosis-related (HBV, HCV, alcoholic cirrhosis, genetic causes such as hemochromatosis, non-alcoholic steatohepatitis, stage IV primary biliary cirrhosis, alpha one antitrypsin deficiency) and those that are non-cirrhosis related, (being an HBV carrier with family history of HCC, being Asian and > 40 years old, being African/North American black infected with HBV). The distribution of risk factors is different among the world, being HBV the leading cause of HCC in Africa and East Asia, instead HCV is the main cause in Europe, Japan and North American. However, cirrhosis of any aetiology, is the strongest predictor of HCC^[25,26].

The main differences in surveillance among guidelines is represented by the use of serologic markers [alpha-fetoprotein (AFP), agglutinin-reactive fraction of AFP, des-gamma-carboxy prothrombin (DCP)] and grouping the patients depending on risk to develop HCC^[23,27]. The use of serologic markers in HCC surveillance is still recommended only by the Japan Society of Hepatology (JSH) Guideline and Japan-HCC (J-HCC) Guideline^[4,24], while guidelines in many western countries, such as the AASLD Guideline, the National Comprehensive Cancer Network (NCCN) Guideline and the EASL guideline have excluded serologic markers from surveillance criteria^[3,8,28].

Guidelines have some differences in definition of high-risk population: JSH Guideline and J-HCC Guideline divide patients in very-high risk population, including individuals with HBV and HCV cirrhosis, and high risk population, including individuals with cirrhosis with other causes or with chronic HBV or HCV infection. The two groups of patients have a different surveillance protocol: very high-

risk patients undergo ultrasound (US) and measurement of serologic markers every 3-4 mo, or dynamic CT/MRI every 6-12 mo for patients that are not suitable for US examination, while high-risk patients undergo US and measurement of tumour markers every 6 mo^[23].

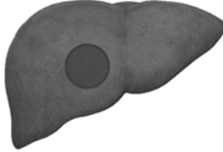
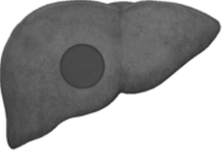
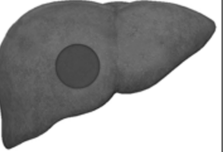
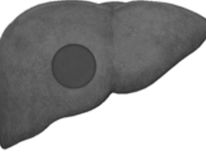
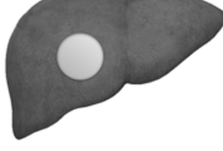
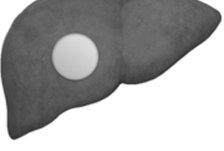
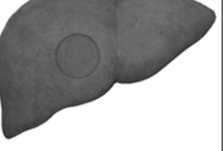
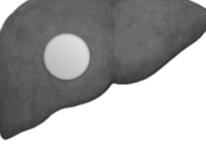
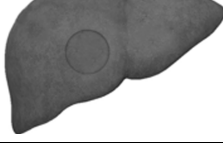
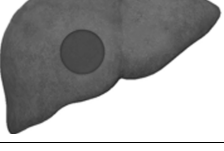
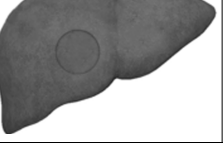
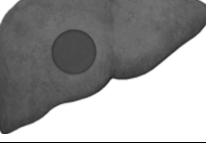
The NCCN guideline and EASL guideline divide patients in cirrhosis group and non-cirrhosis group, including liver function for EASL guideline. NCCN Guideline considers only cirrhotic patients as candidates for surveillance, while EASL Guideline recommends surveilling the non-cirrhosis group for chronic HCV with advanced fibrosis^[3].

In NCCN, EASL and AASLD guidelines surveillance is performed with only US scan every 6 mo. If a nodule ≤ 1 cm is found at US, EASL and AASLD guidelines recommend another ultrasound examination performed every 3 or 4 mo; if the lesion grows and exceed 1 cm, CT or MRI are performed, instead a stable lesion undergo US follow-up every 3 or 4 mo for 1 or 2 years, with regular checking every 6 mo thereafter. NCCN Guideline recommends CT, MRI or US examination with contrast enhancement (CEUS) at 3 to 6 mo if a nodule < 1 cm is found. MDCT or MRI examinations are mandatory if the nodule at first US examination exceeds 1 cm, and the non-invasive diagnosis of HCC is possible if the nodule shows arterial enhancement and venous equilibrium phase washout. A difference between EASL guideline and AASLD guidelines is that EASL guideline states that typical feature of HCC have to be identified in both CT and MRI for 1 to 2 cm nodules in other than centres of excellence; a single imaging modality is sufficient for 1 to 2 cm nodules for AASLD guideline, independently from the centre of examination. If the typical pattern of HCC is not observed the patient undergo the other imaging modality, and if this is not diagnostic too, biopsy is recommended and if it is inconclusive, US is performed after 4 mo.

