



CARE Checklist – 2016: Information for writing a case report



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Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	___5/1___
Key Words	2	Four to seven key words—include “case report” as one of the key words	___13/3___
Abstract	3a	Background: What does this case report add to the medical literature?	___17/2___
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	___22/2___
	3c	Conclusion: What is the main “take-away” lesson from this case?	___5/3___
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	___22/3___
Timeline	5	Information from this case report organized into a timeline (table or figure)	_____
Patient Information	6a	De-identified demographic and other patient or client specific information	___9/4___
	6b	Chief complaint—what prompted this visit?	___8/4___
	6c	Relevant history including past interventions and outcomes	___11/4___
Physical Exam	7	Relevant physical examination findings	___21/4___
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	___25/4___
	8b	Diagnostic reasoning including other diagnoses considered and challenges	___13/5___
	8c	Consider tables or figures linking assessment, diagnoses and interventions	_____
	8d	Prognostic characteristics where applicable	___26/5___
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	___3/6___
	9b	Intervention administration such as dosage, frequency and duration	___3/6___
	9c	Note changes in intervention with explanation	___3/6___
	9d	Other concurrent interventions	___3/6___
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	___20/6___
	10b	Important follow-up diagnostic evaluations	___20/6___
	10c	Assessment of intervention adherence and tolerability, including adverse events	___20/6___
Discussion	11a	Strengths and limitations in your approach to this case	___21/7___
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	___21/7___
	11c	How does this case report suggest a testable hypothesis?	___21/7___
	11d	Conclusions and rationale	___7/9___
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	_____
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	___yes___
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	___26/1___