Dear editor,

All your comments and the reviewers’ comments have been taken into account and the article has been modified following them.

The answers to reviewers have been modified following your suggestions.

We have also included again a consent form and this is clear with visible names.

The modifications, when possible, have been marked in red colour. I said when possible as the whole discussion was modified and this has not been marked completely in colour but mentioned.

The references have been corrected and modified according to all your comments.

We believe that the article is now ready for your final review and hopefully it could be found acceptable for publication.

Many thanks for all your help and support and please do not hesitate to contact me if needed

Looking forward to your final decision

Dr Esther Una Cidon, on behalf of the authors

Bournemouth, 8/9/2018