



CARE Checklist – 2016: Information for writing a case report

Topic		Item	Checklist item description	Line/Pag
Title Key Words	1		The words "case report" should be in the title along with the area of focus	5/1
	2		Four to seven key words—include "case report" as one of the key words	27/3
Abstract	3a		Background: What does this case report add to the medical literature?	8/3
	3b		Case summary: chief complaint, diagnoses, interventions, and outcomes	11/3
	3c		Conclusion: What is the main "take-away" lesson from this case?	22/3
Introduction	4		The current standard of care and contributions of this case—with references (1-2 paragraphs)	2/5
Timeline	5		Information from this case report organized into a timeline (table or figure)	N/A
Patient Information	6a		De-identified demographic and other patient or client specific information	16/5
	6b		Chief complaint—what prompted this visit?	16/5 26/5
	6c		Relevant history including past interventions and outcomes	30/5
Physical Exam	7		Relevant physical examination findings	30/6
Diagnostic Assessment	8a		Evaluations such as surveys, laboratory testing, imaging, etc.	21/7
	8b		Diagnostic reasoning including other diagnoses considered and challenges	27/7 24/10 23/11
	8c		Consider tables or figures linking assessment, diagnoses and interventions	11/7
	8d		Prognostic characteristics where applicable	7/10 3/12 24/12
Interventions	9a		Types such as life-style recommendations, treatments, medications, surgery	9/8
	9b		Intervention administration such as dosage, frequency and duration	9/8
	9c		Note changes in intervention with explanation	24/8
	9d		Other concurrent interventions	14/8
Follow-up and Outcomes	10a		Clinician assessment (and patient or client assessed outcomes when appropriate)	18/8
	10b		Important follow-up diagnostic evaluations	20/8
	10c		Assessment of intervention adherence and tolerability, including adverse events	17/9
Discussion	11a		Strengths and limitations in your approach to this case	19/12 6/13
	11b		Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	6/13
	11c		How does this case report suggest a testable hypothesis?	21/10
	11d		Conclusions and rationale	3/13
Patient Perspective	12		When appropriate include the assessment of the patient or client on this episode of care	N/A
Informed Consent	13		Informed consent from the person who is the subject of this case report is required by most journals	24/1
Additional Information	14		Acknowledgement section; Competing Interests; IRB approval when required	N/A