

# World Journal of *Gastroenterology*

*World J Gastroenterol* 2018 September 14; 24(34): 3813-3964



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*World Journal of Gastroenterology*  
Volume 24 Number 34 September 14, 2018

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*World Journal of Gastroenterology* (*World J Gastroenterol*, *WJG*, print ISSN 1007-9327, online ISSN 2219-2840, DOI: 10.3748) is a peer-reviewed open access journal. *WJG* was established on October 1, 1995. It is published weekly on the 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, and 28<sup>th</sup> each month. The *WJG* Editorial Board consists of 642 experts in gastroenterology and hepatology from 59 countries.

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NAME OF JOURNAL  
*World Journal of Gastroenterology*

ISSN  
ISSN 1007-9327 (print)  
ISSN 2219-2840 (online)

LAUNCH DATE  
October 1, 1995

FREQUENCY  
Weekly

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PUBLISHER  
Baishideng Publishing Group Inc  
7901 Stoneridge Drive, Suite 501,  
Pleasanton, CA 94588, USA  
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PUBLICATION DATE  
September 14, 2018

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## Drug resistance and new therapies in colorectal cancer

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**Author contributions:** Van der Jeught K and Xu HC contributed equally to this work; Van der Jeught K, Xu HC, Li YJ, Lu XB and Ji G wrote and edited the manuscript.

**Supported by** the National Natural Science Foundation of China, No. 81620108030.

**Conflict-of-interest statement:** The authors declare no competing financial interests.

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**Manuscript source:** Unsolicited manuscript

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Received: April 27, 2018

Peer-review started: April 27, 2018

First decision: May 30, 2018

Revised: June 25, 2018

Accepted: July 16, 2018

Article in press: July 16, 2018

Published online: September 14, 2018

### Abstract

Colorectal cancer (CRC) is often diagnosed at an advanced stage when tumor cell dissemination has taken place. Chemo- and targeted therapies provide only a limited increase of overall survival for these patients. The major reason for clinical outcome finds its origin in therapy resistance. Escape mechanisms to both chemo- and targeted therapy remain the main culprits. Here, we evaluate major resistant mechanisms and elaborate on potential new therapies. Amongst promising therapies is  $\alpha$ -amanitin antibody-drug conjugate targeting hemizygous p53 loss. It becomes clear that a dynamic interaction with the tumor microenvironment exists and that this dictates therapeutic outcome. In addition, CRC displays a limited response to checkpoint inhibitors, as only a minority of patients with microsatellite instable high tumors is susceptible. In this review, we highlight new developments with clinical potentials to augment responses to checkpoint inhibitors.

**Key words:** Colorectal cancer; Therapy resistance; Antibody-drug conjugates;  $\alpha$ -amanitin; Tumor microenvironment; Immunotherapy; Checkpoint inhibitors; Microbiome

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**Core tip:** Therapy resistance has been a culprit for colorectal cancer (CRC) treatment. Here, we review a novel therapeutic approach using  $\alpha$ -amanitin antibody-drug conjugates inhibiting RNA polymerase II against



CRC with hemizygous loss of p53. Since its mechanism of cell killing is independent of the generally used tubulin inhibitors and chemotherapy drugs, this approach shows the promise to overcome common drug resistance. In addition, we summarize the sensitivity of CRC to newly developed immune checkpoint inhibitors. While patients with microsatellite instability-high CRC remain the sole subgroup responsive to current checkpoint inhibitors so far, we highlight potentially new developments that may lead to promising results in treating patients with microsatellite-stable CRC, which constitutes the majority of this disease.

Van der Jeught K, Xu HC, Li YJ, Lu XB, Ji G. Drug resistance and new therapies in colorectal cancer. *World J Gastroenterol* 2018; 24(34): 3834-3848 Available from: URL: <http://www.wjgnet.com/1007-9327/full/v24/i34/3834.htm> DOI: <http://dx.doi.org/10.3748/wjg.v24.i34.3834>

## INTRODUCTION

Colorectal cancer (CRC) is ranked third amongst the most common cancers affecting both men and women worldwide<sup>[1]</sup>. Over one million new cases are reported and around 600000 patients die from the disease every year<sup>[2]</sup>. The five-year survival prognosis is highly dependent on the stage of the disease. While displaying over 90 percent survival for patients with stage I CRC, it barely reaches 10 percent for patients with stage IV CRC. Thus, early detection of the disease has been a priority. For patients failing to be screened early enough, late-stage CRC remains an arduous disease to treat. The basis of CRC treatment consists of surgery, targeted therapy, neoadjuvant radiotherapy and adjuvant chemotherapy. Unfortunately, drug-resistance remains one of the deadlocks for the low survival rates of CRC patients. A better understanding in the intrinsic and acquired therapy resistance will be a great asset for drug development. Recently, the impact of the tumor microenvironment (TME) has gained attention in CRC, prompting the extensive analysis of clinical trials to assess immune-cell infiltration as prognostic and predictive markers. In addition, a promising avenue of clinical research for the treatment of CRC is the use of immunotherapy. Currently, encouraging results have been obtained with the use of immune checkpoint inhibitors in CRC in subgroups of patients. Discovery to improve the responsiveness to checkpoint inhibitors is one of the major points of focus for CRC treatment and will be a point of focus during this review.

### Drug resistance in CRC

Since the 1950s, 5-fluorouracil (5-FU)-based chemotherapy remains the mainstay of therapy for patients with CRC<sup>[3,4]</sup>. In recent years, chemotherapy drugs such as oxaliplatin, irinotecan and capecitabine have been developed. Conventional treatment for advanced CRC

encompasses the combination of 5-FU and leucovorin with oxaliplatin or irinotecan<sup>[5]</sup>. The medical treatment in CRC has made great strides with the advent of monoclonal antibodies such as Bevacizumab and Cetuximab. Despite the improvement in response rates with various modulation strategies such as monoclonal antibodies combined with chemotherapy, the five-year survival rate for metastatic CRC (mCRC) is only slightly over 12 percent<sup>[1]</sup>. One of the major obstacles for this observation is due to the appearance of drug resistance. Nearly half of mCRC patients are resistant to 5-FU-based chemotherapies<sup>[6]</sup>. With continuous research, multiple drug resistance mechanisms are being unraveled, such as enhanced DNA repair and increased drug metabolism.

