

CARE Checklist (2016) of information to include when writing a case report

Topic	Item	Checklist item description	Reported on page
Title	1	The words “case report” should be in the title along with what is of greatest interest in this case	1
Key Words	2	The key elements of this case in 2 to 5 key words	2
Abstract	3a	Introduction—What is unique about this case? What does it add to the medical literature?	2
	3b	The main symptoms of the patient and the important clinical findings	2
	3c	The main diagnoses, therapeutics interventions, and outcomes	2
	3d	Conclusion—What are the main “take-away” lessons from this case?	2
Introduction	4	Brief background summary of this case referencing the relevant medical literature	3
Patient Information	5a	Demographic information (such as age, gender, ethnicity, occupation)	3
	5b	Main symptoms of the patient (his or her chief complaints)	3
	5c	Medical, family, and psychosocial history including co-morbidities, and relevant genetic information	3
	5d	Relevant past interventions and their outcomes	3
Clinical Findings	6	Describe the relevant physical examination (PE) findings	3
Timeline	7	Depict important milestones related to your diagnoses and interventions (table or figure)	9
Diagnostic Assessment	8a	Diagnostic methods (such as PE, laboratory testing, imaging, questionnaires)	3
	8b	Diagnostic challenges (such as financial, language, or cultural)	3
	8c	Diagnostic reasoning including other diagnoses considered	3
	8d	Prognostic characteristics (such as staging in oncology) where applicable	3
Therapeutic Intervention	9a	Types of intervention (such as pharmacologic, surgical, preventive, self-care)	3
	9b	Administration of intervention (such as dosage, strength, duration)	3
	9c	Changes in intervention (with rationale)	3
Follow-up and Outcomes	10a	Clinician-assessed outcomes and when appropriate patient-assessed outcomes	4
	10b	Important follow-up test results	4
	10c	Intervention adherence and tolerability (How was this assessed?)	4
	10d	Adverse and unanticipated events	4
Discussion	11a	Discussion of the strengths and limitations in the management of this case	4
	11b	Discussion of the relevant medical literature	4
	11c	The rationale for conclusions (including assessment of possible causes)	4
	11d	The main “take-away” lessons of this case report	4
Patient Perspective	12	Did the patient share his or her perspective or experience? (Include when appropriate)	4
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes