

CARE Checklist of information to include when writing a case report



Topic	Item	Checklist item description	Reported on Line
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	5 - 6
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" ...	68
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	51 - 54
	3b	Main symptoms and/or important clinical findings	49 - 51
	3c	The main diagnoses, therapeutic interventions, and outcomes	50 - 54
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	64 - 65
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	81 - 84
Patient Information	5a	De-identified patient specific information.	88
	5b	Primary concerns and symptoms of the patient	88 - 95
	5c	Medical, family, and psycho-social history including relevant genetic information	90 - 99
	5d	Relevant past interventions with outcomes	98 - 99
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings.	102 - 103
Timeline	7	Historical and current information from this episode of care organized as a timeline	93
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys)	106 - 112
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	116 - 117
	8c	Diagnosis (including other diagnoses considered)	123 - 124
	8d	Prognosis (such as staging in oncology) where applicable	—
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	127 - 134
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	129 - 134
	9c	Changes in therapeutic intervention (with rationale)	—
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	137 - 143
	10b	Important follow-up diagnostic and other test results	137 - 139
	10c	Intervention adherence and tolerability (How was this assessed?)	139 - 141
	10d	Adverse and unanticipated events	146 - 183
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	146 - 183
	11b	Discussion of the relevant medical literature with references	146 - 183
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	180 - 183
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	186 - 189
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received.	—
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>