### Chemotherapy resistance and their potential mechanisms

In addition to the above-mentioned general resistance mechanisms, 5-FU also has its unique drug resistance. 5-FU is a synthetic fluorinated pyrimidine analog that inhibits DNA replication. This leads to the replacement of thymidine by fluorinated nucleotides into the DNA, hereby causing cell death. Therefore, it is not surprising that 5-FU resistance is closely related to the expression of thymidylate synthase (TS). Since TS is the primary target of 5-FU, patients with low TS expression display a better overall survival (OS) than patients with higher TS expression in tumor tissue<sup>[7,8]</sup>. As TS is encoded by the TYMS gene, the level of TYMS gene expression offers significant prognostic value<sup>[9]</sup>. Thymidine phosphorylase (TP), uridine phosphorylase (UP), orotate phosphoribosyl transferase (OPRT) and dihydropyrimidine dehydrogenase (DPD) are all involved in the metabolism and degradation of 5-FU. The relationship between their activity and the sensitivity of CRC to 5-FU has been demonstrated in several studies. Higher expression of TP, UP and OPRT levels displayed enhanced sensitivity to 5-FU therapy<sup>[10-12]</sup>. Similarly, as DPD contributes to the degradation of 5-FU, its expression level was inversely correlated with chemosensitivity<sup>[11]</sup>. Collectively, inhibition of the activity of these enzymes could allow enhanced sensitivity to 5-FU.

In 1996, irinotecan (CPT-11) was approved by the FDA for CRC treatment. Irinotecan is a semi-synthetic camptothecin derivative that selectively inhibits topoisomerase I (Topo I). In the cell, CPT-11 undergoes intracellular modifications such as the removal of the C10 group through carboxylesterase catalysis, and then is metabolized to become 7-ethyl-10-hydroxycamptothecin (SN-38). SN-38 possesses 100 to 1000 times stronger anticancer activity than CPT-11<sup>[13]</sup>. CPT-11 or its active metabolite SN-38 forms a topoisomerase-inhibitor-DNA complex affecting the DNA function. Therefore, the higher the concentration of Topo I, the more sensitive the cells become to irinotecan<sup>[14,15]</sup>. Carboxylesterases (CES), uridine diphosphate glucuronosyltransferase (UGT), hepatic cytochrome P-450 enzymes CYP3A,  $\beta$ -glucuronidase and ATP-binding cassette (ABC) transporter protein are involved in the uptake and metabolism of irinotecan.

Consequently, they stand out as major players that determine drug resistance<sup>[16,17]</sup>. Additionally, targeting the MAPK signal transduction pathway *via* the inhibition of FGF2, FGF9, MECOM, PLA2G4C and PRKACB could also potentially improve responsiveness to irinotecan<sup>[18]</sup>. Epigenetic changes take part in development of irinotecan resistance. A change in histone acetylation, such as H4K16 acetylation, is associated with the resistance to irinotecan. Combinatory therapy with histone deacetylase (HDAC) inhibitors holds promise in overcoming irinotecan resistance<sup>[19]</sup>.

Oxaliplatin, a platinum-based chemotherapeutic drug, is approved for the treatment of CRC. It is most commonly combined with 5-FU and leucovorin, a folinic acid. The combination of these drugs as a treatment regimen is referred to as FOLFOX and has been the first-line chemotherapy strategy for mCRC. The chemical structure difference between oxaliplatin and other platinum-based chemotherapeutic drugs is that oxaliplatin possesses a 1,2-diaminocyclohexane ligand (DACH). DACH together with its platinum compound causes DNA to be more difficult to repair, hereby improving its tumor cell killing potential<sup>[20]</sup>. Oxaliplatin resistance is related to the nucleotide excision repair (NER) pathway. Gene expression levels of ERCC1, XRCC1 and XPD are correlated with resistance to oxaliplatin, and can be used together as a drug sensitivity predictor index<sup>[21]</sup>. In addition to NER, the WSCR22 protein represents a novel oxaliplatin resistance biomarker as well as a possible drug target for therapeutic development<sup>[22]</sup>. Transforming growth factor- $\beta$ 1 (TGF- $\beta$ 1) is secreted abundantly by a variety of cells within the TME. TGF- $\beta$ 1 is thought to help the induction of resistance to oxaliplatin through epithelial to mesenchymal transition (EMT)<sup>[23]</sup>. Thus, interfering with TGF- $\beta$ 1 to abrogate EMT could potentially sensitize tumor cells towards oxaliplatin cell-mediated killing.

Capecitabine is the first oral chemotherapy drug for CRC. It is metabolized in the body and converted to 5'-deoxy-5-fluorocytidine (5'-OFCR) and 5'-deoxy-5-fluorouridine (5'-DFUR). Hereafter, 5'-DFUR is eventually hydrolyzed by TP to 5-FU, which will exert its cytotoxic effect. Many of the resistance mechanisms involved in 5-FU resistance are shared. In particular, TP, which is an essential enzyme for the conversion of capecitabine to 5-FU, plays a central role in its resistance. Patients with higher expression levels of TP will have better responses to capecitabine, while loss of function confers the resistance<sup>[24,25]</sup>. The multinational phase III trial provided evidence for capecitabine and irinotecan combination therapy (XELIRI) with or without Bevacizumab as a second-line treatment option of mCRC<sup>[26,27]</sup>.

