

CARE Checklist of information to include when writing a case report



Topic	Item	Checklist item description	Reported on Line
Key Words Abstract (no references)	1	The diagnosis or intervention of primary focus followed by the words "case report"	Page 1
	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 3
	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 2
	3b	Main symptoms and/or important clinical findings	Page 2
Introduction	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 2
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	Page 2
	4	One or two paragraphs summarizing why this case is unique (may include references)	Pages 3-A
	5a	De-identified patient specific information	Pages 4-G
Patient Information	5b	Primary concerns and symptoms of the patient	Pages 4-G
	5c	Medical, family, and psycho-social history including relevant genetic information	Pages 4-G
	5d	Relevant past interventions with outcomes	Pages 4-G
	6	Describe significant physical examination (PE) and important clinical findings	Pages 4-G
Clinical Findings Timeline Diagnostic Assessment	7	Historical and current information from this episode of care organized as a timeline	Pages 4-G
	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys)	Pages 4-G
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Pages 4-G
	8c	Diagnosis (including other diagnoses considered)	Pages 4-G
Therapeutic Intervention	8d	Prognosis (such as staging in oncology) where applicable	Pages 4-G
	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Pages 4-G
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Pages 4-G
	9c	Changes in therapeutic intervention (with rationale)	Pages 4-G
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Pages 4-G
	10b	Important follow-up diagnostic and other test results	Pages 4-G
	10c	Intervention adherence and tolerability (How was this assessed?)	Pages 4-G
	10d	Adverse and unanticipated events	Pages 4-G
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Pages 6-8
	11b	Discussion of the relevant medical literature with references	Pages 6-8
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Pages 6-8
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Pages 6-8
Patient Perspective Informed Consent	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	10A
	13	Did the patient give informed consent? Please provide if requested	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>