All these pathways examined, extensively used in western countries are "size based", while J-HCC, JSH and APASL guidelines' algorithms are "non-size based", with all patients undergo dynamic imaging regardless of nodule size. If dynamic CT/MRI reveal typical HCC pattern a definitive diagnosis can be made. JSH Guideline includes Gd-EOB-DTPA MRI (gadoteric acid disodium, a liver-specific contrast agent) as a tool for first-line surveillance and diagnosis of HCC. Otherwise, J-HCC guidelines recommend the use of Gd-EOB-DTPA MRI, together with SPIO-MRI, CEUS, CTA and biopsy for nodules larger than 1 cm revealing only hypervascularity with no wash-out, while only US follow-up at 3 mo is suggested for nodule < 1 cm^[24].

The APASL Guideline recommend SPIO-enhanced MRI or Sonazoid CEUS for patients with atypical vascular pattern: diagnosis of HCC can be made if there is not uptake, otherwise follow-up is recommended^[27].

On summary, the main differences among guidelines are represented by the use of serologic markers for surveillance, the distribution of patients in different risk categories and finally in the use of more detailed

Lesion	Unenhanced sequences			
	T1 IP	T1 OP	T2	T1 fat-sat
Siderotic				
Glycogen-rich				
Fatty				





 Isointense lesion
  Hyperintense lesion
  Hypointense lesion
  Slightly hyperintense lesion

Figure 1 Schematic representation showing pre-contrast magnetic resonance imaging features of cirrhotic nodules such as siderotic (iron reach), glycogen rich and fatty nodule. T1 IP: T1-weighted in-phase image; T1 OP: T1-weighted out-of-phase image.

algorithm in J-HCC, JSH and APASL guidelines in case of hypervascular and hypovascular nodules, which maybe makes them more defined pathways.

RNS AND LGDNS

HCC is a complicated disease with a multi-step process from preneoplastic lesions, including cirrhosis, RN, LGDN, HGDN to HCC^[29]. A RN is a well-defined area of liver parenchyma that has enlarged in response to necrosis, altered perfusion or other stimuli and consist of proliferating normal liver cells surrounded by a fibrous stroma^[30].

Because of their histopathological nature, RNs are often not visible on T1 and T2 WI. However, they may appear hypointense, isointense or hyperintense related to the background liver on T1-WI or to the presence of paramagnetic materials a glycogen which contributes to T1-WI hyperintensity (Figure 1). On T2-WI, the signal intensity of the RNs is not hyper (unlike HCC) and they are often hypointense or isointense; low signal intensity may be due to iron deposition^[9,31]. On DWI, RNs could be iso or less than a few times mild hyperintense compared to the surrounding parenchyma and the likely explanation for this mild hyperintensity was local areas of active fibrosis or infarction^[32,33].

These nodules preserve hepatocellular function and lack neoangiogenesis. Thus, after extracellular contrast agent injection, enhancement is similar to, or slightly lower than that of the surrounding liver parenchyma while, after hepatobiliary MRI contrast agent injection, they usually appear iso- or hyper-intense on hepatobiliary phase images when compared to the surrounding liver^[9,31].

The pre-malignant potentiality of RNs was controversial, but recently Sato *et al.*^[34] reported a rate of progression to malignancy of 13.6% at 50 mo and 32% at 100 mo for large RNs and these data stressed the outcome reported by Kobayashi *et al.*^[35] who reported an evolution rate into HCC of 12.4% in a 5-year period.

A DN is a focal area of hepatocytes ≥ 1 mm in diameter with dysplasia, without definite histologic malignant features^[30]. They are classified into LGDNs and HGDNs based on cytological and architectural atypia as seen on microscopic evaluation.

In LGDNs, the hepatocytes rarely show a clonal population, there is minimal nuclear atypia and only an initial increase in the nuclear/cytoplasmic ratio. Large cell change is often present, but mitotic figures are absent. Without obvious clonal population, the distinction between LGDN and a large RN is difficult and does not comport any practical consequences as long as features of HGDN are absent^[30].

