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Role of a wireless surface electromyography in dystonic gait in functional movement disorders: A case report

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Abstract

BACKGROUND

Dystonic gait (DG) is one of clinical symptoms associated with functional dystonia in the functional movement disorders (FMDs). Dystonia is often initiated or worsened by voluntary action and associated with overflow muscle activation. There is no report for DG in FMDs caused by an abnormal pattern in the ankle muscle recruitment strategy during gait.

CASE SUMMARY

A 52-year-old male patient presented with persistent limping gait. When we requested him to do dorsiflexion and plantar flexion of his ankle in the standing and seating positions, we didn't see any abnormality. However, we could see the DG during the gait. There were no evidences of common peroneal neuropathy and L5 radiculopathy in the electrodiagnostic study. Magnetic resonance imaging of the lumbar spine, lower leg, and brain had no definite finding. No specific finding was seen in the neurologic examination. For further evaluation, a wireless surface electromyography (EMG) was performed. During the gait, EMG amplitude of left medial and lateral gastrocnemius (GCM) muscles was larger than right medial and lateral GCM muscles. When we analyzed EMG signals for each muscle, there were EMG bursts of double-contraction in the left medial and lateral GCM muscles, while EMG analysis of right medial and lateral GCM muscles noted regular bursts of single contraction. We could find a cause of DG in FMDs.

CONCLUSION

We report an importance of a wireless surface EMG, in which other examination didn't reveal the cause of DG in FMDs.

Key words: Gait disorders; Dystonic gait; Surface electromyography; Functional movement disorders; Case report

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Core tip: Dystonic gait occur as one of clinical symptoms associated with functional dystonia in the functional movement disorders. Dystonia is often initiated by voluntary action and associated with persistent muscle activation. In the functional movement disorders, mere presence of an abnormal gait does not confirm a functional etiology. We report an importance of a wireless surface electromyography when it comes to diagnosis the dystonic gait in functional movement disorders, in which other examination didn't reveal the cause of dystonic gait.

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INTRODUCTION

Functional dystonia is the second most common type of functional movement disorder (FMD)^[1]. It may affect any part of the body or be generalized. Dystonic gait (DG) occur as one of clinical symptoms associated with functional dystonia in the FMDs. Dystonia is often initiated by voluntary action and associated with persistent muscle activation. DG can be manifested in the limping gait^[2,3]. In functional gait orders of FMDs, there are many types of gait patterns such as excessive trunk sway, too much slowness and stiffness, tightrope walking, knock-kneed, and habitual limping^[2,4]. The mere presence of an abnormal gait does not confirm a functional etiology. And walking is often bizarre and dose not conform to any of the usual patterns observed with neurologic gait diseases^[5]. So there is no gold standard test for confirming the diagnosis of DG in FMD.

So far, DG caused by an abnormal pattern in the ankle muscle recruitment strategy during gait has never been reported through a wireless surface electromyography (EMG) findings. Herein we report an importance of a wireless surface EMG when it comes to diagnosis the DG in FMD, in which other examination didn't reveal the cause of DG.

CASE PRESENTATION

Chief complaints

A 52-year-old male patient was referred by the neurology department to the rehabilitation department because of a 6-mo history of left limping gait.

History of present illness

The abrupt onset of his symptom started after severe stress. Since then his symptom persisted but He didn't complain any numbness or tingling sensation on the left lateral side of the lower leg and dorsum of the foot.

History of past illness

He had no history of any tumor, trauma, and other diseases.

Personal and family history

He had no specific personal or family history of neurologic disease.

Physical examination on admission

The Medical Research Council scale for weakness showed the normal grade. When we requested him to do dorsiflexion and plantarflexion of his ankle in the standing and seating positions, we didn't see the any abnormality. However, we could see the DG during the gait. He had no lower back pain and the straight leg raise reached 80° on both sides. No specific finding occurred in the neurologic examination.

Laboratory examinations

Laboratory finding, including a complete blood count, erythrocyte sedimentation rate,

C-reactive protein, creatine kinase, lactic dehydrogenase, and liver function tests were within normal ranges.