In addition to the above described mechanisms, there is tremendous heterogeneity within CRC cells. The discovery of cancer stem cells and their therapy resistance as well as their self-renewal capacity has driven the attention towards this peculiar cell population. This specific subset of tumor cells has been shown to be prognostic for patients<sup>[28,29]</sup>. So far, CRC stem cells

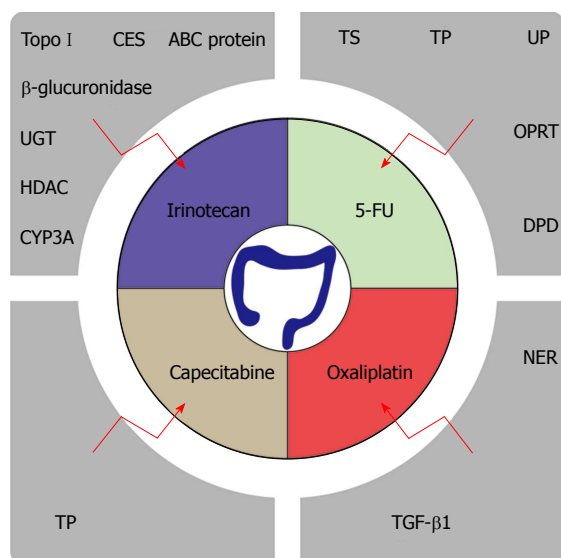
have been reported to be enriched for specific surface markers such as CD133, EphB2<sup>high</sup>, EpCAM<sup>high</sup>, CD44<sup>+</sup>, CD166<sup>+</sup>, ALDH<sup>+</sup>, LGR5<sup>+</sup> and CD44v6<sup>+</sup><sup>[30]</sup>. Aside from surface markers, cancer stem cells can be characterized through molecular features such as hyperactivated  $\beta$ -catenin pathway and functional traits such as self-renewal<sup>[31,32]</sup>. Another functional phenotype is their expression of efflux pumps such as the ATP binding cassette (ABC) family members, including ABCG2<sup>[28]</sup>. The presence of efflux pumps promotes the transport of drugs, such as chemotherapeutic compounds, outside the cell. Therefore, cancer stem cells are in part more resistant to chemotherapy. Cancer stem cells have shown an ability to respond to therapy challenges such as chemotherapy, radiotherapy and more recently immunotherapy<sup>[33-35]</sup>.

Taken together, many chemotherapeutic regimens are currently being adopted for the treatment of CRC. However, this disease displays specific mechanisms rendering a lower therapeutic benefit (Figure 1). In-depth study of drug resistance and targeting the cancer stem cell population will eventually improve the clinical outcome.

### **Hurdles and new avenues for targeted therapy**

Targeted therapies including monoclonal antibodies and small molecule inhibitors are effective treatments following chemotherapy. With the apparition of monoclonal antibodies against vascular endothelial growth factor (VEGF) and epidermal growth factor receptor (EGFR), the OS for CRC increased up to three years<sup>[36-38]</sup>. Targeted therapies display significantly lower side effects as compared to chemotherapy. Bevacizumab is the first anti-angiogenic drug that can precisely target VEGF, leading to reduced tumor growth<sup>[39]</sup>. Kabbinar and colleagues showed improved response rates and OS from data obtained from three clinical trials comparing patients treated with fluorouracil/leucovorin alone or in combination with Bevacizumab<sup>[40]</sup>. However, the survival benefit of anti-VEGF therapy in mCRC patients is limited to a few months due to acquired resistance. During Bevacizumab exposure, VEGF-A is decreased, but increased levels of VEGFR1 result in drug resistance. Decreased hepatocyte growth factor (HGF) levels are observed during acquired resistance, suggesting the potential implementation of strategies to counter HGF-ligand inhibition<sup>[41]</sup>. Findings by Carbone *et al.*<sup>[42]</sup> propose a role for the transcription factor HOXB9 as one of the key mechanisms of anti-VEGF resistance. Silencing HOXB9 is thought to be a promising approach to modulate this resistance. Despite these few findings, the major mechanism of drug resistance to anti-VEGF therapy is not fully elucidated. Further research on drug resistance mechanisms, as well as on predictive biomarkers, is therefore essential.

EGFR is a key component involved in the regulation of cell proliferation. Anti-EGFR antibodies, such as Cetuximab and Panitumumab, inhibit downstream signaling pathways. This leads to an inhibition of



**Figure 1 Potential mechanisms of resistance to chemotherapy agents.**

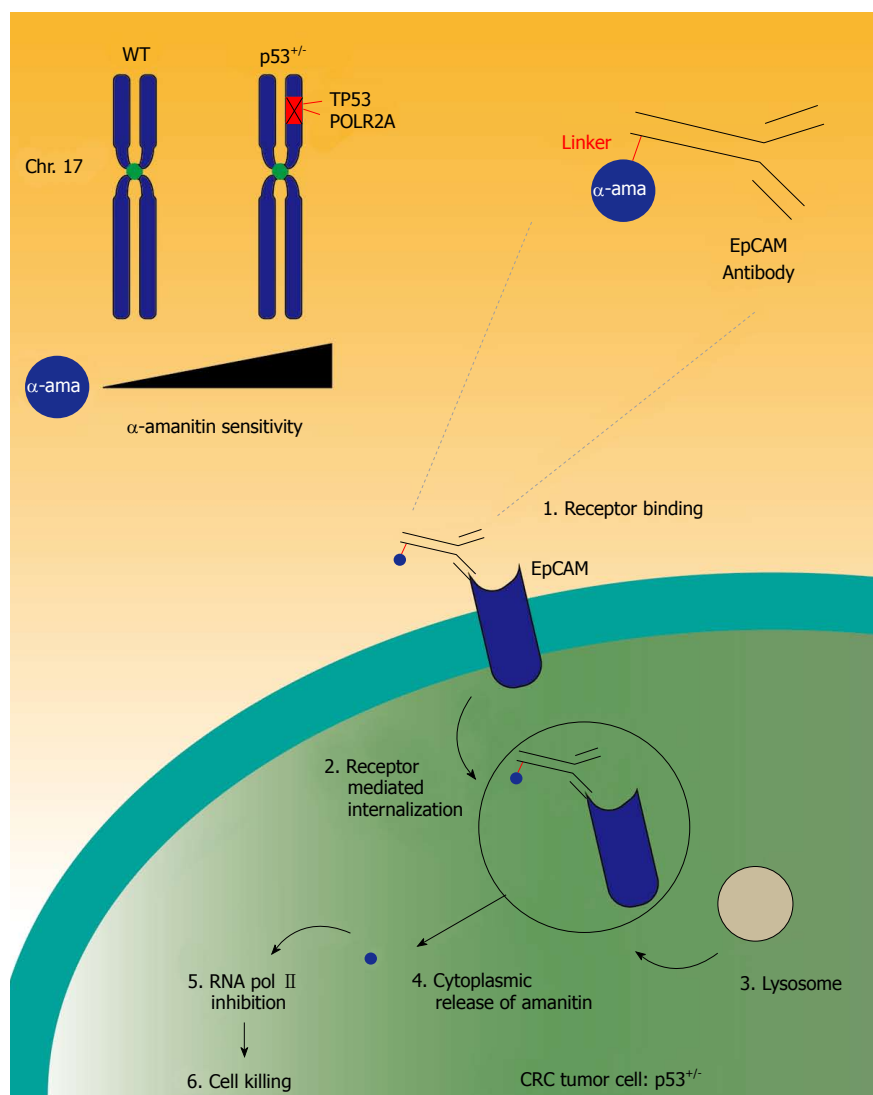
In this schematic representation, the grey boxes highlight major contributors to chemotherapy resistance of irinotecan, 5-FU, capecitabine and oxaliplatin. Topo I : Topoisomerase I ; CES: Carboxylesterases; UGT: Uridine diphosphate glucuronosyltransferase; CYP3A: Hepatic cytochrome P450 enzymes; HDAC: Histone deacetylase; ABC protein: ATP-binding cassette transporter protein; TP: Thymidine phosphorylase; NER: Nucleotide excision repair; TGF-β1: Transforming growth factor β1; TS: Thymidylate synthase; UP: Uridine phosphorylase; OPRT: Orotate phosphoribosyl transferase; DPD: Dihydropyrimidine dehydrogenase.

