

# CARE Checklist (2013) of information to include when writing a case report



Topic	Item	Checklist item description	Reported on Line
Title	1	The words "case report" should be in the title along with the area of focus	Page 1
	2	2 to 5 key words that identify areas covered in this case report	Page 3
Key Words	3a	Introduction—What is unique about this case? What does it add to the medical literature?	Page 3
	3b	The main symptoms of the patient and the important clinical findings	Page 3
Abstract	3c	The main diagnoses, therapeutics interventions, and outcomes	Page 3
	3d	Conclusion—What are the main "take-away" lessons from this case?	Page 5
Introduction	4	One or two paragraphs summarizing why this case is unique with references	Page 5-7
	5a	De-identified patient specific information	Page 5
Patient Information	5b	Main concerns and symptoms of the patient	Page 6, 7
	5c	Medical, family, and psychosocial history including relevant genetic information (also see timeline)	Page 5, 6
Clinical Findings	5d	Relevant past interventions and their outcomes	Page 7
	6	Describe the relevant physical examination (PE) and other significant clinical findings	N/A (narrative description)
Timeline	7	Important information from the patient's history organized as a timeline	Page 7
	8a	Diagnostic methods (such as PE, laboratory testing, imaging, surveys)	N/A
Diagnostic Assessment	8b	Diagnostic challenges (such as access, financial, or cultural)	Page 7
	8c	Diagnostic reasoning including other diagnoses considered	Page 7
Therapeutic Intervention	8d	Prognostic characteristics (such as staging in oncology) where applicable	Page 1, 9
	9a	Types of intervention (such as pharmacologic, surgical, preventive, self-care)	Page 1-9
Follow-up and Outcomes	9b	Administration of intervention (such as dosage, strength, duration)	Page 8, 9
	9c	Changes in intervention (with rationale)	Page 8, 9
Discussion	10a	Clinician and patient-assessed outcomes (when appropriate)	Page 8, 9
	10b	Important follow-up diagnostic and other test results	Page 8, 9
Patient Perspective	10c	Intervention adherence and tolerability (How was this assessed?)	Page 8, 9
	10d	Adverse and unanticipated events	N/A
Informed Consent	11a	Discussion of the strengths and limitations in your approach to this case	Page 9-11
	11b	Discussion of the relevant medical literature	Page 5, 9-11
	11c	The rationale for conclusions (including assessment of possible causes)	Page 10, 11
	11d	The primary "take-away" lessons of this case report	Page 10-12
	12	When appropriate the patient should share their perspective on the treatments they received	N/A
	13	Did the patient give informed consent? Please provide if requested	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>