



CARE Checklist – 2016: Information for writing a case report

Topic		Item	Checklist item description	Line/Page
Title Key Words	1	1	The words "case report" should be in the title along with the area of focus	4/1
	2	2	Four to seven key words—including "case report" as one of the key words	51-53/2
Abstract	3a	3a	Background: What does this case report add to the medical literature?	29-35/2
	3b	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	36-48/2
	3c	3c	Conclusion: What is the main "take-away" lesson from this case?	49-50/2
Introduction	4	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	60-72/3
Timeline	5	5	Information from this case report organized into a timeline (table or figure)	73/3 - 156/6
Patient Information	6a	6a	De-identified demographic and other patient or client specific information	73/3 - 156/6
	6b	6b	Chief complaint—what prompted this visit?	105-108/4
	6c	6c	Relevant history including past interventions and outcomes	74-79/3
Physical Exam	7	7	Relevant physical examination findings	74/3 - 90/4
Diagnostic Assessment	8a	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	90/4 - 118/5
	8b	8b	Diagnostic reasoning including other diagnoses considered and challenges	157-159/6
	8c	8c	Consider tables or figures linking assessment, diagnoses and interventions	83/4 - 156/6
	8d	8d	Prognostic characteristics where applicable	105/4 - 118/5
Interventions	9a	9a	Types such as life-style recommendations, treatments, medications, surgery	119/5 - 167/6
	9b	9b	Intervention administration such as dosage, frequency and duration	119/5 - 167/6
	9c	9c	Note changes in intervention with explanation	119/5 - 167/6
	9d	9d	Other concurrent interventions	119/5 - 167/6
Follow-up and Outcomes	10a	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	168/6 - 171/7
	10b	10b	Important follow-up diagnostic evaluations	168/6 - 171/7
	10c	10c	Assessment of intervention adherence and tolerability, including adverse events	168/6 - 171/7
Discussion	11a	11a	Strengths and limitations in your approach to this case	302-312/11
	11b	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	257-279/10
	11c	11c	How does this case report suggest a testable hypothesis?	280/10 - 321/11
	11d	11d	Conclusions and rationale	314-322/12
Patient Perspective	12	12	When appropriate include the assessment of the patient or client on this episode of care	314-322/12
Informed Consent	13	13	Informed consent from the person who is the subject of this case report is required by most journals	20-21/1
Additional Information	14	14	Acknowledgement section; Competing Interests; IRB approval when required	332-336/12