proliferation and induction of apoptosis. KRAS or NRAS mutations are well-known predictors of resistance to anti-EGFR therapy<sup>[43]</sup>. The efficacy of Cetuximab was demonstrated in the CRYSTAL trial for patients with wild type KRAS in combination with FOLFIRI (leucovorin + 5-FU + irinotecan) or FOLFOX regimen. In this trial, the median OS was extended for more than three months. However, patients with CRC carrying KRAS mutations did not benefit from the combination therapy<sup>[36,44]</sup>. In addition, several clinical trials proved that either Cetuximab or Panitumumab significantly improved the OS in wild-type KRAS patients. The effect was more pronounced in wild-type RAS mCRC, delineating that RAS mutation could be a negative predictive marker for Panitumumab<sup>[45-47]</sup>. However, the G13D KRAS mutation in exon 2 codon 13 deserves particular attention. In several studies, patients harboring the G13D KRAS mutation as well as wild-type KRAS, significantly benefited from the addition of Cetuximab based on OS<sup>[48-50]</sup>. Some studies pointed out that BRAF, PTEN and PIK3CA (like KRAS) have predictive value for anti-EGFR treatment efficacy<sup>[36,51-54]</sup>. All of the clinical trials support KRAS and BRAF mutation assessment for mCRC patients before initiation of treatment with anti-EGFR therapy. In addition to the above-described targeted therapies, Regorafenib, a multikinase inhibitor, is also approved for the treatment of mCRC. It can inhibit the function of fms-related tyrosine kinase 1 (FLT1), kinase insert domain receptor (KDR), TEK receptor tyrosine kinase, KIT proto-oncogene receptor tyrosine kinase, Raf-1 proto-oncogene and serine/threonine kinase<sup>[55]</sup>. Two phase III clinic trials

showed that Regorafenib treatment could improve the OS by 1.4 mo and 2.5 mo<sup>[56,57]</sup>. Even though these drugs are approved, they display limited progression free survival (PFS) and OS due to resistance<sup>[44,58]</sup>. Their major advantage is that they have limited toxicity side effects as compared to chemotherapeutic drugs.

CRC development and progression is associated with acquired genomic events. The amount of mutations and genomic alterations is extensive. One of the main drivers for cancer development is gene copy number variation, such as the amplification of oncogenes or the deletion of tumor suppressor genes. Over the years, significant work has been done to tackle the tumor suppressor p53 activity in cancer therapies. Usually, promotion of cancer development can occur when a tumor suppressor gene, such as p53, undergoes a two-hit modification, being the mutation of the gene and the hemizygous loss of its other counterpart on the other arm of the chromosome. Unfortunately, no effective drug has reached the clinic due to its complex signaling pathway<sup>[59]</sup>. We demonstrate that genomic deletion of p53 frequently encompasses neighboring essential genes, rendering cancer cells with hemizygous p53 deletion vulnerable to further suppression of such genes. POLR2A is identified as such a gene that is always co-deleted with p53 in human cancers. Hemizygous loss of p53/POLR2A occurs in 53% of CRC. POLR2A encodes the largest and catalytic subunit of RNA polymerase II complex. It is specifically inhibited by α-amanitin, a cyclic 8-aa peptide toxin found in the death cap mushroom (*Amanita phalloides*)<sup>[60,61]</sup>. Suppression of POLR2A selectively inhibits proliferation, survival and tumorigenic potential of CRC cells with hemizygous p53 loss. Previous clinical applications of α-amanitin have been limited due to its liver toxicity. Free α-amanitin causes apoptosis and necrosis of hepatocytes by interacting with the hepatocyte-specific transporting protein OATP1B3<sup>[62]</sup>. However, α-amanitin is no longer a substrate for OATP1B3 when coupled to antibodies<sup>[63]</sup>. Therefore, α-amanitin-based antibody drug conjugates (ADCs) are highly effective therapeutic agents with significantly reduced toxicity. Our study has shown that low doses of α-amanitin-conjugated anti-epithelial cell adhesion molecule (EpCAM) antibody leads to complete tumor regression in murine models of human CRC with hemizygous deletion of POLR2A (Figure 2)<sup>[64]</sup>. The preclinical studies provide the foundation for future clinical trials. The major advantage for the use of such targeted therapy is that the function of POLR2A is essential for cell survival. Thus, no alternative “escape” pathway can be recruited, leading to drug resistance. In addition, this mode of action is not related to the proliferation of cancer cells. Cancer stem cells would be also targeted *via* this approach, leading to a potentially more pronounced therapeutic benefit. However, hypothetically, resistance could occur if the remaining POLR2A allele would undergo mutations, amplification or transcriptional activation as well as post-transcriptional or post-translation enhancement. In addition, tumor cells could downregulate the EpCAM receptor on their





