

## **Strobe statement**

Although this study is not really observational in that sense that we follow and observe participants in this study we have used the STROBE checklist (available on <https://www.strobe-statement.org/index.php?id=strobe-group0>) when preparing this manuscript.

On behalf of the authors,

A handwritten signature in blue ink, appearing to read 'Paul Gerdhem'.

Paul Gerdhem