The combination of iso- or hyper-intensity on T1-WI and iso- or hypo-intensity on T2-WI strongly suggests a DN. The reasons for the high intensity on T1 images include fatty change, intratumoral copper and increased zinc in the surrounding parenchyma. As RNs, LGDNs are iso or mild hyperintense compared to the surrounding parenchyma on DWI^[32,33]. LGDNs display enhancement characteristics similar to that of the background liver parenchyma on all dynamic phases; because they remain mainly supplied by the portal circulation. LGDNs have been recently demonstrated as the tipping point (*i.e.*, pre-HCC state rather than HCC state) of hepatocarcinogenesis^[36] and the evolution of dysplastic nodules into early HCC includes appearance of arterial blood supply and stromal invasion^[37]. Channal

Lesion	Sequences						
	Unenhanced T1	Arterial	Portal venous	Delayed	Hepatobiliary	DWI	T2
RN							
HGDN							
Early HCC							
HCC classic							
HCC green							
HCC ipo-vascular							

Isointense lesion
 Hyperintense lesion
 Hypointense lesion
 Slightly hyperintense lesion

Figure 2 Schematic representation showing dynamic, diffusion weighted images and T2-weighted features, of regenerative nodules, high-grade dysplastic nodule, early hepatocellular carcinoma, classic hepatocellular carcinoma, green hepatocellular carcinoma and hypovascular hepatocellular carcinoma. DWI: Diffusion weighted images; HGDN: High-grade dysplastic nodule; RN: Regenerative nodule; HCC: Hepatocellular carcinoma.

et al.^[19] recently reported that LGDNs show lower relative intensity ratio on T2-WI and higher unenhanced to arterial signal intensities when compared with HGDNs and HCC.

All LGDNs demonstrated OATP1B3 expression similar to or higher than that of the surrounding liver and because of this OATP1B3 expression, commonly show iso/hyperintensity relative to surrounding liver in the hepatobiliary (HB) phase (Figure 2). According to the latest EASL and AASLD guidelines^[3,5], DNs should not be treated or managed as cancers, nevertheless also LGDNs should be followed by regular imaging studies, since as firstly reported by Kobayashi *et al.*^[35] there is an annual transition rate of 10% for patients with LGDN and a 5-year cumulative transition rate of 30.2 and more recently Sato *et al.*^[34] studied founded a 50-mo transition rate of 40% in DNs.

Many authors demonstrated that reduction of signal intensity on both the late dynamic and hepatobiliary phase should then be considered an high feature of malignancy and could predict malignant transformation^[16,38,39]. Therefore, a more frequent surveillance imaging is fundamental in these cases taking into account that the difference in the rates of malignant transformation between RNs and DNs is also important and highlighting the

importance of classifying non-HCC lesions in cirrhotic liver into RNs and DNs. MRI features proposed by different authors for LGDN are summarized in Table 1.

HGDN

HGDNs usually have a vaguely nodular shape and lack of a capsule. Their cells are structured in an irregular trabecular pattern and are increased in density (2 times higher than the normal surrounding parenchyma). HGDNs often contain fat and sometimes copper and/or iron. Unpaired arteries are present even if in small number, and feeding portal veins are diminishing but still present. Finally organic anionic transporting polypeptide (OATP) expression progressively decrease^[35]. The histopathological features of HGDNs are responsible for the lack of typical enhancement hallmark of HCC, that is arterial enhancement and delayed wash-out, and for their different appearance on the radiological imaging. MRI, better than other imaging techniques, is able to depict all this hepatocarcinogenesis changes^[40].

Depending on iron or fat concentration, HDGNs can differently appear on pre-contrast sequences. Non-siderotic dysplastic nodules typically are hyperintense on T1-weighted sequence and iso-hypointense on T2-

Table 1 Magnetic resonance imaging features of low-grade dysplastic nodules according to various authors

	No. of nodules	T1w	T2w	Arterial phase	Delayed phase	DWI	HB
Golfieri <i>et al</i> ^[10]	38		=/-	=	=		=/-
Bartolozzi <i>et al</i> ^[17]	32	NA		=/+	=/+		+/=
Golfieri <i>et al</i> ^[16]	27	=/+	=/+	=	=		=/+
Chen <i>et al</i> ^[33]	10	+	=/-	=/+	=/-	=/+	
Di Martino <i>et al</i> ^[21]	29	+	-	=/-	=		=/+
Shin <i>et al</i> ^[44]	6	=/-	=/-	=	=	=	

+: Hyperintense; =: Isointense; -: Hypointense; NA: Not available; DWI: Diffusion-weighted imaging; HB: Hepatobiliary.

