



## CARE Checklist – 2016: Information for writing a case report

Topic		Item	Checklist item description	Line/Page
Title	Key Words	1	The words "case report" should be in the title along with the area of focus	4 / 1
		2	Four to seven key words—include "case report" as one of the key words	40-41/2
Abstract	3a	Background: What does this case report add to the medical literature?		29-31/2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes		31-37/2
	3c	Conclusion: What is the main "take-away" lesson from this case?		37-39/2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)		49-65/2-3
Timeline	5	Information from this case report organized into a timeline (table or figure)		1/16
Patient Information	6a	De-identified demographic and other patient or client specific information		70-71/3
	6b	Chief complaint—what prompted this visit?		67-68/3
	6c	Relevant history including past interventions and outcomes		68-69/3
Physical Exam	7	Relevant physical examination findings		71-72/3
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.		72-80/3
	8b	Diagnostic reasoning including other diagnoses considered and challenges		82-83/3
	8c	Consider tables or figures linking assessment, diagnoses and interventions		367-383/14-15
	8d	Prognostic characteristics where applicable		83-84/3
Interventions	9a	Types such as life-style recommendations; treatments, medications, surgery		104/4
	9b	Intervention administration such as dosage, frequency and duration		30-31/3
	9c	Note changes in intervention with explanation		91-92/4
	9d	Other concurrent interventions		87-109/4
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)		93/4
	10b	Important follow-up diagnostic evaluations		The patient died
	10c	Assessment of intervention adherence and tolerability, including adverse events		109/4
Discussion	11a	Strengths and limitations in your approach to this case		116-118/4
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)		163-164/6
	11c	How does this case report suggest a testable hypothesis?		171-174/6-7
	11d	Conclusions and rationale		157-161/6
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care		204-208/7
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals		109-110/4
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required		Submit in the attachment
				21/1