

October 03, 2013

Title: Psychosocial issues in evidence-based guidelines on inflammatory bowel diseases: A review

Authors: Winfried Häuser, Gabriele Moser, Petra Klose, Antonina Mikocka-Walus

Name of Journal: *World Journal of Gastroenterology*

ESPS Manuscript NO: 5268

Dear Editor,

Thank you and the reviewers for helpful comments. Please find enclosed the edited manuscript in Word format (file name: 5268-review.doc) which has been corrected in line with the reviewers' comments. Please note that we have addressed the issues raised by the reviewers 00070162 and 00503404 in the first revision of the manuscript (submitted October 3, 2013)

Reviewer code: 00503404

A review paper on the importance of psychological factors in IBD Comments; 1. The title is somewhat misleading. This a collection of the statements on psychological issues form the guidelines and a systematic review should include much more, the background evidence should be also critically assessed and compared to what has been included in the guidelines.

Reply:

- a. We have changed the title to " Psychosocial issues in evidence-based guidelines on inflammatory bowel diseases: A review"
- b. We have added in the text and in tables the levels of evidence (according to Oxford) if presented in the guidelines.
- c. There is very little material on psychosocial issues in most guidelines to work with. We have added a section in DISCUSSION in which we compared the guideline recommendations and statements with the findings of recent systematic reviews on psychosocial topics in IBD. Please note that we did not intend to create a systematic review of all psychosocial issues in IBD but rather we focused on what was included in guidelines.

Thus authors should include a more detailed discussion and could highlight missing points that could be corrected or added in the subsequent guidelines. Without this the paper is extremely descriptive without any novelty.

Reply: We have now highlighted missing points that could be corrected or added in the subsequent guidelines. However, we believe that there were some novelties in the first version of the paper, e.g. that some evidence-based guidelines did not include a section on psychosocial issues and that the recommendations and statements of those guidelines which commented on psychosocial issues were quite similar.

Reviewer code: 00070162

In this paper the Author describes psychosocial events occurring in the course of IBD. A systematic review is an overview of primary studies that used explicit and reproducible methods. The initial step for this process involves a simple descriptive evaluation of each study, commonly presented in tabular format. Tables should include the population under study, the interventions, and outcomes.

Reply: Please keep in my mind that the aim of the paper was to give an overview on statements and recommendation on psychosocial issues in guidelines on IBD and not on interventions and outcomes.

Furthermore, evidence levels, if present, should be reported.

Reply: The levels of evidence have been reported in the revised version submitted on October 3, 2013

Probably, I would change the title in only “review” and not in “systematic review”. However, this argument is often underestimated and little stressed out.

Reply: The title has been changed into “review” in the revised version submitted on October 3, 2013

There is very little material on psychosocial issues in most guidelines to work with. Reply: We have added a section in DISCUSSION in which we compared the guideline recommendations and statements with the findings of recent systematic reviews on psychosocial topics in IBD. Please note that we did not intend to create a

systematic review of all psychosocial issues in IBD but rather we focused on what was included in guidelines.

According to the journal criteria, the title, the abstract and the main text should be typed in Book Antiqua, 1.5 line spacing and 12 pt.

Reply (please see revised version October 3, 2013): We have changed the format of the paper according to the journal criteria.

Abstract: Results - (second phrase) I suggest to modify the phrase as following: "Thirteen guidelines were included in the review, of which three prepared in Asia, eight in Europe and two in the USA." (other phrases should be modified in the text)

Reply (please see revised version October 3, 2013): We have followed the reviewer's suggestion.

References - in the main text, the references should be mentioned in square brackets in superscript - not in round brackets.

Reply (please see revised version October 3, 2013): We have followed the reviewer's suggestion

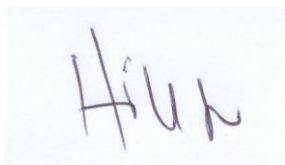
Reviewer code: 00031466

This review is very well written. However, it is hard to see because Table 2 is complicated; I want you to more easily seen.

Reply: We divided table 2 into two tables.

Thank you again for agreeing to publish our manuscript in the *World Journal of Gastroenterology*.

Sincerely yours,



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