



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	<u>6/ page 1</u>
Key Words	2	Four to seven key words—include “case report” as one of the key words	<u>89-93/ page 2</u>
Abstract	3a	Background: What does this case report add to the medical literature?	<u>54-61/ page 2-3</u>
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	<u>62-75/ Page 3</u>
	3c	Conclusion: What is the main “take-away” lesson from this case?	<u>76-79/ Page 3</u>
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	<u>109-121/ Page 3-4</u>
Timeline	5	Information from this case report organized into a timeline (table or figure)	<u> </u>
Patient Information	6a	De-identified demographic and other patient or client specific information	<u>125-151/ Page 5-6</u>
	6b	Chief complaint—what prompted this visit?	<u>125-127/ Page 5</u>
	6c	Relevant history including past interventions and outcomes	<u>128-135/ Page 5</u>
Physical Exam	7	Relevant physical examination findings	<u>136-143/ Page 5</u>
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	<u>144-151/ Page 6</u>
	8b	Diagnostic reasoning including other diagnoses considered and challenges	<u>155-169/ Page 6</u>
	8c	Consider tables or figures linking assessment, diagnoses and interventions	<u>413-445/ Page 19-33</u>
	8d	Prognostic characteristics where applicable	<u>156-169/ Page 6</u>
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	<u>155-169, 176-182/ Page 6-7</u>
	9b	Intervention administration such as dosage, frequency and duration	<u>191-221/ page 7</u>
	9c	Note changes in intervention with explanation	<u>185-193/ Page 7</u>
	9d	Other concurrent interventions	<u>194-198/ Page 7</u>
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	<u>199-221, 225-227/ page 7-8</u>
	10b	Important follow-up diagnostic evaluations	<u>225-227/ page 8</u>
	10c	Assessment of intervention adherence and tolerability, including adverse events	<u>228-234/ page 8-9</u>
Discussion	11a	Strengths and limitations in your approach to this case	<u>329-351/ page 12-13</u>
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	<u>364-375/ page 13-14</u>
	11c	How does this case report suggest a testable hypothesis?	<u>370-375/ page 13</u>
	11d	Conclusions and rationale	<u>364-375/ page 13-14</u>
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	<u> </u>
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	<u>33/ page 2 (attached)</u>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	<u>32, 34-35, 37-38/ page 2</u>