**Figure 2 Working model of  $\alpha$ -amanitin antibody-drug conjugates.** Genomic deletion of p53 frequently encompasses neighboring essential genes such as POLR2A. Colorectal cancer (CRC) cells displaying this loss are vulnerable to  $\alpha$ -amanitin. The figure summarizes the different steps in  $\alpha$ -amanitin-based antibody drug conjugate (ADC) killing of CRC cells with hemizygous p53 loss. (1) The ADC binds to CRC cells expressing epithelial cell adhesion molecule (EpCAM). (2) Hereafter, the ADC is internalized via receptor-mediated endocytosis. After fusing with lysosome (3) the  $\alpha$ -amanitin is released in the cytoplasm (4), leading to inhibition of the catalytic subunit of RNA polymerase II complex (5). Suppression of POLR2A will ultimately lead to cell death (6).

surface, hereby avoiding the binding of the ADC.

## TUMOR MICROENVIRONMENT, MICROBE BIOFILM, AND THEIR CONTRIBUTION TO DRUG RESISTANCE AND TUMORIGENESIS

CRC is often diagnosed at a later stage when tumor cell dissemination has taken place. Over the last decades, metastatic disease, occurring in almost half of the patients, has been a challenge for clinicians to treat and remains an incurable disease. Unfortunately, most of the promising preclinical approaches have proven scarce in clinical translation. The metastatic process has been extensively investigated but has yet to be linked with specific genetic alterations of epithelial CRC cells<sup>[65]</sup>. Nevertheless, it has become clear that one of the key issues relies on the TME<sup>[66]</sup>. Therefore, blockage

of cancer immunity and tumor-promoting inflammation have become hallmarks of cancer<sup>[67]</sup>. The TME plays a critical role at the different stages of the disease from a physiological colonic epithelium to an adenomatous polyp and eventually to a mCRC. The TME confers to CRC cell survival, immune evasion and a favorable environment to grow and metastasize.

The TME consists of a variety of cells that are continuously interacting with each other in a dynamic manner: Immune cells, extra-cellular matrix, cancer associated fibroblasts, endothelial cells, endothelial progenitor cells, platelets and mesenchymal stem cells, to name a few. The initial attraction of these cell types is mediated through inflammation, leading to the secretion by both the tumor cells and stromal cells of a variety of cytokines and chemokines. Stromal inflammation was shown to promote the evolution of adenomas to adenocarcinomas in nude mice<sup>[68]</sup>. Ultimately, the

tumor breaches the equilibrium and the tumor becomes uncontrollable. At this stage tumor cells will abuse stromal cells to promote tumor survival, proliferation and metastasis.

Dendritic cells (DCs) are considered the most professional antigen presenting cells (APCs) and are essential to generate a proper adaptive immune response<sup>[69]</sup>. Ideally, DCs within the TME will engulf tumor associated antigens (TAAs) and migrate towards the draining lymph nodes, where they will elicit T-cell mediated responses. In CRC, no correlation was found between the frequency of DCs in the tumor and patient survival<sup>[70]</sup>. O'Toole *et al.*<sup>[71]</sup>, however, could link the capacity of tumor conditioned media to inhibit the lipopolysaccharide (LPS)-induced maturation of DCs with patient survival. The suppression of DCs was independent of the stage of the disease. Thus, the outcome could be rather linked with the potential functionality of DCs than their presence in the TME. DCs are very versatile based on their environment. In a suppressive environment that hampers their maturation, they become tolerogenic or regulatory DCs, which promote tumor cell survival. On the other hand, well-activated DCs will induce immunity and Th1 immune cell responses.

The role of tumor associated macrophages (TAMs) is of particular interest in CRC. Usually in most types of solid cancers, the infiltration of TAMs is linked with a poor survival and enhanced metastasis. However in CRC, the infiltration of TAMs is linked with better prognosis<sup>[72,73]</sup>. Recently, Zhang *et al.*<sup>[74]</sup> conducted a meta-analysis of 55 studies with a total of 8692 patients in which they correlated the survival with the infiltration of TAMs using the pan-macrophage marker CD68. Strikingly, only in CRC were favorable clinical outcomes correlated with their infiltration. Moreover, TAM-rich tumors are accompanied with a lower amount of both lymph node and distant metastases<sup>[74]</sup>.

A variety of chemoattractants are involved in the recruitment of monocytes in the TME. Chemokines such as C-C motif chemokine ligand-2 (CCL-2), CCL-5 and C-X-C motif chemokine ligand 12 (CXCL-12), cytokines such as colony stimulating factor1 (CSF-1) and VEGF family members, and complement components such as C5a contribute to the recruitment of macrophages in the TME<sup>[75-77]</sup>. These factors also lead to a differential activation status of macrophages<sup>[78]</sup>. TAMs can be subdivided into two categories based on their activation status: M1 (classically activated) or M2 (alternatively activated). Classically activated M1 TAMs are driven by interferon- $\gamma$  (IFN- $\gamma$ ), whereas alternative M2 TAMs are driven by interleukin-4 (IL-4) and IL-13<sup>[75]</sup>. This nomenclature is based on the Th1 and Th2 concept, and thus reflects their role in adaptive immunity. Therefore, in most cases M2 TAMs are considered pro-tumorigenic through their contribution to tumor vascularization and dampening of adaptive immune responses, while M1 macrophages possess antitumor activities. To address the potential influence of TAMs in

improved patient survival, Malesci *et al.*<sup>[79]</sup> studied the impact of high TAM infiltration in stage III CRC patients treated with the adjuvant 5-FU chemotherapeutic drug. Their results showed a clear benefit of TAM infiltration when associated with 5-FU, while no benefit was observed in the untreated group. In addition, the effect of high-density TAM in metastatic lymph nodes is more pronounced in patient survival compared to the high TAM infiltration in the primary tumors. *In vitro* experiments pointed out that treatment with 5-FU resulted in M1 polarization of the macrophages<sup>[79]</sup>. However, further research into which subtype of macrophages is critical for patient outcome in CRC remains to be defined.

