



## CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
<b>Title</b>	<b>1</b>	The words “case report” should be in the title along with the area of focus	<u>  4/1  </u>
<b>Key Words</b>	<b>3</b>	Four to seven key words—include “case report” as one of the key words	<u> 24/3  </u>
<b>Abstract</b>	<b>3a</b>	Background: What does this case report add to the medical literature?	<u>  2/3  </u>
	<b>3b</b>	Cases summary: chief complaint, diagnoses, interventions, and outcomes	<u>  9/3  </u>
	<b>3c</b>	Conclusion: What is the main “take-away” lesson from this case?	<u> 20/3  </u>
<b>Introduction</b>	<b>4b</b>	The current standard of care and contributions of this case—with references (1-2 paragraphs)	<u> 12/4  </u>
<b>Timeline</b>	<b>5</b>	Information from this case report organized into a timeline (table or figure)	<u>   5   </u>
<b>Patient Information</b>	<b>5a</b>	De-identified demographic and other patient or client specific information	<u>   5   </u>
	<b>5b</b>	Chief complaint—what prompted this visit?	<u>   5   </u>
	<b>5c</b>	Relevant history including past interventions and outcomes	<u>   5   </u>
<b>Physical Exam</b>	<b>5d</b>	Relevant physical examination findings	<u>   5   </u>
<b>Diagnostic Assessment</b>	<b>5e</b>	Evaluations such as surveys, laboratory testing, imaging, etc.	<u>   6   </u>
	<b>6d</b>	Diagnostic reasoning including other diagnoses considered and challenges	<u>   6   </u>
	<b>7</b>	Consider tables or figures linking assessment, diagnoses and interventions	<u>   6   </u>
	<b>7</b>	Prognostic characteristics where applicable	<u>   6   </u>
<b>Interventions</b>	<b>7a</b>	Types such as life-style recommendations, treatments, medications, surgery	<u>   7   </u>
	<b>7b</b>	Intervention administration such as dosage, frequency and duration	<u>   7   </u>
	<b>7c</b>	Note changes in intervention with explanation	<u>   7   </u>
		Other concurrent interventions	<u>   7   </u>
<b>Follow-up and Outcomes</b>	<b>7d</b>	Clinician assessment (and patient or client assessed outcomes when appropriate)	<u> 20/7  </u>
	<b>7d</b>	Important follow-up diagnostic evaluations Assessment of intervention adherence and tolerability, including adverse events	<u> 20/7  </u>
<b>Discussion</b>	<b>8a</b>	Strengths and limitations in your approach to this case	<u>  1/8  </u>
	<b>8b</b>	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	<u>   8   </u>
	<b>8c</b>	How does this case report suggest a testable hypothesis?	<u>   8   </u>
	<b>8d</b>	Conclusions and rationale	<u>   8   </u>
<b>Patient Perspective</b>		When appropriate include the assessment of the patient or client on this episode of care	<u>          </u>
<b>Informed Consent</b>	<b>1</b>	Informed consent from the person who is the subject of this case report is required by most journals	<u>   1   </u>
<b>Additional Information</b>	<b>12</b>	Acknowledgement section; Competing Interests; IRB approval when required	<u>  12  </u>