



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Line/Page
Title Key Words	1 The words "case report" should be in the title along with the area of focus	1
	2 Four to seven key words—include "case report" as one of the key words	2
Abstract	3a Background: What does this case report add to the medical literature?	2
	3b Case summary: chief complaint, diagnoses, interventions, and outcomes	2
	3c Conclusion: What is the main "take-away" lesson from this case?	2
Introduction	4 The current standard of care and contributions of this case—with references (1-2 paragraphs)	3
Timeline	5 Information from this case report organized into a timeline (table or figure)	3
Patient Information	6a De-identified demographic and other patient or client specific information	3
	6b Chief complaint—what prompted this visit?	4
	6c Relevant history including past interventions and outcomes	4
Physical Exam	7 Relevant physical examination findings	4
Diagnostic Assessment	8a Evaluations such as surveys, laboratory testing, imaging, etc.	5
	8b Diagnostic reasoning including other diagnoses considered and challenges	5
	8c Consider tables or figures linking assessment, diagnoses and interventions	5
	8d Prognostic characteristics where applicable	5
Interventions	9a Types such as life-style recommendations, treatments, medications, surgery	5
	9b Intervention administration such as dosage, frequency and duration	5
	9c Note changes in intervention with explanation	5
	9d Other concurrent interventions	5
Follow-up and Outcomes	10a Clinician assessment (and patient or client assessed outcomes when appropriate)	5
	10b Important follow-up diagnostic evaluations	5
	10c Assessment of intervention adherence and tolerability, including adverse events	5
Discussion	11a Strengths and limitations in your approach to this case	6
	11b Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	6
	11c How does this case report suggest a testable hypothesis?	6
	11d Conclusions and rationale	6
Patient Perspective	12 When appropriate include the assessment of the patient or client on this episode of care	2
Informed Consent	13 Informed consent from the person who is the subject of this case report is required by most journals	2
Additional Information	14 Acknowledgement section; Competing Interests; IRB approval when required	6