



CARE Checklist – 2016: Information for writing a case report

| Topic | Item | Checklist item description | Line/Page |
|------------------------|------|--|--|
| Title | 1 | The words "case report" should be in the title along with the area of focus | <u>4/1</u> |
| | 2 | Four to seven key words—include "case report" as one of the key words | <u>40-41/2</u> |
| Abstract | 3a | Background: What does this case report add to the medical literature? | <u>29-31/2</u> |
| | 3b | Case summary: chief complaint, diagnoses, interventions, and outcomes | <u>31-37/2</u> |
| | 3c | Conclusion: What is the main "take-away" lesson from this case? | <u>37-39/2</u> |
| Introduction | 4 | The current standard of care and contributions of this case—with references (1-2 paragraphs) | <u>49-65/2-3</u> |
| Timeline | 5 | Information from this case report organized into a timeline (table or figure) | <u>1/16</u> |
| Patient Information | 6a | De-identified demographic and other patient or client specific information | <u>70-71/3</u> |
| | 6b | Chief complaint—what prompted this visit? | <u>67-68/3</u> |
| | 6c | Relevant history including past interventions and outcomes | <u>68-69/3</u> |
| Physical Exam | 7 | Relevant physical examination findings | <u>71-72/3</u> |
| Diagnostic Assessment | 8a | Evaluations such as surveys, laboratory testing, imaging, etc. | <u>72-80/3</u> |
| | 8b | Diagnostic reasoning including other diagnoses considered and challenges | <u>82-85/3-4</u> |
| | 8c | Consider tables or figures linking assessment, diagnoses and interventions | <u>80-82/3</u> |
| | 8d | Prognostic characteristics where applicable | <u>367-383/14-15</u> <u>83-84/3</u> |
| Interventions | 9a | Types such as life-style recommendations; treatments, medications, surgery | <u>104/4</u> |
| | 9b | Intervention administration such as dosage, frequency and duration | <u>80-81/3</u> |
| | 9c | Note changes in intervention with explanation | <u>91-92/4</u> |
| | 9d | Other concurrent interventions | <u>96-98/4</u> <u>87-109/4</u> <u>93/4</u> |
| Follow-up and Outcomes | 10a | Clinician assessment (and patient or client assessed outcomes when appropriate) | <u>89/4</u> |
| | 10b | Important follow-up diagnostic evaluations | <u>93/4</u> |
| | 10c | Assessment of intervention adherence and tolerability, including adverse events | <u>The patient died</u> <u>109/4</u> |
| Discussion | 11a | Strengths and limitations in your approach to this case | <u>116-118/4</u> |
| | 11b | Specify how this case report informs practice or Clinical Practice Guidelines (CPG) | <u>163-164/6</u> |
| | 11c | How does this case report suggest a testable hypothesis? | <u>171-174/6-7</u> |
| | 11d | Conclusions and rationale | <u>175-176/7</u> <u>187-188/7</u> <u>157-161/6</u> <u>164-166/6</u> <u>204-208/7</u> |
| Patient Perspective | 12 | When appropriate include the assessment of the patient or client on this episode of care | <u>109-110/4</u> |
| Informed Consent | 13 | Informed consent from the person who is the subject of this case report is required by most journals | <u>Submit in the attachment</u> |
| Additional Information | 14 | Acknowledgement section; Competing Interests; IRB approval when required | <u>21/1</u> |