



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title Key Words	1	The words “case report” should be in the title along with the area of focus	5-6/1
	2	Four to seven key words—include “case report” as one of the key words	6/1
Abstract	3a	Background: What does this case report add to the medical literature?	56-59/4
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	60-78/4-5
	3c	Conclusion: What is the main “take-away” lesson from this case?	79/5
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	89-101/6
Timeline	5	Information from this case report organized into a timeline (table or figure)	310-360/16-22
Patient Information	6a	De-identified demographic and other patient or client specific information	106/6, 169/9
	6b	Chief complaint—what prompted this visit?	105-106/6, 168-170/9
	6c	Relevant history including past interventions and outcomes	115-118/6-7, 177-179/9-10
Physical Exam	7	Relevant physical examination findings	121-124/7, 181-183/10
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	124-127/7-8, 184-209/10-11
	8b	Diagnostic reasoning including other diagnoses considered and challenges	310-360/16-22
	8c	Consider tables or figures linking assessment, diagnoses and interventions	310-360/16-22
	8d	Prognostic characteristics where applicable	162-165/9, 223-226/11-12
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	157-161/9, 219-220/11
	9b	Intervention administration such as dosage, frequency and duration	_____
	9c	Note changes in intervention with explanation	_____
	9d	Other concurrent interventions	_____
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	157-161/9, 219-220/11
	10b	Important follow-up diagnostic evaluations	162-185/9, 223-226/11-12
	10c	Assessment of intervention adherence and tolerability, including adverse events	_____
Discussion	11a	Strengths and limitations in your approach to this case	255-260/13-14
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	255-260/13-14
	11c	How does this case report suggest a testable hypothesis?	306-309/15
	11d	Conclusions and rationale	157-161/9, _____
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	262/2
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	46/2
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	46/2

