



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words "case report" should be in the title along with the area of focus	6/1
	2	Four to seven key words—include "case report" as one of the key words	29/12
Abstract	3a	Background: What does this case report add to the medical literature?	2/12
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	14/12
	3c	Conclusion: What is the main "take-away" lesson from this case?	21/12
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	9/17
Timeline	5	Information from this case report organized into a timeline (table or figure)	1/13
Patient Information	6a	De-identified demographic and other patient or client specific information	3/4
	6b	Chief complaint—what prompted this visit?	16/4
	6c	Relevant history including past interventions and outcomes	20/4
Physical Exam	7	Relevant physical examination findings	43/4
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	8/5 and 23/5
	8b	Diagnostic reasoning including other diagnoses considered and challenges	33/5 and 19/6
	8c	Consider tables or figures linking assessment, diagnoses and interventions	2/12 and 1/13 and 14/13
	8d	Prognostic characteristics where applicable	12/16
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	37/15
	9b	Intervention administration such as dosage, frequency and duration	2/12 and 1/13 and 24/13
	9c	Note changes in intervention with explanation	
	9d	Other concurrent interventions	
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	13/6
	10b	Important follow-up diagnostic evaluations	14/6
	10c	Assessment of intervention adherence and tolerability, including adverse events	19/6
Discussion	11a	Strengths and limitations in your approach to this case	24/8
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	8/7
	11c	How does this case report suggest a testable hypothesis?	14/8
	11d	Conclusions and rationale	21/8
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	21/6
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	2/11
Additional Information	14	Acknowledgment section; Competing Interests; IRB approval when required	27/11 and 4/11

