CARE Checklist – 2016: Information for writing a case report



Topic Item Checklist item description Line/Page

Title 1 The words “case report” should be in the title along with the area of focus \_3/1\_\_\_\_Key Words 2 Four to seven key words—include “case report” as one of the key words \_5/2\_\_\_\_

Abstract 3a Background: What does this case report add to the medical literature? \_10/2\_\_\_\_ 3b Case summary: chief complaint, diagnoses, interventions, and outcomes \_15/2\_\_\_\_ 3c Conclusion: What is the main “take-away” lesson from this case? \_27/2\_\_\_\_

Introduction 4 The current standard of care and contributions of this case—with references (1-2 paragraphs) \_ 11/3\_\_\_Timeline 5 Information from this case report organized into a timeline (table or figure) \_\_\_\_\_\_\_

Patient Information 6a De-identified demographic and other patient or client specific information \_10/4\_\_\_\_ 6b Chief complaint—what prompted this visit? \_11/4\_\_\_\_ 6c Relevant history including past interventions and outcomes \_18/4\_\_\_\_\_

Physical Exam 7 Relevant physical examination findings \_21/4\_\_\_\_\_

Diagnostic 8a Evaluations such as surveys, laboratory testing, imaging, etc. \_29/4\_\_\_\_\_Assessment 8b Diagnostic reasoning including other diagnoses considered and challenges \_8/5\_\_\_\_\_ 8c Consider tables or figures linking assessment, diagnoses and interventions \_\_\_\_\_\_\_ 8d Prognostic characteristics where applicable \_15/5\_\_\_

Interventions 9a Types such as life-style recommendations, treatments, medications, surgery \_11/9\_\_\_\_\_\_ 9b Intervention administration such as dosage, frequency and duration \_\_\_\_\_\_\_ 9c Note changes in intervention with explanation \_\_8/6\_\_\_\_\_ 9d Other concurrent interventions \_11/9\_\_\_\_\_

Follow-up and 10a Clinician assessment (and patient or client assessed outcomes when appropriate) \_2/7\_\_\_\_Outcomes 10b Important follow-up diagnostic evaluations \_6/7\_\_\_\_ 10c Assessment of intervention adherence and tolerability, including adverse events \_\_\_\_\_\_\_

Discussion 11a Strengths and limitations in your approach to this case \_5/8\_\_\_\_\_\_ 11b Specify how this case report informs practice or Clinical Practice Guidelines (CPG) \_11/5\_\_\_\_\_ 11c How does this case report suggest a testable hypothesis? \_16/7\_\_\_\_\_\_ 11d Conclusions and rationale \_4/9\_\_\_\_\_\_

Patient Perspective 12 When appropriate include the assessment of the patient or client on this episode of care \_2/7\_\_\_\_\_

Informed Consent 13 Informed consent from the person who is the subject of this case report is required by most journals \_20/5\_\_\_

Additional Information 14 Acknowledgement section; Competing Interests; IRB approval when required \_6/2\_\_\_\_\_\_

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