



# CARE Checklist (2013) of information to include when writing a case report

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Topic	Item	Checklist item description	Reported on Page Number
<b>Title</b>	1	The words "case report" should be in the title along with the area of	1
<b>Key Words</b>	2	2 to 5 key words that identify areas covered in this case	3
<b>Abstract</b>	3a	Introduction—What is unique about this case? What does it add to the medical literature? .....	3
	3b	The main symptoms of the patient and the important clinical findings .....	3
	3c	The main diagnoses, therapeutics interventions, and outcomes .....	3
	3d	Conclusion—What are the main "take-away" lessons from this case? .....	3
<b>Introduction</b>	4	One or two paragraphs summarizing why this case is unique with references ...	5
<b>Patient Information</b>	5a	De-identified demographic information and other patient specific information .....	5
	5b	Main concerns and symptoms of the patient .....	5-6
	5c	Medical, family, and psychosocial history including relevant genetic information (also see timeline) ..	5-6
	5d	Relevant past interventions and their outcomes .....	5-6
<b>Clinical Findings</b>	6	Describe the relevant physical examination (PE) and other significant clinical findings. ....	5-8
<b>Timeline</b>	7	Important information from the patient's history organized as a timeline .....	8
<b>Diagnostic Assessment</b>	8a	Diagnostic methods (such as PE, laboratory testing, imaging, surveys) .....	6-8
	8b	Diagnostic challenges (such as access, financial, or cultural) .....	6-8
	8c	Diagnostic reasoning including other diagnoses considered .....	6-8
	8d	Prognostic characteristics (such as staging in oncology) where applicable .....	8
<b>Therapeutic Intervention</b>	9a	Types of intervention (such as pharmacologic, surgical, preventive, self-care) .....	7-8
	9b	Administration of intervention (such as dosage, strength, duration) .....	7-8
	9c	Changes in intervention (with rationale) .....	7-8
<b>Follow-up and Outcomes</b>	10a	Clinician and patient-assessed outcomes (when appropriate) .....	8
	10b	Important follow-up diagnostic and other test results .....	8
	10c	Intervention adherence and tolerability (How was this assessed?) .....	8
	10d	Adverse and unanticipated events .....	7
<b>Discussion</b>	11a	Discussion of the strengths and limitations in your approach to this case .....	10
	11b	Discussion of the relevant medical literature. ....	8-10
	11c	The rationale for conclusions (including assessment of possible causes) .....	9-10
	11d	The primary "take-away" lessons of this case report .....	10
<b>Patient Perspective</b>	12	When appropriate the patient should share their perspective on the treatments they received .....	None
<b>Informed Consent</b>	13	Did the patient give informed consent? Please provide if requested .....	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>