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Sexual health and fertility for individuals with inflammatory bowel disease

Leenhardt R *et al.* Sexual health and fertility in IBD patients

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Abstract

The impact of a chronic disease such as inflammatory bowel disease (IBD) on sexual functioning and body image can significantly impair the quality of life of patients. This review considers the sexual and fertility aspects of IBD patients and their daily management. Modern IBD healthcare management should include appropriate communication on sexuality and consider psychological, physiological, and biological issues. Patients with IBD have less children than the general population, and voluntary childlessness is frequent. The most influential factors reported by IBD patients who experience fertility alteration are psychological and surgery-related problems. Pregnancy is a major concern for patients, and any pregnancy for IBD patients should be closely followed-up to keep the chronic disease in a quiescent state. Preconceptional consultation is of great help.

8 Key words: Inflammatory bowel disease; Crohn's disease; Ulcerative colitis; Fertility; Pregnancy; Sexuality

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Inflammatory bowel disease in pregnancy

EM Alstead - *Postgraduate medical journal*, 2002 - pmj.bmj.com

... RELATIONSHIPS AND **SEXUAL HEALTH** ... experience difficulty in forming intimate relationships and worry that they may not be able to have a normal **sex** life ... fewer children than **healthy** men of comparable age and it is unclear whether this is due to decreased **sexual** function or ...

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[PDF] bmj.com

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Sexual and reproductive health in rheumatic disease

M Østensen - *Nature Reviews Rheumatology*, 2017 - nature.com

... that women with SLE had a much less enjoyable **sex** life than ... symptoms associated with rheumatic **disease** contribute to impaired **sexuality**, the psychological consequences ... **Sexual** dysfunctions • Reduced frequency of intercourse • Reduced libido • Reduced **sexual** satisfaction ...

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[HTML] Fertility and pregnancy in inflammatory bowel disease

E Alstead - *World journal of gastroenterology*, 2001 - ncbi.nlm.nih.gov

... 1994;106:287-296. [PubMed]. 2. Giese LA, Terrell L. **Sexual health** issues in **inflammatory bowel disease** ... [PubMed]. 6. Moody GA, Mayberry JF. Perceived **sexual** dysfunction amongst patients with **inflammatory bowel disease** ... The pill: safe **sex** and **Crohn's disease**? **Gut** ...

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[HTML] nih.gov

The effect of restorative proctocolectomy on sexual function, urinary function, fertility, pregnancy and delivery: a systematic review

JA Cornish, E Tan, J Teare, TG Teoh, R Rai... - *Diseases of the colon & ...*, 2007 - Springer

... 17 It was believed that the general reason for the increase was improved **health** overall, which led to ... A prospective study assessed the **sexuality** of patients who underwent RPC, before and one year after the surgery.15 Most of the patients had restarted **sexual** activity less ...

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Inflammatory bowel disease in women: impact on relationship and sexual health

AB Trachter, Al Rogers... - *Inflammatory bowel ...*, 2002 - academic.oup.com

... Discussion of **sexual health** in the context of **disease** activity opens communication and facilitates psychosocial ... Unfortunately, most patients do not discuss such issues (eg, **sexuality**, body image, and ... with their physician, who is typically one of the few **individuals** with whom



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Fertility and Contraception in Women With Inflammatory ...

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4865770>

Inflammatory bowel disease (IBD) carries a high burden in women during their reproductive years, and family planning issues are often a significant cause of concern. Fertility is normal in women with nonsurgically treated ulcerative colitis and similar or slightly reduced in women with Crohn's disease.

Cited by: 4 Author: Jason Martin, Sunanda V. Kane, Linda A...

Publish Year: 2016

Optimizing the Care and Health of Women with Inflammatory ...

<https://www.hindawi.com/journals/grp/2015/435820>

Inflammatory bowel disease (IBD) including both ulcerative colitis and Crohn's disease is increasing worldwide. Although diagnosis is equally found in men and women, the chronicity of IBD poses a unique impact on the milestones of a woman's life. As the gastroenterologist becomes increasingly important in the health maintenance of patients with IBD, this review stresses the unique gender ...

Cited by: 9 Author: Judy Nee, Joseph D. Feuerstein

Publish Year: 2015

[PDF] Faculty of Sexual & Reproductive Healthcare Clinical Guidance

https://www.acpgbi.org.uk/.../Sexual_Reproductive_Health_for_Individuals_with_IBD.pdf

This guidance provides information on sexual and reproductive health for individuals with inflammatory bowel disease (IBD). It is intended for use by health professionals working in sexual and reproductive health, general practice, and obstetric and gynaecology settings. Recommendations are based on available evidence and consensus opinion of ...

[PDF] Sexual dysfunction and Fertility Problems in Men with ...

<https://wjmh.org/Synapse/Data/PDFData/2074WJMH/wjmh-37-e14.pdf>

young individuals. Crohn's disease and ulcerative colitis are the 2 principal forms of IBD. Patients with IBD demonstrate vary- ... INFLAMMATORY BOWEL DISEASE AND SEXUAL DYSFUNCTION 1. Assessment of sexual dysfunction in ... perception, fertility concerns, and sexual desire also affect sexual function [2,18]. 2) Infertility

Inflammatory Bowel Disease and Female Reproduction ...

<https://www.premiermedicalhv.com/news/inflammatory...>

Inflammatory bowel disease (IBD) is a chronic illness that, along with its gastrointestinal challenges, Inflammatory Bowel Disease has no direct impact on fertility. frequently complicates sexuality and sexual function. Women with the disease have added concerns about fertility, pregnancy and breastfeeding. Dr.

Inflammatory Bowel Disease

Medical Condition

Image for Condition

A group of intestinal disorders that cause inflammation of the digestive tract.

- Common (More than 200,000 cases per year in US)
- Often requires lab test or imaging
- Treatments can help manage condition, no known cure
- Can be lifelong

IBD is said to be the result of autoimmune reactions. Inflammatory bowel disease (IBD) presents as Crohn's disease or ulcerative colitis. It may be characterized by diarrhea, abdominal pain and cramping, tiredness, and weight loss. Anti-inflammatory drugs play an important role in the treatment. Surgery is sometimes performed.

Symptoms

Symptoms may vary from mild to severe and include:

- Diarrhea
- Fever
- Fatigue
- Blood in stool
- Bleeding ulcers
- Stomach pain