The correlation of T-cell infiltration on the OS at different stages of CRC has been well documented but remains controversial<sup>[80-86]</sup>. Numerous studies were made to assess the correlation of distinct T-cell populations (Including: CD3<sup>+</sup>, CD4<sup>+</sup>, CD8<sup>+</sup>, CD45RO<sup>+</sup> and FoxP3<sup>+</sup>) with the clinical outcome. Most studies point out that T-cell infiltration is unlikely a predictive factor in CRC patients. The majority of studies encompassed only a low number of patients, which leads to debatable interpretation of the tumor-infiltrating lymphocytes (TILs) and specific subpopulations thereof on the clinical outcome. This has prompted the meta-analysis of TILs and their correlation with survival. Noshio *et al.*<sup>[87]</sup> analyzed 768 CRC cases ranging from stage I to IV. They concluded that the density of memory T cells (CD45RO<sup>+</sup>) in the tumors was associated with improved survival. In addition, assessment was done on molecular alterations such as microsatellite instability (MSI), CpG island methylator phenotype (CIMP), BRAF, KRAS, PIK3CA and LINE-1 hypomethylation. The high-frequency of MSI (MSI-H) and high LINE-1 methylation were correlated with higher CD45RO<sup>+</sup> cell density. These data are in accordance with previously published data showing the relationship between MSI and TILs. MSI is thought to induce truncated peptides that cause immunogenicity of tumor cells<sup>[85]</sup>, which in turn contributes to the stimulation of adaptive immune responses. Taken together, the predictive value of TILs in CRC remains unclear.

The gut microbiome regulates the homeostasis of the digestive tract in a very dynamic way. Disruption in the latter can thus disturb this balance and cause major environmental changes leading to diseases such as inflammatory bowel disease (IBD) and cancer<sup>[88]</sup>. The gut microbiota consists of trillions of micro-organisms such as bacteria, viruses and fungi<sup>[89,90]</sup>. Recent studies have investigated the presence and functional roles of certain bacteria in CRC<sup>[91-96]</sup>.

In the last three years, the gut microbiome has emerged as a potential key player in cancer immunotherapy. Initial findings by Vetizou *et al.*<sup>[97]</sup> showed that the checkpoint inhibitor (CPI) ipilimumab (anti-cytotoxic T-lymphocyte antigen-4: Anti-CTLA4) could treat specific pathogen free (SPF) mice, but not germ-free mice. In addition, the anti-tumor effects of ipilimumab could be deteriorated by antibiotics. Analysis of murine

feces revealed significant changes in the microbiome, leading to a decrease in the bacterial species *Bacteroidales* and *Burkholderiales*. Supplementation of these missing microbes could restore the anti-tumor effects of ipilimumab. In the same vein, Sivan *et al.*<sup>[98]</sup> showed that mice obtained from two different providers responded distinctly to anti-programmed death-1 receptor ligand (anti-PD-L1) treatment. These mice were shown to harbor a different microbiome, and fecal transplants could reverse the treatment discrepancies. In their case, *Bifidobacterium* showed a positive correlation with anti-tumor T-cell responses.

Future research could potentially link different species of bacteria with an alternate immune cell infiltration. For instance, certain bacteria could potentially shape macrophage polarization towards a distinct phenotype and thus be used as a potential predictive marker for CRC patients. It could also be that the presence of bacteria species would be distinct based on the stage of the disease. Interestingly, the right or proximal colon more frequently exhibits MSI tumors, whereas the left or distal colon displays more chromosomal instability (CIN)<sup>[99]</sup>. It might be that the proximal or distal colon display different type of bacteria leading to these genetically different tumors. We expect that in the future, intestinal microbiota might serve as a standard of care biomarker for immunotherapies such as CPIs. Moreover, fecal transplant or supplementation of certain species of bacteria could potentially be co-administered with CPI, leading to improved responses towards CPI. Taken together, better understanding of the microbiota dysbiosis could serve as prognostic and predictive marker in CRC.

### Immunotherapy development

Several types of cancers have undergone a complete revolution thanks to immunotherapy. This has led the editors of Science calling cancer immunotherapy the "breakthrough of the year" in 2013<sup>[100]</sup>. Nonetheless, CRC has so far been a poor candidate for immunotherapy. Initial studies lacked objective clinical responses with nivolumab in unselected patients<sup>[101,102]</sup>. Previous observations noticed that immunotherapy works better in tumors containing a high mutational load as illustrated in melanoma and lung cancer. To further emphasize the importance of the mutational load in lung cancer, smoking patients displayed a better response rate to CPI compared to non-smokers<sup>[103]</sup>. Increased amount of mutations is associated with the production of neoantigens, which in turn enhance the tumor immunogenicity<sup>[104]</sup>. The better predictive value of smoking lung cancer patients to CPI was linked with an increased amount of neoantigens.