Imaging examination

We requested the nerve conduction studies with needle EMG. There were no evidences of common peroneal neuropathy and L5 radiculopathy in nerve conduction studies and needle EMG. Magnetic resonance imaging (MRI) of the lumbar spine showed no remarkable finding. In addition, lower leg MRI was conducted to rule out the muscle origin. There was no definite finding. MRI of brain was performed to rule out a central origin. There was no specific finding except a few tiny unidentified bright object in the both cerebral white matters. For further evaluation, a wireless surface EMG (Noraxon, TELEmyo DTS, USA) was performed. Gel-type, 20-mm diameter, Ag/AgCl alloy dual electrodes (Noraxon Dual EMG Electrode, USA) were attached to tibialis anterior (TA), medial gastrocnemius (GCM), and lateral GCM muscles of both sides (left and right) after cleaning the sites with alcohol to reduce skin impedance. The surface EMGs were amplified 500 times, sampled at 1.5 kHz and digitized using a 16-bit analogue to digital converter. Signals were filtered at a bandwidth of 10-500 Hz to eliminate noise recorded during the data collection process, and root mean square window of 50 ms was used for signal smoothing. Mean of each period was calculated during the test. At first he was told to walk on the spot from right foot during 13 s. EMG amplitude of left medial and lateral GCM muscles was larger than right medial and lateral GCM muscles. EMG amplitude was similar at the both TA muscles. When we analyzed EMG signals for each muscle during 13 s, there were EMG bursts of double-contraction in the left medial and lateral GCM muscles, while EMG analysis of right medial and lateral GCM muscles noted regular bursts of single contraction. EMG analysis of both TA muscles were shown in similar bursts (Figure 1). Secondly he was told to walk forward from right foot during 20 s. EMG amplitude of left medial and lateral GCM muscles was also larger than right medial and lateral GCM muscles. EMG amplitude of left TA muscle was slightly larger than the one of right TA muscle. EMG analysis of both GCM muscles were alike in that walking on the spot. The bursts of left TA muscle were slightly higher and more than the ones of right TA muscle (Figure 2).

FINAL DIAGNOSIS

We could find a cause of DG associated FMDs with a wireless surface EMG. We recommended motion analysis for more precise analysis and department of psychiatry to rule out for a psychiatric cause. He refused our suggestion.

TREATMENT

He received an intramuscular injection with botulinum toxin A 30 U to left medial and lateral GCM under ultrasound guidance to minimize discomfort in walking.

OUTCOME AND FOLLOW-UP

After botulinum toxin injection, his symptom improved after about 30 min. We recommended again a department of psychiatry to rule out for a psychiatric cause in the 3 mo follow-up. He refused our suggestion and did not come to our clinic after that time.

DISCUSSION

FMDs are clinical syndromes defined by the occurrence of abnormal involuntary movements that are incongruent with a known neurologic cause^[5]. DG is one of clinical symptoms associated with functional dystonia in the FMDs^[2]. In a retrospective review of 279 patients with various types of FMD, 118 patients had a functional gait disturbance. Among these patients, excessive slowness was the most frequent gait patterns, followed by DG, bizarre gait, atasia-abasia, and knee buckling^[6]. There is no gold standard test for confirming the diagnosis of FMD. However, we had a few examinations such as the nerve conduction studies with needle EMG and MRI of the lumbar spine, lower leg, and brain to diagnose other organic or neurologic disease. No definite abnormality was not present. In the