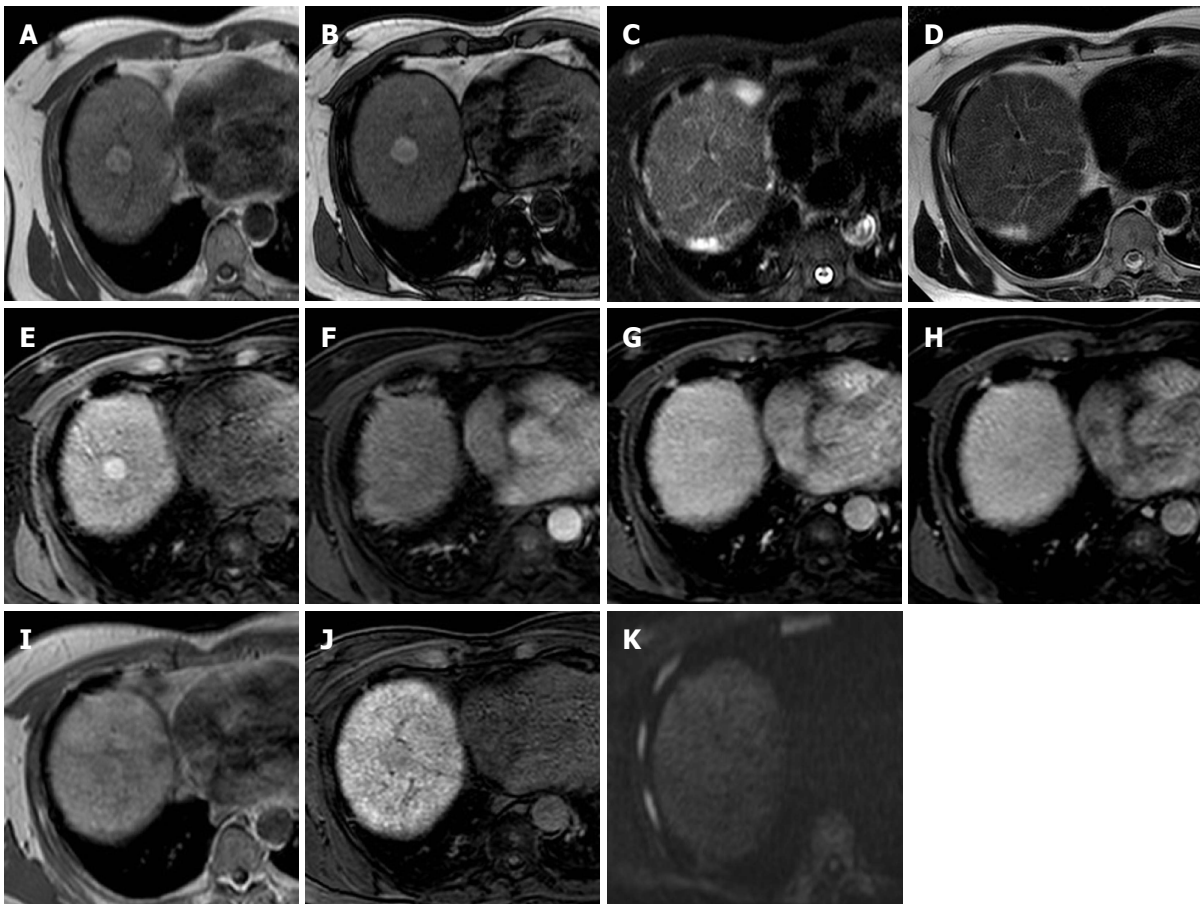


Figure 3 High-grade dysplastic nodule. Gd-EOB-DTPA enhanced MR images of a 57 years old cirrhotic patient with a liver nodule in the VIII segment. A and B: Axial T1-weighted sequences both "in phase" and "out of phase" show a hyperintense nodule; C and D: On T2-weighted image with and without fat saturation the nodule appears as isointense; E-H: during the dynamic contrast-enhanced images the nodule shows a slight enhancement in the arterial phase, without wash-out in portal and delayed phases; I and J: Diffusion weighted image demonstrate no restriction to the diffusion; K: In hepatobiliary phase the nodule is hypointense in comparison to the surrounding liver parenchyma. The MRI features, suggestive of high grade dysplastic nodule, have been later confirmed by the histological examination. MRI: Magnetic resonance imaging.

