



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	6/1
Key Words	2	Four to seven key words—include “case report” as one of the key words	113-115/6
Abstract	3a	Background: What does this case report add to the medical literature?	90-92/5
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	93-107/5-6
	3c	Conclusion: What is the main “take-away” lesson from this case?	108-111/6
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	130-131, 134-136, 140-152/7-9
Timeline	5	Information from this case report organized into a timeline (table or figure)	—
Patient Information	6a	De-identified demographic and other patient or client specific information	—
	6b	Chief complaint—what prompted this visit?	313-314, 346-348, 376, 396-397, 421-423/15, 17, 18-20
	6c	Relevant history including past interventions and outcomes	316-331, 350-360, 378-380, 399-405, 425-441, 541-589/15, 17, 18-21, 26-28
Physical Exam	7	Relevant physical examination findings	336-337, 366-367, 385-386, 410-411, 446-447/16-21
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	339-343, 369-373, 388-393, 413-418, 449-453, 455-475/16, 18-19, 21-22
	8b	Diagnostic reasoning including other diagnoses considered and challenges	—
	8c	Consider tables or figures linking assessment, diagnoses and interventions	607/29-30
	8d	Prognostic characteristics where applicable	—
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	—
	9b	Intervention administration such as dosage, frequency and duration	479-542/23-25
	9c	Note changes in intervention with explanation	—
	9d	Other concurrent interventions	—
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	546-589/26-28
	10b	Important follow-up diagnostic evaluations	546-589/26-28
	10c	Assessment of intervention adherence and tolerability, including adverse events	352, 380-381/19, 21
Discussion	11a	Strengths and limitations in your approach to this case	695-698/34
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	—
	11c	How does this case report suggest a testable hypothesis?	616-624, 679-686/31-33-34
	11d	Conclusions and rationale	701-704/35
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	—
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	YES
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	—