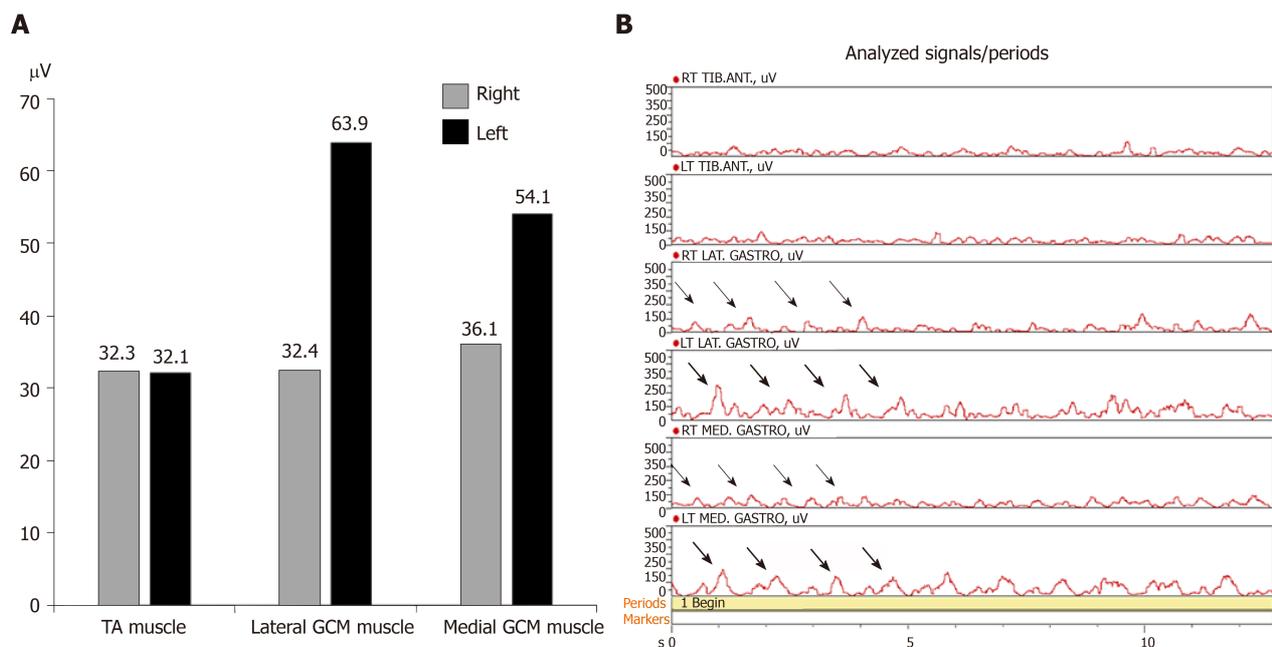


Figure 1 Mean amplitude of a wireless surface electromyography activity and graphic display of analyzed electromyography signals during walking on the spot. A: Electromyography (EMG) amplitude of left medial and lateral gastrocnemius (GCM) muscles was larger than right medial and lateral GCM muscles. EMG amplitude was similar at the both tibialis anterior muscles; B: During 13 s, there were EMG bursts of double-contraction (thick arrow) in the left medial and lateral GCM muscles, while EMG analysis of right medial and lateral GCM muscles noted regular bursts of single contraction (thin arrow). EMG analysis of both tibialis anterior muscles were shown in similar bursts.

neurologic examination, there was no abnormality in our case although patients with a functional gait disturbance had more frequent excessive slowing of movements on finger to nose testing and finger or foot tapping.

Surface EMG is a non-invasive technique for measuring muscle electrical activity that occurs during muscle contraction and relaxation cycles. It is the electromyographic analysis that makes it possible to obtain an electrical signal from a muscle in a moving body^[7,8]. A few studies for surface EMG reported normative data in adults during walking^[9,10]. Although a recent analysis including TA and GCM showed that amplitude and timing of muscle co-contraction are correlated with age and velocity in healthy adult walking, a wide literature reported that TA and GCM act as pure agonist/antagonists for ankle plantar/dorsiflexion (no co-contractions) in about 20% of strides and co-contractions appear in early stance, mid stance, and swing phase of strides^[11]. Muscle co-contraction is the simultaneous contraction of agonist and antagonist muscles crossing a joint. It is commonly to augment function in maintenance of joint stability, providing resistance to rotation at a joint^[12]. Significantly increased complexity in muscle recruitment strategy beyond the activation as pure ankle plantar/dorsiflexors suggests that co-contractions are likely functional to further physiological tasks as foot inversion, balance improvement, control of ankle stability and knee flexion. So when looking at the gait cycle, the part of the gait cycle that involves most dorsiflexion action would be heel contact of the foot at 10% of gait cycle, and the entire swing phase. During propulsive phase (toe off) of the gait cycle the plantar flexor muscles contract concentrically, pushing the foot into plantar flexion and propelling the body forward^[9]. In our case, we could assess an abnormal pattern of the ankle muscle recruitment strategy during normal gait through a wireless surface EMG. Although motion analysis has not been conducted, we could identify EMG bursts of double-contraction in the left medial and lateral GCM muscles immediately after bursts of single contraction in the right medial and lateral GCM muscles in the analyzed EMG signals. It was the reason why the patient had presented left DG. Contrary to walking on the spot, the bursts of left TA muscle were slightly higher and more than the ones of right TA muscle while the patient was walking forward. It was interpreted as a compensatory action of left TA muscle to move forward in the period of push off in the gait cycle.