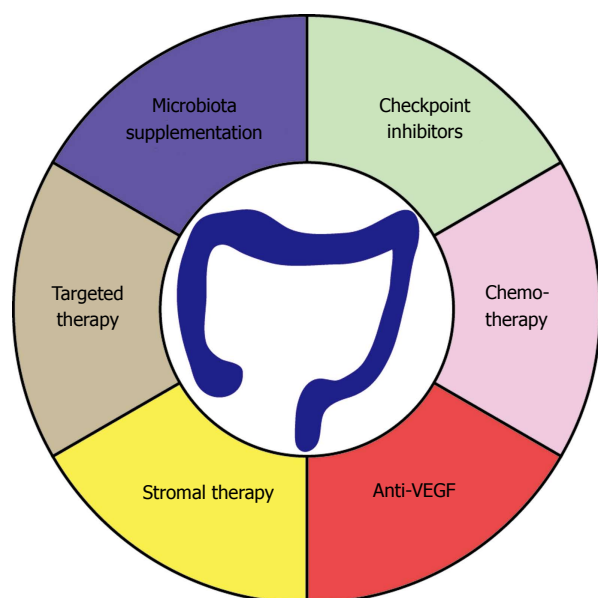
Consequently, this has prompted the application of CPI in patients with MSI-H CRC. In MSI, frameshift mutations in protein-coding sequences possess the capacity to generate different peptides with potential neoepitopes recognized as foreign by the immune

system<sup>[85]</sup>. To further illustrate this, Saeterdal *et al.*<sup>[105]</sup> found an immunogenic peptide derived from a frameshift mutation in transforming growth factor  $\beta$  receptor type II (TGF $\beta$ RII) referred to as p538. This peptide is expressed in over 90 percent of tumors with DNA mismatch repair (dMMR), suggesting it is highly applicable in the field. Many of such genes in MSI-H tumors are shared by a majority of patients as they are thought to be part of the carcinogenesis process<sup>[105]</sup>. Therefore, both prophylactic for patients with a genetic predisposition and therapeutic cancer vaccinations could be done using such peptides.

Interestingly, the number of TILs is increased in MSI tumors compared to microsatellite stable (MSS) tumors<sup>[84,106,107]</sup>. Furthermore, TILs display an enhanced CD8<sup>+</sup>CD103<sup>+</sup> phenotype<sup>[108]</sup>. CD103<sup>+</sup> TILs were found in 27-fold higher amounts within the same patient tumor compared to normal epithelium. Increased objective response (OR), stable disease (SD) and PFS were observed in a phase II clinical trial using pembrolizumab (anti-PD-1) to treat MSI-H patients. Similarly, when nivolumab (anti-PD-L1) was administered to MSI-H patients, a clear benefit was observed which led to the approval for these selected patients. As for melanoma and other cancers, the combination of ipilimumab and nivolumab is currently being tested for MSI-H metastatic CRC patients<sup>[109]</sup>.

Of note, colon cancer cell lines derived from MSI tumors display a loss in human leukocyte antigen (HLA) class I expression<sup>[110]</sup>. This is due to genetic mutations in the  $\beta$ 2m, which is an essential part of the HLA class I complex. The presentation of TAAs is considered a prerequisite for successful T-cell responses<sup>[111]</sup>. Therefore, it is thought that these surviving tumors were exposed to high selection pressure to escape T-cell surveillance. In many cancers, treatment with CPI fails to reach satisfying results<sup>[112,113]</sup>. Consequently, there is a growing interest in combining CPI together with chemotherapies or targeted therapies (Figure 3). The rationale is that certain chemotherapeutic drugs or targeted therapies could enhance the immunogenicity of the tumors. This process is dependent on induction of immunogenic cell death (ICD) of tumor cells<sup>[114]</sup>. When killed in an immunogenic way, tumor cells will express surface makers such as calreticulin and will secrete factors such as a high-mobility group box 1 (HMGB1) in the extracellular milieu, hereby allowing the spontaneous generation of an adaptive immune response that might benefit from CPI. Preclinical evidence supported the oxaliplatin-induced immunogenic cell death in the murine BALB/c colon carcinoma model CT26<sup>[115]</sup>.

Furthermore, a few ongoing clinical trials hold the promise to improve the outcome of PD1/PD-L1 blockade. VEGF, leading to angiogenesis, is frequently upregulated in CRC and is linked with poor OS. The latter can also influence the maturation of DCs. As described above, the DC maturation capacity was correlated with patient survival<sup>[70]</sup>. Therefore, blockage of VEGF through Bevacizumab could potentiate immune responses. In a phase Ib clinical trial, the combination



**Figure 3 Combination therapies for the development of durable colorectal cancer responses.** Durable cancer responses are impeded by a dysfunctional immunological control. Strategies aiming to boost T cell-mediated immune responses will most likely need the combination of therapies that counter the tumor and their environment-mediated escape mechanisms avoiding T-cell recognition as well as down-regulation of T-cell mediated functions. In this figure, we list potential interesting combinations leading to durable T-cell mediated killing for CRC. CRC: Colorectal cancer; VEGF: Vascular endothelial growth factor.

of Bevacizumab and Atezolizumab displayed a clear benefit of the combination therapy for MSI-H patients<sup>[116]</sup>. Similarly, in the NCT02997228 clinical trial, 439 patients with MSI-H CRC will be treated with either: Atezolizumab as monotherapy; Atezolizumab combined with FOLFOX (a chemotherapy regimen consisting of folinic acid + 5-FU + oxaliplatin) and Bevacizumab; or FOLFOX and Bevacizumab. FOLFOX will also be tested with and without Atezolizumab in over 700 MSI-H CRC stage III patients (NCT02912559).

In addition to Bevacizumab, several targeted therapies have been approved for the treatment of CRC. Amongst them, Cetuximab was shown to display antibody-dependent cellular cytotoxicity (ADCC). Interestingly, Cetuximab could induce antigen-spreading in head and neck cancer patients<sup>[117]</sup>. Antigen-spreading is a therapy induced phenomenon where secondary to therapy more antigens are released and can trigger the generation of antigen-specific immune responses against a broader number of antigens<sup>[118]</sup>. As tumor cells are known to evolve and “protect” themselves against any form of therapy, they will ultimately try to down-regulate immune responses against a single antigen. Therefore, the generation of immune responses against several epitopes could lead to robust and long-lasting immune responses, which encouraged the clinical evaluation for the combination of Cetuximab with Pembrolizumab (NCT02713373).