weighted sequence^[41]. With the increase of iron concentration HGDNs will appear as hypointense both on T1w and T2w images, although hyperintensity on T1w in siderotic nodules has been described which is related to low amount of iron^[42] (Figure 3). Fat-rich HGDNs show hyperintensity on T1w in-phase images with a signal drop on out-of-phase images^[43]. However intra-cellular fat is typical also in early HCC and can even found in overt HCC. In DWI, which provides information about cellular density, HGDNs have no restriction. For all this reason a correct characterization only based on pre-contrast images is not possible and the use of

hepatospecific contrast agent to differentiate pre-neoplastic lesions and HCC is essential. A PubMed search using "high grade dysplastic nodules", "HGDN", "Gd-EOB-DTPA" and "Primovist" as keywords, identified 9 studies from 2011 to 2017, of whom only 4 focused on vascular pattern^[1,11,16,17,44-48]. Typically, after hepatobiliary contrast agent injection, dysplastic nodules appear iso or hypointense on the arterial phase due to the uncomplete capillarization, and hypointense in delayed phase. Bartolozzi *et al*^[17], in their study correlated dynamic MRI with histological findings on explanted cirrhotic lesions. They found 30 HGDNs of whom the majority (20/30) were iso-

hypointense on arterial phase and hypointense on late phase and the remaining 10 cases were iso-hyperintense on both arterial and late phases^[17]. Kim *et al*^[45] confirmed the prevalence of the iso-hypointense appearance of HGDNs in arterial phase. However vascular changes are a dynamic event and HGDNs may show hypervascular arterial enhancement^[45]. Golfieri *et al*^[10,16] in two different studies (2011 and 2012) reported a non-negligible amount of hypervascular enhancement in arterial phase, probably related to the fact that in both series HGDNs and early HCC were considered in the same group. The different radiological appearance clearly reflect the hemodynamic changes: Hypointense nodules in arterial phase are those lesions with arterial hypovascularity and a normal portal perfusion, isointense nodules are lesions with a perfect balance in the decrease of both arterial and portal blood supply and finally hyperintense nodules are lesions with an increase in arterial vascularity and the complete disappear of portal perfusion. In all studies the majority of HGDNs were hypointense on hepatobiliary phase (HBP). During hepatocarcinogenesis, OATP expression reduces prior to complete neoangiogenesis and increased arterial flow and so dysplastic nodules appear non-hypervascular and hypointense on HBP^[9]. HB hypointensity is the most sensitive MRI feature to discriminate benign from malignant/pre-malignant lesions^[49]. Moreover according to the literature non-hypervascular nodules with hypointensity on HBP have been shown to develop subsequent hypervascularization (range, 31%-35%) during the follow-up period of 1-3 years, being a risk factor for the development of HCC^[50]. The probability to become hypervascular nodule increases with the nodule's dimension. According Kumada *et al*^[51] a tumour diameter of 15 mm is the critical threshold for the vascularization of hypointense nodule since, at this size, nodules proliferate more actively and develop unpaired arteries. Akai *et al*^[52] confirm these results. In fact, in their series hypointense nodules = 15 mm has a higher risk to progress to overt HCC in comparison to hypointense nodules > 15 mm (HR = 3.55; 95%CI: 0.79.12.3), although no significant difference was observed. As previously reported HGDNs have no restriction in the DWI. Shin *et al*^[44] demonstrated that hyperintensity in DWI, combined with high signal intensity on T2, was the most specific feature to differentiate atypical HCCs from dysplastic nodules (sensitivity 80.0%, specificity 100%, positive predictive value 100%, negative predictive value 78.3%) due to the low cellularity of HGDNs when compared to HCC.

To conclude the combination of all MRI features (lesion size, intranodular fat, T2 and T1 intensity, DWI, HBP intensity), improves the characterization of lesions developed in a cirrhotic liver without the typical vascular pattern of HCC^[53].

EARLY HCC

The multistep process of hepatocarcinogenesis, from RN to overt HCC, passes through an early stage of HCC. From a pathological point of view cancer cells of early

