



CARE Checklist – 2016: Information for writing a case report

Topic		Item	Checklist item description	Line/Page		
Title Key Words	1	2	The words "case report" should be in the title along with the area of focus Four to seven key words—including "case report" as one of the key words	Line 5 / Page 1 23 / 2		
	3a	3b	3c	Background: What does this case report add to the medical literature? Case summary: chief complaint, diagnoses, interventions, and outcomes Conclusion: What is the main "take-away" lesson from this case?	16 / 2 24 / 2 8 / 3	
Introduction	4		The current standard of care and contributions of this case—with references (1-2 paragraphs)	20 / 3		
Timeline	5		Information from this case report organized into a timeline (table or figure)	25 / 3 25 / 3		
Patient Information	6a	6b	6c	De-identified demographic and other patient or client specific information Chief complaint—what prompted this visit? Relevant history including past interventions and outcomes	9-14 / 4 11-13 / 4	
	7			Relevant physical examination findings	4-8 / 4 Figure 1 11-13 / 5	
	8a	8b	8c	8d	Evaluations such as surveys, laboratory testing, imaging, etc. Diagnostic reasoning including other diagnoses considered and challenges Consider tables or figures linking assessment, diagnoses and interventions Prognostic characteristics where applicable	12-14 / 5 13-14 / 5
Interventions	9a	9b	9c	9d	Types such as life-style recommendations, treatments, medications, surgery Intervention administration such as dosage, frequency and duration Note changes in intervention with explanation Other concurrent interventions	12-14 / 5 13-14 / 5
	10a	10b	10c		Clinician assessment (and patient or client assessed outcomes when appropriate) Important follow-up diagnostic evaluations Assessment of intervention adherence and tolerability, including adverse events	23-24 / 1 8 / 8
	11a	11b	11c	11d	Strengths and limitations in your approach to this case Specify how this case report informs practice or Clinical Practice Guidelines (CPG) How does this case report suggest a testable hypothesis? Conclusions and rationale	23-24 / 1 8 / 8
	12				When appropriate include the assessment of the patient or client on this episode of care	19 / 1
Informed Consent	13			Informed consent from the person who is the subject of this case report is required by most journals	1 / 2	
Additional Information	14			Acknowledgement section; Competing Interests; IRB approval when required		