



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	5-6/1
Key Words	2	Four to seven key words—include “case report” as one of the key words	24-25/4
Abstract	3a	Background: What does this case report add to the medical literature?	2-9/4
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	11-18/4
	3c	Conclusion: What is the main “take-away” lesson from this case?	20-22/4
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	1-20/5
Timeline	5	Information from this case report organized into a timeline (table or figure)	Figure2/15
Patient Information	6a	De-identified demographic and other patient or client specific information	3/7, figure1/15
	6b	Chief complaint—what prompted this visit?	2-4/7
	6c	Relevant history including past interventions and outcomes	13-19/7
Physical Exam	7	Relevant physical examination findings	20-24/7
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	25-27/7, 1-8/8
	8b	Diagnostic reasoning including other diagnoses considered and challenges	9-14/8
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Figure2/15
	8d	Prognostic characteristics where applicable	12-14/8
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	2-3/9
	9b	Intervention administration such as dosage, frequency and duration	4-6/7
	9c	Note changes in intervention with explanation	Not relevant
	9d	Other concurrent interventions	Not relevant
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	8-13/9
	10b	Important follow-up diagnostic evaluations	14-15/9
	10c	Assessment of intervention adherence and tolerability, including adverse events	16-27/9
Discussion	11a	Strengths and limitations in your approach to this case	2-7/10, 15-24/11
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	8-29/10, 1-14/11
	11c	How does this case report suggest a testable hypothesis?	15-19/12
	11d	Conclusions and rationale	9-14/12
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	22-23/7
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	12-13/2
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	14-15/2