**CARE Checklist – 2016: Information for writing a case report**

**Topic Item Checklist item description Line/Page**

**Title 1** The words “case report” should be in the title along with the area of focus \_\_\_p1\_\_\_\_

**Key Words 2** Four to seven key words—include “case report” as one of the key words \_\_\_p4\_\_\_\_

**Abstract 3a** Background: What does this case report add to the medical literature? \_\_\_ p3\_\_\_\_

**3b** Case summary: chief complaint, diagnoses, interventions, and outcomes \_\_\_ p3\_\_\_\_

**3c** Conclusion: What is the main “take-away” lesson from this case? \_\_\_ p3\_\_\_\_

**Introduction 4** The current standard of care and contributions of this case—with references (1-2 paragraphs) \_\_\_p5\_\_\_\_

**Timeline 5** Information from this case report organized into a timeline (table or figure) \_\_\_\_\_\_\_

**Patient Information 6a** De-identified demographic and other patient or client specific information \_\_\_p5,6,7\_\_\_\_

**6b** Chief complaint—what prompted this visit? \_\_\_p5\_\_\_\_

**6c** Relevant history including past interventions and outcomes \_\_\_p5\_\_\_\_

**Physical Exam 7** Relevant physical examination findings \_\_\_ p5\_\_\_\_

**Diagnostic 8a** Evaluations such as surveys, laboratory testing, imaging, etc. \_\_\_p5,6\_\_\_\_

**Assessment 8b** Diagnostic reasoning including other diagnoses considered and challenges \_\_\_p5,6\_\_\_\_

**8c** Consider tables or figures linking assessment, diagnoses and interventions \_\_\_p6,7\_\_\_\_

**8d** Prognostic characteristics where applicable \_\_\_\_\_\_\_

**Interventions 9a** Types such as life-style recommendations, treatments, medications, surgery \_\_\_p6\_\_\_\_

**9b** Intervention administration such as dosage, frequency and duration \_\_\_\_\_\_\_

**9c** Note changes in intervention with explanation \_\_\_\_\_\_\_

**9d** Other concurrent interventions \_\_\_\_\_\_\_

**Follow-up and 10a** Clinician assessment (and patient or client assessed outcomes when appropriate) \_\_\_p6\_\_\_\_

**Outcomes 10b** Important follow-up diagnostic evaluations \_\_\_p6,7\_\_\_\_

**10c** Assessment of intervention adherence and tolerability, including adverse events \_\_\_\_\_\_\_

**Discussion 11a** Strengths and limitations in your approach to this case \_\_\_\_\_\_\_

**11b** Specify how this case report informs practice or Clinical Practice Guidelines (CPG) \_\_\_p7,8\_\_\_\_

**11c** How does this case report suggest a testable hypothesis? \_\_\_p8\_\_\_\_

**11d** Conclusions and rationale \_\_\_p8,9\_\_\_\_

**Patient Perspective 12** When appropriate include the assessment of the patient or client on this episode of care \_\_\_\_\_\_\_

**Informed Consent 13** Informed consent from the person who is the subject of this case report is required by most journals \_\_\_\_\_\_\_

**Additional Information 14** Acknowledgement section; Competing Interests; IRB approval when required \_\_\_p1\_\_\_\_