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### *Clinical Trials Study*

**Fiber-enriched diet helps to control symptoms and improves esophageal motility in patients with non-erosive gastroesophageal reflux disease**

Morozov S *et al.* Dietary fiber supplementation in NERD

Sergey Morozov, Vasily Isakov, Mariya Konovalova

### **Abstract**

#### **AIM**

To investigate the effect of dietary fiber on symptoms and esophageal function testing parameters in non-erosive gastroesophageal reflux disease (GERD) (NERD) patients.

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### Esophageal Motility and Rikkunshito Treatment for Proton ... - NCBI - NIH

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5522981/> - 翻译此页

作者: T Odaka - 2017 - 相关文章

2017年4月4日 - In addition, the Gastroenterology groups-Treatment for PPI-refractory GERD with Rikkunshito: A Multicenter, Randomized, Placebo-controlled, Double-blinded Trial (G-PRIDE) study showed that RKT may be useful in improving mental QOL and dyspeptic symptoms in patients with PPI-refractory NERD, ...

缺少字词: fiber enriched

### Body weight, lifestyle, dietary habits and gastroesophageal reflux ...

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2668774/> - 翻译此页

作者: D Festi - 2009 - 被引用次数: 168 - 相关文章

2009年4月14日 - Mild routine physical activity in association with diet modifications, i.e. a diet rich in fiber and low in fat, is advisable in preventing reflux symptoms. ... The main pathogenetic mechanism of GERD is considered to be transient lower esophageal sphincter relaxation (TLESR)[7] which may account for the ...

### Dietary Intake and Risk for Reflux Esophagitis: A Case-Control Study

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3652144/> - 翻译此页

作者: P Wu - 2013 - 被引用次数: 11 - 相关文章

2013年4月16日 - GERD is a common digestive disease with the direct medical costs estimated around \$9.3 billion annually [1], and with the symptoms portending a low ... Moreover, dietary fiber, especially cereal fiber, has been found to decrease the risk for esophageal and gastric adenocarcinoma [17], for which GERD is ...

### Esophageal Motility and Rikkunshito Treatment for Proton ... - NCBI

<https://www.ncbi.nlm.nih.gov/pubmed/28761578> - 翻译此页

作者: T Odaka - 2017 - 相关文章

BACKGROUND: Only a few reports focused on esophageal motility in patients with proton pump inhibitor (PPI)-refractory nonerosive reflux disease (NERD) and there has been no established strategy ... esophageal motility in patients with PPI-

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<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3436053/> - 翻译此页

作者: E Savarino - 2012 - 被引用次数: 38 - 相关文章

2012年8月28日 - **Nonerosive** reflux disease (NERD) and erosive reflux disease (ERD) represent ... option for GERD patients, given their high efficacy in determining symptom relief ... or gastric surgery; primary or secondary severe **esophageal motility** .... from brown seaweed (Phacophyceae) and are classified as **dietary fiber**.

### Esophageal Motility and Rikkunshito Treatment for Proton Pump ...

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5522981/> - 翻译此页

作者: T Odaka - 2017 - 相关文章

2017年4月4日 - RKT significantly **improved** the peristaltic contractions ( $P < 0.05$ ), the complete bolus transit ( $P$  ... Key words: proton pump inhibitor, **non-erosive** reflux disease, ... scale for the **symptoms** of GERD score in PPI-refractory GERD patients. ... fatty or spicy **food**); or relieve (eg, antacids) gastroesophageal reflux.  
缺少字词: **fiber enriched**

### Pathophysiology of gastroesophageal reflux disease : GI Motility online

<https://www.nature.com/gimo/contents/pt1/full/gimo21.html> - 翻译此页

作者: NE Diamant - 2006 - 被引用次数: 22 - 相关文章

2006年5月16日 - The severity of GERD **increases** progressively with reflux that is ... Patients with GERD may develop endoscopically visible erosive esophagitis or endoscopically negative **nonerosive** or negative endoscopy reflux disease (NERD). ... of the LES that either **prevent** or allow reflux; (3) the **esophageal** mucosal ...

### Esophageal motility disorders : GI Motility online - Nature

<https://www.nature.com/gimo/contents/pt1/full/gimo20.html> - 翻译此页

作者: WG Paterson - 2006 - 被引用次数: 10 - 相关文章

2006年5月16日 - **Motility** disorders may be classified based on major **symptom**, clinical ... All these abnormalities are associated with GERD. .... Pathology In advanced disease, the **esophagus** is grossly dilated and filled with **food** residues. .... shown to **improve** dysphagia in achalasia patients in **controlled** clinical trials.

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