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A **perspective on vegetarian dietary patterns** and risk of **metabolic syndrome**. Vegetarians and other populations who follow a plant-based dietary pattern enjoy longevity. Specifically, **vegetarian dietary** patterns have been associated with a lower **risk** for developing IHD, **type 2 diabetes**, hypertension, specific cancers,...

Cited by: 52

Author: Joan Sabaté, Michelle W. Wien

Publish Year: 2015

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The prevalence of **obesity among** adolescents in Taiwan has increased by 27.7% in girls and 25.8% in boys in recent decades [21], and has become a critical concern in pediatric health nationwide. One

Name of Journal: *World Journal of Diabetes*

Manuscript NO: 47300

Manuscript Type: ORIGINAL ARTICLE

Prospective Study

Prospective study of total and various types of vegetables and the risk of metabolic syndrome among children and adolescents

Somayeh Hosseinpour-Niazi, Bahar Bakhshi, Ekbal Betru, Parvin Mirmiran, Mina Darand, Fereidoun Azizi

Abstract

BACKGROUND: Data available on the association between consumption of various types of vegetables and metabolic syndrome (MetS) remains inconsistent.

Match Overview

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This **study** aimed to assess the association of **various types** of nut per se, and **total** nut consumption with the incidence of **metabolic syndrome** (MetS). A 6.2 ± 0.7 -year population-based **prospective study** was conducted **among** 1265 adults, aged 19–74 years, participants of the Tehran Lipid and Glucose **Study**. A 168-item semi-quantitative food frequency questionnaire was used to collect ...

Cited by: 7

Author: Somayeh Hosseinpour-Niazi, Shabnam H...

Publish Year: 2017

A perspective on vegetarian dietary patterns and risk of ...

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There is a need for further **research** to be conducted, particularly **prospective cohort studies** to evaluate the effect of vegetarian dietary patterns on reducing the incidence of the MetS and, clinical trials should be designed to explore vegetarian dietary patterns for the reversal of the MetS in **high-risk** populations.

Cited by: 50

Author: Joan Sabaté, Michelle W. Wien

Publish Year: 2015

Prospective associations between socioeconomically ...

<https://www.sciencedirect.com/science/article/pii/S0167527318318898>

Dec 01, 2018 - Models at T1 were additionally adjusted for **study** region (intervention v. control) and **children's metabolic risk syndrome** at T0. c. A **total** score was calculated by adding up the scores (1 vs 0) of the six disadvantages (low education, low income, minimal social network, non-traditional family, migrant background, unemployed).

Cited by: 2

Author: Isabel Iguacel, Nathalie Michels, Wolfgan...

Publish Year: 2018

Obesity and Type 2 Diabetes in Children: Epidemiology and ...

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4099943>

A **prospective study** of obese **adolescents** revealed that as young adults, women particularly had an increased **risk** of social and economic difficulties . Etiology Obesity has been attributed to **various** factors including genetics, environment, metabolism, behavior, personal history of obesity, culture, and SES [9*].

Cited by: 94

Author: Elizabeth R. Pulgaron, Alan M. Delamater

Publish Year: 2014

Nut consumption and risk of metabolic syndrome and ...