



PEER-REVIEW REPORT

Name of journal: World Journal of Gastroenterology

Manuscript NO: 39421

Title: Diets, functional foods, and nutraceuticals as alternative therapies for inflammatory bowel disease: present status and future trends

Reviewer's code: 02527528

Reviewer's country: China

Science editor: Ze-Mao Gong

Date sent for review: 2018-04-18

Date reviewed: 2018-04-20

Review time: 2 Days

SCIENTIFIC QUALITY	LANGUAGE QUALITY	CONCLUSION	PEER-REVIEWER STATEMENTS
<input type="checkbox"/> Grade A: Excellent	<input type="checkbox"/> Grade A: Priority publishing	<input type="checkbox"/> Accept	Peer-Review:
<input type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language	(High priority)	<input checked="" type="checkbox"/> Anonymous
<input type="checkbox"/> Grade C: Good	polishing	<input type="checkbox"/> Accept	<input type="checkbox"/> Onymous
<input checked="" type="checkbox"/> Grade D: Fair	<input checked="" type="checkbox"/> Grade C: A great deal of	(General priority)	Peer-reviewer's expertise on the
<input type="checkbox"/> Grade E: Do not	language polishing	<input type="checkbox"/> Minor revision	topic of the manuscript:
publish	<input type="checkbox"/> Grade D: Rejection	<input checked="" type="checkbox"/> Major revision	<input checked="" type="checkbox"/> Advanced
		<input type="checkbox"/> Rejection	<input type="checkbox"/> General
			<input type="checkbox"/> No expertise
			Conflicts-of-Interest:
			<input type="checkbox"/> Yes
			<input checked="" type="checkbox"/> No

SPECIFIC COMMENTS TO AUTHORS

1 Diets, functional foods and nutraceuticals are important for prevention and treatment of digestive diseases. 2 However, these terms must be carefully defined and differentiated, and associated words cannot be simply piled up. 3 "Future trends" is



**Baishideng
Publishing
Group**

7901 Stoneridge Drive, Suite 501,
Pleasanton, CA 94588, USA
Telephone: +1-925-223-8242
Fax: +1-925-223-8243
E-mail: bpgoffice@wjgnet.com
https://www.wjgnet.com

not clearly stated. 4 The authors are suggested to give some examples of successful treatment of specific cases. 5 The impact of good lifestyle, regular food intake, rest, and drug use on inflammatory bowel disease is also important. 6 Numerous typo- and grammatical errors are found.

INITIAL REVIEW OF THE MANUSCRIPT

Google Search:

- The same title
- Duplicate publication
- Plagiarism
- No

BPG Search:

- The same title
- Duplicate publication
- Plagiarism
- No



PEER-REVIEW REPORT

Name of journal: World Journal of Gastroenterology

Manuscript NO: 39421

Title: Diets, functional foods, and nutraceuticals as alternative therapies for inflammatory bowel disease: present status and future trends

Reviewer's code: 02549032

Reviewer's country: Greece

Science editor: Ze-Mao Gong

Date sent for review: 2018-04-18

Date reviewed: 2018-04-22

Review time: 4 Days

SCIENTIFIC QUALITY	LANGUAGE QUALITY	CONCLUSION	PEER-REVIEWER STATEMENTS
<input type="checkbox"/> Grade A: Excellent	<input type="checkbox"/> Grade A: Priority publishing	<input type="checkbox"/> Accept	Peer-Review:
<input type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language	(High priority)	<input type="checkbox"/> Anonymous
<input type="checkbox"/> Grade C: Good	polishing	<input type="checkbox"/> Accept	<input type="checkbox"/> Onymous
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade C: A great deal of	(General priority)	Peer-reviewer's expertise on the
<input type="checkbox"/> Grade E: Do not	language polishing	<input type="checkbox"/> Minor revision	topic of the manuscript:
publish	<input type="checkbox"/> Grade D: Rejection	<input type="checkbox"/> Major revision	<input type="checkbox"/> Advanced
		<input type="checkbox"/> Rejection	<input type="checkbox"/> General
			<input type="checkbox"/> No expertise
			Conflicts-of-Interest:
			<input type="checkbox"/> Yes
			<input type="checkbox"/> No

SPECIFIC COMMENTS TO AUTHORS

This is an interesting well-written and extensive overview on the current status and the future direction of the use of diets, functional foods, and bioactive compounds against IBD. The authors reported mainly in phase I studies (animal studies), with little,



