



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	__1__
Key Words	2	Four to seven key words—include “case report” as one of the key words	__2__
Abstract	3a	Background: What does this case report add to the medical literature?	__1__
	3b	Casesummary: chief complaint, diagnoses, interventions, and outcomes	__1__
	3c	Conclusion: What is the main “take-away” lesson from this case?	__1__
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	__11-15__
Timeline	5	Information from this case report organized into a timeline (table or figure)	__17-20__
Patient Information	6a	De-identified demographic and other patient or client specific information	__3__
	6b	Chief complaint—what prompted this visit?	__3__
	6c	Relevant history including past interventions and outcomes	__3__
Physical Exam	7	Relevant physical examination findings	__3__
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	__3-4__
	8b	Diagnostic reasoning including other diagnoses considered and challenges	__3-4__
	8c	Consider tables or figures linking assessment, diagnoses and interventions	__3-4__
	8d	Prognostic characteristics where applicable	__3-4__
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	__4__
	9b	Intervention administration such as dosage, frequency and duration	__4__
	9c	Note changes in intervention with explanation	__4__
	9d	Other concurrent interventions	__4__
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	__6-7__
	10b	Important follow-up diagnostic evaluations	__6-7__
	10c	Assessment of intervention adherence and tolerability, including adverse events	__6-7__
Discussion	11a	Strengths and limitations in your approach to this case	__7-9__
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	__7-9__
	11c	How does this case report suggest a testable hypothesis?	__7-9__
	11d	Conclusions and rationale	__7-9__
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Additional
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Additional
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Additional