Unfortunately, the presence of MSI solely accounts for 15% of CRC cases, while the frequency of MSI-H is

even lower at 5.9% of the patients<sup>[119-122]</sup>. The amount of MSI-H varies only slightly based on the stage of the disease (0-I: 5.9%; II: 8.9%; III: 4.0% and IV: 3.7%). The overwhelming majority of CRC patients would thus remain out of scope for CPI. Ebert *et al.*<sup>[123]</sup> studied the potential combination of mitogen-activated protein kinase kinase (MEK) inhibition using the MEK inhibitor G-38963, which is considered similar to the clinically used Cobimetinib, together with anti-PD-L1 in CT26 tumor-bearing mice<sup>[123-125]</sup>. Treatments with only MEK inhibitors lead to an initial delay in tumor growth. However, upon analysis of these tumors, an increased amount of antigen-specific T cells were present with a distinct T-bet<sup>high</sup> phenotype. Therapeutic combination of MEK inhibition and PD-L1 blockage led to an impressive long-term survival, whereas single agents only displayed an initial delay of tumor growth. This MEK inhibitor was furthermore shown to act on the post-naïve stage of T-cell differentiation. Antigen-specific CD8<sup>+</sup> T cells expressed Nur77, which is associated with exhaustive T-cell death. MEK inhibition was shown to counter the expression of Nur77 and thus could rescue T-cell exhaustion. This effect seemed to be in parallel with the PD-1 axis; therefore, a therapeutic rescue might only be possible in the case of blocking the PD1/PD-L1 axis. A potential risk to this strategy might be the prolonged exposure to MEK inhibition. The latter could lead to a depletion of the T-cell population. To address this issue, a period of two days without MEK treatment was introduced, which could bring back the amount of T-bet<sup>high</sup> antigen-specific T cells to normal. Based on the findings that MEK inhibition leads to enhanced T-cell infiltration, synergy with blockade of the PD-1/PD-L1 axis and an upregulation of MHC class I on tumor cells clinical efficacy was assessed<sup>[123,126-129]</sup>. Phase Ib clinical results (NCT01988896) indicated a potential benefit for the combination of PD-L1 inhibition (Atezolizumab) and Cobimetinib on proficient MMR (pMMR), which is the equivalent of MSS tumors that were previously unresponsive to CPI. These data have prompted the more in depth analysis of this combination and is currently evaluated in a phase III clinical trial (NCT02788279). Such combination therapy trying to render MSS tumors sensible for CPI might open the avenue for CRC sensitivity towards CPI, and thus, long-term benefits.

Assessing a change in the TME is one of the major targets for current immunotherapeutic approaches. Depletion of myeloid-derived suppressor cells (MDSCs) using anti-CSF1R and anti-CTLA4 improved the survival of CT26 tumor-bearing mice<sup>[130]</sup>. Similarly, a decrease in the granulocyte fraction of the MDSCs was found to be a favorable factor for patients treated with FOLFOX and Bevacizumab<sup>[131]</sup>. Another option would be the local delivery of drugs directly in the TME to reduce the toxicity of the delivered drugs. The effectiveness of the local delivery also possesses multiple advantages<sup>[132-134]</sup>. Local delivery can induce systemic immune responses, leading to the eradication



of tumors on multiple locations<sup>[135]</sup>. This phenomenon is also known as the abscopal effect. Aside from targeting cells within the tumors, it is also possible to modulate soluble factors such as cytokines and chemokines<sup>[133]</sup>. TGF- $\beta$ , for example, is a very well-studied factor in CRC, which is linked with a poor prognosis<sup>[136,137]</sup>. Its function is somewhat controversial in CRC. In early stages, it possesses tumor suppressive properties, whereas in a later stage of the disease, it will promote tumor progression. TGF- $\beta$  will initially lead to a cytostatic effect on epithelial cells. Calon *et al.*<sup>[136]</sup> evidenced that pharmacological inhibition of stromal TGF- $\beta$  signaling blocks metastasis. Local neutralization of soluble factors such as TGF- $\beta$  have been previously reported<sup>[138]</sup>. Currently, intratumoral approaches for CRC are being tested, such as intratumoral injection of autologous activated DCs. The latter is being tested in a phase I clinical trial by Northwest Biotherapeutics (NCT01882946) using their DCVax-Direct. Another currently tested approach is the intratumoral injection of the adenoviral vector coding for the human IL-12 (cDNA) by Mount Sinai School of Medicine National Cancer Institute (NCI) for liver metastases secondary to colorectal cancer (NCT00072098).

The major drawback for the local injection remains the involvement of a surgical procedure, thus impairing large scalability of similar immunotherapeutic approaches. An elegant solution to avoid local injection is the use of tumor targeting antibodies linked with the component of interest. In the past, preclinical results were obtained using tumor targeting moieties such as anti-CD20, anti-Neu or anti-EGFR to name a few<sup>[139,140]</sup>. In CRC, an interesting clinical trial is ongoing using a T-cell bispecific (TCB) antibody targeting carcinoembryonic antigen (CEA) on CRC tumor cells and CD3 on T cells (NCT02324257 and NCT02650713). This molecule simultaneously binds to T-cells and tumor cells. This bispecific antibody is currently being tested both as a monotherapy and in combination with Atezolizumab in a majority of MSS patients. Preliminary results show promising disease control and stable disease with only a minority of progressive disease<sup>[141]</sup>. A better understanding in cancer immunotherapy drugs leading to an improved survival in the MSS subgroup of CRC will help further development of this currently unfavorable subset of patients constituting the majority of CRC patients.

## CONCLUSION

The CRC field has been evolving over the last decades. Nevertheless, therapy resistance and unresponsiveness to immunotherapy remain major obstacles. Recent findings might give hope for targeted therapy resistance thanks to ADCs using RNA polymerase II inhibition as a different killing mechanism as compared to tubulin inhibitors. Less resistant mechanisms are expected; however, the future will tell us whether this holds true.

The potential use of CPI to treat CRC has been

successful in a minority of patients displaying MSI-H tumors. However, recent findings point towards new avenues leading to potential enlargement of the CPI sensitive pool. Currently, a tremendous effort is being made in understanding the effects of the TME and microbiome on the outcome of CPI therapy. However, it has become clear that combination therapy will lead to tremendous benefits for patients in the future.

## ACKNOWLEDGMENTS

The authors would like to thank Michael Frieden for reviewing the manuscript.

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**P- Reviewer:** Grizzi F, Kim T, Paoluzi OA, Vynios D  
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ISSN 1007-9327

