



CARE Checklist – 2016: Information for writing a case report

Topic		Item	Checklist item description	Line/Page
Title	1		The words "case report" should be in the title along with the area of focus	1-3/1
	2		Four to seven key words—include "case report" as one of the key words	19/3
Key Words				2-4/3
	3a		Background: What does this case report add to the medical literature?	8-16/3
	3b		Case summary: chief complaint, diagnoses, interventions, and outcomes	9/3
Abstract	3c		Conclusion: What is the main "take-away" lesson from this case?	2-11/4
				29/4
				15/4
Introduction	4		The current standard of care and contributions of this case—with references (1-2 paragraphs)	16/4
				19/4
				27-30/4
Timeline	5		Information from this case report organized into a timeline (table or figure)	4-10/5
				11/6
				11/6
Patient Information	6a		De-identified demographic and other patient or client specific information	21/7
	6b		Chief complaint—what prompted this visit?	14-29/6
	6c		Relevant history including past interventions and outcomes	14-29/6
Physical Exam	7		Relevant physical examination findings	14-29/6
				25/7
				25/7
Diagnostic Assessment	8a		Evaluations such as surveys, laboratory testing, imaging, etc.	25/7
	8b		Diagnostic reasoning including other diagnoses considered and challenges	25/7
	8c		Consider tables or figures linking assessment, diagnoses and interventions	25/7
	8d		Prognostic characteristics where applicable	15-27/9
Interventions	9a		Types such as life-style recommendations, treatments, medications, surgery	9-13/9
	9b		Intervention administration such as dosage, frequency and duration	15-22/9
	9c		Note changes in intervention with explanation	23-27/9
	9d		Other concurrent interventions	None
Follow-up and Outcomes	10a		Clinician assessment (and patient or client assessed outcomes when appropriate)	28/1
	10b		Important follow-up diagnostic evaluations	2/2
	10c		Assessment of intervention adherence and tolerability, including adverse events	
Discussion	11a		Strengths and limitations in your approach to this case	
	11b		Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	
	11c		How does this case report suggest a testable hypothesis?	
	11d		Conclusions and rationale	
Patient Perspective	12		When appropriate include the assessment of the patient or client on this episode of care	
	13		Informed consent from the person who is the subject of this case report is required by most journals	
Informed Consent	14		Acknowledgement section; Competing Interests; IRB approval when required	
Additional Information				

January 31, 2016

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