HCC show unremarkable cellular atypia however nuclear-cytoplasmic ratio is increased and cellular density may be more than twice that of the surrounding non-cancerous liver tissue^[54]. Early HCC proliferates by replacing adjacent hepatocytes in a trabecular pattern at the boundary with surrounding normal liver tissues, resulting in a poorly demarcated margin^[55]. The pathologic features of early HCC closely resemble those of high grade dysplastic nodule (HGDN) and a distinct pathological differentiation between them is still lacking. According the International Consensus Group for Hepatocellular Neoplasia (ICGHN), stromal invasion should be considered as the most characteristics pathologic findings of early HCC^[56]. The challenge for the radiologists is not only to differentiate between early HCC and HGDN but also with progressed HCC since early HCC shows a longer time to recurrence and a higher 5-year survival rate^[57]. In this setting, magnetic resonance imaging using hepatospecific such as Gd-EOB-DTPA represents a major breakthrough in the proper characterization of liver nodules. In the last years some authors have described the MRI findings of histologically proven early HCC^[10,58]. The largest series, published by Sano *et al*^[59], described the MRI behaviour of 180 resected early HCC. In this study authors demonstrated that early HCC ($n = 30$) mostly appear as iso-intense on T1-WI and isointense or hyperintense on T2-WI. In some cases it may contain fat and appear as hypointense on T1-weighted sequences "out of phase" (Figure 4). Regarding contrast enhancement behaviour early-HCC is mainly hypovascular during arterial phase due to the lack of unpaired arteries. However some early HCCs may show hypervascular foci within them and this is the so called "nodule in nodule" appearance. During portal and delayed phases early HCC mostly appears as hypointense due to the progressive reduction of portal blood flow and in hepatobiliary phase is typically hypointense, because of the absence or the reduction of OATP1B3 carriers^[59]. However, hypointensity in the hepatobiliary phase is not an peculiar finding of early or progressed HCC but can also be seen in dysplastic nodules, particularly in high grade^[38]. In this setting, hyperintensity on DWI is the more accurate imaging feature to differentiate between early HCC/HCC and HGDN, with a sensitivity of 72.0%, higher than that of hyperintensity on T2 weighted images which is about 40.0% as reported by Hwang *et al*^[60]. This finding has been recently confirmed by Renzulli *et al*^[61]. In their series of 420 liver nodules, all the 24 histologically proven early-HCC were hypointense on hepatobiliary phase, hypovascular during arterial phase and hyperintense on DWI^[61]. The explanation of the restriction to the diffusion, which is responsible for the hyperintensity on DWI, may rely on the increased cellular density during the histologic transition from dysplastic nodule to HCC. MRI features proposed by different authors for HGDN and early-HCC are summarized in Table 2.

HCC

HCC may arise from pre-existing DN or from an early

Table 2 Magnetic resonance imaging features of high-grade dysplastic nodules and early hepatocellular carcinoma according to various authors

	No. of nodules	T2w	Arterial phase	Delayed phase	DWI	HB
High grade dysplastic nodules						
Golfieri <i>et al</i> ^[10]	20	+	+/=	=		-
Golfieri <i>et al</i> ^[16]	41		+/=	=		-
Bartolozzi <i>et al</i> ^[17]	30		-/=	-		-
Choi <i>et al</i> ^[48]	17					-
Sugimori <i>et al</i> ^[46]	7					-
Kim <i>et al</i> ^[45]	17		-/=			-
Shin <i>et al</i> ^[44]	12	-/=			-	
Early HCC						
Sano <i>et al</i> ^[59]	180	=/+	+/=	-		-
Renzulli <i>et al</i> ^[61]	24	=/+	+	-	+	-

+: Hyperintense; =: Isointense; -: Hypointense; DWI: Diffusion-weighted imaging; HB: Hepatobiliary; HCC: Hepatocellular carcinoma.