CONCLUSION

DG is a rare condition. This case illustrates the need to consider a wireless surface

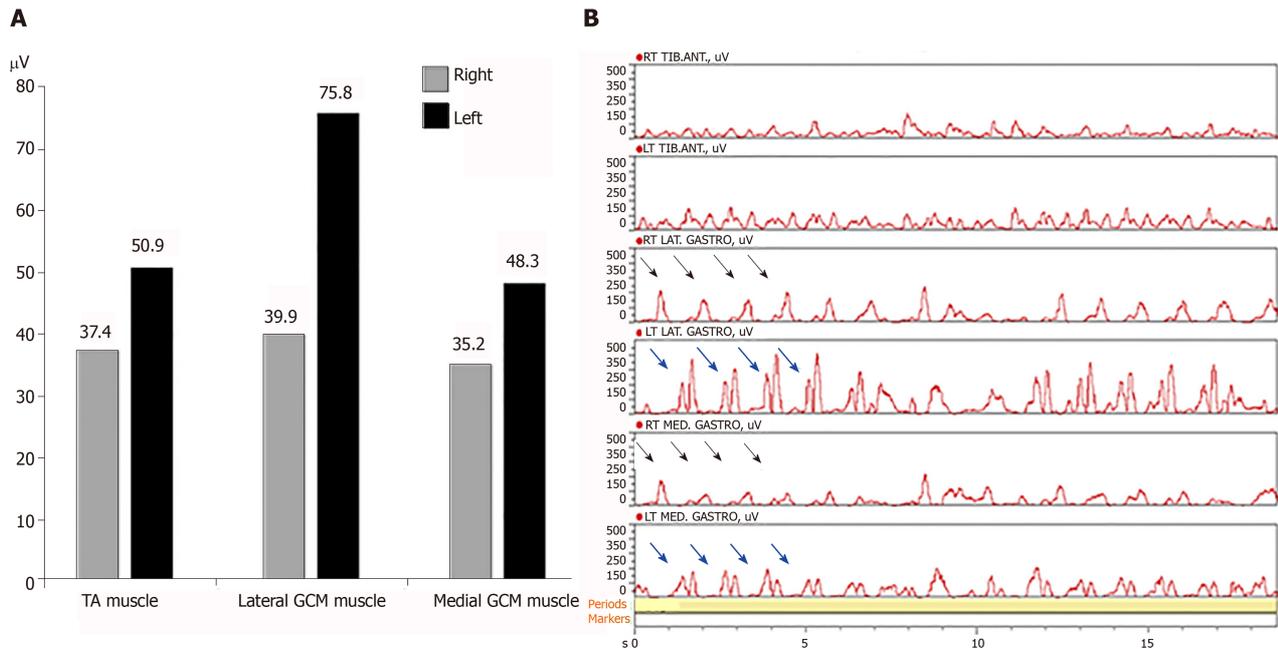


Figure 2 Mean amplitude of a wireless surface electromyography activity and graphic display of analyzed electromyography signals during forward walking. A: Electromyography (EMG) amplitude of left medial and lateral gastrocnemius (GCM) muscles was larger than right medial and lateral GCM muscles. EMG amplitude of left tibialis anterior (TA) muscle was slightly larger than the one of right TA muscle; B: When we analyzed EMG signals for each muscle during 20 s, there were EMG bursts of double-contraction (blue arrow) in the left medial and lateral GCM muscles, while EMG analysis of right medial and lateral GCM muscles noted regular bursts of single contraction (thin arrow). The bursts of left TA muscle were slightly higher and more than the ones of right TA muscle.

EMG for diagnosis of cause in a patient presenting with DG in FMDs, particularly in the absence of other obvious causes.

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