**Baishideng
Publishing
Group**

7901 Stoneridge Drive, Suite 501,
Pleasanton, CA 94588, USA
Telephone: +1-925-223-8242
Fax: +1-925-223-8243
E-mail: bpgoffice@wjgnet.com
https://www.wjgnet.com

although promising evidence, in humans. The article is suitable for publication. However some minor issues should be reported in the conclusions. 1. The report of so many, although useful, but in many aspects different substances to treat IBD made protocols for human studies difficult. Which substance, one, many or all should be studies in humans? Should these substances studied in addition to standard therapies or exclusively alone? 2. Will be used for treatment of exacerbations, active diseases or maintenance therapies? Should these treatments can modify the natural history of these diseases such as reverse the trend towards increase of IBD in eastern countries. 3. To my opinion there is long trip to find one single multiregimen for use in humans with IBD but still these treatments give hope to future final solution for IBDs.

INITIAL REVIEW OF THE MANUSCRIPT

Google Search:

- The same title
- Duplicate publication
- Plagiarism
- No

BPG Search:

- The same title
- Duplicate publication
- Plagiarism
- No



PEER-REVIEW REPORT

Name of journal: World Journal of Gastroenterology

Manuscript NO: 39421

Title: Diets, functional foods, and nutraceuticals as alternative therapies for inflammatory bowel disease: present status and future trends

Reviewer's code: 02535507

Reviewer's country: Italy

Science editor: Ze-Mao Gong

Date sent for review: 2018-04-18

Date reviewed: 2018-04-28

Review time: 10 Days

SCIENTIFIC QUALITY	LANGUAGE QUALITY	CONCLUSION	PEER-REVIEWER STATEMENTS
<input type="checkbox"/> Grade A: Excellent	<input type="checkbox"/> Grade A: Priority publishing	<input type="checkbox"/> Accept	Peer-Review:
<input type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language	(High priority)	<input type="checkbox"/> Anonymous
<input checked="" type="checkbox"/> Grade C: Good	polishing	<input type="checkbox"/> Accept	<input checked="" type="checkbox"/> Onymous
<input type="checkbox"/> Grade D: Fair	<input checked="" type="checkbox"/> Grade C: A great deal of	(General priority)	Peer-reviewer's expertise on the
<input type="checkbox"/> Grade E: Do not	language polishing	<input type="checkbox"/> Minor revision	topic of the manuscript:
publish	<input type="checkbox"/> Grade D: Rejection	<input checked="" type="checkbox"/> Major revision	<input checked="" type="checkbox"/> Advanced
		<input type="checkbox"/> Rejection	<input type="checkbox"/> General
			<input type="checkbox"/> No expertise
			Conflicts-of-Interest:
			<input type="checkbox"/> Yes
			<input checked="" type="checkbox"/> No

SPECIFIC COMMENTS TO AUTHORS

In the present review Al Mijan et al examined the role of dietary supplements (nutraceuticals) as an alternative to traditional therapy in inflammatory bowel disease (IBD). Some major points may arise: 1) Page 7 line 136: "their roles are not yet firmly



**Baishideng
Publishing
Group**

7901 Stoneridge Drive, Suite 501,
Pleasanton, CA 94588, USA
Telephone: +1-925-223-8242
Fax: +1-925-223-8243
E-mail: bpgoffice@wjgnet.com
https://www.wjgnet.com

established”, this sentence is not supported by current evidence and guidelines and, therefore, should be deleted since biologic therapies have shown high effectiveness and are currently a mainstay of IBD therapy. 2) Data about vitamin D have been reported in a quite sketchy way. There are several in vivo studies and clinical trials demonstrating that vitamin D deficiency could be a predictive factor for IBD reactivation (see Gubatan J et al, Clin Gastroenterol Hepatol 2017). 3) Supplementation with butyrate or other short chain fatty acids has not been described, therefore a supplementary paragraph is necessary. Minor points: 1) A linguistic revision is necessary since there are several typos (for example page 4 line 71 antioxadants -> antioxidants). 2) Page 5 lines 90-91: “too few red blood cells” should be replaced by “anemia”. 3) Page 5 lines 92-106 report an historical point of view regarding IBD knowledge and spreading. This is not necessary nor pertinent with the topic, therefore it should be deleted.

INITIAL REVIEW OF THE MANUSCRIPT

Google Search:

- The same title
- Duplicate publication
- Plagiarism
- No

BPG Search:

- The same title
- Duplicate publication
- Plagiarism
- No