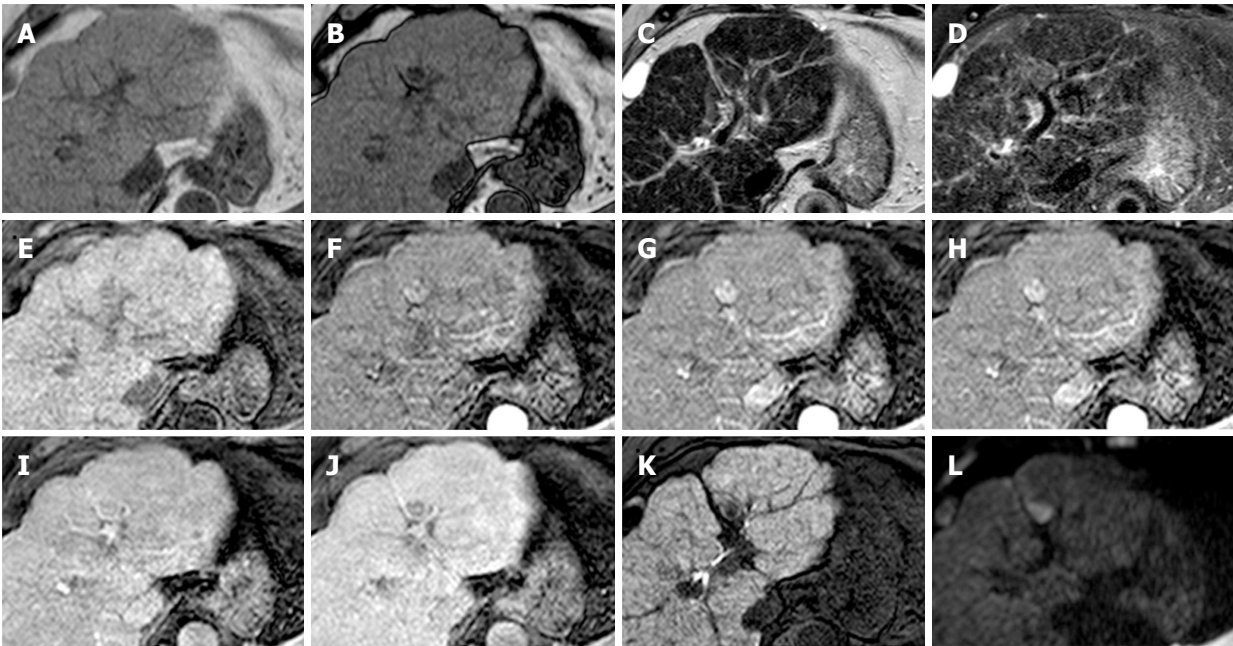


Figure 4 Typical case of lipid-rich hepatocellular carcinoma. A and B: The signal loss of nodule on opposed-phase compared to in-phase indicates intralésional fat; C and D: There is mild signal intensity on T2 and DWI restriction (L); E: The nodule appears hypointense in pre-contrast phase; G-J: Note the typical arterial phase hyperenhancement (G and H) followed by washout appearance in the portal venous (I) and/or delayed phase (J) that is the key diagnostic feature of HCC; K: The lesion also demonstrate hypointensity in the hepatobiliary phase; F-H: Note how the multi-arterial phase imaging (F and H) able improve the conspicuity of the HCC, especially in the late arterial phase (H). DWI: Diffusion weighted images; HCC: Hepatocellular carcinoma.

HCC. In both cases, it can take the macroscopic and radiological feature of the well-known “nodule in nodule”. At the earliest stage, progressed HCC can be small, less than 2 cm and it is rarely a diagnostic dilemma either from a radiological and histological point of view. It is characterized by a destructive growth pattern with neoarterialization and microscopic vascular invasion in 1/4 of the cases. Portal tracts are no visible anymore and the borders of the tumour are usually rimmed by fibrosis that create a tumour capsule. Histologically, small but progressed HCC is usually well to moderately differentiated (G1/G2)^[62]. According to the AASLD practice guidelines, typical enhancement of HCC during dynamic phases was defined as a combination of iso- to hypo-intensity on precontrast

images, hyperintensity on arterial phase images, and hypointensity on PVP or delayed phase images, which represents washout^[5]. This is based on previous studies that have demonstrated that HCCs contain solely arterial blood, whereas the normal liver parenchyma contains both arterial and portal blood^[63]. However, many nodules in cirrhotic liver may have atypical enhancement patterns especially smaller ones (< 2 cm), and following “the one-third rule”, approximately 30% of these are malignant^[10]. In fact, HCC nodules smaller than 20 mm may be hypovascular, showing isointensity during the arterial and portal venous phases or may not have wash-out in portal phase^[64]. Yoon *et al*^[64] reported that the probability to have arterial phase enhancement was not only related to the size of the tumor, but also to the degree

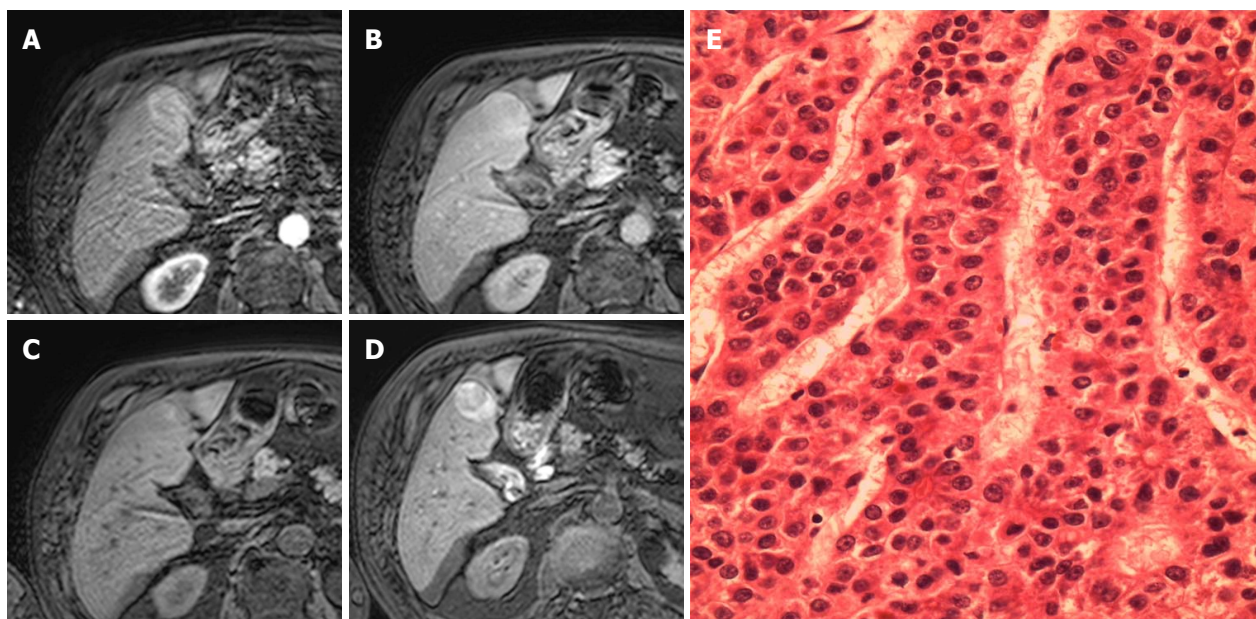


Figure 5 Atypical hepatocellular carcinoma. A and B: There is arterial phase (A) mild hyperenhancement and absence of washout appearance in the portal venous phase (B); C and D: In the delayed phase (C), there is a minimum hypointensity of the nodule, suspected for washout. The nodule resulted hyperintense in hepatobiliary phase (D); E: The lesion was biopsied and the specimen diagnosis was HCC solid-trabecular; G2, pT3a in non-cirrhotic liver with mild (< 5%) macrovesicular steatosis with portal fibrous enlargement and without septae formation.

of tumor differentiation, with poor differentiated HCC nodules having more probability to have arterial phase enhancement. In the same studies, the authors show that also the wash-out in portal phase was also related the degree of dedifferentiation with moderately and poorly differentiated HCCs have more probability to have wash-out than well-differentiated tumors. The atypical enhancement of small HCCs and well-differentiated HCCs during dynamic phase MR imaging may be explained by their immature arterialization during hepatocarcinogenesis^[34,35,65,66].

Several previous studies^[49,67] have demonstrated that HB phase imaging of hepatocyte-specific contrast agents such as Gd-EOB-DTPA can improve the detection and characterization of small nodules in the cirrhotic liver in comparison with dynamic phase imaging. However, Choi *et al.*^[68] have shown in their study that 10%-27% of HCCs remain iso- to hyper-intense on HBP images (Figure 5). The signal intensity on HBP may not depend on tumor differentiation, but rather on the degree of OATP8 expression and other potential genetic alterations, with possibility of poor differentiated HCC showing a high degree of OATP8 expression^[12,69]. Furthermore, HCC can produce bile, thus appearing macroscopically green after fixing with formalin, the so called "green HCC"^[55]. Asayama *et al.*^[70] in their study, significantly correlated the uptake of Gd-EOB-DTPA with green HCC, even if it was found that the location of uptake of Gd-EOB-DTPA in the tumor did not macroscopically correspond to the greenish areas.

Atypical enhancement pattern on dynamic phase images and iso- to hyperintensity on HBP images were more frequently detected in patients with worse Child

Pugh class. The reason is that both the tumor and liver characteristics can affect the relative signal intensity of HCC and the gadoteric acid uptake in the liver at HBP can particularly be diminished and delayed in the cirrhotic liver^[67]. Therefore in cirrhotic patients the imaging interpretation of HCCs has to include a multiparametric assessment with other MR sequences.

However, Renzulli *et al.*^[61], in a recent study, included HBP hypointensity as an hallmark sufficient for diagnosis of HCC together with arterial phase hyperintensity and DWI restriction, purposing that only these three elements allow the diagnosis, excluding portal venous and delayed phase evaluation. Their diagnostic algorithm shows higher sensitivity and a specificity not very lower than that of the AASLD even for lesion smaller than 2 cm in cirrhotic patients evaluated with Gd-EOB-DTPA MRI, suggesting the increase value of the HBP signal intensity for diagnosis of HCC.

CONCLUSION

In summary, the use of MR with Gd-EOB-DTPA is increasing and progressively changing the standard of diagnosis of HCC and some international groups have boosted its role in new diagnostic algorithms for HCC. Indeed, to date the use of Gd-EOB-DTPA should be considered as an integral part and first line approach in diagnostic management of liver nodules in patients with liver cirrhosis, because it offers information not only related to the vascular pattern but also significant information on hepatocellular function. In most of cases the Gadoteric acid improves detection of focal liver lesions and the categorization from LGDN form HGDN

and early HCCs lesions, avoiding the liver biopsy, an invasive procedure, that should be considered only in very few and specific cases. Moreover the identification of the borderline nodules from those with progression to HCC on the basis of the imaging appearance, related to hepatocellular function, is critical for determining the better management strategy of these patients and MR with Gd-EOB-DTPA can thus play a crucial role for the correct and non-invasive of HCC's management.

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